

# CLUB



HONG KONG FOOTBALL CLUB 香港足球會 JULY/AUGUST 2024



## **SOCCER**

# IT'S A WRAP

2024 HKFC Standard Chartered Soccer Sevens

## **HOCKEY**

HKFC E'S SEASON OF CHAMPIONS: BACK AT THE TOP!

## **SWIMMING AND TRIATHLON**

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## Hong Kong Football Club

3 Sports Road, Happy Valley,  
Hong Kong

TEL (852) 2830 9500

FACSIMILE (852) 2882 5040

### GENERAL COMMITTEE MEMBERS

<b>President</b>	Nick Hunsworth
<b>Vice Presidents</b>	Fook Aun Chew Robert Lawson John Shanahan Mike Wood
<b>Chairman</b>	Neil Jensen
<b>Honorary Secretary</b>	Neil Roberts
<b>Honorary Treasurer</b>	Mervyn Jacob
<b>Constitutional Affairs and Discipline</b>	Damien Laracy
<b>Development</b>	Kenneth Ng
<b>Membership</b>	Don Rider
<b>Sports &amp; Recreation</b>	John Thompson
<b>Major Events</b>	Mia Williams
<b>Hockey Officer</b>	Chris Page
<b>Lawn Bowls Officer</b>	Kenneth Pang
<b>Rugby Officer</b>	Paul Skurr
<b>Soccer Officer</b>	Vacant
<b>Squash Officer</b>	David Cross

### MANAGEMENT TEAM

<b>Acting General Manager</b>	Tony Sealy
<b>Director of Finance</b>	Joe Wan
<b>Director of Food and Beverage</b>	Christophe Horrenberger
<b>Executive Chef</b>	Yan Mak
<b>Director of Membership</b>	Mandy Cheng
<b>Director of People</b>	Iris Chau
<b>Senior Communications Manager</b>	Vanessa So
<b>Facilities Manager</b>	William Wong
<b>House Manager</b>	Daniel Shum
<b>Information Technology Manager</b>	Ken Mak
<b>Retail Manager</b>	Ken Lo
<b>Security Manager</b>	Simon Tang
<b>Senior Sports Manager</b>	Simon Chapman

### DIRECTORS OF SPORT

<b>Director of Rugby</b>	Stephen Dowse
<b>Director of Hockey</b>	Vacant
<b>Director of Squash</b>	Vacant

### CLUB MAGAZINE

Monthly journal of the Hong Kong Football Club.  
For information and requests for placement of advertisements in "Club" please call 2830 9503.  
The opinions expressed in the articles are those of the writers and do not necessarily reflect the opinions of the Hong Kong Football Club or the General Committee. The Club reserves the right to edit and clarify all content. The copyright of all materials is held by the Hong Kong Football Club.



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HONG KONG FOOTBALL CLUB  
**SPORTS AWARDS  
GALA DINNER**

with Official Charity Partner Laureus Sport for Good

SAVE THE DATE

**SATURDAY, 7<sup>TH</sup> SEPTEMBER 2024**

**6:30 PM - LATE**

**SPORTS HALL**

COCKTAIL RECEPTION AND 4-COURSE DINNER | BLACK TIE | SPORTS AWARDS PRESENTATIONS  
LIVE ENTERTAINMENT | CHARITABLE AUCTION TO SUPPORT LAUREUS - SPORT FOR GOOD



**SPORT  
- FOR -  
GOOD**

# THE THOUGHTS OF THE CHAIRMAN

## 主席的話

Neil Jensen  
Chairman



The **Olympic Games Paris 2024** is just around the corner, set to begin on 26th July. We are incredibly proud that several Club athletes will be representing Hong Kong, China in this global sporting event. **Happy Lo** (Badminton – HKFC Junior Academy), **Cheung Ka Long** (Fencing – HKFC Honorary Member) and **Siobhán Haughey** (Swimming – HKFC Honorary Member) will be competing on the world's greatest athletic stage. We wish them the absolute best of luck!

With all the international sporting events happening this summer including Euro 2024, the Sportsman's Bar will be showing games. As the tournament progresses, we may also consider games being shown during the night if demand is high enough. Be sure to check the weekly schedules on our website.

The Club will be offering a variety of **summer camp classes and clinics** throughout the school holidays. We also have some new and exciting initiatives in the works for Fitness and Wellness, which we'll be announcing throughout the summer.

Beginning in August, the Club will be offering **HYROX** training and events as an official HYROX affiliate. Be on the lookout for more details on this exciting new programme. As some of you will be aware, I recently competed at the HYROX World Championships in Nice and this is one of the fastest growing global sporting events.

Planning is well underway for the inaugural **HKFC Sports Awards Gala Dinner** on **7th September**, which will be a key event for the Club. Tickets are selling fast.

The Club's F&B offerings will be in full swing this July, with a range of exciting events and offerings for Members to enjoy. On 12th July, the Restaurant will be hosting a "2024 Euro Cup" Wine Dinner, where Members can enjoy exquisite wines and delicious dishes inspired by the upcoming European Football Championship. The Sportsman's Bar's Back Patio will be serving up Lebanese Kebabs throughout the month with Middle Eastern-inspired menu for a flavourful and refreshing summer meal.

As summer winds down, on 23rd August, the Restaurant will be hosting a "Meat and Greet" Wine Dinner, where Members can indulge in expertly paired wines and delectable meat-based dishes. For those seeking a more relaxed afternoon, the Chairman's Bar will be offering a "Summer Breeze Afternoon Tea" throughout the month.

Finally, as mentioned in my email message to all of you on 4th June, Randal Linhart has ceased to be the General Manager of the Club. **Tony Sealy** has taken up the role of **Acting General Manager**, taking charge of the Club's operations while a search is conducted to recruit a replacement. The General Committee would like to thank Randal for his service to the Club and wishes him well in his future endeavours.

I hope you all have a fantastic summer and are ready to dive into an exciting new season at the Club!

Neil Jensen  
Chairman

**2024巴黎奧運**即將於7月26日開幕。我們感到十分自豪，因為本會多個運動員將在這個全球體育盛事中代表中國香港，羽毛球的青年軍**盧善恩**、劍擊的榮譽會員**張家朗**及游泳的榮譽會員**何詩蓓**都會在世界最大的運動舞台作賽，在此祝他們好運！

除了奧運，今個夏天還有連場國際體育盛事，包括2024歐國盃，Sportsman's Bar將會播放多項賽事。隨著賽事發展，反應熱烈的話我們或許也會播放夜間賽事，緊記留意本會網站的每週節目表。

暑假期間，本會將舉行各種各樣的**夏令營及訓練營**。我們也正為體適能及健康籌備幾個全新刺激的計劃，詳情會於今個夏天內公布。

8月開始，本會將以**HYROX**官方合作夥伴的身分提供HYROX訓練及活動，記得多加留意這令人興奮的新事物。有些人也許注意到本人最近參加了在尼斯舉行的HYROX世界錦標賽，這個錦標賽可說是其中一項發展得最快的全球體育盛事。

**9月7日**第一屆香港足球會運動員頒獎晚宴的籌劃工作進行得十分順利，是次晚宴將會是本會本年度的重點活動，門票現正火速熱賣中。

今個7月，本會的餐飲推廣將展開得如火如荼，一系列激動人心的活動推廣等著會員來享受。Restaurant將於7月12日舉辦「2024歐國盃」酒宴，當晚會員可以享用由歐洲足球錦標賽啟發而成的美酒佳餚。Sportsman's Bar的後方露台則會於同月為大家送上黎巴嫩烤肉，富中東特色的餐牌勢必為夏天帶來別具一格的美味體驗。

暑假接近尾聲時，Restaurant亦將於8月23日舉辦「Meat and Great」酒宴，專業搭配的葡萄酒加上以肉為主的美味菜式，相信能令出席的會員陶醉不已。如果是想度過更輕鬆的下午，Chairman's Bar於8月期間推出的「夏日涼風下午茶」最適合不過。

最後，正如本人在6月4日向大家發出的電郵中提到，Randal Linhart已停止擔任本會的總經理，目前由**Tony Sealy**擔任代理總經理一職，負責本會的經營管理工作，同時本會正尋找合適的人選進行招聘。常務委員會感謝Randal對本會的付出，謹祝他在新的工作崗位順利如意。

希望所有人都有個愉快難忘的夏天，並準備好在本會投入新一季緊張刺激的賽事。

主席 Neil Jensen

# REACH THE ELITE



Hong Kong Football Club Magazine is a monthly publication which is distributed to the Members of the Club, other prestigious clubs in Hong Kong and reciprocal clubs worldwide. The magazine has a circulation of over 3,000 per month and a readership of approximately 6,000 adults and 5,000 children.

