

CLUB

HONG KONG FOOTBALL CLUB 香港足球會 MARCH 2025



RUGBY

GET READY FOR THE
37TH EDITION OF THE
TRADITION HKFC 10S!

HOCKEY

HKFC JUNIOR HOCKEY FESTIVAL 2025:
A CELEBRATION OF YOUNG TALENT

TENNIS

EXCITING TENNIS WORKSHOP WITH LEGENDS
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Director of Squash	Vacant

CLUB MAGAZINE

Monthly journal of the Hong Kong Football Club. For information and requests for placement of advertisements in "Club" please call 2830 9503. The opinions expressed in the articles are those of the writers and do not necessarily reflect the opinions of the Hong Kong Football Club or the General Committee. The Club reserves the right to edit and clarify all content. The copyright of all materials is held by the Hong Kong Football Club.



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THE THOUGHTS OF THE CHAIRMAN

主席的話

Neil Jensen
Chairman



1st March sees us welcome our new General Manager **Matthew (Matt) Rawnsley** to the Club. Matt has relocated from the UK and his family will be joining him in due course. We will be arranging events for members to meet with Matt, but please look out for him in the weeks and months ahead. I know he's very excited about taking the Club forward.

In the meantime, I'm also very grateful that **Tony Sealy** will remain available to the Club in order to work with Matt in the early stages of his tenure to ensure a smooth transition within the Management team.

March is one of our busiest months of the year with rugby week taking place and one of our flagship tournaments, the **Tradition HKFC 10s**, followed by the **Hong Kong Sevens**. Traditionally, this also sees many of our absent members and friends making their annual pilgrimage to Hong Kong and the Club, so I hope to see some familiar faces returning.

This year, of course, sees a change in venue for the Sevens with the new Kai Tak stadium hosting the event. At the time of writing, we're working on a plan of events to dovetail with the Sevens weekend for members and guests.

Within the Club, our men's and women's rugby teams will hopefully be vying for the **Grand Championship**. This represents the culmination of months of hard work and dedication. Similarly, our hockey players will be competing in the annual **Men's Quadrangular Hockey Tournament** and **Women's Hockey Invitational Tournament**, both running concurrently at the Club, as well as important home fixtures for our men's and women's soccer teams. Good luck to all our players competing this month!

Away from the main pitch, the **Hong Kong Football Club International Lawn Bowls Open 2025** will also take place at the Club this month, further solidifying our reputation as a premier international sporting venue.

This month promises to be a memorable one, and I encourage you all to come down, watch the action, soak up the atmosphere and cheer on our teams!

Neil Jensen
Chairman

新任總經理 **Matthew (Matt) Rawnsley** 將於3月1日履新，歡迎 Matt 加入本會！Matt 已經從英國搬到香港，其家人將於稍後到埗。我們將會安排活動讓會員與 Matt 見面，但也歡迎大家在接下來的日子找找 Matt 的身影。我知道 Matt 很期待帶領本會邁向新高。

與此同時，很感謝 **Tony Sealy** 仍會留在本會，在 Matt 上任初期與他合作，確保管理團隊的交接工作順利。

3月是我們一年裏其中一個最熱鬧的月份，本會欖球週將以旗艦錦標賽的 **Tradition** 港會十人欖球賽揭開戰幕，緊隨其後還有香港國際七人欖球賽。傳統上，我們很多好久不見的會員及朋友都會藉此年度機會回來香港及本會參與盛事，所以希望將會見到一些熟悉的面孔回歸。

香港七欖今年移師至全新的啟德體育園主場館舉行。下筆之際，我們正着手計劃相關活動來為會員及訪客銜接七欖週末，延續狂熱的欖球氣氛。

此外，本會的男子及女子欖球隊都有望爭奪 **總決賽** 冠軍，這是他們多個月來努力的成果；同樣地，我們的曲棍球員將會參加年度 **男子曲棍球四角邀請賽** 及 **女子曲棍球邀請賽**，兩個邀請賽將在本會同步進行；男子及女子足球隊則迎來重要的主場比賽。在此祝所有於本月出戰賽事的本會球員好運！離開主球場，**香港足球會國際草地滾球公開賽 2025** 亦將於本月在本會舉行，這進一步鞏固了本會作為優質國際體育場地的地位。

本月預計會是難忘的一月，在此鼓勵各位來到本會觀看刺激賽事、體驗球場刺激的氣氛及為我們的球隊打氣。

主席 **Neil Jensen**

CLUB NEWS

HONG KONG FOOTBALL CLUB

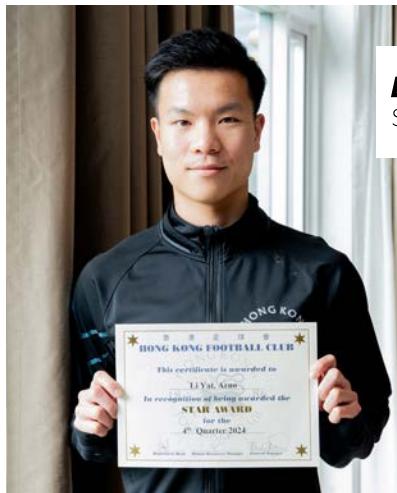
STAR AWARDS

4th Quarter 2024



**Chan Siu Ling,
Debby**

F&B - Bars



Li Yat, Arno

Sports



**Pun Cheuk Nam,
Oscar**

Sports



REACH THE ELITE

The collage includes several magazine covers from the Hong Kong Football Club Magazine, featuring various sports like football, netball, and swimming, along with photos of award ceremony attendees, including a man in a suit and a woman in a striped dress holding a bouquet of flowers.

Hong Kong Football Club Magazine is a monthly publication which is distributed to the Members of the Club, other prestigious clubs in Hong Kong and reciprocal clubs worldwide. The magazine has a circulation of over 3,000 per month and a readership of approximately 6,000 adults and 5,000 children.

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GENERAL MANAGER'S MONTHLY MESSAGE

總經理的話

Tony Sealy
Consulting General Manager



Last month, the Club had the privilege of welcoming former AC Milan and Japanese football legend **Keisuke Honda** to Sports Road. It was great to see the children's excitement throughout the day as he spoke to and mingled with both players and parents at the **Junior 4v4 Soccer Tournament** held on the Main Pitch.

Looking ahead, this month promises to be one of the most exciting of the year as we prepare to host two international tournaments. These events will bring together world-class players, passionate spectators, and the very best of what our Club has to offer.

The **Hong Kong Football Club International Lawn Bowls Open 2025** will bring together 48 teams as they take to the Indoor and Outdoor Greens, showcasing skill and precision. Meanwhile, the **Tradition HKFC 10s**, a highlight of the rugby calendar, will bring a different type of spectacle with fast-paced action to the Club. This year is shaping up to be the biggest one yet, with travelling teams assembling world-class squads in preparation of creating a tournament to remember. Both tournaments are vastly different, but they promise to deliver an atmosphere for spectators of all ages, and I'm delighted to see the players and travelling supporters around the facilities.

Elsewhere, the Sports Hall will be holding a number of F&B functions throughout the month, so those who regularly use this area, please check availability with the Sports Desk.

The Club will also look to organise promotions to accommodate for the first-ever **Hong Kong Sevens** at Kai Tak Stadium. We will continue to play a key role in the pre-and-post-tournament fun, so watch this space for more updates and announcements.

A well-deserved thank you goes to our dedicated staff who are hard at work, ensuring everything is in place to deliver a wonderful experience during this busy month.

I look forward to seeing you around the Club over the coming months!

Tony Sealy
Consulting General Manager

本會上個月有幸邀請前AC米蘭及日本足球傳奇球星**本田圭佑**來到體育道，他在主球場舉辦的4人制少年足球錦標賽與一眾球員及家長聊天交流，而見到小朋友當天興奮雀躍的神情，確是一件樂事。

展望未來，本月預計會是本會一年裏其中一個最精彩的月份，皆因我們將舉辦兩項國際賽事，這些賽事將匯聚世界級球員、狂熱球迷及本會所能提供的最佳配套。

香港足球會國際草地滾球公開賽2025將48支隊伍集聚一堂，他們會在室內及室外草地滾球場一展球技。同時，欖球重頭戲**Tradition港會十人欖球賽**將會為本會帶來不一樣的壯觀場面，比賽節奏會變得更明快，而今屆將是至今為止規模最大的一屆，訪港隊伍所組成的世界級陣容準備打出令人難忘的賽事。雖然兩個賽事所涉及的球類運動極為不同，但同樣可以為不同年齡的觀眾營造好氣氛，本人亦很高興見到各地球員及遠道而來的球迷。

另外，體育館將會於3月期間舉行多項宴會活動，如果大家經常使用體育館的話，請先於體育櫃檯查詢可預約的時段。

本會亦將舉辦不同活動，迎合首次在啟德體育園主場館舉行的香港國際七人欖球賽。我們將繼續擔當主力，在七欖前後將歡樂帶給大家，所以記得緊貼我們以獲取更多最新消息及公布。

在這個忙碌的月份，全賴我們一眾盡心盡力的員工確保一切都準備就緒，讓大家都能在本會有美好的體驗，他們的努力值得大家的掌聲鼓勵。

期待未來幾個月與大家在本會相見！

顧問總經理 唐施利



CHINESE NEW YEAR 2025 LION DANCE





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GET READY FOR THE 37TH EDITION OF THE TRADITION HKFC 10S!

