

# CLUB



HONG KONG FOOTBALL CLUB 香港足球會 NOVEMBER 2024



**HKFC**

## HONORARY MEMBERSHIP CEREMONY FOR PARIS 2024 PARALYMPIC MEDALLISTS

**HOCKEY**

WELCOME TO OUR NEW DIRECTOR OF HOCKEY,  
WILL MURRAY

**SQUASH**

THE MASTER, PETER HILL

MONDAY  
2ND DECEMBER 2024  
7PM - 7:45PM

# CHRISTMAS CAROLS

AT THE MAIN PITCH

PERFORMANCE BY  
**THE HONG KONG WELSH MALE VOICE CHOIR**



On Monday 2nd December, our annual evening event with the Hong Kong Welsh Male Voice Choir will take place at the main pitch and free seating will be available at the South Stand (facing the Main Pitch) so we can accommodate as many of you as possible.

Mulled wine, mince pies and soft drinks will be shared with all members after the carols to all those in attendance, at the main pitch.



To save the environment, only electronic copy of the lyrics is available this year. Please feel free to scan the QR code with your mobile device for an on-line version of the lyrics.

Scan the code for the online song sheet





## Hong Kong Football Club

3 Sports Road, Happy Valley,  
Hong Kong

TEL (852) 2830 9500

FACSIMILE (852) 2882 5040

### GENERAL COMMITTEE MEMBERS

<b>President</b>	Nick Hunsworth
<b>Vice Presidents</b>	Fook Aun Chew Robert Lawson John Shanahan Mike Wood Neil Jensen
<b>Chairman</b>	Neil Roberts
<b>Honorary Secretary</b>	Mervyn Jacob
<b>Honorary Treasurer</b>	Damien Laracy
<b>Constitutional Affairs and Discipline</b>	Kenneth Ng
<b>Development</b>	Don Rider
<b>Membership</b>	John Thompson
<b>Sports &amp; Recreation</b>	Mia Williams
<b>Major Events</b>	Chris Page
<b>Hockey Officer</b>	Muller Wan
<b>Lawn Bowls Officer</b>	Paul Skurr
<b>Rugby Officer</b>	Alan Morgan
<b>Soccer Officer</b>	David Cross

### MANAGEMENT TEAM

<b>General Manager</b>	Tony Sealy
<b>Director of Finance</b>	Joe Wan
<b>Director of Food and Beverage</b>	Christophe Horrenberger Yan Mak
<b>Executive Chef</b>	Mandy Cheng
<b>Director of Membership</b>	Iris Chau
<b>Director of People</b>	Vanessa So
<b>Senior Communications Manager</b>	William Wong
<b>Facilities Manager</b>	Daniel Shum
<b>House Manager</b>	Ken Mak
<b>Information Technology Manager</b>	Ken Lo
<b>Retail Manager</b>	Simon Tang
<b>Security Manager</b>	Simon Chapman
<b>Senior Sports Manager</b>	

### DIRECTORS OF SPORT

<b>Director of Rugby</b>	Stephen Dowse
<b>Director of Hockey</b>	Will Murray
<b>Director of Squash</b>	Vacant

### CLUB MAGAZINE

Monthly journal of the Hong Kong Football Club.  
For information and requests for placement of advertisements in "Club" please call 2830 9503.  
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**WSF**  
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 Team Championships  
 Hong Kong Football Club,  
 Hong Kong, China  
**2024**



**WSF**  
**WORLD SQUASH**  
**TEAM CHAMPIONSHIPS**  
**2024**

**Hong Kong Football Club**  
 Hong Kong, China

**9-15** December,  
 2024

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# THE THOUGHTS OF THE CHAIRMAN

## 主席的話

Neil Jensen  
Chairman



As November approaches, here are some games to look forward to this month, so head down the Club to support our teams and players:

---

Sunday, 3rd November      Soccer First Team vs Crownity North District

---

Thursday, 7th November -  
Sunday, 17th December      Hong Kong International Bowls Classic

---

Sunday, 10th November      Soccer First Team vs KC Southern

---

Saturday, 23rd November      Wing Ding Squash Tournament

---

Looking ahead, December will be packed with major sporting events. Please mark your calendars for the **WSF World Team Championships** on 9th - 15th December. This will be a truly memorable event for Hong Kong and our Club as it marks the first time the Men's and Women's championships will be held concurrently. Here are some additional highlights:

---

Sunday, 1st December -  
Sunday, 8th December      2024 World Bowls/IIBC Under 25  
Championship

---

Saturday, 14th December -  
Friday, 20th December      Protiviti HKFC ITF World Tennis Masters Tour

---

I would like to remind you about our **Annual General Meeting** on **7th November at 7pm** in the **Happy Valley Suites**, followed by light drinks and snacks at the **Sportsman's Bar Back Patio**. I look forward to welcoming you there. Additionally, I want to record my thanks to **Kenneth Pang** and **Nigel Merritt** for their contributions, who are stepping down as GC representatives for Lawn Bowls and Soccer.

Finally, I want to update you on the General Manager hiring process. We are currently in the selection phase, and we have identified several potential candidates. We will keep you informed, with more updates expected by the end of the year.

**Neil Jensen**  
Chairman

隨著11月漸近，這個月有幾場值得期待的賽事，記得到本會支持我們的球隊及球員：

---

11月3日（星期日）      港會對均業北區

---

11月7日（星期四）至  
11月17日（星期日）      香港國際草地滾球精英賽

---

11月10日（星期日）      港會對冠忠南區

---

11月23日（星期六）      Wing Ding壁球慈善賽

---

其後12月大型體育賽事更是一浪接一浪，請記下12月9至15日的**WSF世界團體錦標賽**，這個賽事將會讓香港及本會留下難忘回憶，皆因這是錦標賽首次同時進行男子及女子賽事。以下是其他焦點賽事：

---

12月1日（星期日）至      2024 World Bowls/  
12月8日（星期日）至      IIBC 25歲以下錦標賽

---

12月14日（星期六）至      2024 Protiviti HKFC ITF  
12月20日（星期五）至      國際網球大師賽

---

提提大家，我們將於**11月7日晚上7點在Happy Valley Suites舉行週年大會**，大會過後還有**Sportsman's Bar**後方露台準備好的輕酒精飲料及小吃，期待於當晚看見大家。此外，衷心感謝分別卸任常委會草地滾球部及足球部代表的**Kenneth Pang**及**Nigel Merritt**，他們為本會貢獻良多。

最後，想向大家提供總經理招聘的最新消息。我們正進入遴選階段，並已經鎖定幾個候選人，相信年底會有更多新資訊，到時會再通知大家。

主席 **Neil Jensen**

## OBITUARY

*We were saddened to hear the news of the recent passing of longstanding Member*

**Denis Hamelin**

*Our thoughts and prayers go to his families and friends. May he rest in peace.*

# STAR AWARDS

*2nd Quarter 2024*



**Chau Chun Mun**  
Sports



**Kong Nga Wing**  
House



**Yick Wai Chuen**  
F&B - Kitchen

*3rd Quarter 2024*



**Leung Chi Ming**  
Sports



**Lam Chun Man,  
Walter**  
F&B - Banqueting



**Yan Ngo Suet,  
Coey**  
Human  
Resources

# GENERAL MANAGER'S MONTHLY MESSAGE

## 總經理的話

Tony Sealy  
General Manager



On 11th October, we hosted over 300 attendees at the **Mike Worth Memorial Cup Lawn Bowls Tournament**. The event served as a heartfelt tribute to Mike and was a wonderful occasion for the Lawn Bowls Community of Hong Kong.

The impressive turnout and the camaraderie displayed by everyone present truly reflected the spirit that Mike valued so deeply, and we believe Mike would have been happy to see such a strong community gathering in his honour.

Thank you to all who participated and contributed to making this event so memorable.

It's great to see Sections and Members making use of the dedicated training space available on the **Training Triangle**. Additionally, please remember to take advantage of the **Steam and Sauna Rooms** located within the **2nd Floor Changing Rooms** to optimise your recovery routine.

As always, we hope to see you at the Club supporting our teams across all sports. In addition to regular league fixtures, be sure to head to the Club on Saturday 9th November to support **HK China playing against Brazil in a Men's friendly Rugby International**. Sticking with Brazil and sports action in the **Sportsman's Bar**, Sao Paulo plays host to F1 starting on 1st November, followed by Las Vegas and Qatar later in the month. You can also catch the regular EPL action and all the rugby internationals on the screens, along with cricket internationals and so much more... so head on down to the Club to catch the Autumn Action.

As our Club continues to become increasingly busy, especially during peak periods when most sports venues are at capacity, we'd like to remind everyone of the importance of fostering a sense of Club pride.

Let's all strive to be considerate and supportive of one another. Your positive attitude and sportsmanship contribute greatly to the Club atmosphere we cherish.

Thank you for being a valued Member of our Club!

**Tony Sealy**  
General Manager

在10月11日共有超過300人出席我們主辦的**Mike Worth紀念盃草地滾球錦標賽**，當日大家藉此機會緬懷Mike，是香港草地滾球界的美好一刻。

令人矚目的參與人數，加上在場各位展示的友誼，切實體現Mike十分珍視的精神，我們相信Mike都會很高興看到如此緊密的社群為他聚首一堂。

感謝當天參與及出力令這個活動變得難忘的大家。

見到各個體育部及會員充分利用**訓練場**上可用的專業訓練空間，實在太好了。另外，記得好好利用**2樓更衣室**內的**桑拿房**及**蒸汽房**，令大家的恢復日常達至最佳效果。

一如以往，希望與大家在本會相見，一同為本會不同的體育隊伍打氣。除了固定的聯賽賽程，緊記11月9日（星期六）到本會支持**中國香港對巴西的國際男子欖球友誼賽**。提到巴西及**Sportman's Bar**播放的運動賽事，一級方程式將於11月1日起在聖保羅舉行大獎賽，緊隨其後的拉斯維加斯及卡塔爾兩個大獎賽也將於同月進行。大家亦可在螢幕上收看平常的英超賽事、所有欖球國際賽、曲棍球國際賽等等，多到講不完，因此快來本會將秋季賽事盡收眼底。

隨著本會持續日漸熱鬧，特別是大部分運動場地都爆滿的高峰期，在此提提大家培養對本會的自豪感也很重要。

就讓我們一起努力，互相體貼及鼓勵。大家正面的態度及體育精神為我們珍愛的本會氛圍作出無比貢獻。

感謝大家作為本會的重要會員！

總經理 東尼施利



# HONORARY MEMBERSHIP CEREMONY FOR PARIS 2024 PARALYMPIC MEDALLISTS

Scan the QR Code

View more photos



Miss Ng Cheuk Yan



Ms. Ho Yuen Kei



**BOCCIA**

<b>Gold</b>	MEN'S INDIVIDUAL BC1	Mr. John Loung
	MIXED PAIRS BC4	Mr. Tse Tak Wah Ms. Ho Yuen Kei
<b>Silver</b>	WOMEN'S INDIVIDUAL BC4	Ms. Cheung Yuen
	MIXED PAIRS BC4	Ms. Cheung Yuen

**SWIMMING**

<b>Silver</b>	WOMEN'S 100M BUTTERFLY S14	Ms. Chan Yui Lam
<b>Bronze</b>	WOMEN'S 100M BREASTSTROKE SB6	Ms. Ng Cheuk Yan





# HONG KONG FOOTBALL CLUB RECEPTION FOR THE LONG-STANDING MEMBERS OF THE CLUB



Scan the QR Code

To view all other photos taken on the night





COFFEE  
SHOP

# THANKSGIVING DISHES

GRATITUDE ON PLATES



AVAILABLE FROM MONDAY TO THURSDAY ONLY THROUGHOUT THE MONTH OF NOVEMBER

## THANKSGIVING TURKEY SALAD \$108


SLOW ROASTED TURKEY, ROASTED PUMPKIN, APPLE, RED ONIONS, PECANS, GORGONZOLA CHEESE, DRIED CRANBERRIES, MIXED GARDEN GREEN AND CRANBERRY-BALSAMIC VINEGAR DRESSING

## TURKEY ROULADE \$158

WRAPPED WITH PARMA HAM AND CREAMY MUSHROOM, RICOTTA AND PARMESAN CHEESE, SERVED WITH SAGE STUFFING, BRUSSEL SPROUTS, GLAZED BABY CARROT, POTATO MASH, CRANBERRY SAUCE AND GRAVY

## PUMPKIN CHEESECAKE \$58

WITH CARAMEL SAUCE

 Contains Nuts

Photos for reference only.

Enquiries: 2830 9569 or [coffeeshop@hkfc.com](mailto:coffeeshop@hkfc.com)

# WELCOME TO OUR NEW DIRECTOR OF HOCKEY, **WILL MURRAY** LET'S GET TO KNOW HIM A LITTLE BETTER!

## Q&A

### TELL US ABOUT YOUR HOCKEY JOURNEY AND WHAT LED YOU TO THIS ROLE?

I began playing hockey at 13 in Birmingham, joining Sutton Coldfield Hockey Club where I was coached by GB legend Jane Sixsmith. I later played at Streetly Hockey Club before attending Glasgow University where being a bit "hockeyed-out", I focused more on football and cricket. Returning to Streetly, this period is where my love for the sport really grew, and I fell into coaching after being coerced to take the junior session after post-game beers early in the season. My coaching career has expanded across schools, universities and national teams. Highlights include roles as a Central Contracted Coach for England, Head of Men's Hockey at Nottingham Trent University and Director of Hockey at two leading British independent schools. Over the past 18 months, I helped secure the Scotland U18s a 6th place finish in the European Championships and led Warwickshire men to become the first Midlands side to win the County Championship in over 20 years.