10% discount for 3 months insertions  
 15% discount for 6 months insertions  
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# HONG KONG FOOTBALL CLUB STAR AWARDS

*1st Quarter 2024*



**Mai Meilan,  
Lan**  
House



**Chong Kai Wing,  
Wing**  
Engineering



**Ho Kwan Kit,  
Keith**  
Engineering

# TYPHOON SIGNAL NO.8 OR ABOVE AND EXTREME CONDITIONS SIGNAL\*

## 8號或更高熱帶氣旋警告及極端情況信號\*

\*collectively, the "Signal" \*統稱「信號」

### IF

the typhoon signal is hoisted

熱帶氣旋警告懸掛後

the extreme conditions signal is hoisted after Typhoon Signal No. 8 is lowered

如極端情況信號於熱帶氣旋警告除下後懸掛

the signal is lowered between 5am and 4pm

如信號在上午5時至下午4時期間除下

the signal is lowered between 4pm and 5am

如信號在下午4時至上午5時期間除下

the Black Rainstorm Warning is hoisted

黑色暴雨警告信號懸掛後

### THEN

the Club shall be **cleared immediately** and closed within 30 minutes

本會將**立即清場**，並安排於30分鐘內關閉

the Club will remain closed

本會將繼續暫停開放

the Club may reopen approximately two hours at Management's discretion

本會管理層將決定是否於2小時後重開

the Club will reopen at 7am

本會將於上午7時重開

the Club or some of its facilities may be closed

本會或部分設施將暫停開放



The Club will send out Notice to Members to inform on any special arrangements that differ from the above stated guidelines. Management will make the final decision in case of disputes.

如有其他不同於上述安排的特別措施，本會將透過會員通訊電郵通知各會員。如有任何爭議，本會管理層保留最終決定權。



香港足球會  
HONG KONG FOOTBALL CLUB

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**\$2,650,000 EACH**

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**\$2,000**

\*each Corporate Subscribership can nominate one nominee with spouse and children under the age of 26 to have access to the Club

#### JOIN NOW

Schedule an exclusive Club Tour with our **Membership Department** or reach out for more information via the contact details below.

#### Hong Kong Football Club

3 Sports Road, Happy Valley, Hong Kong

TEL (852) 2830 9500 | EMAIL [membership@hkfc.com](mailto:membership@hkfc.com) | [www.hkfc.com](http://www.hkfc.com)

HongKongFootballClub hongkongfootballclub1886

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# NEW MEMBER ORIENTATION RECEPTION

## A MULTI-SPORT WELCOME TO HKFC

Many thanks for the support of our General Committee, the Management Team and Sports representatives, who all contributed to making our New Member Reception a successful and merry occasion at the Happy Valley Suite in late May.

The night aimed at expressing our warm welcome to new members by familiarising them with the background and traditions of the Club, as well as establishing their sense of belonging to the Club. They also took the opportunity to meet fellow members from other sections and sports.

To kick off, our Chairman, Mr. Neil Jensen, gave a brief introduction to the new members on the longevity and

history of the Club. He remarked on the responsibility and mission of becoming a prime part of the Club. Enriching their journey at the Club, he encouraged them to explore more possibilities and devote themselves to the promotion of sports culture at the Club together. This was followed by a Club trivia quiz, where the questions were based on some fun facts about the Club, and most of our new members managed to score well.

Our Food & Beverage outlets showcased their respective features and presented a wide variety of dishes. While representatives from the sports Sections, DSA and Societies also joined to introduce their sports, in an attempt to sign up new players as well

as highlighting upcoming sports events to the new members. Not only did they get to know more about the variety of sports available at the Club, but this cross-section engagement enabled them to understand more about HKFC sports as a whole.

Judging by the enthusiasm shown by participants, everyone had a quality night at the Club and we are looking forward to holding further new members events to welcome our next group of joiners.

Scan the QR Code

To view more photos





# 2024 CHAMPIONS



## IT'S A WRAP 2024 HKFC STANDARD CHARTERED Soccer Sevens

The HKFC Standard Chartered Soccer Sevens - celebrating its 25th anniversary - wrapped up on Sunday, 26th of May. Under the new stewardship of Soccer Sevens Tournament Director Scott Semple and under the watchful eye of Chairman Tony Bratsanos, the event lived up to its billing as a Hong Kong Mega Event.

**K**icking off the weekend, we had the much-anticipated Sportsman's Dinner on the Thursday night with special guest Queens Park Rangers, Tottenham and Newcastle legend Les Ferdinand. Les shared some stories of how he approached the game as a player, coach and director of football, what drove him then and drives him now and his ambitions to be part of the game for a very long time. The room full of young aspiring Premier League players hung on to his every word. Judging from the lengthy line of people wanting photos with him, he was an extremely popular choice as guest speaker - he did not disappoint.

Moving to the competition itself, UK-based teams Brighton & Hove Albion, West Ham United, Fulham, Newcastle United, Leicester City, Glasgow Rangers, Aston Villa were joined by local teams Kowloon Cricket Club, Ampcontrol Discovery Bay, Tai Po, BC Rangers, a Hong Kong China Representative Side, Yokohama F. Marinos from Japan, Yau Yee League Select, and our four HKFC teams. Both Singapore Cricket Club and Singapore Football Club each fielded an Open and Masters team in the competition and lastly, the Wallsend Boys Club and the PFA All-Stars, made up of stars of yesteryear, completed the twenty-four teams in total with sixteen teams competing in the Main Competition and eight in the Masters Competition.

After last year's successful exhibition game, where our HKFC Women's team took on a Hong Kong Select team, this year saw the introduction of a Women's competition with eight teams participating including Kitchee, Macau's national team, Chelsea Soccer School and our very own Women's Team.

Lastly, as well as a series of Junior Soccer 7's Finals, we also had the annual HKFC Crusaders exhibition match which was loudly cheered on by the capacity crowd. The HKFC Crusaders is our community soccer initiative for players with intellectual and/or physical disabilities.

The PFA All Stars, with former professionals such as **Barry Hayles, Lee Mansell, Scott McGleish Luis Boa Morte, Leroy Lita and Jamie Cureton**, were the eventual winners of the Masters Cup in a thrilling match against Singapore Football Club.

Ampcontrol Discovery Bay took the Masters Plate on penalties against Kowloon Cricket Club.

Leicester City were the Sean Browne Shield Winners with a 2-1 win over Rangers in a reverse of last year's Shield final.

In the inaugural Women's Tournament, **Chelsea** won the Cup with a penalty shootout against Kitchee, and our HKFC Women's team proudly took the Plate with a tight 1-0 win over neighbours' Macau.

**Brighton & Hove Albion** were the winners of the Main Cup Competition with a commanding win over last year's Cup Champions Aston Villa. They did it the hard way with a group loss to local side HK Rangers and a draw with tournament debutants Yokohama F. Marinos, but they were able to prevail at the 'business end' of the tournament. This win represents Brighton & Hove Albion's first Cup win, and they celebrated in style.

The event ended with the Gala dinner on Sunday night where a video of every goal from the tournament was shown on video with the winning teams again invited up to the stage to receive their awards. They were cheered by their peers in the audience, capping off a fantastic tournament.