A CELEBRATION OF RUGBY EXCELLENCE AND COMMUNITY IMPACT.



2024 Men's Champions: Shogun Rugby. Can they defend their crown in 2025?

The Tradition HKFC 10s is back and better than ever for its highly anticipated 37th edition on **26th-27th March 2025**! As one of Asia's premier rugby events and the exciting curtain-raiser to the Cathay/HSBC Hong Kong Sevens, this prestigious invitational tournament is a must-see on Hong Kong's rugby calendar. Join us for two thrilling days of high-octane rugby featuring some of the biggest names in the sport!

A LINE-UP LIKE NO OTHER

Tournament Chair **Paul Christopher** shared his enthusiasm: "We have been overwhelmed by the number of quality teams that have applied for an invitation to the 2025 tournament. Our goal is to create an unforgettable experience for everyone involved."

This year's line-up is nothing short of spectacular, showcasing top tier teams such as **Union Bordeaux Bègles (UBB)**, the formidable **Samoa national team**, and defending champions

Shogun Rugby who are eager to defend their title in 2025. Runners-up **Pig Athletic Club** are back, determined to go one better this year, while our sponsors' very own **Tradition YCAC** (winners in 2023) aim to reclaim their spot at the top.

The women's competition continues to impress, featuring the debut of the **RKS New Zealand Legends**, coached by former HK coach **Deano Herewini** and World Cup winner **Anna Richards**. The returning **Shogun Rebels**, who lifted the cup in 2023, will also be looking to repeat their success.



Shogun RFC and Haywards Tropics are set for another showdown after last year's thrilling Plate final where Haywards Tropics claimed victory.

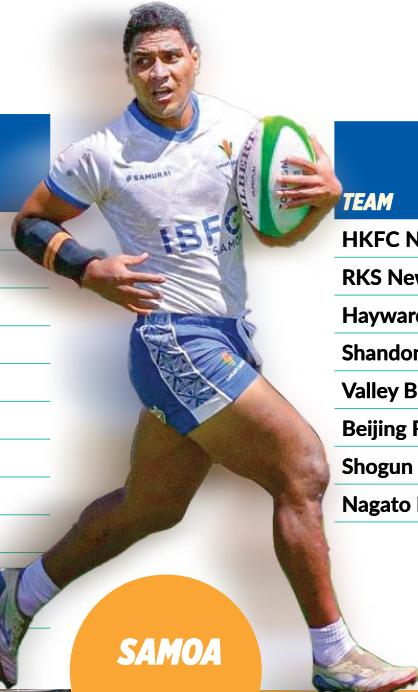
SPORTS

MEN'S RUGBY TEAM

TEAM	COUNTRY / REGION
Ashbury Tropics	UK/France/Argentina
Mourant Samoa	Samoa
HKFC Natixis Club	Hong Kong
Pig Athletic Club	Australia/NZ
Preseli Babas	Wales
Shandong Rugby	China
Shogun Rugby	UK/NZ
Taikoo Place Scottish Exiles	HK/UK
Tradition YCAC	Japan/NZ
Union Bordeaux Bègles (UBB)	France
Valley Broncos	Hong Kong+
Overseas Old Boys	HK/NZ

WOMEN'S RUGBY TEAM

TEAM	COUNTRY / REGION
HKFC Natixis Ice	Hong Kong
RKS New Zealand Legends	New Zealand
Haywards Tropics	UK/France
Shandong Rugby	China
Valley Broncos	Hong Kong+
Beijing Rugby	China
Shogun Rebels	Australia
Nagato Blue Angels	Japan



SAMOA

Paul Scanlan of Manu Samoa 7s at the Coral Coast Sevens 2025.



Coaches Deano Herewini and 4-Time RWC Champion Anna Richards lead the RKS New Zealand Legends into the 2025 Tradition HKFC 10s!

TOURNAMENT FORMAT

The tournament kicks off at 8:00 AM on Wednesday, 26th March and runs all day, with matches continuing until the final match at 8:30 PM. With both men's and women's competitions running concurrently, fans can look forward to an action-packed schedule filled with thrilling rugby from morning till night!

EXPERIENCE MORE AT THE 10S BATTLE OF THE PODS

THE KOKO SHOW



The KOKO Show with Drew Mitchell, Matt Giteau, Adam Ashley-Cooper and James 'The Professor' Rochford.



Get ready for a fantastic addition to this year's Tradition HKFC 10s! Join the stars of two popular rugby podcasts: **The Rugby Pod** featuring **Jim Hamilton** and **Andy Goode**, along with **The KOKO Show** featuring **Drew Mitchell**, **Matt Giteau** and **Adam Ashley-Cooper** live on stage in the Happy Valley Suites on Tuesday, 25th March. They'll be sharing their insights on everything rugby, discussing recent matches, player performances and the Lions' tour this summer!

FAN ZONE

Admission to the **Tradition HKFC 10s** is free for members and their guests, and this year, there's even more to look forward to! The **Fan Zone**, located on the hockey pitch, will be an interactive hub where you can meet some of rugby's biggest names, get autographs and enjoy a vibrant atmosphere. Visit our beer village featuring Okinawa's finest brew, Orion, sample a variety of delicious food options, and keep the kids entertained with bouncy castles and fun games – there's something for everyone!

BREAKFAST AT THE SPORTSMAN'S BAR

For early risers, the Sportsman's Bar opens at 9 AM, serving up coffee, breakfast baps and more. It's the perfect spot to fuel up before a day of thrilling rugby action!

COMMUNITY COMMITMENT

INFINITE IMPACT

THE
10x10s
INITIATIVE



Tradition HKFC 10s: 10x10s Initiative with the HKFC Rugby Centurions.

The Tradition HKFC 10s is dedicated to making a positive impact in our community. Over the years, we have partnered with organisations like **Make-A-Wish Hong Kong** and **Laureus Sport for Good**, raising significant funds to support children with life-threatening medical conditions and other community needs.

This year, we're excited to launch our very own **10x10s Initiative**, a dynamic collaboration with the HKFC Rugby Centurions. We're pledging to run 10 community initiatives in the lead-up and during the 10s and harness the energy the tournament brings to the city. It will all culminate in the return of the **Legends Charity Touch Match** where rugby legends from across the globe show off their skills for a worthy cause.

2023 Legends Charity Match which saw 20 international stars play rugby to fundraise for My Name's Doddie Foundation and Laureus Sport for Good.

Tradition
HKFC
10s

#WORLDSBEST10S



TICKETING & HOSPITALITY AT THE 10s



For those looking to attend, premium tickets and hospitality packages are available with exclusive discounts for HKFC members. For ticketing information and more details about this exciting event, contact **Roshini Turner** at roshini_turner@hkfc.com, visit hkfc10s.com or follow us on social media @hkfc10s.

VOLUNTEER AND BE A PART OF THE ACTION

We're looking for Volunteer Leads and Volunteers to join us in making this tournament unforgettable.

Contact Roshini Turner at roshini_turner@hkfc.com or

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JOIN US IN CELEBRATING RUGBY EXCELLENCE AT THIS YEAR'S TRADITION HKFC 10s!

SPORTS



U16 GIRLS

HEAD COACH

Octavia Nanai-lafeta

Izzy Littlehailes

U16 GIRLS TEAM

Mia Tilbury
Chiara Bazzon
Lea El-Asmar
Ines Murchie
Isabella Hague
Sabrina Chiu
Louise Lindsay
Maya Ma
Romane Bruneau

BEST & FAIREST, LARRY ABEL TROPHY WINNER

Lea El-Asmar



On 1st January 2025, Hong Kong Football Club played host to the annual New Year's Day Youth Tournament – in what was the 57th edition of Hong Kong China Rugby event. With trials taking place in late 2024, players from across clubs in Hong Kong and from schools overseas join up to compete as either the "Hong Kong Dragons" or "Overseas Lions".

45 players from HKFC were selected to play in this year's tournament, with HKFC also represented strongly through the coaching and managing ranks. A special shoutout must go to both **Luke Bannon** (U19 Boys) and **Lea El-Asmar** (U16 Girls) who were selected as the Best and Fairest Players in their respective matches. Lea El-Asmar was also awarded the prestigious Larry Abel Trophy for the Best & Fairest Player across the whole tournament; previous winners include current & prior Hong Kong China internationals (e.g. Natasha Olson-Thorne, Keith Robertson).

Congratulations to all players, coaches & managers who took part!



U16 BOYS

MANAGER

CY Seah

Campbell Riddle

Julian Su

Rori Town

Sebastian Ng

Nickolas Seah

Caspar Chan

George Grewcock

Isaac Seah

Fox Flowers

Julian Kong

U16 BOYS TEAM

**U19 GIRLS**

U19 GIRLS TEAM

Brigid Warde
Emma Badenach
Jasmine FitzHenry
Olivia McQuahae
Beca John
Lela El-Asmar
Sophie Aranha
Elsie Hulme
Lucy Guest
Momoka Watanabe
Saidhb Martin
Angie Bazzoni
Lizzie Stanton
Sara Harries

**U19 BOYS**

HEAD COACH

Jamie Hood

Gav Boak

Augustine Mulcahy

Craig McSheaffrey

Matthew McQuahe

Simon Carmichael

James Stanton

Liam Gordon

Louis McLaughlin

Alex Dodd

Austin Leung

John Wood

U19 BOYS TEAM

BEST & FAIREST

Luke Bannon

SPORTS

TAI PO FESTIVAL

SUNDAY, 12TH JANUARY 2025

The cold weather failed to show up at the Education University Sports Ground when Coach **Janice** reminded parents to layer up as this is usually the time when players and coaches are freezing their backsides off in their shorts.