### WHAT'S YOUR VISION FOR THE SECTION?

#### High Performance

Developing the performance programmes at the Club to become more data-driven and underpinned by global best practice.

#### International Centre of Excellence for Hockey

Becoming world renowned as a Centre of Excellence for Junior Development and Coach Development.

#### Differentiation

Ensuring that the Club continues to offer an inclusive environment that is fun, nurturing, and helps each individual flourish.

#### Match Day Buzz

Establishing a mindset across the Club that each match day is an event and exploring how we can make them massive!

#### The Way of the Dragon

Developing the overall understanding of the tactical side of the game within the Club and creating a clear, modern and exciting Club style of play.



### WHAT ARE YOUR PLANS FOR PLAYER DEVELOPMENT, PARTICULARLY FOR OUR JUNIORS?

I see the junior section as the Club's lifeblood and aim to grow numbers and ensure HKFC has a world leading programme. I plan to implement some practical changes quickly – launching our holistic outcomes for youth players, WAVES, as well as a new hockey syllabus and a Talented Athlete Programme (TAP) for the Club's high potential players.



WHAT'S THE MOST UNUSUAL PRE-GAME RITUAL YOU'VE EVER SEEN OR PARTICIPATED IN?

Weirdly, I went through a phase of listening to the soundtrack from The Hunt For Red October pre game... The Russian Red Army Choir just fired me up! But the most brilliant one was a big cultural shift in my time at Notts Trent Uni where the team discovered a rather introverted player was religious and

asked him to lead a pre-game prayer for the whole team before every match. It was part of a more comprehensive shift to becoming a more inclusive and supportive team. This was reflected by significant on-field improvement. I do believe it all goes together and "If you get the culture right, most of the other stuff takes care of itself".



IF YOU COULD INVENT A NEW RULE FOR THE GAME, WHAT WOULD IT BE AND HOW WOULD IT CHANGE THE SPORT?

Well, where to begin here?! Hockey is very good at changing its rules to improve the game.

On the back of the Olympics, we might see a change in penalty corners as their average conversion rate was particularly low at the competition (well below 20%). They're expensive given the protection required. They limit the flow of matches and propagate skills that aren't used in

the rest of the game. I'd personally replace them with a restart with an attacker on the 23 vs the goalie, and everyone else to start over the halfway line.

I'm always keen for changes that increase the flow or speed of the game. I'd also experiment with centre restarts, allowing players to start anywhere on the pitch which could give opportunities for really creative tactical plays and some "wow!" moments.



# HOCKEY START OF SEASON SOCIAL

The SoS party was a success despite the unwelcome, intermittent showers and possibly a lightning or two, but we powered through and still enjoyed the night. We welcomed back our players and connected with new joiners, including our new Director of Hockey, all huddled under umbrellas

for a few drinks and nibbles. The Hockey Section is looking forward to a new and exciting season across all the leagues as well as getting back to the long-standing hockey tours across Asia. Stay tuned for more hockey news and updates!

# COFFEE SHOP

Savour the season with frosty flavours

## WINTER-LICIOUS

Available throughout the month of  
November on every Friday and Saturday evening!

**FRIDAYS**

**6<sup>PM</sup> - 9:30<sup>PM</sup>**

**\$328**

PER ADULT

**\$118**

PER CHILD  
4 - 7 YEARS OLD

**SATURDAYS**

**5:30<sup>PM</sup> - 9:30<sup>PM</sup>**

**\$164**

PER ELDER CHILD  
8 - 11 YEARS OLD

**FREE**

INFANT BELOW  
4 YEARS OLD



Photo is for reference only.

Enquiries: 2830 9569 or [coffeeshop@hkfc.com](mailto:coffeeshop@hkfc.com)

# SPORTS AWARDS GALA DINNER

## OUR NEW CHAIR LAUREN GORMAN

**A**t the time of writing, after a well-rested summer break, netball season is back and truly underway. We're thrilled to announce **Lauren Gorman** as our new Chair! Primary school principal by day, Club player by night, Lauren will bring her wealth of experience, both on court and at school, to run the committee. She is the perfect person to grow the women's and Junior Academy at HKFC. We sat down with Lauren for a rapid-fire interview:



*Where are you from?*  
**Manchester, UK**

*Positions on court:*  
**C, WD, GD**

*How long have you called Hong Kong home?*  
**8 years**

*Describe the netball scene in HK?*

**Growing in popularity across all ages and genders**

*Reasons why you love netball at HKFC?*

**Friends and indoor courts**

*Where would you be most likely found in the Club?*

**Sunbathing by the pool**

*What do you hope to achieve as Chair in the coming year?*

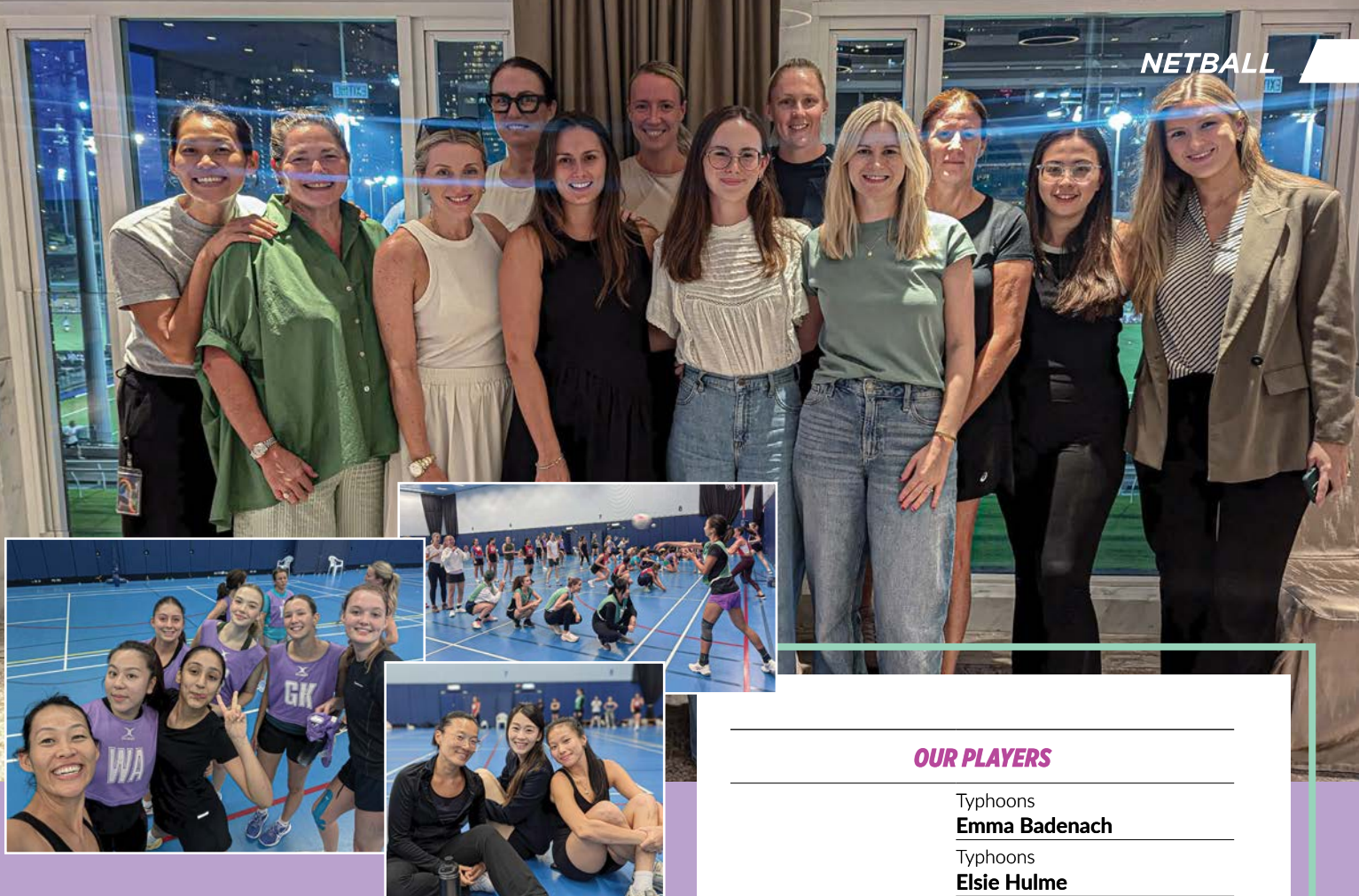
**Become the most decorated club in netball for both our seniors & juniors' section and increase our community outreach.**

**WE WOULD ALSO LIKE TO TAKE THE OPPORTUNITY TO INTRODUCE THE COMMITTEE VOTED IN FOR 2024-2025:**

### INTRODUCE THE COMMITTEE VOTED IN FOR 2024-2025

<b>Vice-Chairwoman</b>	Claire Baldwin
<b>Treasury</b>	Simone Maclay
<b>Secretary &amp; Coaches Coordinator</b>	Veronica Arnold
<b>Attendance Officer</b>	Serena Fox
<b>Memberships Officer</b>	Helene Bibeau
<b>Sponsorships Officer</b>	Lauren Laroche
<b>Social Convenors</b>	Daniella Sabnani Samantha Luttrell
<b>Communications Convener</b>	Jackie Law
<b>Kit &amp; Equipment</b>	Sophie Meakin
<b>NHKC Reps</b>	Zanne-Marie Pienaar & Kath Ellis
<b>Umpiring Convener</b>	Jennifer Wong
<b>Social Team Rep</b>	Marie Farry
<b>Committee Assistants</b>	Natasha Groves & Storm Bell





**OUR PLAYERS**

Typhoons  
**Emma Badenach**

Typhoons  
**Elsie Hulme**

Typhoons  
**Beca John**

Typhoons  
**Janet Lee**

Hurricanes  
**Iris Peel**

Club  
**Tia Stearn**

Whirlies  
**Sara Suzuki**

Typhoons  
**Annie Tsoi**

Club  
**Zanne-Marie Pienaar,  
Assistant Coach**

Club  
**Rachel Telford**

Typhoons  
**Annie Tsoi**

Typhoons  
**Jennifer Wong**

Club  
**Zenia Wong**

Club  
**Rita Hanronnachai**

Club  
**Mandy Tai**

Club Coach  
**Veronica Arnold,  
Assistant Coach**

Club  
**Lucas Woodyard**

**U21S**

**OPENS LADIES'**

**OPENS MEN'S**

**OUR PLAYERS**

**Prisha Bahrnani**

**Zoe Holland**

**U16S KOWLOON**

**Ally Lui**

**Hazel Roskell**

**Natalie Tang**

**Maggie Barton**

**Isadora Bolchover**

**Camilla De Courcy Hughes**

**U16S HONG KONG**

**Kiana Lin**

**Lois Lui**

**Ines Murchie**

**Adelaide Williamson**

**Jamie Soo**

On to the regular drumbeat of things, both Junior Academy and Seniors saw a record number of players turn up for trials – a testament to the DSA's programme and the Club's appeal. This season, we're proud to field 7 senior teams in the local league, complemented by 12 teams within our Junior Academy. Amongst our pack, there's been a tremendous spike in National team representation – no doubt raising the caliber of our players as a whole.

PLEASE JOIN US FOR THE

# HKFC TENNIS SOCIETY

## GALA DINNER 2024

DATE:  
23 NOV 2024

TIME:  
7:00PM - LATE

VENUE:  
HAPPY VALLEY SUITES, 2/F  
HONG KONG FOOTBALL CLUB

THEME:  
FORMAL ATTIRE  
WINTER WONDERLAND

For inquiries, please reach us at [hkfc.tsevents@gmail.com](mailto:hkfc.tsevents@gmail.com)





Hong Kong, China Veterans Tennis Association

# CCC ITF World Tennis Masters Tour 2024

Tournament

Total Prize Money:

# US\$12,000

1 Dec 2024 (Sun) – 7 Dec 2024 (Sat)  
Sat & Sun: 10am – 11pm  
Mon - Fri: 5pm – 11pm

Categories (Age 30+)  
• Men's Doubles  
• Women's Doubles  
• Mixed Doubles

Entry Deadline:  
26 Nov 2024  
4pm (HKT) | 10am (GMT)

Craigengower Cricket Club  
188 Wong Nai Chung Road,  
Happy Valley, Hong Kong

Scan QR for enrollment

Organizer: 中國香港元老網球總會

Venue Support: 香港網球總會

Supporting Organizer: ITF World Tennis Masters Tour

Official Ball: ODEA

Sponsors: 運發物業有限公司, G, 奇華餅家 THE WAH BAKERY, TEELOCKER

Mr. Anthony CHAN  
Mr. Tommy CHAN

Mr. CHAN King Kay  
Mr. CHANG Tat Chuen  
Mrs. Mary KWAN  
Mr. Jeffrey AU



# Interview with Lona Shiu from HKFC Ladies A+



**C**an you provide us with an overview of your tennis journey so far? We are particularly interested in your major achievements and milestones.

Some of my milestones would be taking mixed doubles finalist HK Nationals (2011) and MVP USFHK Ladies Tennis (2011). But to be honest, tennis can sometimes be quite a lonely sport, so one of my core memories for this sport would actually be captaining the HKU ladies tennis team to a 15th year consecutive win in USFHK.