**PLAYERS OF THE TOURNAMENT**

Main

BRIGHTON Luca Barrington

Masters

PFA Ryan Shotton

Women's

Chelsea Anke Leung

**REFEREE OF THE TOURNAMENT**

Cheung Wai Lung, Mario



*The Sevens Committee and in particular the Sevens Chairman Scott Semple would like to thank our Sponsors, everyone who attended, and all the volunteers who gave up their time over the weekend to help make the event a success. We had around 90 volunteers from across the Soccer Section and Junior Soccer plus over 100 ball boys & girls who helped keep things moving along nicely throughout the tournament.*

*The staff and management at the Club were equally amazing with no request too difficult for them to handle and they did us proud as always in demonstrating to the world what Asia's Premier Sporting Club is capable of.*

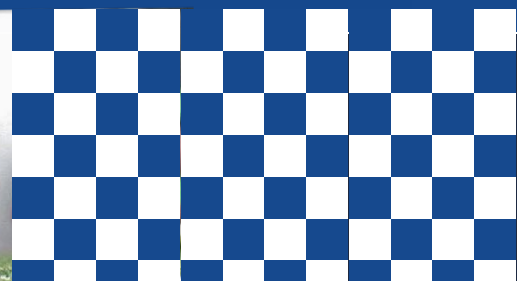
*Several members returned from overseas especially for the tournament in the form of Peter Hurst from Singapore, Phil Thompson from New Zealand, as well as former Tournament Directors, Alistair Macleod, Tom Henderson and Chris Plowman.*

*With many of the teams who played this year already committing to next year, we can look forward to 2025 with anticipation and expectation. See you all then!!*



Scan the QR Code

View more photos





# NEWCASTLE UNITED COACHING CLINIC

**O**n Thursday 23rd May, before the Soccer Sevens tournament, Coaches from one of the visiting teams, Newcastle United, delivered a Coaching 'Clinic' for HKFC's Soccer Section. The event was run by **Chris Moore** and **Graeme Coulson**, A Licence Youth Development Phase Coaches from NUFC's Academy, and was intended to help both our Technical, professional Coaches and volunteer, part-time Coaches from Junior Soccer.

The event was the brainchild of Section Chairman **Mark Grainger** who wanted

to see what our Coaches could learn from the English Premier League clubs competing in the Sevens, and was coordinated with the HK Football Association, whose own staff also attended.

Chris and Graeme ran a session based on Transition from Defence to Attack (TDA), with emphasis on ball possession, forward runs and ultimately finishing on goal. In needing players for the drills, our visiting Coaches used HKFC's PYL U14 squad who benefited greatly from a structured, attacking session that

expanded concepts from possession rondos to a conditioned game, finally finishing with a small-sided game with Goalkeepers. This was followed by a 10-minute Q&A session for Coaches to pick the brains of the professionals!

With 22 players on the pitch and about 30 Coaches watching on, the session was warmly received, and conversations of coaching techniques carried on upstairs at the Sportsman's Dinner over a glass of wine.

**Graeme Lane**

COFFEE  
SHOP

# California

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FRIDAYS 6PM - 9:30PM | SATURDAYS 5:30PM - 9:30PM

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Per Adult

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Per Child\*

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# HKFC E'S SEASON OF CHAMPIONS BACK AT THE TOP!

HKFC Mens E's 2023-2024 league championship winning season was a story of redemption rich with the spirit of unity and the thrill of competition. After a disappointing 2022-2023 season, the team regrouped and became ever more focused on the new season and that laser-sharp focus never wavered until we were once again crowned champions of the league.



## SPORTS

Starting by solidifying the returning players and making several clever recruitments, the Men's Es formed a squad composed of both young talent and seasoned players that focused on a fine balance between a solid defence and potent attack that dominated the league from day one.

Our defence became the team's stronghold this season where the back four's efforts, led by **Paul Chan** and **Dilraj Gill**, made easy work for our joint goalkeepers **Darren Foo** and **Jason Man** who limited our opponents to only a handful of goals and kept numerous clean sheets across all competitions. The younger players brought agility and relentless energy, while the veterans provided strategic depth and composure. Together, they formed an impenetrable wall that stood firm against all challenges and were rarely troubled. The team ended the season with the best defensive record in the third division and the second-best defensive record across all seven divisions.

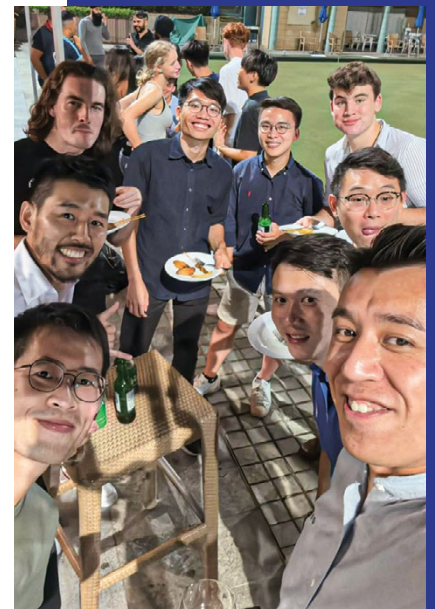
On the end, the team's offence was a display of skilful coordination and sharp execution. The youthful players' speed complemented the veterans' tactical positioning and became an attacking weapon that left our opponents trailing. **Derek Siu** and **Jason Hui** never stopped providing potent passes to our strikers and **Kencer Ho**, a new recruit, was the team's top scorer, netting in 17 goals in league competition alone.

Competition was tight all season long, but the team was able to stay on top of the table from the get-go because of the player's dedication and commitment, which ultimately culminated in another team photo on the club's hallowed wall and another trophy in its fabled cabinet.



At the end of this season, we bid farewell to our onion ring loving Darren Foo, our legendary goalie whose contributions have been pivotal to the team's success over the years. His move to Singapore will be a significant change, but his legacy at HKFC E remains untarnished.

Special mention also goes out to our team's efforts in section life. Whilst the season was full of highlights and tough battles on the hockey pitch, we never forgot our roots as the club's social team with strong turnouts across all section activities as well as being a huge supporter of our youth hockey efforts. The 2023-2024 season will long be remembered.





**COFFEE SHOP**

MARIA STYLE

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CONTAINS NUTS

Photos for reference only

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WATERMELON, COCONUT WATER

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**\$42** Each

## SPORTS

Following on from the loss of their Turf City ground at the end of 2023, it wasn't clear whether the Tanglin Rugby Club would be able to hold any more international tournaments. Luckily, TRC were able to secure the use of Marlborough College in neighbouring Johor Bahru, and accordingly a plucky group of 15 Under 9 boys ventured forth to take part in the first ever Singapore tournament held "north of the Causeway." This wasn't the only first for the boys – due to peculiarities of Singapore rugby seasons and rules, this would be their first matches with lineouts and scrums as well (scrums being introduced in U10, and lineouts in U11, in Hong Kong). It was also, for many of them, the first time playing on a (waterlogged!) grass pitch. However, the boys coped with all the challenges with smiles on their faces at all times. Saturday was dedicated to pool matches, with semis and finals on



the Sunday. Despite clear sunny weather upon our arrival at the ground, the heavens opened 15 minutes before the first matches, leaving most of the pitches waterlogged for the duration.

Our first match was against a strong Singapore Cricket Club (SCC) Lions team, who opened the scoring after a few minutes with a 7-point "super try". HKFC fought back to level the score with a super try of our own, courtesy of a nearly full pitch run down the right wing by prop **Greg**. A last-minute break by SCC looked like it might have given them the

win, but for a chase and powerful tackle by scrum-half **Ryo** whose momentum carried the SCC player over the dead ball line before they could ground the ball. Final score 7-7.

Our second match was against a Hong Kong Barbarians team formed from the top players from Sai Kung Stingrays, Valley Fort and Sandy Bay. It was a hard-fought match, and despite a line break try from winger **Brennan** and an unlucky disallowed super try from Achilles, the final result was an unfortunate 5-17 loss.

Not to be disheartened, the boys went into their final match against hosts TRC Thunder full pelt, opening with a super try from centre **Jesse**, followed by shortly after by a breakaway run from fly-half **Max**, who despite



# HKFC UNDER 9 TRC JUNIOR CUP TOUR, JOHOR





## YOUTH RUGBY



being brought down just shy of the try line managed to reach out and bring the ball down behind the line to score. TRC fought back but were unable to penetrate the HKFC defence, and the final pool game ended as a 12-0 win.

Following completion of the pool matches, we found ourselves second in our pool, and 6th overall in the standings, putting us in the Plate competition on Sunday. First up was a semi-final rematch against SCC Lions. This time the boys had their eyes on the prize, and gave no quarter to the Lions. The wingers were the stars of this match, with a pair of tries from **Sam** and one from **Eashan** to beat SCC 15-7.

After a rest, and a quick team chat with **Pro Coach Matteo**, the boys were ready for the Plate final against Dragons Fire. As with the semi-final, the boys went all in at the start and overwhelmed the Dragons' defence to score an early super try thanks to another line break by **Jesse**. Not to be outdone, winger **Eashan** added another try to his tally to bring the score to 12-0. The last few minutes of the match were nerve wracking as Dragons' counterattacks pushed

us back up against our own tryline, but our backs held the line and gave Dragons no way through. A last-minute turnover from a Dragons' lineout saw lock **Japsher** take off up the blindside and a third try looked set to seal the deal, but Dragons' scrum-half was able to catch and drag him into touch, and the final whistle blew, but the boys knew the job had been done!