FC1 started the day with an entertaining match against top side Discovery Bay Pirates. The team was energised by a close win at full time, with **James Cameron** scoring one of his trademark tries in the corner, following solid backline passing. This success flowed from some strong scrums – previously a challenge – and consistent tackling. Once again, the team's behaviour was excellent, a commendable feat in such tightly fought contests.

FC2 had another solid outing. Their tackling improves every week, as does their readiness and pressure. Despite a narrow loss to Discovery Bay by one try, they secured good wins in their other matches, outscoring opponents with a tally of 12-5 tries.

For FC3, it was an exciting day highlighted by newcomers **Marius Wiehl** who scored his first try for HKFC, and **Elvin Rogulin** who made a tremendous midfield break, tackled just meters short of his own first score. **Karl Hui** led from the front once again, demonstrating consistency throughout the



day. **Josh Villemeur** worked hard, delivering some game-changing tackles against much bigger opponents.

With many still on holiday and numbers tight, a big thank you goes to FC1's **Theo Ng**, **William Butcher**, **Lucas Cochran** and **Max Mak** for staying on and supporting FC2 and FC3 as substitutes.

A special thanks to our brilliant pro coaching team – **Laetitia Bobo**, **Maggie Glassock** and **Mary Tuaana** – for their ongoing support!



KIT DONATION SORTING DAY

On 18th January 2025, the Youth Rugby Charity Team and volunteers had a meaningful morning, organising off-season kits and outgrown boots collected from our rugby community. We successfully sorted over 500 jerseys, training shirts, shorts and rugby boots. The majority of these kits will be delivered to a Cambodian charity REEC (Rural Education Expert Cambodia) by Team M.A.D (Make A Difference), a local student CAS group who are committed to support rural Education in underprivileged, unreached regions when they travel to Cambodia in April. These kits will provide essential sportswear to more than 150 children aged 4 to 14.

The remaining items will be taken to Thailand for distribution to the Nak Suu Charity on our U10 Boys tour to Bangkok for Rugby 10s in mid-February and to local charities, ensuring that as many people as possible benefit from this initiative.

Thanks to the incredible efforts of our volunteers, we managed to sort and pack all the kits in less than three hours. Happy to make a positive impact on those in need!



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HKFC JUNIOR HOCKEY FESTIVAL 2025: A CELEBRATION OF YOUNG TALENT

On a beautiful sunny Saturday morning, 18th January 2025, the Hong Kong Football Club (HKFC) hosted its annual Junior Hockey Festival. This year's event was a resounding success, bringing together 12 local clubs and 3 primary schools with 17 teams from the HKFC to celebrate the spirit of mini hockey. The festival, held at the HKFC grounds, was a testament to the vibrant hockey community in Hong Kong.

The festival saw enthusiastic participation from young players across various age categories: Under 6, Under 8, Under 10 and Under 12. Each player showcased their skills and passion for the sport, making the tournament a thrilling spectacle for all attendees. The dedication and effort of these young athletes were evident in every match as they played with determination and sportsmanship.

The event was graced by numerous parents and senior players from both the men's and ladies' sections of the Club. Their presence and support added to the festive atmosphere, creating a sense of community and camaraderie. Under the guidance of our new **Director of Hockey, Will**, the festival was a joyful and memorable experience for everyone involved.

A special mention goes

to the ground staff whose hard work in setting up the pitches was crucial to the smooth running of the event. The Hockey Committee also played a significant role, providing immense support to the Junior Section and ensuring that all logistical aspects were taken care of.

The success of the festival would not have been possible without the strong volunteering team comprising parents, coaches and players. Their dedication and commitment were instrumental in making the event a grand success. The Junior Section Committee extends its heartfelt gratitude to all volunteers for their invaluable contributions.

As the festival came to a close, there was a unanimous hope to see all teams return next year. The HKFC Junior Hockey Festival continues to be a cornerstone event, fostering young talent and promoting the love for hockey in Hong Kong. We look forward to another exciting edition next year, with even more participants and unforgettable moments.

In conclusion, the HKFC Junior Hockey Festival 2025 was a celebration of young talent, community spirit and the love for hockey. Sincere thanks to everyone who made this event possible. Your support and enthusiasm are what make this festival a cherished tradition. See you all next year!

Amy Lip



“



SPORTS

COMBE ABBEY SCHOOL
HONG KONG
香港威靈頓學校

HKFC MEN'S E'S

The 2024-2025 season has been a pivotal one for our team, marked by our promotion from Division 3 to Division 2. We have retained our current squad while also integrating a mix of young talents and seasoned veterans, creating a dynamic and competitive team. Having played 13 matches so far, the competition in Division 2 is incredibly tight, with only a few points separating the teams. This close race keeps us motivated and determined to climb higher in the standings.



A standout moment of our season was the interclub victory against D's especially after enduring two tough losses earlier in 2025. This win was a significant morale booster and showcased our team's resilience and determination. With the blend of youthful energy and veteran wisdom, we are confident in our ability to improve our rankings and build on our experiences. Go HKFC E!



LADIES G'S

3RD DIVISION

AS OF 20TH JANUARY 2025

Position	Team	P	W	D	L	GF	GA	GD	-Pts	Top Pts
1	Valley C	11	7	3	1	22	9	13	0	24
2	Sirius A	10	7	1	2	15	8	7	0	22
3	HKCC C	11	6	3	2	17	13	4	0	21
4	Masters C	11	7	1	3	19	16	3	2	20
5	Elite C	11	6	2	3	21	12	9	0	20
6	Kai Tak	11	4	1	6	15	15	0	0	13
7	HKFC G	12	3	1	8	12	21	-9	0	10
8	Shaheen B	10	1	1	8	6	16	-10	0	4
9	Antlers B	11	1	1	9	8	25	-17	0	4

Many may remember the Ladies G's as candy canes from the Christmas party (not spaghetti or Oompa Loompas, contrary to popular opinion). While hockey is a passion, it's the camaraderie, drinks and parties that truly ignite our spirit. This past year brought plenty of nail-biting games in the first half of the 2024-2025 winter season. We put up a good fight but fell short on numerous occasions. Nonetheless, we came back starting the second half strong, with a big 2-0 win against Antlers B. A celebration with bubbles at the Sportsman's was a must! Keep an eye out for the Golden G's for the remainder of the season – not only do we bring the hustle on the pitch, but we also bring in good vibes, laughter and fun. Thank you for all the support you all have given us so far!



**INTERVIEW WITH HEADMASTER OF WYCOMBE ABBEY SCHOOL HONG KONG
MR ROB FOX**



Hockey Tournament Sponsorship
on Saturday, 18th January 2025

Wycombe Abbey School Hong Kong has proudly sponsored the HKFC Hockey Junior Section for the past year and continues to do so. Headmaster, Rob Fox, discusses the significance of this partnership and the important role of sports for children in Hong Kong.

What highlights have you experienced in your first year as sponsors of the HKFC Hockey Junior Section?

The most recent tournament was a significant highlight for us. It was fantastic to witness so many children from various clubs and schools participating in both recreational and competitive formats. Personally and professionally, being part of this event was fulfilling. My family has a long history with the Hong Kong Football Club; my aunt was a member, and my children enjoyed Club hockey during their younger years. Another standout moment from the past year has been the enthusiastic participation of our Wycombe Abbey Hong Kong students at HKFC. We are delighted to have our children engaging in weekly hockey sessions at the Club.

How do you view hockey as a sport for children?

Hockey is an excellent sport because once children learn the basic skills, they can return to it at any age. It's very sociable and a great "mixed" sport that boys and girls can play socially and competitively together at any age. Also, many newcomers to Hong Kong like me might pick up a hockey stick later in life and find a welcoming community. It's a great way to stay fit and make friends in a new environment. Not only this, but it brings together children through school and club sports, fostering camaraderie through fixtures and matches. The friendly yet competitive environment helps children form connections and gives them a sense of belonging in their community.



SPORTS

In what ways do you see Wycombe Abbey Hong Kong's values mirrored in HKFC?