**W**ho is your favourite tennis player, and how have they influenced your playing style or approach to the game?

My all-time favourite would have to be Nadal! His work ethic and approach towards tennis are definitely transferable to many aspects in life.

**A**s a tennis player in the HKFC tennis society, what is your vision for your involvement? What are your goals and aspirations within our community?

I hope to be not only involved in contributing to the A+ team but to attend more social events as it is a great way to meet other members – always interesting when individuals share their personal experiences and stories.

**B**esides tennis, what other interests or hobbies do you have? How do you strike a balance between your personal life and your dedication to the sport?

I enjoy going to CrossFit and trying to get back into golf! As for how I strike a balance between my personal life and tennis – I'm fortunate enough to have friends and family around me that play the sport, so it makes it easy to spend quality time and play tennis at the same time. My family gets super competitive playing tennis as my younger brother also plays at A+ level, so it's not always peaceful on the court but always a good time. I'm also trying to get my partner to learn the sport!

**W**hat motivated you to join our Tennis Society? What do you hope to gain from being a part of our community, and how do you envision contributing to its growth and success?

I don't think I needed much motivation – I've known **Karen** and **Rachel** for ages and have always seen how much fun they had at the Club and with the tennis society, so it was just natural for me to want to join in! I look forward to getting to know a whole group of people that have the same passion for the sport so that we can not only play tennis together but also kick back and grab a drink together! Hopefully I can contribute my level of play and see how as a team we can ensure a strong finish every season.



HKFC ATA

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# HKFC PLAYERS FEATURE FOR HONG KONG CHINA U18 SEVENS SQUAD



**H**ong Kong Football Club (HKFC) was proud to have 10 up-and-coming young talents selected to represent Hong Kong China U18s in the Asia Rugby Emirates U18 Sevens Championships 2024. The tournament took place on 28th & 29th September in Johor Bahru, Malaysia.

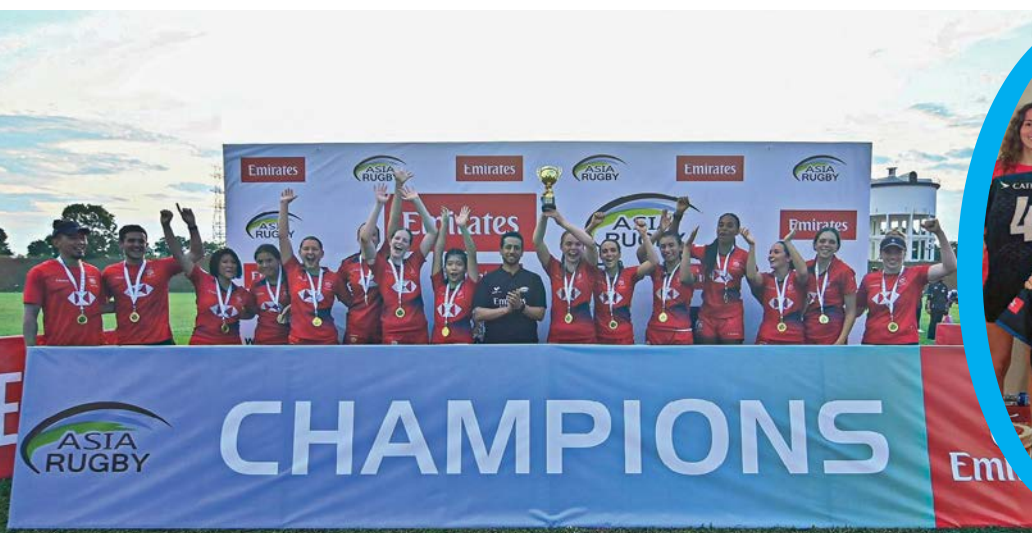
For the boys' squad, **Liam Gordon** and **Theodore Sun Seigris** featured. The girls' squad saw an even stronger HKFC presence, with eight Club members making the cut. The selected players

were **Sophie Aranha, Lela El-Asmar, Sara Harries, Jasmine Lea Fitzhenry, Elsie Hulme, Beca John, Saidhb Martin** and **Lizzie Stanton**.

Hong Kong China's boys' team faced tough competition in Pool B, with matches scheduled against Chinese Taipei, Thailand and Sri Lanka before being seeded into play-off matches. After a scare against **Sri Lanka** on Day 1 (17-17), the boys bounced back on day 2 to top the pool. They were outmatched in the final, however, losing to a strong UAE team.

The girls' team, competing in a single pool format, took on Thailand, UAE, India, Singapore and Malaysia over the two-day event before their respective play-off match. The girls won 4 of their 5 pool matches to make it to the final, where they successfully beat Thailand by 31-5. Sophie Aranha was the top try scorer of the tournament, scoring 11 tries across the 2 days.

Congratulations to our up-and-coming HKFC talents on an outstanding weekend!







# WORLD CHALLENGE CUP

**ON 21ST SEPTEMBER 2024**

**21**st September saw the annual HKMRFU season curtain raiser: the World Challenge Cup. This event – a half-day tournament for U11 and U12s sees players represent countries in an attempt to win the World Cup for their nation.

## SPORTS



In the spirit of the Rugby World Cup, players selected the countries they wanted to represent in advanced – first, second and third choices. The best part? Players and coaches will only find out their countries / teams in the morning of the event when they arrived at King's Park.

Teams consisted of participants from different clubs and were mixed-gendered. Our players were very excited as it was the first time that kicking was allowed during games, hookers could compete for the ball while in the scrum, and contested lineouts would be called when the ball was in touch.

HKFC was well represented, bringing the most players, coaches and volunteers from across the 19 mini rugby clubs. Special mention to honorary Argentinian for the day – HKFC Coach **Seb Gaudre** who led his team to three straight victories with no tries conceded.

Ultimately, the weather intervened as thunderstorms led to an early cancellation of play. So, no tournament winner on the day, but nonetheless a wonderful morning building friendships with players from other clubs and providing a great platform for a fun-filled season ahead!



# YOUTH RUGBY KICKS OFF FOR SEASON 2024/25!

**A**fter a 3-4 month off-season and summer break, youth rugby at HKFC kicked off for 2024/25 with many returnees, plenty of new faces and smiles all around.

The weather has been fine and sunny for the most part, with kids and coaches looking resplendent in their new kit! Credit to **Rob Shaw**, **Lynette Shaw** and **Nick Lee** and all the volunteers in getting us all looking our best.

The kids have quickly gotten back into the training rhythm, both of Sunday's and midweek. Bring on the festivals, tours and Cups, they're saying!!



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Our consultant Julia Surman will be visiting Hong Kong from the 11th to the 22nd of November.

Contact her on **+44 1481 711766** or email **julia@swoffers.co.uk**

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\*The tax cap is available to British passport holders who purchase open market properties and pay £60,000 or more in document duty, ie purchase a property worth £1.36m or more at current rates and within the first 12 months of residency. Other tax caps are available, contact us for more information.

# THE MASTER

## PETER HILL

**C**atching up with **Peter Hill** the week after his triumph in the over 60's World Squash Masters in Amsterdam

### *Tell us about your experience of the world masters championships?*

Anything can happen in a major competition. Maybe you scrape through, but the next day, your body is not as good as you want it to be. So I had to raise my level of play. Was I able to play faster, to have long rallies, to rely on my skills? That all comes with preparation.

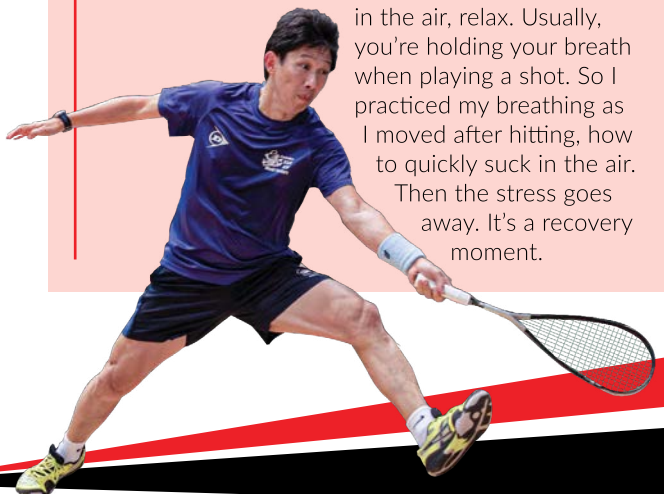
### *How did you prepare for such a demanding schedule?*

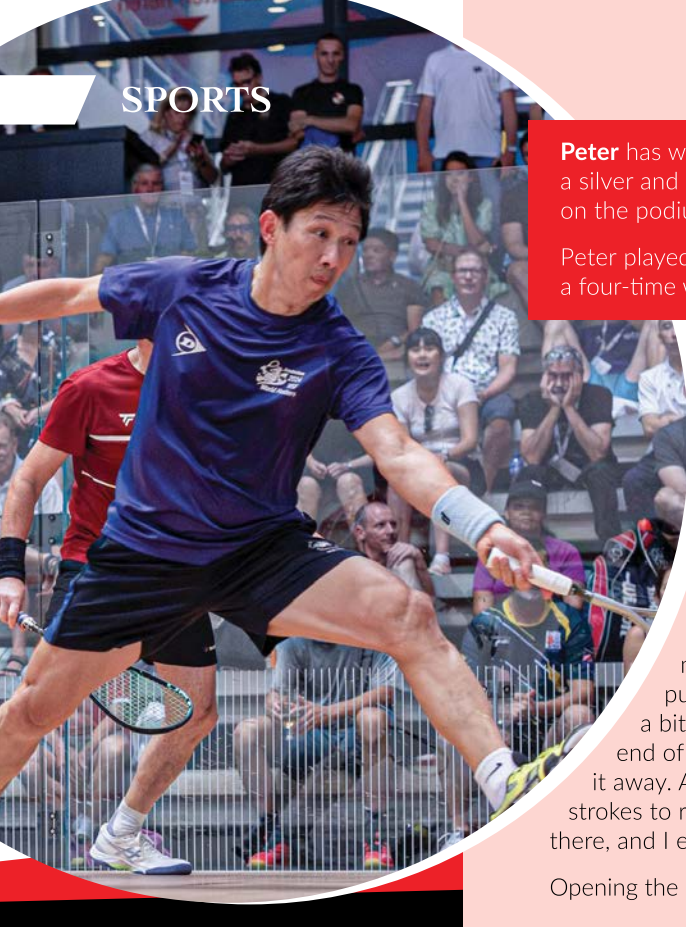
A lot of track work at speed. You have to be sprinting. Even during a break in Bali, every day, I had a hit at the hotel squash court and ran on the beach, getting strong. Then I went to Singapore to train with the national players. So I was sparring with them in the heat because I knew that Amsterdam would be warm. And one week beforehand, I took a break. That's a lesson from when I won my first world title. Then I was fitter, stronger, faster – but towards the end, I played badly – because I hadn't rested.

### *How do you cope with the mental challenge?*

It's like a work presentation – you have to make sure that on every point you are spot on. Then there's no reason to be nervous. I trained my breathing during training. I think all athletes should pay attention to it – we breathe without thinking. When you are playing in a competition, your heart rate goes up to 160 or 170. And suddenly, you're not used to that kind of breathing. It's almost panic inducing. So practice deeper breathing.

Suck in the air, relax. Suck in the air, relax. Usually, you're holding your breath when playing a shot. So I practiced my breathing as I moved after hitting, how to quickly suck in the air. Then the stress goes away. It's a recovery moment.





**Peter** has won the title twice, as well as a silver and bronze – always finishing on the podium.

Peter played Ireland's **Willy Hosey**, a four-time world masters champion.

**Can you talk us through the final?**

I had an advantage as my opponent had a five-set semi-final. But he looked so good!

In the first game, I went 7:1 down. The pace was fast, and I couldn't get my balance. Then I played one point at a time. I wanted to make it as hard as possible and put the work in his legs. I had a bit of luck on my side. At the end of each rally, I was able to put it away. And then he gave me a few strokes to reach 7:10. Again, I just stuck in there, and I ended up winning 12-10.

Opening the second game – I reeled off a

couple of winning shots and pulled away.

In the 3rd game, he had a better game plan. It was very close to about 7:7. But he read my little flicks and I lost 8:11. So now he's confident!

So, in the 4th, I cut out the flicks completely until I had a big lead. And it was 9:0 in the 4th – I was good at that point. And after winning, I couldn't sleep for two days because my phone kept ringing!

**Tell us about training with Jahangir Khan, one of the greats of all sport, who went 555 matches unbeaten.**

I trained at Wembley in London with **Jahangir**. Whoever got on court with him, even training days, there's 100 people watching. It's like **Roger Federer**. So every time, that's a special feeling. Your training had to be very professional. You can't mess about with him. Jahangir was humble, a man of very few words.

**What did it take to make it to the top?**

As a teenager, I went to Pakistan for two months at 16 – my dad said I was crazy! Back then, Pakistan was just like Hong Kong, very open. So I enjoyed my time there. I remember Jahangir was there, but I was better than him as a junior!

Jahangir had an uncle, **Rahmat Khan**, who was a top 16 player, quit his tour and then dedicated his life to squash again. Later, when I needed a manager, I asked Rahmat as he was the world's best coach at that time. And he didn't accept me outright. He watched me play in the British Open. I qualified through four rounds, then made the top 16. He took me on then!