What a result for these boys, especially considering they have only had a few weeks of scrums and lineouts prior to the tour! I am immensely proud of their grit and determination, and their resilience. Thanks to all the parents for their support, and to **Coach Alex** and our **Pro Coach Matteo** for all the hard work and support for the kids. Next year, we target the Cup!!!

### Head Coach Chris

#### HKFC Gladiators

Achilles Lai; Alastair Kenyon-Edwards; Brennan Buchanan; Carter Lau; Caspar Natter; Eashan Ahir; George Cox; Gregory Ling; Japsher Singh Sandhu; Jesse O'Neill; Marc Wilkinson; Mason Smith; Max Worsley; Ryo Yabe; Samuel Key





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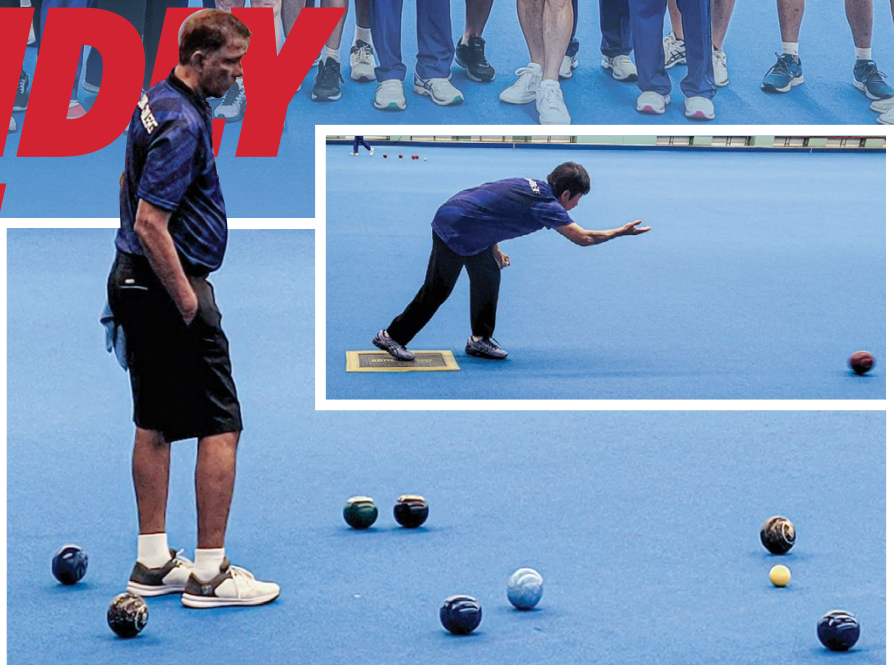


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HERE**

# FRIENDLY GAME

**B**owlers from Evergreen Lawn Bowls Club (Singapore) and Singapore Cricket Club visited HKFC and had a friendly game with us on 27th May 2024 at our indoor green.

Mixed Fours games were played on 3 rinks and all participants had an enjoyable afternoon of lawn bowling and fun!



## CHINESE NATIONAL LAWN BOWLS CHAMPIONSHIPS

The Hong Kong, China team had won the Chinese National Lawn Bowls Championships in Foshan on 26th May 2024.

The Championship was played in Mixed Triples format and a total of 14 teams from various provinces, cities and regions from China participated in the three-day tournament.

The HKC-B team, composed of **Eva Yu\***, Langley Au Yeung and Helen Cheung, won the Championship.

The HKC-A team, composed of **Christina Yeung\***, Quenton Ip and Tammy Tham, won the second runners-up.

\* HKFC League Players



# HKFC DOMINATE AT THE MIDDLE ISLAND CHALLENGE

**O**n 15th May, the sun was shining, water calm and 300+ swimmers ready for the annual Middle Island Challenge at Deep Water Bay. Our swimmers participated in both the 1.5km and the 3.8km, the latter route starting at Deep Water Bay beach and going around Middle Island. Most of our swimmers competed in the 3.8km, but the day got off to an exciting start with **Vasco Van Der Flier** completing the 1.5km in just 21.24 mins, coming 1st in his category and 4th overall.

13 swimmers from HKFC competed in the 3.8km from a mass start. With over 260 swimmers in the water ready to go, our swimmers started to pull away after the first kilometer following the initial stretch from Deep Water Bay towards Repulse Bay, before making a left around Middle Island towards the open ocean. Conditions were perfect with only a few waves on the south side of Middle Island, making it easier to spot and navigate. On the downward straight back to the beach and past Ocean Park, the first few swimmers had broken away.

To summarise, HKFC absolutely dominated the leaderboard, with 5 of the top 10 swimmers coming from our society. **Craig Nortje** and **Braedon Sharp** claimed 1st and 2nd overall, with Craig finishing in a rapid time of 48.33 mins and Braedon coming in less than a minute behind. **Fred Clatworthy** came in 5th, with Farah Master coming inside the top 10 and claiming the spot of second fastest female overall. Matthieu

MLV was close behind Farah, finishing in 10th position overall (2nd M 30-39).

**Janet Wu** set a new age group record (1st F 40-49) of 57.15 mins. **Christina Sjöholm** also made the podium with a 3rd place finish in her age group (F 30-39) with **Simon Holliday** (4th M 40-49) and Simon Brewster (5th M 40-49) also arriving back on shore under 1 hr.

**Lucy Barton** (4th F 20-29), **Matthieu Vignaud** (10th M 40-49), **Rupert Puels** (8th M 50-59) and **Mayank Vaid** (20th M 40-49) also put in strong performances, finishing between 1 hr and an 1 hr 15 mins. For many of the swimmers, pbs were smashed from previous years, with huge thanks to our coach **Dominic Tsui** for his words of wisdom and contributing a huge amount to these improvements.



HIGHLIGHTS

**Efe Demiral, Siyu Li, Grace Brewster and Siho Li** raced for Mixed 13y&U 200m Free Relay, and they came 2nd in their heat with time 2.44.

**Efe** entered 50m Butterfly, dropping his time 2.89 and finishing in 36.11, and came 2nd in his heat. Efe raced for 50m Butterfly, dropping his time 8.31 and finishing 36.69, and came 1st in his heat.

**Grace** swam 100m Freestyle, dropped her time 8.05 and finished in 1.39, coming 3rd in her heat.

**Grace Brewster, Hannah Cox, Kate Li and Siyu Li** swam 200m Medley Relay, finished in 3.09 and came 1st in their heat, and same girls entered 200m Frees Relay, finished in 2.40 and again came 1st in their heat.

**Leyla Demiral and Siho Li** raced for 50m Breaststroke and 50m Freestyle, entering new times in their first Swim Meet and showed great confidence.



# STINGGRAYS SWIM MEET

HKFC Swimming and Tri kids had an excellent meet, representing team at Stingrays Swim Meet from 24th to 26th May for 3 days. We had 25 PBs and new times amongst 7 swimmers across 25 events. NOT one time is slower than last year!

Well done to the entire team and to our coach **Dominic Tsui**.



# AQUATHLON SERIES

On 27th May, the first aquathlon of the year took place in Taipo, featuring a 1000m swim followed by a 6km run. Among the participants, **Braedon Sharp**, who came a close 2nd in the Middle Island Challenge very recently, represented the Swim and Triathlon society in this early morning event. Starting with a strong swim, he established a significant lead and maintained it throughout the race, ultimately securing the victory in his age category. Congratulations Braedon!



# ALEX FONG

## "LITTLE FLYING FISH", SYDNEY 2000 OLYMPICS



With Paris 2024 Olympics Games around the corner, Swim & Triathlon Society is publishing a series of interviews with Olympians amongst us. This is the second of the series with Alex Fong Lik-sun who holds many Hong Kong Swim Records, is an accomplished singer, artist and is an inspiration to us in so many ways.

**You represented Hong Kong at 11 yrs old? Wow. Can you please tell us about this event?**

"I started training from the age of 9. The age-group swimming competitions are very well organised in Hong Kong, so I was fortunate to be able to represent Hong Kong in overseas competitions from a young age. I remember that particular competition was held in Singapore, called Asian Pacific age group swimming championship."