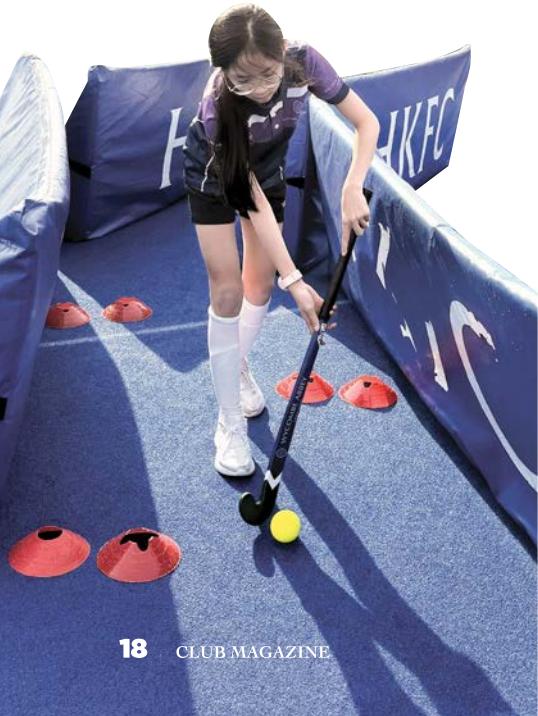
Having been a parent involved in various hockey clubs, I see a strong alignment in values with HKFC: The focus on inclusivity in sport, alongside the development of athletes, stands out. I also see a similarity in the blend of fun and competition in sports, allowing every child to participate and enjoy their sporting experiences.

How do you envision the future of sports for children in Hong Kong?

Children in Hong Kong are fortunate to have access to excellent sports facilities. However, I hope to see a shift in mindset regarding sports as an extracurricular activity. It should be viewed as an essential part of education, providing health benefits and vital life skills. At our school, we encourage every child to play team sports, which not only give them the basic skills, but also confidence and teamwork.

What advice would you give to parents who want to get their children involved in sports, especially if they may be hesitant?

My advice is simple: Encourage your child to just have a go! Hockey in particular is a fantastic introduction for many students who have never played before. But with so many sports available in Hong Kong, there's something for everyone, and we all have to start somewhere.





LAWN BOWLS

IRC

INVITATION TRIPLES



BOXING DAY SOCIAL GAME



The Lawn Bowls Section Boxing Day Social Game was held on 26th December 2024 at our Indoor Green, with nearly 60 bowlers participating in an afternoon of fun-filled bowling.

The event was held on 26th December 2024 at the Indian Recreation Club, with 48 teams participating including 10 host teams. The HKFC Team (**Grace Chu, Shirley Ma** and **Phyllis Wong**) has won the Spoon Section Runner-up.



2024 NATIONAL CHAMPIONSHIPS WINTER 2024

The Winter 2024 National Championship Final Day was held on 26th January 2025 at the United Services Recreation Club. HKFC bowlers performed extremely well and won three Champions and three 1st Runner-up titles in different categories. Congratulations!



LEFT TO RIGHT: Rita Shek, Eva Yu, Yu Yee Sin, Gloria Ha, Presenter, Adrian Yau, Heron Lau, James Po, Stephen Sy

U25 LAWN BOWLS CHAMPIONSHIP 2025

Four young players who are children of HKFC bowlers participated in the event and all performed well in the competition.

MEN'S NATIONAL TRIPLES

Both HKFC teams fight for the championship!

Champion
Kenneth Fung, Terry Kung, Stephen Sy

Runners-up
Wilson Kwong, Patrick Choi, Kenneth Yiu

MEN'S NATIONAL FOURS

Both HKFC teams fight for the championship!

Champion
Stephen Sy, Adrian Yau, Heron Lau, James Po

Runners-up
Dexter Chan, Terence Lee, Frankie Siu, Stanley Luk

MEN'S 242 PAIRS

Runners-up
HKFC **Heron Lau, Kenneth Yiu**

WOMEN'S NATIONAL FOURS

Champion
HKFC **Eva Yu, Rita Shek, Yu Yee Sin, Gloria Ha**



U25 Championship 2025 HKFC Players



HONG KONG FOOTBALL CLUB

INTERNATIONAL LAWN BOWLS OPEN 2025

6/3/2025 - 9/3/2025



DATE: 6TH MARCH 2025 TO 9TH MARCH 2025
VENUE: INDOOR AND OUTDOOR GREENS



EXCITING TENNIS WORKSHOP WITH LEGENDS MARK WOODFORDE AND PATRICK CASH

The HKFC Tennis Society was thrilled to host a workshop featuring **Mark Woodforde**, a 17-time doubles Grand Slam champion, and **Patrick Cash**, the 1987 Wimbledon champion, on 2nd January 2025. This marked their return to Hong Kong nearly 30 years after their last appearances.

As Ambassadors for the ATP 250 BOCHKTO2025 Hong Kong Men's Tennis Open which took place from 29th December 2024 to 5th January 2025, at Victoria Park Tennis Centre Court, both players were eager to share their expertise and passion for the game.

Participants enjoyed an unforgettable experience as they relived tennis moments with **Cash** and **Woodforde**, who were committed to supporting the Hong Kong Tennis Association.



BANK OF CHINA HONG KONG HKCTA LEAGUE TROPHY PRESENTATION 2024

TUESDAY, 21ST JANUARY 2025 / 7PM

The evening of 21st January 2025 was a vibrant celebration of triumphs and teamwork as we honoured the winners of the BoC HK HKCTA League Trophy 2024. Among the highlights was the incredible achievement of our Ladies A team who have brought the championship trophy back to the Club!

LADIES A: THE CHAMPION

Since 1993, the Ladies A team has demonstrated dedication to the sport, claiming the HKCTA Tennis League Championship and earning promotion to the A+ division next season – a milestone to their growth and commitment.

THEIR SUCCESS CAN BE ATTRIBUTED TO SEVERAL KEY FACTORS:

DEDICATION TO IMPROVEMENT

Every member of the team is driven by their love for tennis and their desire to improve. From relentless practice sessions to tennis lessons and watching professional tournaments, the team is constantly seeking opportunities to learn and refine their skills and strategies.

EXCEPTIONAL TEAMWORK

Communication has been the backbone of the team's achievements. Teammates often put the team's success above personal interests, happily making sacrifices to ensure the best possible outcomes. This spirit of collaboration has been critical to the success.

LOOKING AHEAD TO 2025

As the team prepares for the next season in the A+ division, we're excited to welcome some new faces to continue the momentum and positive energy. The team is committed to giving their best in every match and maintaining the dedication that have defined their journey.

At the same time, we bid a heartfelt farewell to a beloved teammate who is leaving to focus on family and work commitments in Dubai. We wish her a fruitful and exciting journey ahead and want her to know she will always have the support of our team. Whenever she visits, we look forward to catching up over a game of tennis and some good food. Keep in touch, and remember – you'll always be part of this team!



CELEBRATING THE MOST IMPROVED PLAYER OLGA VOROTNIKOVA

A special mention goes to **Olga** who has been named the Most Improved Player of the season. Starting in Ladies B, Olga's hard work and determination have propelled her to playing in Ladies A+. Her progress has been inspiring, and she is a shining example of what perseverance and passion can achieve.

Tennis Society caught up with **Olga Vorotnikova** for an exclusive interview, where she shared insights into her journey, her training routine and her goals for the future. Here's the Q&A below – don't miss it!

Q&A WITH OLGA VOROTNIKOVA

1. Congratulations on being recognised as the Most Improved Player! Can you share what this journey has been like for you, moving from the B team all the way to A+?*

"Thank you! I still can't believe it. Seven years ago, when I started playing tennis, I never imagined I would compete so much. Over the last two years, since joining the football club's tennis society, I've played in many teams, starting from the lowest level. To become good at something, you need to start from the bottom. Tennis is like life: if you want to be a general, you must first be a soldier; if you aspire to be the boss of a large company, you need to start

SPORTS

as a clerk. Each period of my journey has taught me valuable lessons. I've learned to adapt to different types of players – like the slower ones or the "lobsters" who hit moon balls. A good player must know how to handle various situations.

I feel fortunate to be part of this tennis society and to have these opportunities. Ultimately, it all depends on your willingness. I wanted to become a better version of myself as a player and teammate, and I'm still working on many aspects as my journey continues."



2. What were some of the biggest challenges you faced while transitioning through the different levels, and how did you overcome them?

"The biggest challenge has been myself. Tennis is a very mental sport, and anger and frustration can be constant companions. I often found myself upset, especially in the beginning when I was playing at a lower level. However, I now realise that without that experience, I wouldn't have improved. I used to get easily frustrated by bad calls or outside interactions, but the only way to handle those feelings was to play better tennis. I focused on improving my technique, observing and educating myself. As I got better, those external factors became less impactful. I still have a lot to work on, and I have high hopes for playing in the highest division to continue my growth."

3. How has playing in higher divisions, especially in A+, helped you grow as a player both technically and mentally?

"Playing in A+ several times as a guest player has been a fantastic experience. Competing at a higher level is the best gift a tennis player can receive. Being surrounded by skilled players has motivated me to improve even more. I watched them closely, trying to replicate their shots and attitudes. I still have much to work on, but having the right partner and a smart captain has been invaluable. I am learning from the best."

4. Were there any specific moments, matches or turning points in your journey where you felt your game reached a new level?

"In doubles, having the right partner is crucial. I was fortunate to have the perfect partner in my team, which boosted my confidence. Winning more matches has made me happier and improved my game. I still remember our last final match of which my partner is **Portia Chan**; it was a deciding game with a lot of responsibility, but we felt confident. The experience we accumulated throughout the season really helped us perform at that critical moment."

5. What advice would you give to other players who are aspiring to improve and make similar leaps within their tennis careers?