**You were one of the first Asian players to be at the top of the game – how is the next generation shaping up?**

I was the first one to make the top 30, besides the Pakistanis.

Now I'm happy to see that in addition to Hong Kong, we've got Koreans, Japanese, male and female players coming through. It's amazing.

Koreans do well because they have huge facilities. The Chinese are starting to invest – right now they're juniors and are touring non-stop. So China will be up there within a decade.

**Tell us about life on the professional tour.**

Squash was booming in the eighties. I remember reading an article in a national newspaper: squash set to overtake tennis. The lifestyle was quite different. Some tournaments even provided helicopters! All the celebrities wanted to play. I used to play in Notting Hill, at Lambton Club with the Formula 1 driver, **James Hunt**, who parked his Lotus outside.

**Will you try and retain your world title?**

No, I want to enjoy this for ten years at least! Everyone's asking me to play every tournament. I don't want to force myself as it takes over your life.

I'd rather preserve my energy for 10 years. Enjoy what I'm doing. Enjoy my time with my wife, my family, squash, the Club. And then if I can get to the end of the decade, I have a goal. Yes.

So that revitalises yourself to live well between those periods of competition.



**"I played one point at a time."  
"After winning, I couldn't sleep for two days  
because my phone kept ringing!"**

# TAIPEI TOUR

## RAYMOND OR REMEMBERS

### OUR RECENT SECTION TOUR

DAY  
1

#### ARRIVAL AND PREPARATION

As we stepped off the plane in Taipei, the summer heat embraced us warmly. How would this vibrant city welcome us? With its bustling streets and fragrant night markets, it was clear: with open arms. Our first destination was the prestigious National Taiwan University for a practice session. The courts were alive with the sound of rackets meeting balls. After practice, we strolled through Shida Night Market – one of Taipei's lively night markets. The air was filled with the aromas of street food – stinky tofu, bubble tea and fried chicken calling out to us from every corner. We weaved through the crowds, sampling treats and marvelling at the array of goods on display. The vibrant energy of the market was both invigorating and mesmerising, a perfect introduction to Taipei's nocturnal charm.

As the evening deepened, we found ourselves in a cosy karaoke bar, a quintessential Taiwanese experience. With microphones in hand, we took turns belting out tunes, from pop hits to heartfelt ballads. Laughter and music filled the room, solidifying the bonds within our group. By the end of the night, our spirits were high, and we were prepared for the squash games that laid ahead.

As we prepared to leave, I couldn't help but feel grateful. What was this trip truly about? More than just squash, it was about connections, new experiences and lasting memories. Our time in Taipei reinforced the idea that sports can bridge gaps and build friendships across borders.

With hearts full of warmth, we returned home, knowing the bonds we formed would endure. This journey was a testament to the spirit of sportsmanship and the joy of cultural exchange. Would we do it all over again? Without a doubt.

DAY  
2

#### MATCHES AND MEMORIES

The sun rose brightly on our second day, perfect for our matches at the Taipei Beitou Sports Centre. How would our players fare against Taiwan Squash? With determination and grace. The complex, with its impressive rock-climbing wall, was an inspiring setting.

Was the heat a challenge? Yes, but the friendly smiles and gestures from the locals made it all worthwhile. After the matches, our hosts treated us to a dinner that was more than just a meal – it was an experience. Sharing stories over exquisite local dishes, we found commonalities that bridged cultural gaps. Could the evening get any better? Absolutely. It ended with a lively karaoke session, where laughter and music united us in joy.



DAY  
3

#### A FINAL CHALLENGE

Our final morning was spent at the renowned AJ Squash Academy. How would our players handle facing national champions? With courage and sportsmanship. Competing against such skilled players was daunting yet exhilarating.

Reflecting on the day, I wondered: what made this experience so special? It was the genuine respect and warmth exchanged between both clubs. The Taiwanese players and locals treated us with kindness, making us feel at home. Is Taiwan a great place for squash? Undoubtedly. The sport thrives in a culture of friendliness and hospitality.





# IN LOVING MEMORY OF HENRY NG

Dave Chan remembers his friend Henry Ng,  
a much-loved member of the club.



It is with deep sorrow that we reflect on the life of **Henry Ng**, who tragically passed away on 3rd August 2024. Henry was not only an exceptional sportsman but also a beloved friend, a devoted family member, and a source of inspiration to many. His departure on a Saturday, a day typically abuzz with squash games in our bustling club, shielded from the scorching summer heat of Hong Kong, has left an irreplaceable void in our hearts.

The NG family, consisting of **Simon** (father), **Bonny** (mother), **Denise** (elder sister), **Adrian** (elder brother) and **Henry**, has been actively involved in the HKFC Squash Section for many decades. They

are close to many of us, and Henry's passing has been a significant loss. At just 36 years old, Henry leaves behind his wife, Karin, and his 4-year-old son, Lewis. The suddenness of his departure has been a profound shock to everyone in the section, and our hearts and minds remain steadfastly with his family during this challenging time.

Henry was a lifelong member of the Club and began playing squash at the age of 10. His passion for the sport shone brightly from the start, and by 2008, at the age of 20, he joined the Club's squash section. Over the course of the following 16 years, Henry became a pivotal player, most recently

competing in divisions 7 and 11. His commitment to the sport and his team was unwavering, and he was renowned for his competitive drive and impressive composure under pressure.

One of the most unforgettable traits of Henry's character was his fun-loving yet competitive spirit. Many of us will remember his mid-game shouts, his pre-game routine in closed-back headphones, and, if the match went to a five-setter, a fresh can of Red Bull. These moments epitomise the lively and spirited individual that Henry was.

Off the squash courts, Henry was a devoted family man. After a tough



squash league match, his thoughts often turned to the simple pleasure of sharing a warm bowl of soup at home. We could often find Henry and his family by the Club poolside, enjoying the precious moments of early fatherhood.

Henry was a remarkable young man – positive, dynamic, and enjoyable to be around. He was a familiar face around

the Club and courts, creating countless cherished memories for all of us. His loyalty to his wife Karin, family and squash team was evident in everything he did. Whether in his professional life, family commitments or on the squash courts, Henry always gave his all.

As we remember Henry, let us also

celebrate the joy he brought into our lives. His memory will forever be a beacon of light, guiding us through the darkest of times. In the words of Henry Holland, “Death is nothing at all. It does not count. I have only slipped away into the next room.” These words, chosen by his father Simon for his funeral, remind us that Henry’s spirit remains with us, just as vibrant and full of life as ever.

*Henry Ng*

**REST IN PEACE,  
DEAR FRIEND.**

*You will be missed, but never forgotten.*

# JUNIOR SPOTLIGHT: SIDNEY HUANG

## Why did you start playing squash?

I mainly started playing because of my sister. I used to get into court while she was resting between practice and run around hitting the ball using her rackets. And I fell in love with it.

## How do you keep improving?

I mainly focus on match play and fitness. At my squash level when it's this advanced, I tailored most of my time to try to improve on these two aspects of the game.

## Favourite other sport?

Football, as I play with my friends every day during recess. Unlike squash, football is a team sport and we have to communicate to score. The feeling you get when you score a banger is unmatched.

## Who is your sporting hero?

Definitely **James Willstrop** just because my game is the most similar to his. I used and learnt so many shots and strategies from him by just watching his matches on YouTube.

## What's your ambition for the future?

For me, I would want to win against the boys Under 19s at 16 in HK. After my junior career, I would want to play for a good university in the US and maybe play a few PSA tournaments during my time in university to get more experience.

## What would your advice be to someone picking up a squash racket for the first time?

Trust the process. There is no failure in sports.

## What's your favourite thing about the Football Club?

The squash community. I think HKFC has the best spirit and passion for the game of squash. Everyone loves the sport and is so determined to get better no matter who it is.





*Live Band*

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Chan Ho Ka

Lam Ho Hei

Tsang Chun Hin

James Wright

# U20 PLAYERS RECEIVE INTERNATIONAL CALL-UP FOR AFC U20 ASIAN CUP

**W**e are thrilled to announce that four of our promising young talents – **Chan Ho Ka, Lam Ho Hei, Tsang Chun Hin** and **James Wright** – have received international call-ups to represent Hong Kong U20 at the upcoming AFC U20 Asian Cup qualifiers. This significant achievement highlights the dedication and skill these players have demonstrated throughout their development in our Club's youth programme.

The AFC U20 Asian Cup is a prestigious tournament that showcases the best young football talents across Asia. Our players will be competing against formidable opponents, and this experience will be invaluable in their growth as athletes. The qualifiers are set to take place from 21st to 29th September 2024, and we are optimistic about their chances.

Chan Ho Ka, known for his exceptional skills in midfield, has consistently shown his ability to control

the pace of the game. Lam Ho Hei, a solid defender, will bring strength and tactical awareness to the squad, while Tsang Chun Hin, our reliable right back, is expected to bolster the defence with his speed and tenacity. James Wright, a talented goalkeeper, will be vital in protecting the net and showcasing his shot-stopping abilities.

The call-up not only reflects their individual talents but also underscores the strength of our youth development program. We are proud to see our players represent Hong Kong on such a significant stage and wish them the best of luck as they embark on this exciting journey.

We encourage all members to support our U20 players as they prepare for the qualifiers. Their success is a testament to the hard work and commitment of everyone involved in our youth programme. Let's cheer them on as they strive to make their mark on the international stage!

# FIRST WOMEN'S HOME GAME OF THE SEASON



The HKFC Women's Team kicked off their season with an impressive first home game against Tuen Mun on 29th September 2024. The match proved to be an exciting showdown, and our talented squad emerged victorious with a 2-0 win.

After a challenging last season, the women's team had been working tirelessly during the pre-season to refine their tactics and build team cohesion. The hard work paid off as they delivered a strong performance that showcased their determination and skill.

Two second-half goals from **Jeanne Dupoirion** secured the win for HKFC. Her clinical finishing and ability to find the net were pivotal in ensuring a solid start to the league campaign. The coaching staff was pleased with the team's performance and the way they executed their game plan.

The game was played in front of a packed Sportsman's Bar, brightening the spirits of supporters following the 1st Team's earlier loss to Kowloon City. This victory provided a much-needed boost, and the HKFC Women's Team looks forward to building on this success in their upcoming matches.

Let's continue to show our support as they strive for further achievements in the league!



**JENNIFER HO**  
 2023 Monin Coffee Creativity Cup HK Champion  
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 2024 Giffard West Cup HK 2<sup>nd</sup> runner up



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Greg Medhurst



Returning Ferry

## BACK TO THE EAST COURSE FOR ANOTHER UNFORGETTABLE ROUND!

**SATURDAY, 21ST SEPTEMBER 2024**  
**EAST COURSE KSC**

On 21st September, we once again found ourselves returning to the alluring East Course for what marked our 4th weekend outing for 2024. A gathering of 20 players, all eager to tackle the course's many charms, kicked off the day with full of optimism. It's always a delight to see new faces among the group, along with some long returning ones who make these social golf events what they are. So, a warm welcome to **Matt Littlefield, Hannah Hui, Yison Fong** and **Oliver Li**, who join us for the first time, and a special welcome back to **Eric Desgouttes** who reappeared on the scene after a bit of a hiatus. We're glad to have you all with us!

Now, as has been the recurring theme in our recent events, the weather had its own ideas about how the day should go. We teed off just as the heavens decided to open up, and what started as a bright morning quickly turned into a test of endurance under a steady downpour. This rain stuck with us for the entire front nine, adding a bit of extra challenge to an already tricky course.

The day wasn't without its lighter moments, though. In an effort to impress his fellow four-ball players (and perhaps show off a bit), **Kai Karbhari** stepped up to the first tee with a new driver, a thoughtful gift from his partner. With determination and perhaps a little too much enthusiasm, he wound up for a powerful opening shot. And, well, it was definitely



Eric Desgoutte

memorable. Not only did **Kai** mis-hit the ball, but he also managed to lose control of the club entirely – sending it flying into the bushes to his left! In a classic twist of fate, his driver outdistanced his ball by quite a margin. Faced with the prospect of explaining to at home and that her gift had already gone missing, **Kai** promptly dived into the undergrowth. After a heroic effort, a few branch cuts and some muddy battle scars, he emerged triumphantly with the rescued driver in hand. Disaster averted!



Post round drinks

### NEAREST TO THE PIN

Hole 3 **Yison Fong**

Hole 5 **Oliver Li**

Hole 7 **Oliver Li**

Hole 13 **Kai Karbhari**

Hole 15 **Adrian Martin**



Meanwhile, I found myself paired with **Oliver Li**, one of our new Golf Society members, but certainly not new to the game. Our team captain **Andy Ho** asked to be paired up with **Oli** to get a closer look at his skills on the course – an impromptu ability test, if you will! I must say, **Oli** didn't disappoint, and we had a great time despite the challenging conditions.

