

## BREAKFAST



## A LA CARTE

MONDAY TO FRIDAY  
7:30AM - 10:30AM

SATURDAY, SUNDAY AND  
PUBLIC HOLIDAY  
7:30AM - 11AM

### WESTERN

#### Club Breakfast

Two eggs any style with premium pork sausages, ham, bacon, mushrooms, baked beans, tomatoes, hash browns, toast, butter, jam and coffee or tea

\$111

#### Three Egg Omelette

\$79

Please choose two fillings (ham, cheese, mushrooms, onion, mixed bell peppers and scallions) served with tomatoes, baked beans, hash browns and toast

#### High Protein Breakfast

Free range chicken breast, egg white omelette, mashed black beans, tomato, sautéed mushrooms, half avocado, toast, butter, jam and coffee or tea

\$123

#### Two Poached Egg or Boiled Egg \$81

Served with avocado, steamed broccoli, spinach, green pea and wheat toast

*Toast Options: white/ brown/ granary or gluten free bread (add \$15)*

#### Continental Breakfast

Chilled fruit juice or sliced fruits, croissant or toast with butter and jam, coffee or tea

\$75

#### Two Eggs

\$26

(Poached, Fried, Boiled, Scrambled, Omelette)

Add: Pork Bacon (2 pieces) \$21

Streaky Bacon or Back Bacon

Ham \$22

Pork Sausages (2 pieces) \$27

Hash Browns (2 pieces) \$16

Whole Avocado \$34

Baked Beans \$17

Grilled Tomatoes (2 pieces) \$21

#### Egg Benedict

Toasted English muffin, two poached eggs, Canadian bacon and hollandaise sauce served with tomatoes, hash browns and baked beans

\$91

### POWER BOWL

#### Quinoa Breakfast Bowl

Boiled egg, quinoa, avocado, cilantro leaves, broccoli, lime and honey dressing

\$60

#### Chia Seed Bowl

\$55

With Banana, Kiwi and Strawberry

Not all ingredients are listed for each dish. If you have a food allergy, intolerance or sensitivity, please speak to your server about ingredients in our dishes before you order your meal.



Can be prepared Gluten Friendly



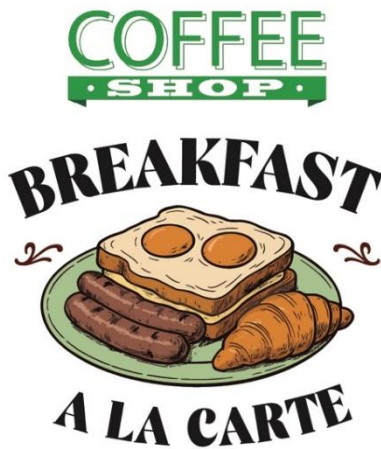
Vegetarian



Contains Nuts




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### ASIAN

<b>Japanese Roasted Salmon Bowl</b>	<b>\$126</b>
Roasted miso marinade salmon fillet, boiled egg, pickled vegetables and steamed rice, served with miso soup	
<b>Chinese Congee</b> 	<b>\$62</b>
Please choose one ingredient (pork, *chicken, *beef, *fish, sliced pork with preserved egg) served with spring onions, preserved turnip and peanuts *Cooked with ginger	







### STEAMED CHINESE DIM SUM

<b>Barbecue Pork Bun</b>	<b>\$39</b>
<b>Har Gau</b> <i>(shrimp dumpling)</i>	<b>\$42</b>
<b>Crab Roe Siu Mai</b> <i>(pork and shrimp dumpling)</i>	<b>\$55</b>
<b>Rice Rolls with sesame</b> Served with sweet sauce, sesame sauce and soy sauce	<b>\$32</b>

### BAP, TOAST AND BAKERY

<b>Coffee Shop Grilled Breakfast Sandwich</b>	<b>\$65</b>	<b>Bacon Bap</b>	<b>\$49</b>
With ham, back bacon, cheddar, Emmental cheese and a hard fried egg on sour dough		<b>Bacon Bap with Fried Egg</b>	<b>\$62</b>
<b>Avocado Toast</b>  	<b>\$50</b>	<b>Croissant</b>	<b>\$27</b>
Mashed avocado on whole wheat sour dough toast		<b>Danish Pastry</b>	<b>\$34</b>
<b>Add:</b>		<b>Bread Basket</b>	<b>\$31</b>
Two poached eggs or fried eggs	\$26	Two slices of toast with butter and jam	
Smoked salmon	\$25		
Feta cheese & sumac	\$13		
Gammon ham	\$13		
Roasted pumpkin and sundried tomatoes	\$13		

### CEREAL AND FRUITS

<b>Granola</b>  	<b>\$61</b>	<b>Assorted Seasonal Fresh Fruits Platter</b> 	<b>\$73</b>
Low fat yoghurt with seasonal apple raisin compote			
<b>Banana Muesli</b>   	<b>\$50</b>		

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### JUICE

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<b>Fresh Juice</b>	<b>\$42</b>	<b>\$56</b>
Apple, Carrot, Grapefruit, Mango, Orange, Watermelon		
<b>Chilled Juice</b>	<b>\$21</b>	<b>\$31</b>
Apple, Grapefruit, Lemon, Pineapple, Tomato, Orange		

### PROTEIN SHAKE



Yummy protein shake, a good  
substitute for breakfast

<b>Chocolate with Banana</b>	<b>\$65</b>
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### COCONUT WATER

<b>Coconut Water</b>	<b>\$22</b>
Made from 100% Natural Coconut Water	

### MORNING SMOOTHIES

<b>Kale Smoothie with Pineapple and Banana</b>	<b>\$58</b>
This green smoothie gets its signature hue from kale, but oat milk, bananas, and fresh pineapple balance out the flavors	
<b>Blueberry Chia Smoothie</b>	<b>\$58</b>
The chia seeds will start to plump if the smoothie sits for too long, so drink up immediately after blending	

### COFFEE SELECTION

<b>Espresso</b>	<b>\$28</b>	
<b>Double Espresso</b>	<b>\$41</b>	<b>/</b>
<b>Macchiato</b>	<b>\$28</b>	
<b>Café Latte</b>	<b>\$31</b>	<b>\$51</b>
<b>Cappuccino</b>	<b>\$31</b>	<b>\$51</b>
<b>Coffee</b>	<b>\$28</b>	<b>\$48</b>
<b>Decaffeinated Coffee</b>	<b>\$28</b>	<b>\$48</b>
<b>Mocha</b>	<b>\$40</b>	<b>\$51</b>
<b>Hot Chocolate</b>	<b>/</b>	<b>\$45</b>
<b>Iced Chocolate</b>	<b>\$45</b>	

### TEA BAGS SELECTION

<b>English Breakfast</b>	<b>\$28</b>
<b>Earl Gray</b>	<b>\$28</b>
<b>Peppermint</b>	<b>\$28</b>
<b>Jasmine Green</b>	<b>\$28</b>
<b>Chamomile</b>	<b>\$28</b>
<b>Sencha</b>	<b>\$28</b>
<b>Decaffeinated Tea</b>	<b>\$28</b>
<b>Iced Lemon Tea</b>	<b>\$28</b>
<b>Jasmine</b>	<b>\$28</b>
<b>Pu-erh</b>	<b>\$28</b>