"I would advise them to observe and not be afraid to try new things. Stay open to feedback and criticism, especially from those you consider better than you. Respect your opponents even when it's challenging. Always remember that the only way to replace frustration or disappointment is to play better tennis. Focus on improving your technique and skills by winning points with beautiful shots."





2025

FIRST GRAND SLAM SOCIAL AUSTRALIAN OPEN SOCIAL

Before the champions of the Australian Open 2025, Madison Keys and Jannik Sinner, lifted their respective trophies, the HKFC kicked off the tennis year with its very own AUSTRALIAN OPEN SOCIAL! Held on a sunny 18th January 2025, from 2 PM to 6 PM, this exciting event brought together players for an afternoon of tennis, fun and a touch of competitive spirit.

DOUBLES SOCIAL FORMAT

The afternoon began with doubles matches in an Open and Social category format, ensuring everyone – from seasoned players to new faces – had a chance to enjoy the game in a relaxed but competitive setting. With laughter ringing through the courts and forehands flying, it was a perfect way to celebrate the first Grand Slam of the year.

1-POINT TOURNAMENT: THE PRESSURE COOKER

After a quick break, the real test of nerves began with the 1-Point Tournament, a thrilling format designed to mimic the high pressure moments of professional tennis. The rules were simple: Play one point. Winner moves on. Loser is out. No second chances. Just like the clutch moments in a tie-break, players had to be both physically and mentally prepared to perform under pressure.

Speaking of tie-breaks, the 1-Point Tournament captured the same excitement as the unforgettable Australian Open semi-final between **Madison Keys** and **Iga Świątek**. **Madison**, the 19th seed, upset the second-seeded **Iga** with a combination of fearsome groundstrokes and elegant footwork. Their match came down to an electrifying 10-8 tie-break in the third set, showcasing the importance of staying calm and focused under pressure.

For our players at the social, it all started with a SPIN TO DECIDE SERVE OR RECEIVE, and the tension only grew from there. The stakes were high, but spirits were even higher!



CROWNING THE CHAMPION

After some nail-biting matchups, **Shaan Bhojwani** emerged victorious, defeating four top seeds – **Alistair Todd**, **Josh Carter**, **Alexander Wilton** and **Guillermo** – on his way to glory. His composure and consistency under pressure earned him the title of the day's ultimate champion.

A GRAND SLAM START TO THE YEAR

The Australian Open Social proved to be a fantastic way to kick off the 2025 tennis season. With competitive matches, great camaraderie and plenty of memorable moments, it was an event to remember.

Here's to more exciting socials and smashing success both on and off the court in 2025!



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HKFC 1ST TEAM

RECENT PERFORMANCES TO REMEMBER

As we look back on the recent performances of the HKFC 1st Team, December proved to be a pivotal month, marked by two significant victories that have set the stage for a promising start to the new year. The team's triumphs over Southern and Tai Po not only boosted morale but also provided crucial points as they aim to climb the league standings.

VICTORY AGAINST SOUTHERN

On a chilly Sunday in December, the 1st Team faced off against Southern in a match that showcased their resilience and determination. In a tightly contested encounter, the team secured its second league victory of the season with a narrow 1-0 win, thanks to a late first-half goal from **Jesus Salazar**. This goal proved to be decisive as both

teams fought hard to gain control of the match.

The victory was particularly noteworthy as it came amidst challenging circumstances. Southern played much of the game with nine men following an early sending-off, which undoubtedly shifted the dynamics of the match. Despite this advantage, the 1st Team remained focused, showcasing their defensive strength and tactical awareness.

Habib earned the well-deserved title of HKFA Man of the Match, demonstrating exceptional skill and leadership throughout the game. Additionally, **Sherman Wong** captured the HKFC Fans' Man of the Match award for his outstanding performance, which was pivotal in maintaining the team's momentum. The match was a tense affair, especially when Southern was awarded a penalty midway through the second half, but the 1st Team's defence held strong, preserving their slim lead.

This hard-fought victory was not just a much-needed three points; it was also a testament to the team's discipline and commitment as they headed into the holiday season. Ending the first half of the season on a high note gave the players confidence and a sense of purpose as they prepared for the challenges that lay ahead.

TRIUMPH OVER TAI PO

Fast forward to January and the team continued its winning ways with a vital 2-0 victory over top-of-the-table Tai Po. This match was especially crucial, not only because of the quality of the opposition but also due to the implications for the league standings. Goals from **Toby Down** and **Callum Beattie** clinched the much-needed three points, providing the team with some much-appreciated breathing room between them and the bottom two sides.



The victory against Tai Po was significant for several reasons. First and foremost, it demonstrated the team's ability to perform under pressure against a formidable opponent. The players executed their game plan effectively, displaying both offensive creativity and defensive resilience. This win also served as a crucial morale boost, encouraging the team to build on this momentum in the upcoming fixtures.

BUILDING MOMENTUM

Looking back on December and January, the HKFC 1st Team is poised to capitalise on the momentum

generated from their recent performances. The combination of a solid defence, effective attacking plays and a growing camaraderie among the players has set a positive tone for the rest of the season.

In conclusion, the past couple of months have demonstrated resilience, determination and togetherness for the HKFC 1st Team. As we reflect on these successes, the team aims to continue this upward trajectory, striving for excellence in every match. Let's rally behind them as they take on the challenges that await in the second half of the season!



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SQUASH COMMITTEE SECRETARY
KEN LO

LESSONS FROM LEGENDS

“IT’S A BEAUTIFUL
GAME TO PLAY.
WHEN I WAS YOUNGER,
ALL I WANTED TO DO IS
PLAY SQUASH.”

FIVE-TIME WORLD CHAMPION AND
HONORARY MEMBER OF HKFC
GEOFF HUNT



During December's WSF World Squash Team Championships, our squash committee secretary Ken Lo sat down for a discussion with these true legends of squash.

You can catch up on the full discussion on the 'Live' tab of our YouTube channel: www.youtube.com/@hkfcsquash

HERE ARE SOME OF THE LESSONS THEY SHARED

Geoff Hunt on fostering a love for the game:

Geoff Hunt: “The number one thing that you try to develop with people is to get them to enjoy playing the game – you must put them in an environment that produces that enjoyment.”

Geoff Hunt: “I didn’t start until I was 11, but I had a grounding in other sports. I don’t believe you should just focus on one sport alone at school...

When I went to Qatar to coach, we had a situation where the young kids were almost forced into just doing squash. I had a young boy in the programme who was a good footballer and he wanted to play football as well, so I said ‘no he wants to play football a couple of days a week.’

So, he played football twice a week and ended up being the best player in Qatar and eventually he got the number 15 in the world because he had the skill from the other sports. It kept his interest: he was enjoying playing both sports.”

SPORTS

Sarah on getting an education alongside training:

Sarah: "I joined the Australian Institute of Sport under **Jeff**, and I remember him sitting me down and saying you need to do school. And I fought him, but he convinced me that school was the right way to go because if something had gone wrong in squash, at least I'd finished my schooling and I had a good stepping stone to whatever would come after that. I'm pleased I did finish my school."

And how the decision comes from the child:

Sarah: "I remember as a kid my mum asked me 'do you want to play'. Then about a year later she said, 'do you still want to play', and I said yes, so she kept asking me so that the decisions came from me.

That commitment was the only thing my mum enforced on me. If the decisions are coming from the kid, it's easier to get them through rather than mum and dad sending them off all the time because it's what mum and dad want... just let the kid be in the driving seat and then they fall in love with the game."

**FIVE-TIME WORLD CHAMPION AND HONORARY MEMBER OF HKFC
SARAH FITZ-GERALD**



**FORMER HONG KONG NUMBER ONE AND
INTERIM DIRECTOR OF SQUASH AT HKFC
DICK LAU**

Dick Lau on trying different sports:

Dick Lau: "If we want to help a kid build the passion, it takes time. If you really want to have a good result in two or three years, let kids try more sports like squash, tennis, badminton, whatever they like to do. Then every time when they come to play squash, let them enjoy it and then as long as they really enjoy it, they will keep doing it by themselves. When they reach 14 or 15, then maybe it's time for them to do more training."

And learning by watching others play:

Dick Lau: "I always encourage parents and the kids: watch top players play each shot – learn how to do a good forehand, a good drop shot, a good boast – learn from that and then one by one when they add together."



Nick Matthew on the power of a sports psychologist:

Nick Matthew : "I've seen so many people turned around by developing the right mental approach... it's the gym for your mind. We would always go to a physical coach, and why would you not go to a mental coach... now there's a definite mindset that we go because we want to strive for improvement and so it's equally important as good technique."

Geoff agreed: "In my first year of coaching at a new institution, I put the sport psychologist as the last person that I had to call upon... after 12 months in the job, I had him first because I found everyone had a different approach and different way

of thinking, and I thought the sports psychologists added an enormous amount of help in helping people learn how to focus, how to be in control and how to implement their game plans."

Geoff on what matters most:

Geoff: "I got a lot of my enjoyment out of playing squash by playing for a local club, so there's no reason why if you're not going to make the grade as a you know a top player, play for your local club!"

The biggest thing I missed when I turned professional touring overseas is that I couldn't play for my beloved Elanora Club. We had such a good rapport and team spirit amongst our group built out over a number of years, and it was unbelievable really."