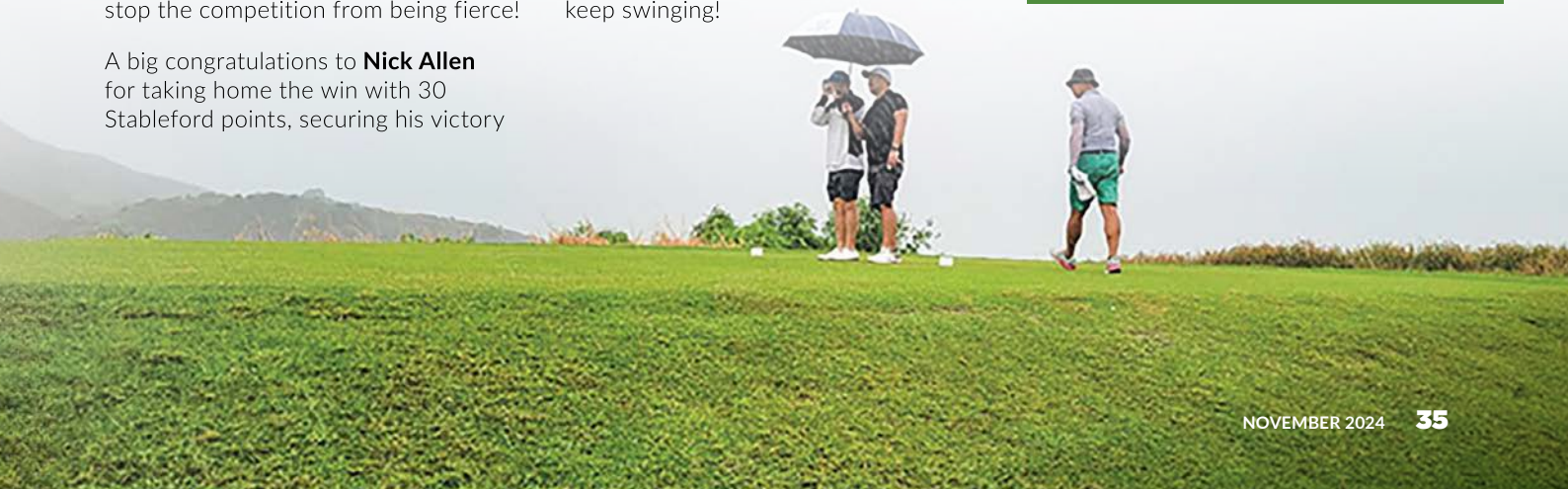
As for the rest of the field, the wet conditions made scoring a little tricky. In fact, only one player managed to break the 30-point barrier in Stableford scoring, with most of us languishing in the low to mid-20s. It was certainly a tough day for scoring, but that didn't stop the competition from being fierce!

A big congratulations to **Nick Allen** for taking home the win with 30 Stableford points, securing his victory

on his second event of the year. Well played, **Nick!** And let's not forget **Sam Clatworthy**, our junior golfer who shot the lowest gross score of the day with an impressive 75 on the East Course. Kudos to both of you for battling through the conditions and playing some fantastic golf. All other results and winners are shown.

As always, it was a great day out, filled with camaraderie, laughs and a few memorable moments – some planned, others... not so much. Here's to hoping for better weather next time, fewer mishaps with flying clubs and even more fun! Looking forward to seeing everyone at the next event. Until then, keep swinging!

LONGEST DRIVE HOLE 17	
Men's	<b>Josh LeBlanc</b>
Women's	<b>Hannah Hui</b>
STABLEFORD WINNERS	
1st Place	<b>Nick Allen</b>
2nd Place	<b>Eric Desgouttes</b>
3rd Place	<b>Greg Medhurst</b>



# 2024 HKFC GOLF SOCIETY TOUR - DA NANG

THURSDAY, 26TH SEPTEMBER -  
SUNDAY, 29TH SEPTEMBER

After what felt like an eternity since our last tour in 2015, the HKFC Golf Society finally roared back to life with the highly anticipated 2024 Da Nang tour. A solid crew of 18 enthusiastic golfers, all armed with their best swings (and excuses for bad shots), descended upon Vietnam's coastal gem for four days of unforgettable golf, food and enough laughter to keep the whole city awake.

Our journey began with a group night dinner. The team checked into our accommodation located a couple of minutes away from the beachfront, which was dangerously close to the local watering holes. After settling in, we ventured out and stumbled across a hidden gem of a restaurant – the kind you'd swear you could only find after a treasure hunt. For just 130 HKD each, we feasted like royalty, devouring local delicacies, knocking back a few too many beers, wines, etc. By the end of the night, we were convinced Da Nang was going to be legendary – and we hadn't even touched a golf club yet.

The next morning, slightly bleary-eyed but brimming with determination, we gathered to meet our bus driver for the weekend, the ever-smiling Mr Nguyen

and his charming ride which some of us affectionately dubbed the "gypsy bus". Packed with character and good vibes, the bus became our trusty steed for the trip. We then set off to tackle our first course: Ba Na Hills. This wasn't just any golf course – it was more like a rollercoaster disguised as 18 holes. The heart-stopping elevation changes, tricky greens and jaw-dropping views had a few of us reconsidering our careers and wondering if photography might be our true calling. Yet, despite the breathtaking scenery, we soldiered on. Some golfers impressively navigated the dramatic terrain, while others put on an equally memorable display of golf-cart artistry, proving that even off the greens, the entertainment never stopped.

Day two brought us to Hoiana Shores Golf Club, a stunning seaside masterpiece where the coastal winds conspired to add a few extra strokes to everyone's game. But the real fun was in the banter and playful bets kept the competitive spirit alive. By the time we finished, majority were feeling victorious as most of us played extremely well!

On the last day, we played at Da Nang Golf Club Legends, tackling the





renowned Nicklaus course – a track that truly lived up to its reputation, both in its rich history and the sheer challenge it presented. But this wasn't just about the score anymore; by this point, it was about sheer survival! The sweltering heat turned every hole into a test of endurance, and simply dodging the water hazards felt like a triumph in itself. Pars and bogeys were celebrated as if they were hole-in-ones, and each swing was cheered on by the hope of not losing another ball to the shimmering ponds. In the end, we all made it through, a little worse for wear but filled with the satisfaction of conquering both the course and the elements. There was a sense of relief but also sadness as this marked the final round of our tour – a bittersweet end to a memorable trip.

Da Nang, as a destination, exceeded every expectation. Between the pristine golf courses, the bustling nightlife and the stunning scenery, it proved to be the perfect blend of

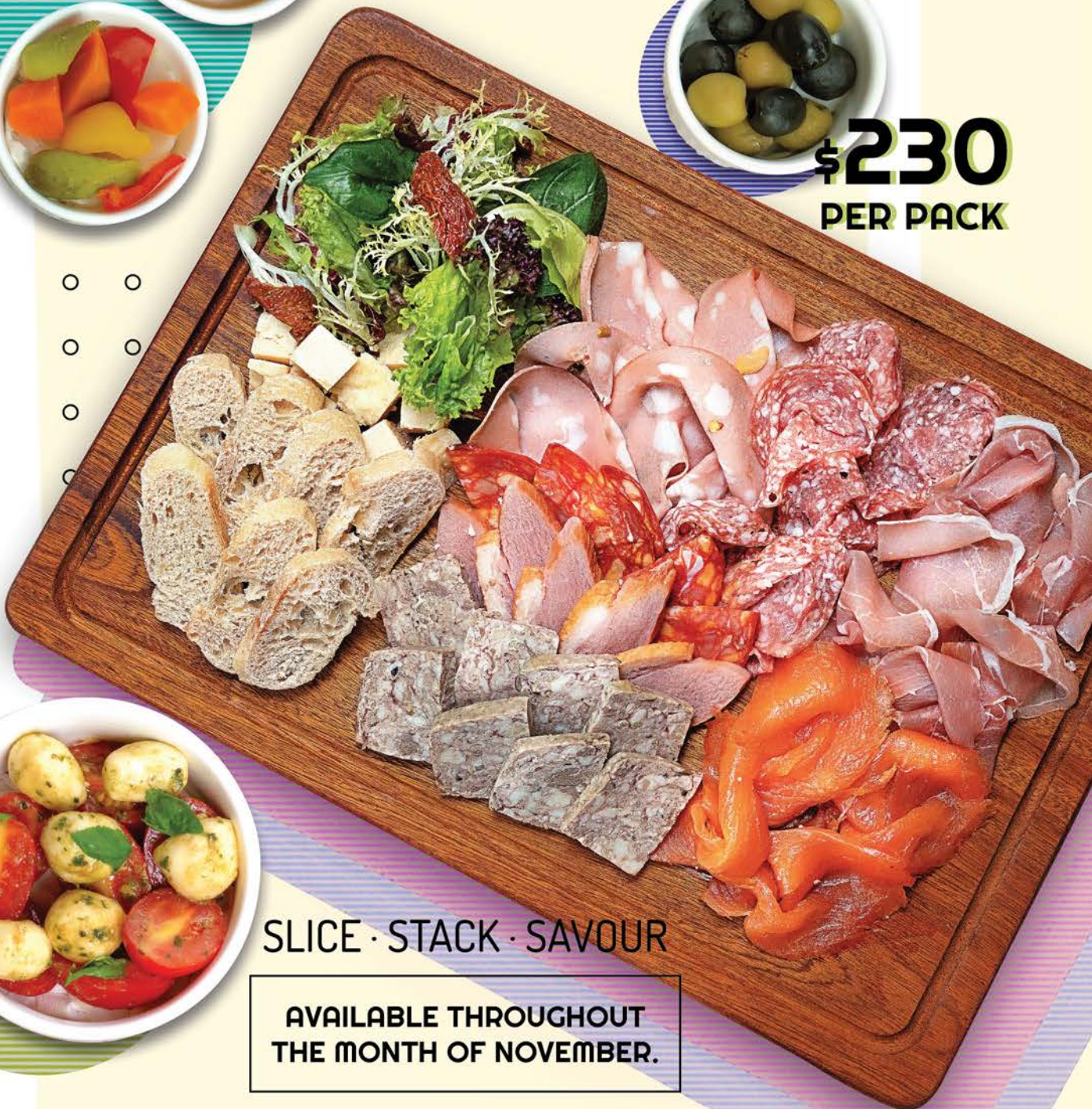
adventure and relaxation. The short drives between the courses and our lively base meant we could pack in as much golf (and fun) as possible. And let's not forget the nightcaps – every evening ended with wild tales of heroic putts, near-misses and plans for "improvement" at the next course.

As we packed our bags and bade farewell to Da Nang, we were all buzzing about where the next tour would take us. One thing's for sure: HKFC Golf Society golf tours are back! Here's to 2025 – wherever that may be!



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THE MONTH OF NOVEMBER.



# GALA DINNER

LAWN BOWLS



Left to Right:  
Bernard Young, Christina Yeung and James Po

## THE HKFC SPORTS AWARD GALA DINNER

The HKFC Sports Award Gala Dinner was held on 7th September 2024 and the Lawn Bowls Section Awardees are:

### HKFC SPORTS AWARD PLAYER OF THE YEAR 2024

Lawn Bowls Section Awardees

Male **James Po**

Female **Christina Yeung**





Stanley Luk, Stephen Chan

# HONG KONG INTERNATIONAL BOWLS CLASSIC 2024

The following players will represent HKFC in the annual international event – Classic Pairs competition:

## CLASSIC PAIRS COMPETITION

Men's Pairs  
**Stephen Chan**  
**Stanley Luk**

Women's Pairs  
**Yu Yee Sin**  
**Gloria Ha**



Gloria Ha, Yu Yee Sin



**CUP SECTION CHAMPION**

Kevin Fung, Lyndon Sham, Dicky Mak, Presenter, Wilson Kwong and Tony Cheung

## NATIONAL DAY CUP 2024 - BOWL SECTION

**Champion** HKFC TEAM 10  
**Edmond Chan**  
**Shadow Law**  
**Longinus Ha**  
**Stanley Luk**

## NATIONAL DAY CUP 2024 - CUP SECTION

**Champion** HKFC TEAM 9  
**Wilson Kwong**  
**Kevin Fung**  
**Dicky Mak**  
**Tony Cheung**  
**Lyndon Sham**

**1st runner-up** HKFC TEAM 5  
**Kenneth Fung**  
**Gloria Ha**  
**Camilla Leung**  
**CT Wong**

# NATIONAL DAY CUP 2024

A total of 150 teams from various local lawn bowl clubs participated in the two-day event held on 29th September and 1st October 2024 with 14 teams from HKFC.



**BOWL SECTION CHAMPION**  
 Edmond Chan, Longinus Ha, Presenter, Stanley Luk and Shadow Law

# HOMEMADE CALZONES

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Bar*

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# VASCO IS THE PLAYER OF THE YEAR

At the Sports Gala Awards, **Vasco van der Flier**, an exceptional athlete, swimmer, runner and biker, was awarded the Swim & Triathlon Society Player of the Year 2024. **Vasco** has been the most committed and consistent athlete of the S&T Society in every way including at trainings, racing for the Club and doing back-of-the-house organisational tasks for the society. Huge Congratulations to **Vasco** on this most deserving recognition.



## ARTHUR LI'S ENGLISH CHANNEL CHALLENGE HONG KONG TEAM 2024

On 28th August, **Arthur** (together with **Fenella Ng**, **Chan Lai Shan**, **Eliza** and **Angela An Ng**) successfully finished the English Channel swim in an excellent time of 10 hours and 16 mins, landing at Cap Gris-Nez at the base of the lighthouse. Congratulations to the team that comprises of former Olympians and national team swimmers.