**Was competing at the Olympics a childhood dream?**

"At the beginning of my training, I did not have such a "big" goal. But as I started achieving results, especially when I broke my first Hong Kong record when I was 15 years old, the goal of participating in the Olympics was next."

**When and how did you know that you were going to compete? Or what lit the fire for the Olympics?**

"After I broke the Hong Kong record for the first time in 1995 when I was 15 years old, I had the goal of participating in the Olympics, but unfortunately I didn't make the qualification in time

for the 1996 Olympics, so this goal persisted for another four years. It was very fortunate to be able to represent Hong Kong in competitions as we had more than one Olympic qualifying competitions. I think I qualified in four events, but ended up participating in three at the Olympics."

**How did you train for the 2000 Sydney Olympics?**

"In the summer of 1999, with the sponsorship and arrangement of the HK Sports Institute, I went to the Germantown Academy in Philadelphia, USA to train under the renowned coach Richard Shoulberg. Afterwards, in order to continue my training and with the plan to further my studies in the US, I enrolled at the same school, attending classes while continuing my training, and graduated a year later."



**Please share a fun fact at one of the Olympic Games?**

"The Olympic Games are like a global village, with people of different races, physiques and characteristics representing different sports. For example, the tallest ones are usually basketball players, while the most slender and petite ones are often gymnasts or divers."

**It's very rare to see someone with these two skills, artist and sports. And you are very good at both! How do you balance your life as an artist and a sportsman?**

"Entertainment business is my profession. Swimming has now become my hobby. So I must maintain a clear distinction, with work being the priority and hobby second. Given the constraints of the environment, I strive to find time to train. The main reason I continue to train and compete is to challenge the limits of my age. It's a competition with myself and my own body. I feel that participating in sports makes it easier to set goals for myself and achieve them rather than achieve goals in my entertainment business."

**What's your advise to budding athletes who want to perform on world stage?**

"It's simple, I'm very old school... To compete on the world stage, you need to do what they are doing, and even do it better than them, and put in more effort."



# Cuisine Nissarde



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# HKFC TENNIS TOUR 2024 TO BANGKOK

The long-awaited HKFC tennis tour to Bangkok was successfully held from 26th to 29th April 2024. This trip provided the perfect weekend for 18 HKFC tennis players to exchange skills and experiences with their counterparts at the Royal Bangkok Sports Club and The British Club in Bangkok. Everyone thoroughly enjoyed the atmosphere, the people, and the vibrant vibe of Thailand. It was a great opportunity for the HKFC players to grab their tennis rackets and play competitively outside of Hong Kong.

## **SATURDAY, 27TH APRIL 2024** **1ST SOCIAL MATCH WITH** **ROYAL BANGKOK SPORTS CLUB**

18 players of varying levels and backgrounds took to the beautifully manicured grass courts. Despite the rainy weather in Hong Kong, the HKFC players were lucky to enjoy sunshine during their matches. The social game was a fantastic opportunity to bond and learn from each other's tennis experiences. After the on-court action, the team enjoyed a delicious local Thai dinner called "the Local". The atmosphere was incredibly comfortable



and pleasant. A special thanks goes out to **Eric** for generously bringing and sharing his great wines all the way from Hong Kong. The evening was further highlighted by the group celebrating **Sarah** and **Jaff's** birthdays, ending our day one of the trip on a high note!

## **SUNDAY, 28TH APRIL 2024** **2ND SOCIAL MATCH with BRITISH CLUB**

Tennis players participated in the friendly matches which ended in an 18-18 tie. The British Club provided a cozy setting for some challenging yet enjoyable encounters. The crowd of spectators added to the lively atmosphere.

Following the social matches, the British Club hosted a wonderful buffet dinner for the players. The evening began with a warm welcome from the club's chairman, **Christopher**. The players from both teams mingled and bonded, building new connections across the different clubs and divisions.

Overall, the HKFC tennis tour to Bangkok was a resounding success, allowing the players to not only compete but also immerse themselves in the vibrant local culture and hospitality. The cross-cultural exchange and friendly camaraderie were undoubtedly the highlights of this memorable trip.



# YEUNG SISTERS' SUCCESS AT THE 9TH HONG KONG GAMES



In an impressive display of talent, siblings **Jasmine Yeung** and **Roselle Yeung**, representing the Wanchai District, reached the finals of the Women's Doubles (Group C/U15) event at the 9th Hong Kong Games on 26th May 2024. They faced off against the Sai Kung Team at the center court of Victoria Park Tennis Court, narrowly missing out on the gold medal with a final score of 5:8.



## ATA JUNIOR SERIES TOURNAMENTS

Over the past three months our Green, Orange and red ball players have been competing in regular tournaments with the Top 16 players battling it out in a final tournament.

The Orange ball and Green ball tournaments have been played on Friday night 6-8pm allowing the younger competitors an opportunity to gain valuable match experience. As well as match play they learn the way to compete and meet new friends and hang out with old ones.

Come the end of June we will have the 2023/24 Red, Orange and Green ball champions.







# SUMMER TENNIS CAMPS 2024

**SUMMER CAMP DATES:**

- CAMP 1: 17 - 21 JUNE 2024 (5 DAYS)
- CAMP 2: 24 - 28 JUNE 2024 (5 DAYS)
- CAMP 3: 2 - 5 JULY 2024 (4 DAYS)
- CAMP 4: 8 - 12 JULY 2024 (5 DAYS)
- CAMP 5: 15 - 19 JULY 2024 (5 DAYS)
- CAMP 6: 22 - 26 JULY 2024 (5 DAYS)
- CAMP 7: 29 JULY - 2 AUG 2024 (5 DAYS)
- CAMP 8: 5 - 9 AUG 2024 (5 DAYS)
- CAMP 9: 12 - 16 AUG 2024 (5 DAYS)
- CAMP 10: 19 - 23 AUG 2024 (5 DAYS)

**SUMMER CAMP TIMES :**

- CAMP A : 8-10AM
- CAMP B : 10-12PM
- CAMP D : 3-5PM
- CAMP E : 5-7PM



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# A FUN-FILLED OUTING

SATURDAY, 11TH MAY 2024  
KSC SOUTH



Happy Golfers on the Bus

Our first weekend outing of 2024 on 11th May was nothing short of spectacular. We packed the bus to the brim, ready for a day of golf, laughter and some inevitable shenanigans. The allure of a Saturday event brought fresh faces into our fold - welcome, **Alexander Chew**, **Murray Brechin**, **Fraser Leishman**, **Nicholas** and **Kenneth Lam**!

We were equally delighted to see some long-lost participants, including **John Thompson** and **Kristina Lee**. Unlike our previous outing where the weather seemed to have a personal vendetta against us, this time it decided to play nice, allowing us to enjoy a full round of golf.

There was some fantastic golfing on display, with nearly half the players racking up over 30 Stableford points. We also had two Match Play championship matches: **Jonny Brock** vs **Kien Ng** and **William Chan** vs **Shane Burgess**. Jonny triumphed 3&2, and William joined him in advancing to the next stage after a thrilling victory over Shane.



The guys that missed the Ferry



The Brechin Brothers Murray and Callum with Fraser Leishman and Alexander Chew



Waiting for Jonny and the Rugby guys



Andrew Wood in 2nd place

## NEAREST TO THE PIN

Hole 2 **Kenneth Lam**

Hole 4 **Chris Burley**

Hole 6 **Chris Burley**

Hole 10 **Emiliano**

Hole 11 **Elizabeth Dendle**

Hole 16 **Fraser Leishman**

## LONGEST DRIVE HOLE 17

Women's **Kristina Lee**

Men's **Craig Tuckerman**

## LOWEST GROSS

**Jonny Brock** 76

## STABLEFORD WINNERS

1st **Elizabeth Dendle** 38 points

2nd **Andrew Wood** 37 points

3rd **William Chan** 37 points



Jonny Brock surrounded by the girls, Heather Deayton, Elizabeth Dendle, Dori Dainton

The outing also coincided with Jonny's birthday, and in a delightful twist, **Dori** and **Elizabeth** showed up in matching outfits. Clearly, great minds think alike - or perhaps they conspired to give Jonny a birthday surprise!

Jonny's birthday excitement led to a classic mishap: we lost the birthday boy and a few of the Rugby guys as they missed the ferry back to Sai Kung. This meant we all had to wait for them to catch the next one. This gave us more time to laugh and recount our day's adventures. Speaking of which, **Andy Wood** made sure everyone knew how well he played, boasting about chipping in from the bunker and sinking a 20-foot putt on the 18th. He had the game of his life and made sure everyone knew it, not once, not twice, but multiple times on the journey back. However, despite Andrew shooting a Nett 67 and a Stableford score of 37 points, he was bested by Elizabeth Dendle who scored a whopping 38 points! Well done Liz!