And there's nowhere better to do that than at the football club!



**THREE-TIME WORLD CHAMPION
NICK MATTHEW**





SQUASH 57 CLUB CHAMPIONSHIPS

For those less familiar with Squash 57 (previously known as racketball) – it's played on a squash court, either singles or doubles, and the racket is shorter and heavier with a wider head compared to a squash racket. The name is derived from the diameter of the soft bouncy ball which is 57mm compared to that of a squash ball 40mm. The sport has gained popularity over the years as players experience less impact on the body as the ball does most of the work, experiencing longer rallies while still getting the workout in.

We had 17 players register for the inaugural Squash 57 Club Championships across the Men's Open and the Women's Open categories, playing a monrad and round robin format. On paper, we had a couple of interesting matchups with differing combination of Squash 57 experience and

squash levels. The top 4 seeds in the Men's Open category featured 4 players from Division 2 squash with **Wilson Chan** and **Mark Low** seeded 1st and 2nd respectively, both of whom have some Squash 57 experience. **Phil Head**, who has the most experience in Squash 57, seeded 5th.

In the Women's Open Category, **Carmen Lee** led the seedings as the favourite to win. For most of the players, it was their first time playing Squash 57 and causing chaos, but they soon got the hang of the strategy by not overhitting the ball and instead looking for the deep corners with more sliced shots, letting the ball do the work.

In the quarter-finals, we were treated with some fantastic Squash 57 as Phil Head narrowly took the win against 4th seed **Andrew Ward**, coming back from 7-10 down in the deciding game whilst

Rishad Schaefer took down Section Chair **Vincent Yu**, with Rishad slightly more experienced at the game.

For the finals, **Carmen Lee** comfortably managed her match against **Jennifer Chiu**, winning 11-7, 11-6, taking the Women's Open Squash 57 Championships. Meanwhile in the Men's category, **Mark Low** upstaged top seed **Wilson Chan** with great display of control in an exhibition of how Squash 57 is meant to be played, taking the match 11-2, 11-6, 11-2.

It was a great introduction to competitive Squash 57 at the Club with Hong Kong Squash committed to promote the discipline to the wider community of Hong Kong, with Squash 57 growing in popularity amongst quite a few countries like England and Malaysia.



MEN'S OPEN

Champion **Mark Low**

Runners-up **Wilson Chan**

WOMEN'S OPEN

Champion **Carmen Lee**

Runners-up **Jennifer Chiu**



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SPORTS



Winners | Paul Webb Johnson, Chris Burley, Alnwick Chan, Rob Winmill, Fred Teng, Stephen Knight, Johnny Brock, Jean Louis Desgouttes, Will Chan, Oli Li, Greg Medhurst



Fred Teng, Johnny Lam, David Cross, Rob Winmill



KICKING OFF 2025 AT FANLING NEW COURSE

FRIDAY, 3RD JANUARY 2025

After the festive season of indulgence, it was time to dust off the clubs and get back into the swing of things. Our first outing of the year took us to Fanling New Course, with 31 players eager to start 2025 on the right foot. With Hong Kong's streets still unusually quiet after the New Year celebrations, the journey to Fanling was a breeze – no frantic dashes to the first tee this time!

We couldn't have asked for better weather. The winter air was crisp in the morning but quickly warmed up, with a gentle breeze making for perfect playing conditions. Maybe that's why over 15 players managed to score more

than 30 Stableford points – clearly some swings were in mid-season form already!

With **Greg Medhurst** and **William Chan** both posting an impressive 36 points, the top spot was decided on countback with **Greg** just edging it. Meanwhile, **Rob Winmill** proved consistency is key, not only securing third place but also adding a nearest-to-the-pin and longest drive to his tally.

As always, the camaraderie and competitive spirit made for a fantastic day out. Here's to more great rounds in 2025 – see you all soon!



Dorothy Lam, Lucia Lee, CoCo Cheung

STABLEFORD WINNERS

1st	Greg Medhurst	36 points
2nd	William Chan	36 points
3rd	Rob Winmill	34 points

NEAREST TO THE PIN

Hole 2	Rob Winmill
Hole 4	Fred Teng
Hole 7	Jean Louis Desgouttes
Hole 8	Alnwick Chan
Hole 11	Oli Li
Hole 13	Chris Burley

LONGEST DRIVE HOLE 12

Men's	Rob Winmill
Women's	Helen Hayward



David Lindsay, Peggy Chan, John Dainton, Lucia Lee



Winners | Heather Deayton, Chris Burley, Stephen Wei, Anthony Helen Hayward

Gilbert Law, Domonic Ng, Angela Koo, Leung Ming Chan

Suraj Nagrani, Helen Hancock, Stephen Wei, Douglas Morton

A FULL 18 AT KSC SOUTH COURSE

WEDNESDAY, 22ND JANUARY 2025

For our second event of the year, we headed to the newly restored KSC South Course, now back to a full 18 holes after a couple of years of maintenance. With all 32 spots filled, it was a fantastic turnout, and even better to see six new members joining us for the first time. We also welcomed back a few familiar faces who hadn't played in a while – great to have you all with us!

The course was in excellent condition, and the weather played its part too, with a cool breeze making for perfect golfing conditions. Some players took full advantage, posting some seriously impressive scores.

One of the standout performances

came from **Stephen Wei** who secured his first podium finish with 35 points – not bad for someone who has only played a handful of events! But the day truly belonged to **Helen Hancock**, who stormed to her first ever Stableford victory with an impressive 40 points. Congratulations to all the winners!

Thank you to **Stephen Wei** and a few generous members for sorting out some beverages for our bus journey home – much appreciated after a long day on the course!

With two events down, the 2025 season is already off to a flying start. A big thank you to everyone who came out, and we look forward to seeing you all at the next one!

Well deserved beverages after a round of golf



STABLEFORD WINNERS

1st	Helen Hancock	40 points
2nd	Elizabeth Dendle	39 points
3rd	Stephen Wei	35 points

NEAREST TO THE PIN

Hole 2	Heather Deayton
Hole 4	Chris Burley
Hole 7	Blake Steele
Hole 8	Elizabeth Dendle
Hole 11	Anthony Tsang
Hole 16	Helen Hayward

LONGEST DRIVE HOLE 17

Men's	Stephen Wei
Women's	Helen Hayward



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MALAYSIA OPEN SUPER SERIES 1000 LEVEL

Tuesday, 7th January - Sunday, 12th January 2025

Happy had a good head start in 2025 by qualifying for her first super series 1000 level, Malaysia Open 2025. Since this level of event usually starts with players at the world ranking top 32, **Happy**, currently world ranked at 49, had her breakthrough and qualified directly into the main draw. Her opponent was none other than her sparring partner from Thailand, Ratchanok Intanon. Although **Happy** defeated Ratchanok, world ranked 13 to date, during the last meet-up, Ratchanok's experience and ability in major tournament were proved too strong this time and **Happy** lost to her in 2 straight sets. Nevertheless,



the appearance in the top super series event for **Happy** hopefully will be a positive beginning in her career in 2025. **Happy** was in a better shape on the day and took the opponent down in 2 sets. In round 16, **Happy** was again up against an opponent she recently met, world ranked at No.4, Akane Yamaguchi. This time, Yamaguchi came prepared and was more focused on court, and **Happy** graduated after losing 2 sets. With the experience against top players in the world, **Happy** will return more prepared for the challenges ahead.



On 17th January 2025, we celebrate our end of year and new year together with good food from Coffee Shop, presents, internal competitions, and meet and greet our star players. The combined Squad A and B internal competitions provided learning opportunities for younger players to partner with experienced players on game tactics, and experienced players also practiced their leadership skills. Parents and players enjoyed an evening of fun and excitement.



Left to right:
Team Coach John Leung, Squad A&B combined doubles competition champion Lauren and Coach Mark

WINNERS OF THE NEW YEAR'S PARTY INTERNAL COMPETITIONS:

EVENTS / NAME	COMBINED SQUAD A & B DOUBLES	SQUAD B SINGLES	ELITE SQUAD DOUBLES
Champion	Coach Mark and Lauren	Jana	Coach Mark and Coach Dawn
First Runner-up	Hannah and Ellen	Harmann	Saloni and Alfred
Second Runner-up	Henry and Evelyn Bianca and Jack	Joey and Jeffrey	Kenneth and Perry Coraline and Anthony



Left to right:
Elite doubles second runner-up | Coraline, Team Coach John Leung and Anthony



Left to right:
Junior players | Jeffrey, Raymond, Harmann and Michael



Left to right:
Elite doubles champion | Coach Mark, Team Coach John Leung and Coach Dawn



Left to right:
Elite doubles second runner-up | Perry, Team Coach John Leung and Kenneth



Left to right:
Elite JAM | Saloni and Coraline and Coraline's brother Alfred



Left to right:
Elite JAM | Saloni and squad B player Jeffrey



Left to right:
Elite doubles first runner-up | Alfred, Team Coach John Leung and Saloni

JUNIOR TOURNAMENTS REPORT

YAU TSIM MONG DISTRICT CUP 2025

Saturday, 18th January 2025

The annual Yau Tsim Mong District Cup was a highlight for our players to showcase their skills in front of distinguished guests of honour, including the head coach and national team players of the HKSAR. Our squad players, as usual, demonstrated their ability to put practice into games. Congratulations to all the award recipients!!