# SHORT COURSE MASTERS SWIMMING COMPETITION

## PART 1 RESULTS

Despite a smaller team, on 22nd September, Hong Kong Football Club achieved podium finishes in every event they entered at the 2024 Short Course Masters Swimming Competition. Both Peter Inglis and **Thomas Gordon Alley** secured 2nd place in the Men's 70-74 50m Breaststroke and Men's 40-44 50m Backstroke, respectively. In the women's events, **Farah Jimmy Master**, who set 2 new Hong Kong Records, had an exceptional meet, winning gold in the Women's 35-39 100m Freestyle, 100m Individual Medley and 25m Butterfly. **Lou-Salome Chou** earned 2nd place in the Women's 25-29 100m Individual Medley. Additionally, **Chris Cheng** claimed 3rd place in the Men's 27-29 100m Individual Medley. The team capped off their performance with a 2nd place finish in the Mixed 120-159 4x25 Freestyle Relay, underscoring their strong presence despite limited entries. Huge Congratulations to the Team!



# DAG DASH 2024 RESULTS

Dag Dash is a multiple distance open water swim race from Hobbie Cat Beach to Cape D'Aguiar on Hong Kong Island. Some amazing swim times were set by the Team despite the very choppy seas, strong currents and windy conditions causing the course markers hard to sight.

In the 10k category, **Simon Brewster** took 2nd in his AG and **Matthieu Vignaud** took 3rd in his AG. In the 5k category, **Braedon Sharp** took 1st overall in a superfast time of 01:04:59. **Begum Demiral** took 2nd in her AG and **Rupert Puels** took 15th in his AG. In those tough conditions, these results are very impressive. In the 1.8k category, there were many AG podiums as well. **Robin Leung** (1st), **Vasco van der Flier** (2nd), **Farah Master** (1st), **Sam Clatworthy** (2nd). Congratulations to all!





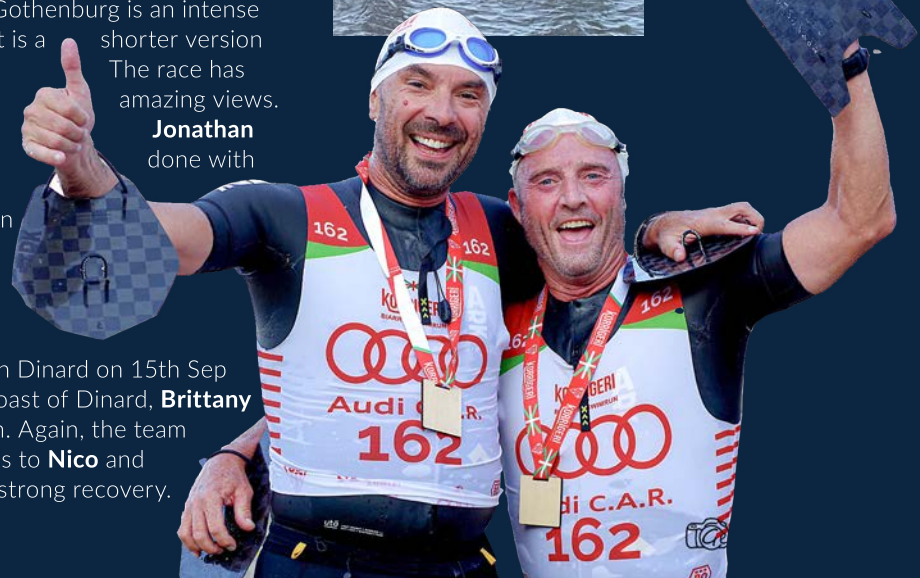
## PENG CHAU OPEN WATER SWIM CHALLENGE 2024

On 1st October, the S&T Society members joined the iconic open water swim on Peng Chau. It was a super choppy, tough race with strong currents and some very bad sighting at times, but the Football Club still managed to deliver a great set of results with many wins and podium places. In the 5.5km, **Braedon, Matthieu, Farah** and **Janet** won their age groups. **Vasco** and **Bono** came second in their age groups and Man Hon third. In the 3.4k category, **Randall Arthur** finished 10th in his AG. In the 1.7k category, **Robin** and **Alison** took 1st and **Bjorn** 2nd in their respective AGs. **Mayank** and **Kavi** (9 yrs) did a parent-child swim with **Kavi** finishing 7th in his AG.



## NICOLAS GONTARD'S SUMMER OF RACING SWIMRUNS IN EUROPE

Racing is fun, but after an intense race, rest, recovery and nutrition are key. **Nico** just showed us how to race and recover well to race again, and again! **Nico** had a great summer in Europe, racing the iconic ÖTILLÖ Gothenburg, Sweden on 33rd Aug 2024. The ÖTILLÖ Sprint Gothenburg is an intense Swimrun course of 18km trail run & 4km swim. It is a shorter version of the World Series course but with all the frills, constant ins and outs of the water, fast runs & amazing views. **Nicolas Gontard** & Australian teammate **Jonathan** came 5th Men's Team in 3h18. Not done with the exceptional effort in ÖTILLÖ, **Nico** and **Jonathan**, his teammate, continued their Swimrun in Biarritz, France on 30th Aug 2024. It's a beautiful Swimrun on the Basque coast of Biarritz comprising 10km trail run and 1.5km ocean swim. The team came 5th Men's Team in 1h09. And again, the duo went all out at Swimrun Dinard on 15th Sep 2024. It's a beautiful Swimrun on the Emerald Coast of Dinard, **Brittany** comprising 16km trail run and 3.5km ocean swim. Again, the team finished 5th Men's Team in 2h29. Congratulations to **Nico** and **Jonathan** for these intense weeks of racing and strong recovery.





# SWIMRUN SOCIAL

On 29th September, the S&T Society organised a fun Swimrun social at Repulse Bay. It was a success with many HKFC members and non-members joining the event. Different distance swims made it a fun event for all ages.



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## JUNIOR ASSOCIATED MEMBERS REPORT

# HONG KONG FOOTBALL CLUB SPORTS AWARDS 2024

It was an evening of glamorous celebration of the sporting figures in HKFC for their hard work and dedication in the past and present. Our elite JAM, **Happy Lo Sin Yan** who has achieved what a few can only dream of, has received her well-deserved recognition. Besides **Happy**, her parents and support team are also the key towards her success. She has been given the recognition from HKFC and hopefully it will be part of her motivation to be even stronger and be able to achieve more.



Happy Lo  
Player of the Year Award



Happy's support team (right to left) – ex-Badminton Society chairman David Man, his spouse Carman Man, team coach John Leung, Happy Lo, Happy's mother, Happy's father and junior badminton advocate full member Peggy Lee.



## FINAL RESULTS

## DAIHATSU JAPAN OPEN 2024

	<b>LO SYH</b>	<b>20</b>	<b>13</b>
	<b>B ZHANG</b>	<b>22</b>	<b>21</b>

## ELITE JUNIOR MEMBERS REPORTS

## BWF SUPER SERIES 750 - JAPAN OPEN 2024

For a full-time professional player, life is non-stop even after the Olympics. **Happy Lo** was scheduled to play back-to-back tournaments in both Japan and Korea. They were both higher-level super series. **Happy** was up against world ranking top 20 player from United States. She fought hard in the first set and lost by narrow margin of deuce 20:22. However, experience was proven to be more powerful on the day, and **Happy** lost in the second set and bowed out in round 32.

## BWF SUPER SERIES 500 - KOREA OPEN 2024

Korea Open took place right after the weekend of Japan Open, and **Happy** was also in the main draw against the world top 10 and ex-number one ladies' singles player Akane Yamaguchi. She is not only the current top 10 players but also the champion of Japan Open 2024! **Happy's** odds were just so high that no one could even imagine. However, **Happy** is a fighter and she can rise out from the impossible and on that day, it was her day to triumph. She implemented her game plan magnificently, was able to beat the Japan Open champion in 2 straight sets and successfully got through to round 16. However, in round 16, Happy was playing against a left-handed player from Chinese Taipei which she lost to in 2 sets but she promised herself to come back stronger.

WOMEN'S SINGLES  
R32

## KOREA OPEN 2024

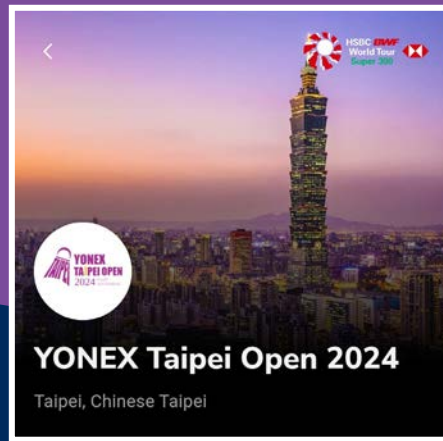
	<b>A YAMAGUCHI</b>	<b>17</b>	<b>18</b>
	<b>LO SYH</b>	<b>21</b>	<b>21</b>







Saloni in action

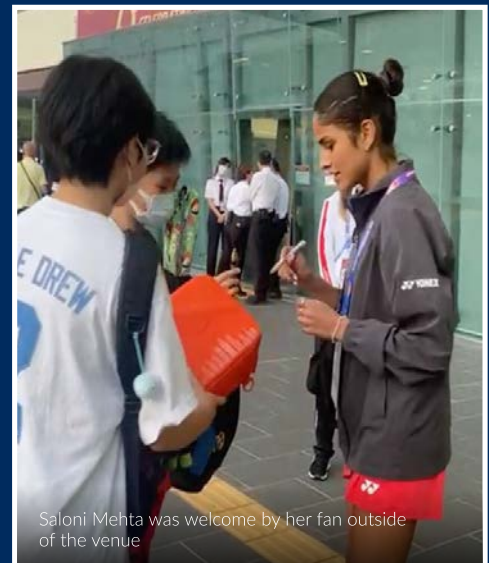


## YONEX TAIPEI OPEN 2024

While **Happy** was finishing up in Japan and Korea Open, **Saloni** was busy travelling to Chinese Taipei for her first super series 300 level competition. The tournament was not short of brilliant players from all over the world. **Saloni** was in the qualifying round and up against a player from Korea who had a much higher world ranking than her. Nonetheless, the same fighting spirit as usual, **Saloni** fought hard in 3 sets and just lost by a narrow margin of 18:21 in the decider. This will be a good beginning for **Saloni** to ascend another level in her career.

## HONG KONG OPEN 2024

Hong Kong Open 2024 was another super series 500 level and an important event to showcase local talents. **Saloni Mehta**, one of our elite JAMs, entered the tournament as qualifier and **Happy Lo** was in the main draw. **Saloni** was determined to make her debut in the first super series 500 level a memorable one. **Saloni** got through qualifying round and first match in the main draw was against her compatriot, **Happy Lo**. Both had exemplary performance on the day and brought the game into a decider. **Saloni** happened to be her better self and took **Happy** to 3 sets and won in round 32. She went onto play against another strong Japanese player Aya Ohori who is currently ranked 9 in the world. **Saloni** did not back down and it was an easy first game with a wide margin of 21:9. Ohori quickly got back on her feet and regained her tempo and won second by 21:16. **Saloni** again took the opponent to 3 sets. For the decider, **Ohori** was proven to be a more experienced player and won by 21:12. Nonetheless, this has been **Saloni's** best performance and hope she can continue to conquer other challenges.



Saloni Mehta was welcome by her fan outside of the venue



Saloni Mehta (white team kit) in the qualifying round

## JUNIOR TOURNAMENTS REPORTS

YUEN LONG FUNG KUM CUP  
BADMINTON JUNIOR TEAM  
TOURNAMENT 2024

It was the first team tournament organised by the district council in Yuen Long that provided another opportunity for our young players to demonstrate their skills and team work. The tournament took place on 1st September 2024 with 8 teams in 2009 and 2012 and under age group categories. Our players battled against some of the top local junior badminton clubs and performed well. However, it was not just the showmanship of badminton skills but our players, with their chosen team captains and coaches, really put their effort together and worked together as a team. The 2009 and under team ended with overall fourth place and 2012 team as bronze medallists in the consolation challenge.



Coach Mark was giving the girls advice on their doubles game.



Left to right – coach Mark, Hebe, Faye, Emily, Amber, Rhea, Paden, Jeffrey, Oliver and Louie



Left to right – Shubh, Kenneth, Bosco, Ellen, Cordelia, Lauren, Joey, Cara, Coach Mark and one of the members from organising committee

## JINGFAT CUP TEAM TOURNAMENT 2024



Jingfat Cup ladies' team (left to right): Cara Yip, Lauren Lui, Joey Cheung, Cordelia Lee and Ellen Lui

It has always been exciting to see junior players growing and maturing to compete with adults. Jingfat Cup team tournament was another challenge to test whether our junior players were indeed just as good. The men's team was mainly composed of players U19 and ladies' team was U17 with the youngest player only 12 years old.

The first round for ladies' team was against an elite team. First event was doubles partnership of 13 year old **Ellen** and **Cara** and they lost in a close game of 20:21. Our singles player, 12-year-old **Lauren**, won the singles event and unfortunately, the girls also lost in our second doubles event. However, we are all proud of the young girls' team and their performance.



Men's team in action



Jingfat Cup men's team (left to right): team coach Mark, Thomas Lee, Bosco Fung, Alvin Yap, Carson Chung, Perry Mui and team coach Alem



Team Yau CK against our junior squad

## JUNIOR TEAM CHALLENGE SERIES 2024 – UPDATE

In order to keep the young players on their toes and to be able to perform under pressure, the team challenge series are arranged for such purpose. Yau CK Badminton Club returned to challenge our young squad players again on 13th September 2024. However, our squad players were ready and won the overall games of 15:7.