Our lively journey ended back at the Sportsman's, where we continued Jonny's birthday bash. After a spirited bus ride back to the football club, all the winners generously threw their Stableford competition winnings into the pot to continue with the celebratory drinks. It was the perfect end to a day filled with laughter, friendship and unforgettable moments.

Well done to all the winners, and a very Happy Birthday to Jonny!

Birthday Hugs for Jonny



Pool Bar

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## JUNIOR ASSOCIATED MEMBERS REPORT

"I am a professional athlete dedicated to pursuit of a badminton singles career. After close to 2 years as a full-time player, I am qualified for the super 300 and 500 series. My upcoming challenge will be to break into world top 20 and win my first super series title. I am also setting my target on to qualify for super series 750 and 1000, top professional badminton tournament."

Lo Sin Yan Happy attended Cathay 2024 Hong Kong Sports Stars Awards.

# ROAD TO OLYMPICS

## UPDATE ON JAM

### HAPPY LO SIN YAN PART II



Left to right: Team coach John Leung and elite JAM Saloni Mehta

## THAILAND OPEN 2024

### SALONI MEHTA

The second qualifying round was against an up-and-coming Thailand player who took Saloni to a nail-biting 3 sets with Saloni beating her opponent in third set of 23:21.

challenge will be a Super 100 level series tournament, the Kaohsiung Masters 2024. We hope Saloni the best of luck!!

It has been a year of roller coaster ride for Saloni as she has finally come through her first personal achievement in entering a BWF Super 500 level series badminton tournament, Thailand Open 2024. Saloni must go through two rounds of qualifying games before entering the main draw. Her first round was against an Indian player and Saloni took the game to an easy 2 sets win.

Thailand Open is the third highest level super series tournament. Saloni worked hard against an Indonesian player who ranked (71) much higher than Saloni (183) in round 32. However, Saloni did not show a thread of fear and worked on her game plan really well and took the opponent to 3 sets. However, her opponent was shown to be at an advantage with more experience than Saloni does and she lost in the third set. However, this is still the best tournament result that Saloni had had in the past 2 years. Her next



Saloni (left) seeks advice from John Leung, team coach (right)



Junior Squad Player  
Left to right: Ellen Lui and Lauren Lui



Junior Squad Player  
Left to right: Shubh Malik and Bosco Fung

# HKFC & TORQ SPORTS JUNIOR TOURNAMENT 2024

This is an exciting annual junior badminton event and, this year we have attracted over 350 entries, over six age categories and 10 events. There were more than 220 matches played over the weekend and players enjoyed putting their practice into games.

RESULTS OF OUR JUNIOR BADMINTON SQUAD IN HKFC & TORQ SPORTS JUNIOR TOURNAMENT 2024		
<b>U12 SINGLES</b>	First Runner-Up Second Runner-Up Last 16	Faye Wong Anissa Ho Man Yin John Lo Hui Lung, Jeffrey Lee
<b>U14 SINGLES</b>	Champion Second Runner-Up Quarter-final Last 16 Last 32 Round 16	Ellen Lui Henry Zhang, Lauren Lui, Myeisha Shah Amber Kwok Joy Dong, Hannah Yip, Parkus Fong, Reyna Mehta Aaryan Shah, Jamie Tam, Param Mehta, Pedon Yu Haze Yeung Henry Zhang, Savio Tam
<b>U14 DOUBLES</b>	Champion Second Runner-Up Quarter-final	Ellen Lui and Lauren Lui Reyna Mehta and Myeisha Shah Aaryan Shah and Param Mehta Henry Zhang, Savio Tam
<b>U16 SINGLES</b>	Champion First Runner-Up Second Runner-Up Quarter-final Last 32	Shubh Malik Abigaio Sum Yau Lee, Andrew Xie Michael Chen Cara Yip, Jack Du, Joey Cheung, Curtis Cheah Nathan Wan Thomas Lee
<b>U16 DOUBLES</b>	First Runner-Up Second Runner-Up	Bosco Fung and Shubh Malik, Joey Cheung and Cordelia Lee Cara and Hannah Yip, Kenneth Chau and Thomas Lee
<b>U18 SINGLES</b>	Champion First Runner-Up Second Runner-Up	Perry Miu Alvin Yap, Jane Dong Ethan Choy, Maison Yue, Nixon Chiu Tsz Wai
<b>U23 SINGLES</b>	Second Runner-Up Quarter-final	Carson Chung Kai Chung Michael Cha Carson Chung
<b>U23 DOUBLES</b>	Second Runner-Up	Carson Chung and Alvin Yap

**JUNIOR ASSOCIATED MEMBERS REPORT**

**HKBA MIXED AND DOUBLES LEAGUES 2024 – CONCLUSION  
HKFC MIXED TEAM**

It is so proud to present our mixed team this year that was composed of U14 to HKFC veteran in the Grade E open age HKBA mixed league. The team fought methodically and strategically to secure their 1st place from group stage. Entering the last 16 was practically achieving beyond expectation and it was impressive that the team graduated as quarter-finalist. This only demonstrates that the junior talents are more than competent to compete with the seniors in open age tournament.

Congratulations to the players and will come back stronger next year!



Left to right: Ellen, Carson, Peggy, Evelyn, Team Coach Fredi and Dawn

**2024 GUANGDONG, HONG KONG AND MACAO YOUTH KUMPOO**

**"XUN FENG CUP",  
"CROWN OF FEATHER"  
BADMINTON TOURNAMENT  
ZHUHAI**

On 20th April 2024, our junior player **Ellen Lui** participated in the 2024 Guangdong, Hong Kong and Macao Youth Kumpoo "Xun Feng Cup" "Crown of Feather" Badminton Tournament. Ellen competed in the U15 Girls Singles and won second runner-up. Her sibling **Lauren Lui** has also participated in the 2024 Yonex Run Future: The 2nd "Run Future Cup" Youth Badminton Tournament held in Shenzhen, China on 26th May 2024 and won first runner-up in the U12 Girls Singles.



U15 Girls Singles Second Runner-up Ellen Lui



U12 Girls Singles First Runner-up Lauren Lui

**HONG KONG GAMES 2024**



Left to right: mother Fennie, Lauren Lui, Ellen Lui and father Paul. The sibling partnership has entered the final of 16 girls doubles this year.

The Hong Kong Games has been long overdue due to the Covid pandemic. This biennial event since 2007 is to promote "Sports for All" culture. HKG is territory-wide multi-sport event with 18 districts as participating units. Apart from improving sporting standards at district level, HKG also strengthens public's sense of belonging to the district the participants live in and help promoting community cohesion.

This year, our junior players worked hard to on in their respective district in their district competitions so as and secured their place in HKG 2023. **Ellen and Lauren Lui**, the

sibling partnership advanced to the final of U16 girls doubles which will be held on 1st June 2024 in Queen Elizabeth Stadium.



Left to right our junior squad player: Andy Curtis, Alvin and Thomas



## **INTER-SCHOOL TEAM COMPETITION 2024**



Henry Zhang



Left to right:  
Reyna and Myeisha

## **TEAM COACH REPORT**

It is a relief when **Happy Lo** has finally secured her position to compete in **Paris Olympics** this year. Even though it is still 2 months away from 27th July 2024 which marks the beginning of badminton event, time is actually tight for **Happy** to achieve a proper periodisation and peak for the event of a lifetime.

We have just completed our annual HKFC junior badminton tournament and this year has unbelievably over 350 entries. The tournament started approximately 6 years ago has now made a mark in local junior tournament circuit. Junior talents are awaiting eagerly each year to participate.

While our players are busy training, most of them are also involved in their interschool competitions. A few of them played a part in bringing in medals for the teams. We will be looking forward to the first international youth team tournament in July 2024.