Left to right:
Team Coach John, Emily (4th in singles) and Ellen (2nd in doubles)



Left to right:
Kenneth (2nd in doubles), Jeffrey (2nd in singles), Ellen (3rd in doubles) and Evelyn (2nd in mixed)

TOURNAMENTS REPORT

INTERNAL LADDER SERIES

SEPTEMBER - DECEMBER 2024

With the completion of 2024, our September to December 2024 ladder series also came to a conclusion. Players tried their best to participate in as many matches as they could throughout the season, and the matches did help strengthen their preparation for competitions and practiced game planning.

INTERNAL LADDER SERIES - THE AWARD RECIPIENTS:

EVENTS / NAME	SQUAD A BOYS SINGLES	SQUAD A GIRLS SINGLES
Champion	Alvin	Cordelia
First Runner-up	Michael Chen and Bosco	Cara and Joey
Second Runner-up	Jason	Rhea and Anissa

TEAM CHALLENGE SERIES 2024-2025

24TH JANUARY 2025 NK SPORTS BADMINTON CLUB

After a long Christmas and New Year's break, our junior badminton Team Challenge Series resumed against NK Sports Badminton Club on 24th January 2025. Players had a lot of nail-biting games throughout the evening. Our players played over 20 games of doubles and singles, and they did well to secure the overall win.



HKFC JUNIOR SQUAD OTHER ACHIEVEMENTS



UPCOMING JUNIOR EVENTS

September 2024 – May 2025
HKFC Junior Badminton Team Challenges 2024

January 2025 – June 2025
HKFC Junior Badminton Internal Ladder 2025

March 2025
HKBA Mixed League

April 2025
International Training Camp

May 2025
HKFC and Torq Sports Junior Badminton Tournament

July 2025
HKFC and Torq Sports Overseas Junior Badminton Team Tournament

TEAM COACH REPORT

It was an absolute surprise to see the turn-up in the junior squad's annual New Year's Party. Over 60 junior players and parents including our elite JAMs showed up to enjoy an evening of good food and internal matches against each other. The leadership among the experienced players and the bonding with young players will go a long way in their development.



Head Coach Wong Choong Han of the HKSAR national team and Team Coach John Leung catching up

I was excited to meet up old friends and witnessed our junior players' outstanding performance in Yau Tsim Mong District Cup.

Both **Coach Wong Choong Han** (current head coach of the HKSAR national team) and **Coach Choong Tan Fook** (highest world ranked number 1 in doubles category and medallist of world championship) have been professional acquaintances and despite everyone's busy schedule, we managed to meet up in this event. **Saloni**, our elite JAM, was one of the guest star players in the event. She demonstrated her superb skillset in front of a massive group of junior talents and brought the event to a climax.



Coach and ex-professional and world champion in doubles category Choong Tan Fook, Team Coach John Leung and elite JAM Saloni Mehta

My goals of 2025 will include enhancing the structure of junior squad training, running our 2 major junior events in HKFC, as well as being able to help **Happy** and **Saloni** work towards their participation in the upcoming World Championship in Europe.

John Leung

2025 DONGGUAN SPORTS HUA YU CUP BADMINTON TOURNAMENT

Our junior athlete **Steven** returned to the mainland and competed in the men's singles and men's doubles Group A of the Hua Yu Cup Badminton Tournament (Gaobu Station) (16-35 age). After series of tough competitions, he finally got the third out of 75 teams in the men's doubles and second out of 114 players in the men's singles. Our heartfelt congratulation to Steven on his accomplishment in such a hard and fierce competitive setting. It is our wishes that HKFC badminton players will continue to win more awards in 2025.



2025 HONG KONG DOUBLES LEAGUE MIXED TEAM

On 11th January, the HKFC team competed in the first round of Hong Kong's premier badminton doubles competition. On a cold night in Tsing Yi, the HKFC team had a perfect start to the year with a comprehensive 8-1 victory over a competitive adversary (Dream League). Each member of the HKFC team performed admirably, and it sets a great tone for the remainder of the year and in particular our next battle on 9th February.



HKBA Mixed Team

FRIENDLY MATCH AGAINST PENANG SPORTS CLUB

On Thursday, 9th January, the HKFC Badminton Society welcomed Penang Sports Club to the Club for a night of friendly matches. There were a number of competitive matches, with HKFC coming out worthy victors over a strong visiting team from Malaysia. All players enjoyed the matchup, with senior SPMs, JAMs and society members all performing excellently on the court. Following the matches, the teams headed downstairs to the Sportsman's Bar for a well-deserved dinner and beer. The HKFC Badminton Society looks forward to making a visit to Penang to have another match in due course!



HKFC MEMBERS LEAD LAW SOCIETY TO RSCP BADMINTON TOURNAMENT VICTORY!

We are proud to celebrate the outstanding achievement of three of our members – **Sammy**, **Jason** and **Elliott** – who represented the Law Society of Hong Kong and secured the Championship title at the RSCP Badminton Tournament 2024! The tournament, held on 12th January 2025, brought together seven professional bodies, including the Hong Kong Bar Association, the Hong Kong Dental Association, the Hong Kong Institute of Architects, the Hong Kong Institute of Certified Public Accountants ("HKICPA"), the Hong Kong Institute of Surveyors and the Hong Kong Medical Association ("HKMA"). After hard-fought matches, the Law Society emerged victorious, with HKICPA and HKMA taking the 1st and 2nd runner-up spots. A special mention goes to **Sammy**, the Chairman of the HKFC Badminton Society, for his exceptional performance, alongside **Jason** and **Elliott**, our talented SPMs. Their teamwork, determination and skills were instrumental in achieving this fantastic result.





SHORT COURSE SUCCESS FOR HKFC'S SWIMMERS!

HKFC showcased incredible resilience and skill at the Short Course Masters Swimming Competition (Part 2) on 26th January 2025, despite their home pool being under maintenance for the past month. The team creatively adapted their training and emerged triumphant, securing 16 podium finishes.

RECORD-BREAKING PERFORMANCES

Marcel Pieter Arnold Smit

set a Meet Record in the Men's 35-39 50m Butterfly (26.14).

Farah Master

broke the Hong Kong Record in the Women's 40-44 50m Butterfly.

The HKFC Women's 4x25m Relay Team (120-159 age group)

delivered a stellar performance, breaking the Hong Kong Record.

These outstanding swims reflect the dedication and adaptability of the team, further cementing HKFC's status as a force in Masters swimming.

CONGRATULATIONS TO THE SWIMMERS AND COACHING TEAM FOR THEIR REMARKABLE ACHIEVEMENTS!

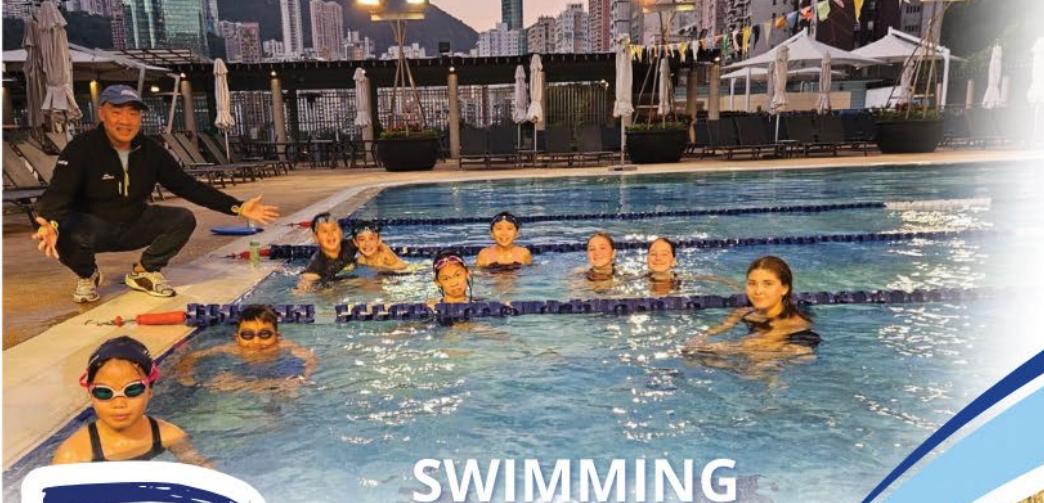


THE HONG KONG FOOTBALL CLUB TEAM MADE WAVES AT THE 2025 COLD HALF MARATHON SWIM!

Now in its 13th year, this event is a standout on the race calendar, drawing attention from athletes and spectators alike.

Tackling the demanding 15km relay from Stanley Main Beach to Repulse Bay, the team faced the frigid waters without wetsuits, demonstrating remarkable endurance and camaraderie. This year introduced a new 3-person team category, attracting some of Hong Kong's finest open water swimmers to vie for the title. After 15km, the Hong Kong Football Club team secured an impressive second place, finishing just 4 minutes behind the winners in a fast-paced and challenging race. Well done to **Braedon Sharp, Shane Davis** and **Jeff Faiola** for their efforts and achieving a completion time of 3 hours and 31 minutes.