They then took up another challenge from TKY Badminton Club on 20th September 2024. This team had a few strong players, but that did not scare our young players. Even though in the end, the young players lost 11:18, there were some good games that would benefit our players.



Our star boys' player Alvin Yap in action



HKFC Junior Squad and TKY Badminton Club



**JUNIOR SQUAD MEMBERS REPORTS**

**DISTRICT AGE DIVISION COMPETITION**

Here are a list of recent achievements of our young players in local competitions:



**John Lo, 11 years old**  
 Won Tsuen Wan age group singles second runner-up



**Lauren Lui**  
 U13 singles first runner up



**Ellen Lui**  
 Champion of age group singles category



**Ellen and Lauren Lui**  
 Champion in sibling age group doubles category



**Thomas Lam**  
 our JAM won the sibling doubles category with his brother

**2023-24 LI-NING C60 CUP MINGYU JUNIOR BADMINTON RANKING CITY TOUR ANNUAL FINAL- DONGGUAN**

A few of our young players travelled back to mainland and participated in numerous tournaments to maintain their competitive edge. Our U12 squad players, including Lauren and Anissa who are also in the elite regional and regional junior squads, and our U13 junior talent Ellen Lui, also in the regional junior squad, performed well in a badminton junior ranking tour final in Dongguan. These are our young hopefuls to ensure success in the HKFC badminton development.



12-year-old Anissa won second runner-up in age group category



Left to right – Lauren Lui won U12 girls singles champion and Ellen Lui won U13 girls singles champion

## TEAM COACH REPORT

Even though Paris Olympics has finished for over a month, our junior players have not slowed down. **Happy** has since competed in Japan and Korea Open 2024 in which both are high level world super series events. She even beat one of the top ten players from Japan in round 32 of the Korea Open. This has proven to be a huge confidence boost in **Happy's** career. **Saloni** on the other hand also performed well in Taipei Open and Hong Kong Open.

Furthermore, our junior squad players have started preparing for the only upcoming local leagues. I am hoping that they will all work hard, perform well and be a better version of themselves.

**John Leung**

## UPCOMING JUNIOR EVENTS

September - December 2024  
**HKFC Junior Badminton  
 Team Challenges 2024**

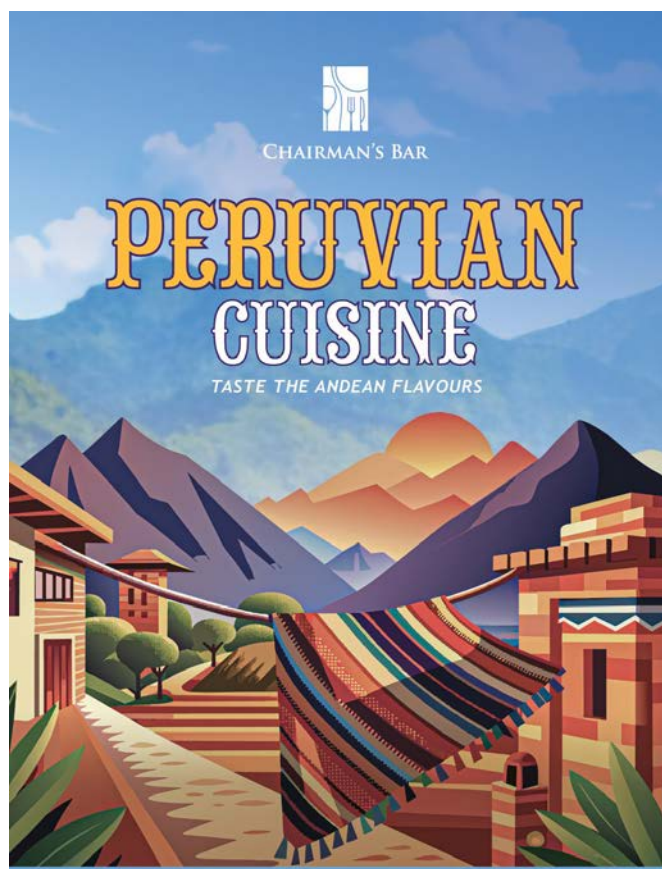
September - December 2024  
**HKFC Junior Badminton  
 Internal Ladder Series**

October - January 2024  
**President Cup 2024**

December 2024  
**End of Year Sparring Competition**

May 2025  
**HKFC and Torq Sports  
 Junior Badminton Tournament**

July 2025  
**HKFC and Torq Sports Overseas  
 Junior Badminton Team Tournament**



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## RECENT ACHIEVEMENTS AND ACTIVITIES OF THE SOCIETY'S MEMBERS

A report on the happy moments of the badminton family. Our members **Edwin Ma**, **Amy Chan** and their son **Austen** won their respective honours in different open competitions. Some of you may recognise **Edwin** who was the commentator of badminton in TVB during the Paris 2024 Olympic Games. He was also a member of the former HK National Team. He and his partner **Wong Tsz Yin** won the champion in the Hong Kong Annual Badminton Championships (HKABC) 2024 in the 45 age group men's doubles. As you can see in the photos below, **Edwin's** lunge was stable and the jumping was powerful. He still remains energetic and physically fit for any tough open competition up to now. Our heartfelt congratulations to them.

(Images credit: Ms Laura Wong)



Edwin's lunge

Please jump higher!

### HKABC 2024 LADIES' DOUBLE

On the other side, his wife **Amy**, together with **Winnie**, won the 2nd runner-up in the 35 age group ladies' doubles of the HKABC 2024. Well done and the story went on ...



Amy (left) and Winnie

### YMCA JUNIOR TOURNAMENT U9 MEN'S

Last but not the least, the young member of this family, son of **Edwin** and **Amy**, **Austen**, got the champion of the U9 men's doubles and 1st runner-up U9 singles in the 玉兰新星盃 2024. He was also the 1st runner-up in the YMCA Junior Tournament Boys U9 2024. He also performed well in the 曼丁斯盃 and got the 5th in boys' singles. We see a young star is rising.

Champion and 1st runner up in the men's double and single of the 玉兰新星盃



A certificate from the 曼丁斯盃 U9 (single 5th)

## EX-HONG KONG BADMINTON TEAM MEMBER'S VISIT TO HKFC BADMINTON SOCIETY

On 22nd August 2024, the Badminton Society of the Hong Kong Football Club had the distinct pleasure of hosting **Mr. Yeung Ming Nok**, a retired Hong Kong team badminton player, for an exclusive badminton session. This special occasion was made possible by our SPM **Mr. Jason Cheng** who was **Mr. Yeung's** teammate back in their university days.

During the session, **Mr. Yeung** not only showcased his exceptional skills on the court by playing with our members but also generously shared insights from his illustrious career. His stories of perseverance, dedication, and the highs and lows of professional sports left a lasting impression on all of us.

### MR. YEUNG'S CAREER IS DISTINGUISHED BY NUMEROUS ACCOLADES, IN PARTICULAR:

- 1 | 2018 Singapore International Series  
新加坡羽球國際系列賽

*Champion in Mixed Doubles*

- 2 | 2019 Badminton Asia Mixed Team Championships  
亞洲羽球混合團體錦標賽

*2nd Runner-up*

- 3 | 2022 Slovak Open  
斯洛伐克羽球公開賽

*Champion in Mixed Doubles*



In addition to these achievements, **Mr. Yeung Ming Nok** has proudly represented Hong Kong in major international competitions such as the BWF World Championships (世界羽毛球錦標賽) and the Asian Games (亞洲運動會), further solidifying his status as an elite athlete.

We extend our heartfelt thanks to Mr. Yeung for taking the time to join us and for his invaluable contribution to our session. His presence has undoubtedly enriched the experience of our members, and we look forward to hosting more such events in the future.

## FRIENDLY MATCH AND DINNER IN SHUNDE

On 4th August 2024, members of the Hong Kong Football Club (HKFC) Badminton Society had the delightful opportunity to participate in a friendly badminton match against players from Shunde, Mainland China. Hosted in Shunde, the event featured a series of engaging and competitive matches, showcasing the skills and sportsmanship of both teams.

Following the spirited games, our HKFC members were graciously treated to a dinner by our hosts. The evening was filled with the enjoyment of delicious local cuisine, shared laughter and an exchange of stories that bridged cultures and strengthened friendships. The genuine warmth and hospitality extended to us were truly memorable.



This excursion was about more than just badminton; it was about connecting and communicating through sports and shared meals. We found common ground across the net and the dinner table, discovering joy in both our differences and similarities. This experience has not only enriched our society members but also fostered a deeper appreciation for the unique bonds that sports can create.



## HKFC BADMINTON SOCIETY CELEBRATES SUCCESS AT THE HONG KONG ANNUAL BADMINTON CHAMPIONSHIPS 2024

**W**e are thrilled to announce that **Mr. Patrick Leung**, one of our esteemed Hong Kong Football Club (HKFC) Badminton Society members, has achieved remarkable success at the Hong Kong Annual Badminton Championships 2024. Competing in the fiercely contested 35 years old or above – men’s singles category, our member proudly secured the position of 2nd runner-up, demonstrating exceptional skill and determination.

The championships, which gathered some of the most seasoned and skilled players from across the region, was a true test of endurance, strategy and skill. Our member’s journey to the podium was filled with challenging matches against top-tier competitors, each game pushing him to display his best performance and sportsmanship.

This accolade is not just a personal victory for our member but also a proud moment for the entire HKFC Badminton Society. It underscores the high level of training, commitment and passion for badminton within our community. His achievement serves as an inspiration to all our members, encouraging each one to strive for excellence in their endeavors, both on and off the court.

We extend our heartfelt congratulations to him on this outstanding achievement and look forward to supporting all our members in their future competitions. Let us continue to carry the spirit of HKFC with pride, dedication and camaraderie in all our sporting activities.

## HKFC AND SHUNDE BADMINTON ASSOCIATION FRIENDLY MATCH

HKFC Badminton Society did their bit for “Greater Bay Integration”, welcoming a representative team from Guangdong Province (Shunde Badminton Association) for a friendly match at the Club on 22nd September. Reciprocating the warm welcome that was given to us by the Shunde team when we visited earlier this year, we hosted the team for a lunch in the Sportsman’s Bar before our friendly match, before a fantastic dinner of great food at Fung Shing Restaurant. The matches were competitive and showcased some great skills from both teams. Most importantly, the bond between respective teams (lots of Mandarin, Cantonese and English going around) was further strengthened and we look forward to meeting again in November for a competition between representative teams from HKFC, Shunde and Macau.







# SPORTS AWARDS GALA 2024

The Sports Awards Gala 2024, a highly anticipated annual event at the Hong Kong Football Club, was a night to remember, especially for the members of our Badminton Society. This year, we had the pleasure of reserving two tables, where our members enjoyed an evening filled with celebration, camaraderie and recognition of sporting achievements.

Among the evening's highlights was celebrating **Happy Lo** who had the honour of representing Hong Kong in women's singles badminton at the Paris Olympics 2024. Although the competition was tough, we are proud of her hard work and dedication to reaching such a prestigious level of sport. We all hope that this experience will be a stepping stone for her to come back stronger and more determined than ever. Her

journey continues to inspire and motivate all of us at HKFC.

Furthermore, both tables from our Badminton Society made generous donations, showing their support for the ongoing success and growth of the Hong Kong Football Club. These contributions are testament to our strong community spirit and commitment to maintaining the Club's status as a premier sporting institution.

As we celebrated these achievements and contributions, the evening perfectly reflected the values we hold dear at HKFC: excellence, community and support. We look forward to future gatherings where we can celebrate the successes of our members and contribute to the legacy of the Hong Kong Football Club.



## HONG KONG BADMINTON OPEN ANNUAL PILGRIMAGE BY HKFC BADMINTON SOCIETY

The HKFC Badminton Society, on 13th September, made their annual club trip to watch the epic quarter-finals of the Hong Kong Open. It was a great turn out to watch the matches. A highlight was watching live the impressive number 1 mixed doubles pair from Hong Kong, **Tse Ying Suet** and **Tang Chun Man**, win against a strong pair from Malaysia. Watching **Viktor Axelsen** in men's singles in his first appearance since winning the Paris Olympics was another fantastic experience for all society members. All in all – another great event on the calendar followed by a very enjoyable late supper nearby for all members who had built up a huge appetite watching the elite badminton!



## JINGFA CUP OPEN AGE TEAM TOURNAMENT

The HKFC Men's Badminton Team had an impressive result at the recent Jingfa Cup. This tournament is an annual fixture on the Hong Kong badminton calendar with invitational teams from China, Malaysia and Thailand (as well as a number of strong teams from Hong Kong) competing. The team (**Bryan, Derek, Kevin, Jason, Elliott**) finished with a very credible bronze medal, with our only loss to the champion team from Thailand. The team showed great team spirit with a lot of cheering on from the sides throughout each match. Following the matches, armed with their medals and trophy, the team decamped for a well-deserved early dinner!



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# UPDATES FROM FOOD & BEVERAGE

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Introducing our new Sportsman's Bar Back Patio BBQ Packages, designed for unforgettable gatherings with family, friends, colleagues, or even a fun kids' party! Starting at just \$350 per person, these packages provide a fantastic selection of options that cater to all occasions.

Imagine hosting your next event in a vibrant atmosphere complete with complimentary outdoor entertainment. Your guests could enjoy a bouncy castle for the little ones, engage in giant Jenga, challenge each other to table tennis, and test their skills at cornhole and much more. These fun activities ensure that every event is not just enjoyable but also memorable for everyone involved.