### **UPCOMING JUNIOR EVENTS**

May 2024 - July 2024  
**Internal Ladder**

July 2024  
**HKFC and Torq Sports Overseas  
Junior Invitational Team Tournament**

September 2024  
**Yuen Long Fung Kum  
Youth Team Tournament**

October 2024  
**YMCA Youth Team Tournament 2024**

November 2024  
**President Cup 2024**



U16 Boys Doubles  
Second Runner-up Thomas and Kenneth

## **HKFC JUNIOR MEMBERS YMCA JUNIOR TOURNAMENT 2024**

On 15th May 2024, our junior players participating in the YMCA badminton junior tournament. Kenneth and Thomas won their age group second runner-up in doubles and the sibling partnership Ellen and Lauren Lui won first runner-up in the doubles category.

U14 Girls Doubles First Runner-up  
Ellen and Lauren Lui





# HKFC TRIUMPHS IN FRIENDLY BADMINTON MATCH AGAINST SCAA

**O**n 14th of April, 2024, the Hong Kong Football Club badminton team showcased their prowess in an exhilarating friendly match against the South China Athletic Association (SCAA), one of Hong Kong's leading sports clubs. The event included a comprehensive line-up of 15 matches across various categories, including men's singles, men's doubles, women's doubles and mixed doubles.

The friendly match was a spectacle of skill, strategy and sportsmanship, with HKFC emerging victorious with an impressive score of 11:4. This

achievement highlights the depth of talent within our club and the effective practice that hones such competitive edge.

This friendly match was not only a test of skill but also a celebration of the camaraderie and mutual respect between the two clubs. Such events foster a spirit of community and provide valuable experience to our players, preparing them for more competitive challenges ahead.

We are proud of all participants for their hard work and dedication. Their

success is a reflection of the Hong Kong Football Club's commitment to excellence in badminton and sportsmanship. We look forward to maintaining this high standard and continuing to support our players in their sporting endeavours.

Congratulations to the HKFC badminton team on a well-deserved victory, and a heartfelt thank you to the South China Athletic Association for a match played in the true spirit of friendship and competition. We anticipate many more such encounters in the future, each one building on the last, as we strive to elevate the game within our community.

## 2024 TSINGHUA UNIVERSITY ALUMNI CHAMPIONSHIPS

**Elliott** made a special trip back to Beijing to represent his faculty (the Tsinghua University Law School) at the annual alumni championships held in Beijing, China. It is held annually to coincide with the anniversary of the founding of the university, and 42 teams representing both faculties and regions across China participated in the competition. **Elliott's** team placed

3rd out of 42 teams, and **Elliott** was honoured to be chosen to participate in an exhibition match at the conclusion of the tournament (in front of Tsinghua University senior leadership) where he represented Tsinghua University in men's doubles against a Guangdong province team member and a former China national team member.



# CELEBRATING TOP PERFORMANCE IN THE HONG KONG DOUBLES LEAGUE

## MEN'S DOUBLES (GRADE B) ACHIEVE TOP 6 RANKING

The Hong Kong Football Club Badminton Society celebrates a momentous achievement within our Men's Doubles (Grade B) team, which has successfully secured a place among the top 6 doubles teams in Hong Kong. This prestigious ranking in the Hong Kong Doubles League is a testament to the hard work, dedication and skill of our players.

This achievement is not only a significant milestone for the players involved but also a proud moment for the entire Hong Kong Football Club. It underscores our commitment to nurturing talent and promoting excellence in sports,



particularly badminton, which has seen tremendous growth and enthusiasm among our members.

We extend our heartfelt congratulations to our Men's Doubles (Grade B) team for their outstanding performance and commend their spirit and perseverance. This top 6 ranking fuels our motivation and inspires all our club members to continue striving for greatness in their

respective fields.

As we celebrate this success, we also look forward to supporting our team in their future matches and competitions. We believe this is just the beginning of many more achievements to come, and we can't wait to see what our players will accomplish next. Here's to many more victories and continued success in the Hong Kong Doubles League!



## 2024 WORLD MORNING CUP BADMINTON CHAMPIONSHIPS

The HKFC badminton team made our first international competition visit as a team for 2024 – visiting Taiwan for the 2024 World Morning Cup Badminton Championships (an annual competition attended by 4,753 people from 22 countries). Our SPM representatives performed excellently – notching multiple wins against strong competitors from Malaysia, Thailand, Taiwan, Hong Kong amongst other countries and regions. A highlight was **Bryan** winning the men's doubles event for his age group (25-30) and third place in mixed doubles, and **Elliott** and **Shelson** reaching the quarter finals (30-25) where they lost in a close match to the eventual champions (another strong team from Hong Kong). The team enjoyed some strong bonding experiences at the night markets in Taipei each night and are determined to come back even stronger at next years competition! All team members would like to thank the HKFC badminton society for their strong support and to **Jaff** and the significant others of several team members who made the trip to support the team.

Family Lounge

A traditional Greek dish where spinach, feta, olive oil, herbs are baked in a golden, crispy phyllo dough.  
Available throughout the months of July and August!

# SPANAKOPITA

<p><b>\$78</b></p> <p><b>SPANAKOPITA</b></p> <p>Spiral Greek pie filled with spinach, onions, spring onions, dill, mint, parsley and feta cheese in filo pastry</p>	<p><b>\$78</b></p> <p><b>CHICKEN SPANAKOPITA</b></p> <p>Greek pie filled with minced chicken, spinach, onions, dill, mint, cream cheese, parmesan cheese and feta cheese in filo pastry</p>	<p><b>\$78</b></p> <p><b>BEEF SPANAKOPITA</b></p> <p>Greek pie filled with minced beef ragout, spinach, onions, oregano, parmesan cheese and feta cheese in filo pastry</p>
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Enquiries: 2837 2663 or bar@hkfc.com

# HONG KONG

INSPIRED COCKTAILS

## 飲嘢

UNLEASH THE SPIRIT OF  
HONG KONG IN YOUR GLASS.



MISS HUNG DAO  
CHA CHAAN TENG SOUR  
HONG KONG SLING

**\$98** EACH



**CHAIRMAN'S BAR**

Available throughout the months of July and August

Enquiries: 2830 9559 or [bar@hkfc.com](mailto:bar@hkfc.com)

# MONACO

**\$48**  
PER PINT

THE CREATION OF MONACO  
IS COMMONLY ATTRIBUTED  
TO GEORGE BOOTH,  
WHO WAS INSPIRED BY THE  
COCKTAIL SNAKEBITE, WHICH IS  
MADE FROM CIDER AND BEER.  
IT WAS CALLED A MONACO AFTER  
THE RED AND WHITE COLOURS  
OF THE FLAG OF MONACO.

AVAILABLE THROUGHOUT  
THE MONTHS OF JULY AND AUGUST

**CAPTAIN'S**  
BAR

Enquiries: 2837 2622 or [bar@hkfc.com](mailto:bar@hkfc.com)



**67TH FESTIVAL OF SPORT 2024  
TENPIN BOWLING CHAMPIONSHIPS  
INTER-CLUB CHALLENGE CUP  
1ST RUNNER-UP**



**BIG** was invited by the Hong Kong Tenpin Bowling Congress to compete in the Inter-Club Challenge Cup on 26th May 2024 at SCAA. Our representatives **Roy Chan, Clara Chiu, Emy Clarke** and **Jasper Liaw** brought home the 1st runner-up trophy with an exceptional result of 2199 total pinfall. Congratulations to the BIG team!



**HKICTB  
LEAGUE**



The 2023-2024 Hong Kong Inter-club Tenpin Bowling League finished on 30th May with fantastic results for BIG. BIG came second on the scratch league and was waiting for the final results on the handicap league. A big hand to all the team members who have participated in the league games throughout the last eight months! Thank you so much for your dedication and see you again in the 2024-2025 league.

**BIG MEMBERS  
INDIVIDUAL ACHIEVEMENT**

Congratulations to our BIG member **Roy Chan** who has won the following prizes in the 2024 South China Athletic Association Annual Bowling Tournament Grade A Masters – Top qualifier and 5th Runner-up.

We welcome all Club Members to join Bowling Interest Group. Practice takes place **every Thursday evening at 7pm.**

If you are interested in taking up tenpin bowling as a sport, please come along and join in the fun!

# Lebanese Kebab

Grill, chill and let the good time sizzle!

From Friday to Sunday only throughout the months of July and August  
at the Back Patio of Sportsman's Bar



*Sportsman's  
Bar*

Enquiries: 2830 9531 or [sportsmans@hkfc.com](mailto:sportsmans@hkfc.com)

# CHRISTOPHE'S *Chronicles*

**CULINARY ENHANCEMENTS AT OUR CLUB:  
CATERING TO MEMBERS' TASTES**

As the summer season approaches, our club is proud to unveil a series of exciting menu transformations across our outlets. Driven by the valuable feedback from our members, these enhancements seek to deliver an even more satisfying and diverse culinary experience.