SWIMMING Tri-Kids

We welcome kids aged 8 to 15 years who want to improve their technique or fitness to swim competitively.

Minimum requirement is to be able to swim 50m freestyle and 25m of another stroke.

MON WED & FRI
5:15PM - 6:30PM

FC MEMBERS
\$1,600 10 sessions
NON FC MEMBERS
\$1,900 10 sessions



CONTACT US!



SPORTS

HKFC NETBALL DSA

SENIORS REPORT

With the first half of the season behind us, we're proud to report 5 of our 7 senior teams have placed top of their league, resulting in division promotion. Especially proud to see **Club, Whirlies, Tornadoes** and **Cyclones** lead the table in their respective division. League placements are determined based on match win/loss, goals scored/against and any penalties incurred.

We're ready to take on the next half of the season and look forward to reporting exciting results again.

In other news, 2 of our multi-talented players from Typhoons have recently been selected to represent rugby at a national level. Let's hear from them:

Beca John: Rugby has always been a big part of my life and family, but I only started playing last year at the Football Club. Since then, I've loved playing and have been fortunate enough to represent Hong Kong at the Asia Youth Sevens competition back in September which we won. I'm still learning everyday as I continue to train three times



a week at the HK Sports Institute. As a part of the training, we are in the gym three times a week and work on improving our skill on the pitch twice a week. Loving it and super grateful for the opportunity and being a part of the team!

Elsie Hulme: Playing rugby for HKFC is more than just a sport, it's a community full of love, opportunity and development. Fortunately, I've been able to represent and captain Hong Kong in Rugby Sevens and Fifteens over the past couple years which means the world. Currently, our U18 sevens team is training hard at the HK Sports Institute under incredible coaches week after week to learn and build ourselves on and off the field as people and players.

Juniors league games will commence again post-Christmas break from Sunday, 9th February.

JUNIORS



WHIRLIES



CYCLONES



TORNADOES

DIV 1

1	HKFC Club	36 points
2	Sonics	34 points
3	HKCC	28 points

DIV 2

1	HKFC Whirlies	36 points
2	Valley Tigers	30 points
3	DB Black Pearls	28 points

DIV 3

1	HKFC Tornadoes	30 points
2	Valley Pumas	30 points
3	HKFC Hurricanes	28 points

DIV 5

1	HKFC Cyclones	36 points
2	HKCC Sirens	30 points
3	WWB	28 points

TASMANIAN SEAFOOD FESTIVAL

with
Champagne
& Wine Pairing



CHAIRMAN'S BAR

A Shore Thing: Exceptional Seafood, Exquisite Pairings
Throughout the months of March and April at the Chairman's Bar.

Enquiries: 2830 9559 or bar@hkfc.com

HIGHLIGHTS IN MARCH

SPECIAL FOR YOU



HAPPY VALLEY SUITES

SATURDAY Brunch

Brunch Like It's Sunday -
This SATURDAY Only!

DATE Saturday, 29th March 2025

TIME 11:30am - 2:30pm

PRICE \$388 per person
\$188 free flow beverage package

Enquiries and Bookings: 2830 9559
or bar@hkfc.com

SPORTSMAN'S BAR



Band Bash

DATE Saturday, 15th March 2025
TIME 7pm - 10pm
VENUE Sportsman's Bar



Russian BBQ

Let's Get Skewered: Shashlik Style!

SPORTSMAN'S BAR & CAPTAIN'S BAR



Super Bock

Happy Hour: Buy 1 Get 1 Free
Monday to Friday 5pm - 7pm

COFFEE SHOP



Fukuoka Yatai Food Stalls

Feast on the Flavours of Fukuoka's Night Market!



Bibimbap

Experience the colourful joy of Bibimbap, a traditional Korean mixed rice bowl that stirs up happiness!

Beverage: Japanese Soda Float

RESTAURANT



Mangalica Pork: The Kobe of Pork

Experience the unrivaled quality of the rare breed

POOL BAR



Global Fried Chicken

Crispy, Juicy, and Inspired by Flavours Around the World!

KIOSK

Dutch Oven Stew

Slow-cooked Goodness, Ready to Serve at Home!

CHAIRMAN'S BAR



Tasmanian Seafood Festival with Champagne and Wine Pairing

A Shore Thing: Exceptional Seafood, Exquisite Pairings



Tae Tráthnóna

A Cuppa, a Nibble, and a Dash of Irish Magic

CAPTAIN'S BAR



Cornish Pasty

Cornish to the Core, Delicious to the Crust

Beverage: Bot Beer (Bucket)

FAMILY LOUNGE



Tiramichoux

Choux Pastry Meets Tiramisu Magic!

Beverage: Thai Milk Tea

CATERING



Your Dream Wedding at the Hong Kong Football Club

Create an unforgettable and intimate celebration with our Catering Team, dedicated to crafting memorable moments just for you. Experience the latest multimedia technology in our function venues, ensuring that every detail is perfect for your special day.

For details, please contact the Catering Office at 2830 9513 or catering@hkfc.com

Scan the QR Code

For menu and offers



WINE EVENTS



Friday, 21st March

Donnafugata Wine Dinner

TIME	7pm Welcome Drink, followed by Dinner
VENUE	Restaurant, 2/F
PRICE	\$888 per member \$938 per member's guest

Enquiries and Bookings: 2830 9532 or restaurant@hkfc.com

Saturday, 29th March / Sunday, 30th March

Ready for the Summer

TIME	1:30pm – 6:00pm
VENUE	Lockhart Room, 2/F

Tasting available

PREVIEW IN APRIL

FESTIVE PROGRAMME

Egg-ceptional Hoppy Easter!

Sunday, 20th April 2025

Coffee Shop: Easter Buffet Lunch with Junior Chef Master Class

Saturday, 19th April / Sunday, 20th April 2025

Restaurant: Easter Wine Lunch

Sportsman's Bar: Easter Activities

Kiosk: Easter Goodies

WINE EVENTS

Thursday, 10th April, 2025

Wine Master Class: Greek Wine and Food

Friday, 25th April 2025

Wine Dinner: Eastern European Wine Dinner

Saturday, 26th April / Sunday, 27th April 2025

Wine Fair: Mom and Dad Celebration Gift Fair

COFFEE SHOP

Buffet Buffet: Fukuoka Yatai Food Stalls

Monthly Special: Bibimbap

Beverage: Japanese Soda Float

POOL BAR

Global Fried Chicken

Beverage: Japanese Soda Float

RESTAURANT

Mangalica Pork: The Kobe of Pork

SPORTSMAN'S BAR

Back Patio: Russian BBQ

Saturday, 19th April 2025 | 7PM-10PM

Special Activity: Band Bash

CHAIRMAN'S BAR

Food & Beverage: Tasmanian Seafood Festival with Champagne and Wine Pairing

Tea Set: Tae Tráthnóna

CAPTAIN'S BAR

Cornish Pasty

Beverage: Bot Beer (Bucket)

FAMILY LOUNGE

Tiramichoux

Beverage: Thai Milk Tea

KIOSK

Hot Items: Dutch Oven Stew

RESTAURANT

TEL 2830 9562

EMAIL restaurant@hkfc.com

COFFEE SHOP

TEL 2830 9569

EMAIL coffeeshop@hkfc.com

Sportsman's Bar

TEL 2830 9531

EMAIL sportsmans@hkfc.com



CHAIRMAN'S BAR

TEL 2830 9559

EMAIL bar@hkfc.com

CAPTAIN'S BAR

TEL 2837 2622

EMAIL bar@hkfc.com

Family Lounge

TEL 2837 2663

EMAIL bar@hkfc.com

Pool Bar

TEL 2830 9531

EMAIL coffeeshop@hkfc.com

KIOSK

TEL 2837 2678

EMAIL kiosk@hkfc.com

CATERING SERVICE

TEL 2830 9513

EMAIL catering@hkfc.com



New Arrivals

N-PRO

1. Rugby Head Guard \$1280

2XU

2. Run Visor \$150

PILLAR PERFORMANCE

3. Collagen Repair - Tendon & Ligament Loose Powder
Unflavoured - Pouch (255g) \$430

4. Ultra Immune C Powder Tropical Pouch (200g) \$390
5. Triple Magnesium Professional Recovery Powder
Berry - Pouch (200g) \$360

6. Triple Magnesium Professional Recovery Powder
Pineapple Coconut - Jar (200g) \$360
7. Micro shaker \$120

tā ENERGY

8. Electrolytes Hydration Tabs \$75

9. Energy Gommes (5 flavours) \$25

10. Organic Energy Bar (2 flavours) \$28

Proud to support
HKFC rugby section since 2014
and the **2025 HKFC 10s tournament**



Natixis other sponsorships:

Racing 92 15-a-side
since 2007

Racing 92 Natixis 7s
since 2020

Natixis Corporate & Investment Banking is a leading global financial institution that provides advisory, investment banking, financing, corporate banking and capital markets services to corporations, financial institutions, financial sponsors and sovereign and supranational organizations worldwide.

TRADITION

26-27th
MARCH 2025

HONG KONG
FOOTBALL CLUB
RUGBY 10s

HKFC 10s



Tradition
HKFC 10s

#WORLDSBEST10S

HKFC10S.COM

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SPONSORS

Tradition

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STREAMLINE
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