Our BBQ Packages also feature a variety of beverage options to elevate your experience. Choose from an exciting range of offerings, including a DIY Aperol Spritz kit, your own mobile beer keg unit for self-pour convenience, refreshing Pimms cocktail jugs and much more. Whether you're planning a casual get-together or a more formal celebration, we got you covered.

With these exciting features and amenities, your next BBQ event at the Sportsman's Bar is guaranteed to be a hit! So gather your friends and family, enjoy the great outdoors and make lasting memories over great food and drinks.

## Exciting Upgrade of Our 1st floor Food & Beverage Offerings



We are also excited to announce the upcoming launch of our revamped Food & Beverage retail at the Family Lounge and Captain's Bar! Prepare for a fresh and invigorating experience where both presentation and selection will be upgraded.

Our new offerings will include a diverse array of new sandwiches, salads and other great options designed to cater to a wide range of tastes. Whether you're looking for something hearty or a light, refreshing snack, we have something for everyone.

In addition to our new food selections, stay tuned for our updated protein shake options that are perfectly crafted to complement your fitness routine. These shakes will not only satisfy your hunger but also provide the necessary nutrients to fuel your workouts.

We are also excited to introduce BCAA mocktails – a refreshing choice that aids in muscle recovery and helps reduce soreness after your training sessions. These mocktails are perfect for enjoying during or after your workout, ensuring you stay refreshed and invigorated. Keep an eye out for these exciting new offerings at our Family Lounge and Captain's Bar!

## Guest Shift Mixologist Jennifer Ho at Chairman's Bar



Mark your calendars for 7th and 8th November as we welcome the award-winning mixologist, Jennifer Ho, to Chairman's Bar for 2 nights only. With a string of several accolades under her belt, including the 2023 Monin Creativity Cup HK Champion, 2023 International Mixology Showdown HK Champion, and 2024 Giffard West Cup HK 2nd runner-up, just to name a few, Jennifer is a maestro of mixology who is set to redefine your cocktail experience.

Join us on 7th and 8th November from 6:30pm to 10pm for a great evening of cocktails, conversation and creativity with Jennifer.

**Christophe Horrenberger**  
Director of Food & Beverage

# HIGHLIGHTS IN NOVEMBER

## FESTIVE CELEBRATION



**Thanksgiving Celebration at the Club**  
FEAST, CHEERS AND GIVE THANKS!

### RESTAURANT

Thanksgiving Set Dinner  
on 28th November 2024

### COFFEE SHOP

Thanksgiving Buffet Dinner  
on 28th November 2024

Thanksgiving dishes are also available  
throughout the month of November.

### TAKEAWAY ORDER FORM

Available from 1st to 24th November  
2024. Please contact Coffee Shop  
for details.

## CHAIRMAN'S BAR



**Guest Mixologist Jennifer Ho at  
Chairman's Bar**

On 7th & 8th November, we welcome  
award-winning mixologist Jennifer Ho  
to Chairman's Bar, who will elevate your  
cocktail experience. Join us from 6:30  
to 10pm for 2 evenings of cocktails,  
conversation, and creativity!

## POOL BAR



**Turkey and Ham Banh Mi**

Get your Fix with a Banh Mi!

**Beverage: Oreo Ovaltine**

## COFFEE SHOP



**Winter-licious Buffet**

Savour the season with frosty flavours.

**Monthly Special: Thanksgiving Dishes,  
Bamboo Basket & Clay Pot Dishes**  
**Beverage: Oreo Ovaltine**

## CHAIRMAN'S BAR

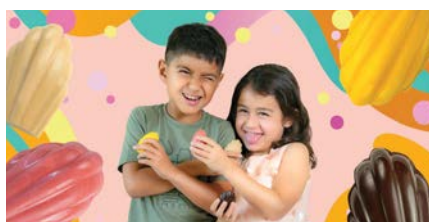


**Peruvian Cuisine**

Taste the Andean flavours.

**Tea Set: Vienna Afternoon Tea**

## FAMILY LOUNGE



**Chocolate Madeleine**

Sweets Full of Giggles!

**Beverage: Juice Boxes Selection**

## CAPTAIN'S BAR



**Honey Lemon Ginger & Honey Yuzu**

Zesty Perfection

**Food: Burger Pies**

## RESTAURANT



**American Wagyu Beef**

Juicy, Tender and Delicious

## KIOSK



**Hot Items: Cheese and Cold Cut Platter**

Slice, stack, savour.

## SPORTSMAN'S BAR



**Homemade Calzones**

Back Patio Pizza Oven Magic:  
Homemade Calzones Await!

**Beverage: Cider and Mulled Wine**

## CATERING



**Christmas Cheers, exclusively at  
the Hong Kong Football Club!**

Embrace the magic of Christmas and  
create cherished memories with your  
loved ones by hosting a private event  
at our exclusive venue.

Book your event now while space is  
still available.

Please contact the Catering Office at  
2830 9513 or catering@hkfc.com

WINE EVENTS



Friday, 8th November

**Finest Champagne Dinner**

**TIME** 7pm Welcome Drink, followed by Dinner  
**VENUE** Restaurant, 2/F  
**PRICE** \$1388 per member  
 \$1488 per member's guest

Enquiries and Bookings: 2830 9562 or restaurant@hkfc.com



Friday, 22nd November

**Penfolds Wine Dinner**

**TIME** 7pm Welcome Drink, followed by Dinner  
**VENUE** Restaurant, 2/F  
**PRICE** \$888 per member  
 \$938 per member's guest



Saturday, 23th November | Sunday, 24th November

**Food & Wine Fair: Stock up for Christmas**

**TIME** 1:30pm – 6pm daily  
**VENUE** Lockhart Room, 2/F

Tasting available

PREVIEW  
IN DECEMBER

FESTIVE PROGRAMME

**Christmas is Coming!  
 Welcome 2025 and bid farewell to 2024!**

List of offerings of all food and beverage outlets are ready!

Following last year's success, we've brought back the Countdown Party on the 2nd floor and these are also a host of venues to choose from.

WINE EVENTS

Friday, 13th December  
 Wine Dinner: **Rombauer Wine Dinner**

COFFEE SHOP

Festive Buffet: **Christmas Buffets**  
 Beverage: **Kumquat Lemon Honey**

POOL BAR

Festive Buffet: **Turkey and Ham Banh Mi**  
 Beverage: **Kumquat Lemon Honey**

RESTAURANT

**Christmas Set Menus**

SPORTSMAN'S BAR

Back Patio: **Pan Pizzas**  
 Beverage: **Cider and Mulled Wine**

Thursday, 5th December  
 Festive Activities: **Christmas Quiz Night**

Saturday, 7th December  
 Festive Activities: **Pre-Christmas Bash @ Sportsman's Bar**

CHAIRMAN'S BAR

Food: **Festive Platter**  
 Tea Set: **Christmas & Winter Theme Afternoon Tea**  
 Cocktail: **Christmas Winter Special Cocktails**

CAPTAIN'S BAR

Food: **Japanese Cheese Tarts**  
 Beverage: **Honey Lemon Ginger & Honey Yuzu**

FAMILY LOUNGE

Food: **Chocolate Madeleine**  
 Beverage: **Honey Lemon Ginger & Honey Yuzu**

KIOSK

Hot Item: **Cheese and Cold Cut Platter**

RESTAURANT

TEL 2830 9562  
 EMAIL restaurant@hkfc.com



TEL 2830 9569  
 EMAIL coffeeshop@hkfc.com



TEL 2830 9531  
 EMAIL sportsmans@hkfc.com



CHAIRMAN'S BAR  
 TEL 2830 9559  
 EMAIL bar@hkfc.com



TEL 2837 2622  
 EMAIL bar@hkfc.com



TEL 2837 2663  
 EMAIL bar@hkfc.com



TEL 2830 9531  
 EMAIL coffeeshop@hkfc.com



TEL 2837 2678  
 EMAIL kiosk@hkfc.com

CATERING SERVICE

TEL 2830 9513  
 EMAIL catering@hkfc.com



# New ARRIVALS



**HKFC APPAREL**

- 1.** Kids T-Shirt (White/Black) \$210
- 2.** Adult T-Shirt (White/Black) \$230
- 3.** Adult Sports Shorts (Navy/Black) \$230
- 4.** Kids Polo Shirt (White/Navy) \$260
- 5.** Adult Adult Football Jersey (White/Blue) \$429
- 6.** Adult Visor \$200

**FLUID X AQUA BAG**

- 7.** DB 5 Aqua Bag \$329
- 8.** CUBE 7 Aqua Bag \$359
- 9.** BOBA 13 Aqua Bag \$549
- 10.** DB 15 Aqua Bag \$468
- 11.** CUBE 20 Aqua Bag \$498

**MAZU RESORTWEAR**

- 12.** Baby Rashguard \$388



CATERING  
SERVICE

# Christmas Cheers

*Exclusively at the Hong Kong Football Club*  
2024 Festive Celebration Package

FROM **\$680**  
PER PERSON ONLY

Embrace the magic of Christmas and create cherished memories with your loved ones by hosting a private event at our exclusive venues, where the joy and warmth of the season come alive!

Book your event now while space is still available.

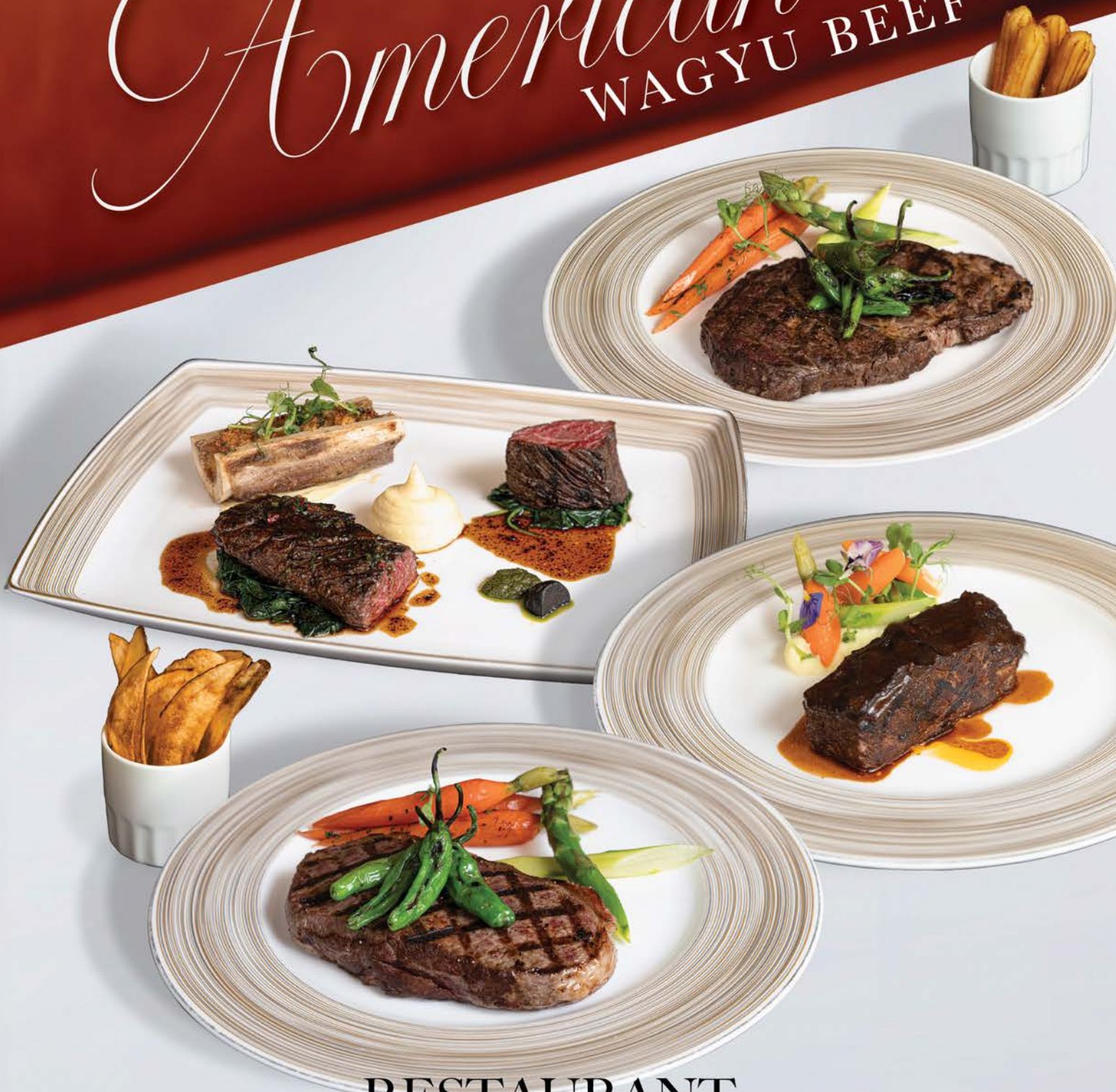


Menu and Offers Details

Enquiries and Bookings:  
2830 9513 or [catering@hkfc.com](mailto:catering@hkfc.com)

Juicy, Tender and Delicious  
Throughout the month of November at the Restaurant.

# American WAGYU BEEF



RESTAURANT

Enquiries and Bookings: 2830 9562 or [restaurant@hkfc.com](mailto:restaurant@hkfc.com)