**CHAIRMAN'S BAR**

Recognising the increasing popularity of Asian cuisine among our members, Chairman's Bar has undergone a remarkable menu transformation this June. Our team of talented chefs has meticulously curated a range of Asian-inspired dishes that are sure to delight the palate.

**SPORTSMAN'S BAR**

In July, Sportsman's Bar will also unveil an exciting menu revamp. Incorporating valuable feedback from our members regarding food selection, our culinary experts have been hard at work curating an enhanced menu that focuses on quality rather than quantity, and reflects the diverse tastes and preferences of our community. Adding to the excitement, the new menu will feature a special selection of pizzas freshly baked in the club's new back patio pizza oven, available every weekend.



**COFFEE SHOP**

At the Coffee Shop, we understand the importance of preserving the beloved dishes that our members have come to cherish. In June, we ensured that these favourites remained on the menu, providing a consistent and satisfying experience. However, we also believe in the joy of discovery, and have introduced new additions to further enrich the menu.

**HAPPY VALLEY SUITE  
SUNDAY BRUNCH**

We would like to remind our members that the July Happy Valley Suite Sunday Brunch will be held exceptionally on 21st of July. Starting from August, the Sunday Brunch will take place on the first Sunday of every month.

***Christophe Horrenberger***  
**Director of Food & Beverage**

# HIGHLIGHTS IN JULY & AUGUST

## COFFEE SHOP



### California Themed Buffet

"California Dreamin', flavours of the Golden State!"

**Buffet Upsell Dish: Maria Style Barbecue Tri-tip Steak**



### Monthly Special: Crispy Cutlets Nanban

This is a popular Japanese food, which consists of Japanese curry wrapped in a piece of dough, which is then coated in bread crumbs and deep fried.

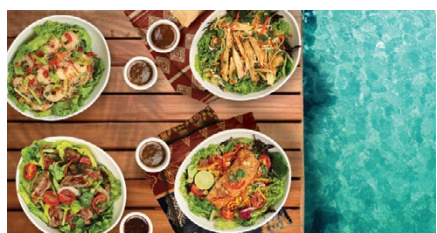
## COFFEE SHOP | POOL BAR



### Fruit Tea & Cocomelon

Exotic fruits and revitalising tea blends to quench your thirst.

## POOL BAR



### Thai Style Salads

Fresh, vibrant and bursting with exotic flavours.

## CHAIRMAN'S BAR



### Cuisine Nissarde

Nissarde cuisine, imbued with authenticity and sun-drenched flavours, is a real invitation to culinary travel! Originating in Nice, this cuisine has its own recipes that reflect the influence of the Mediterranean and the Côte d'Azur.

#### Afternoon Set Tea

**July: Kyoto Afternoon Tea**

**August - September: Summer Breeze Afternoon Tea**



### Hong Kong Inspired Cocktails

Unleash the spirit of Hong Kong in your glass.

## SPORTSMAN'S BAR



### Lebanese Kebab

Grill, chill and let the good time sizzle!

**Weekly Special:** California Garlic Festival

**Beer Promotion:** Pimm's

## KIOSK



### Hot Items: Picnic Basket Tea Set Takeaway

Take tea time to new places!

## RESTAURANT



### Sub-primal Cuts

Experience the art of butchery, unleash the flavourful potential in every bite.

## CAPTAIN'S BAR



### Monaco

The creation of Monaco is commonly attributed to George Booth, who was inspired by the cocktail snakebite, which is made from cider and beer. It was called a Monaco after the red and white colours of the flag of Monaco

#### Food Promotion

**July: Sichuan Cold Noodles**

**August - September: Assorted Portuguese Egg Tart**

## FAMILY LOUNGE



### Spanakopita

A traditional Greek dish where spinach, feta, olive oil, herbs are baked in a golden, crispy phyllo dough.

#### Beverage:

**July: Bubble Tea**

**August - September: Milkshakes**



**WINE DINNER**



Friday, 12th July 2024

**2024 Euro Cup Wine Dinner**

**TIME** Free seating  
from 6:30pm - 8:30pm

**VENUE** Restaurant, 2/F

**PRICE** \$838 per member  
\$888 per member's guest



Friday, 23rd August 2024

**Meat and Greet Wine Dinner**

**TIME** Free seating  
from 6:30pm - 8:30pm

**VENUE** Restaurant, 2/F

**PRICE** \$838 per member  
\$888 per member's guest

Enquiries and Bookings: 2830 9562 or restaurant@hkfc.com

**WINE FAIR**



Saturday, 24th August 2024  
Sunday, 25th August 2024

**Irregular Bottles and Special Labels**

**TIME** 1:30pm - 6pm

**VENUE** Lockhart Room, 2/F

Tasting available

**PREVIEW  
IN SEPTEMBER**

**WINE EVENTS**

**Thursday, 5th September**  
Wine Master Class: **Zinfandel and Primitivo**

**Friday, 27th September**  
Wine Dinner: **Wine Spectator Recommendation**

**Saturday, 21st September | Sunday, 22nd September**  
Wine Fair: **Try the new wines from the general wine list**

**COFFEE SHOP**

**Themed Buffet: Washoku**  
**Monthly Special: Deluxe Baked Rice HK Style**  
**Buffet Upsell Platter: Washoku Bento Box**  
**Beverage: White Peach Yoghurt Soda & Yuzu Yoghurt Soda**

**POOL BAR**

**Bagel Sandwiches**  
**Beverage: White Peach Yoghurt Soda & Yuzu Yoghurt Soda**

**RESTAURANT**

**Beef & Reef**

**SPORTSMAN'S BAR**

**Back Patio: Poor Man's Burnt Ends**  
**Weekly Special: Global Fried Chicken**

**CHAIRMAN'S BAR**

**Food: Crockpot Comfort**  
**Tea Set: Summer Breeze Afternoon Tea**  
**Cocktail: Martini**

**CAPTAIN'S BAR**

**Food: Assorted Portuguese Egg Tart**  
**Beverage: Special Coffee**

**FAMILY LOUNGE**

**Food: Basque Cheesecake**  
**Beverage: Milkshakes**

**KIOSK**

**Hot Items: Mid-Autumn Specialties**

**RESTAURANT**  
TEL 2830 9562  
EMAIL restaurant@hkfc.com



TEL 2830 9569  
EMAIL coffeeshop@hkfc.com



TEL 2830 9531  
EMAIL sportsmans@hkfc.com



**CHAIRMAN'S BAR**  
TEL 2830 9559  
EMAIL bar@hkfc.com



TEL 2837 2622  
EMAIL bar@hkfc.com



TEL 2837 2663  
EMAIL bar@hkfc.com



TEL 2830 9531  
EMAIL coffeeshop@hkfc.com



TEL 2837 2678  
EMAIL kiosk@hkfc.com

**CATERING SERVICE**

TEL 2830 9513  
EMAIL catering@hkfc.com



# New ARRIVALS



**NEW SPORT IN THE CLUB**

**1.** Pickleball Paddle \$935 **2.** Pickleball \$20 **3.** Pickleball Paddles Set \$730

**HKFC CLASSIC LOOK**

**4.** Supporter T-Shirt (White, Blue) \$429 **5.** Casual Pants \$345

**RAISE A GLASS**

**6.** Beer Glass \$178 **7.** Champagne Glass \$178 **8.** Wine Glass \$178

# PICNIC BASKET TEA SET TAKEAWAY

## TAKE TEA TIME TO NEW PLACES!

Available throughout the months of July and August

**MENU FOR 2 PERSON** ..... \$398

### PLEASE ORDER 1 DAY IN ADVANCE

- Tuna Rillettes with Sourdough Bread
- Cheese and Air Cured Meat
- Vegetable Crudites with Yoghurt Dip
- Smoked Salmon and Egg Salad Croissant
- Honey Roasted Chicken Thigh
- Scones with Clotted Cream and Fruit Jam
- Key Lime Pie
- 1 bottle of Rosé
- Coconut Water 1L



Experience the art of butchery,  
unleash the flavourful potential in every bite.

Throughout the months of July and August.

# *Sub-primals* CUTS



RESTAURANT

Enquiries and Bookings: 2830 9562 or [restaurant@hkfc.com](mailto:restaurant@hkfc.com)