





2023 HKFC CITI SOCCER 7S

CLUB NEWS

NEIL JENSEN AND TREVOR SMITH PLACE 2ND IN HYROX HK

LAWN BOWLS

HKLBA ANNUAL PRIZE PRESENTATION CEREMONY

Heimat" Pop-up Dinner at Restaurant

MENU

Geräucherter Lachs | Frankfurter Grüne Soße

Smoked Salmon | Frankfurter 7 Herb Sauce | 58 Degree Egg Schloss Reinhartshausen - Rheinghau Riesling Sekt, Goldkapsel 2021 (Sparkling Wine)

Kartoffel Suppe

German Potato Soup | Seared Hokkaido Scallop Muller Catoir - Haardt Riesling Trocken 2021

Kohlrouladen

Stuffed Cabbage Roll with Minced Pork | Rich Stock Schloss Reinhartshausen - Hohenrain Riesling Älte Reben" Trocken

Seebarsch

Seabass | Sauerkraut | Bacon | Parsley | Brown Butter A.Christmann - Gimmeldinger Biengarten Pinot Noir 2019

On

Zwiebelrostbraten

Prime Beef Sirloin | Onions 3 Ways | Spaetzle A.Christmann - Gimmeldinger Biengarten Pinot Noir 2019

Rote Grütze

Summer Berry Compote | Vanilla Ice Cream | Riesling Sabayon Schloss Reinhartshausen - Hattenheimer Nussbrunner Riesling Spatlese 2015

\$888 per member \$938 per member's guest \$398 optional wine pairing





Wednesday, 5th July 2023, 7:30pm Restaurant, 2/F

If you have missed the opportunity to experience the "Heimat" pop-up,
Restaurant Head Chef Alex Lee will still feature the 5-course Degustation Menu
for the remaining months of July and August.



RESTAURANT



Hong Kong Football Club

3 Sports Road, Happy Valley, Hong Kong

TEL (852) 2830 9500 **FACSIMILE** (852) 2882 5040

GENERAL COMMITTEE MEMBERS

President Nick Hunsworth Vice Presidents Fook Aun Chew Robert Lawson John Shanahan Mike Wood Chairman Neil Jensen Honorary Secretary **Neil Roberts** Honorary Treasurer Fredric Teng Constitutional Affairs Jeff Lane Develonment Kenneth Ng Discipline **Damien Laracy** Membership Don Rider Sports & Recreation John Thompson **Hockey Officer** Chris Page Lawn Bowls Officer Kenneth Pang Rugby Officer Jason Toms Soccer Officer Nigel R. Merritt

David Cross

MANAGEMENT TEAM

Squash Officer

Randal Linhart General Manager Deputy General Manager **Tony Sealy** Joe Wan Director of Finance Director of Food and Beverage Christophe Horrenberger **Executive Chef** Yan Mak Director of Membership **Mandy Cheng** Director of People Iris Chau Senior Communications Manager Vanessa So Facilities Manager Logan Lam House Manager **Daniel Shum** Information Technology Manager Ken Mak Retail Manager Ken Lo Security Manager Vacant Acting Senior Sports Manager Simon Chapman

DIRECTORS OF SPORT

Director of Rugby Stephen Dowse Director of Squash **Carlos Cornes**

CLUB MAGAZINE

Monthly journal of the Hong Kong Football Club. For information and requests for placement of advertisements in "Club" please call 2830 9503. The opinions expressed in the articles are those of the writers and do not necessarily reflect the opinions of the Hong Kong Football Club or the General Committee. The Club reserves the right to edit and clarify all content. The copyright of all materials is held by the Hong Kong Football Club.









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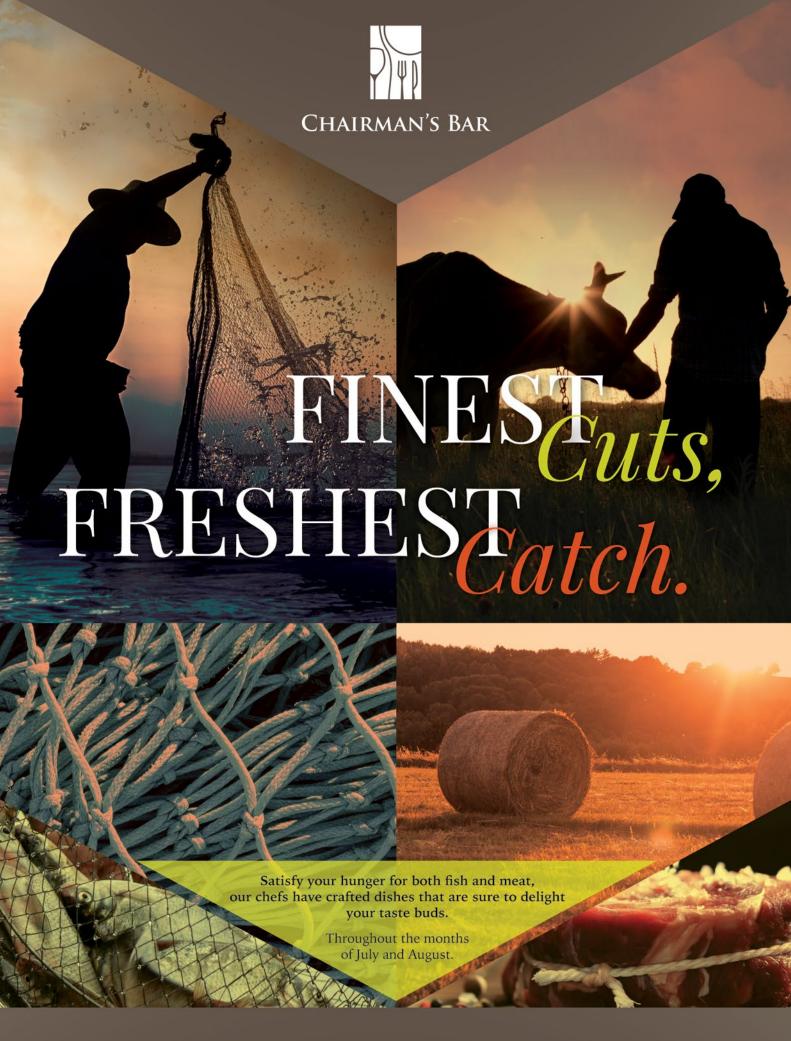


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THE THOUGHTS OF THE CHAIRMAN

主席的話



Neil Jensen Chairman

At the conclusion of the competitive season, our core infield sports of Hockey, Rugby, Soccer and Lawn Bowls will take a much-needed break. Along with the Main Pitch surface replacement, the Outdoor Lawn Bowls **Green** will also take a rest from 17th July to 10th August.

In the meantime, you will still be able to find plenty of action happening on the Infield of the Hockey Pitch. There will be a host of camps and clinics as well as other Section or Corporate events. The Hong Kong Women's National Hockey team will also make use of the Club's fantastic hockey facilities as the squad prepares for the Asian Games set to take part in Hangzhou on 23rd September - 8th October 2023.

The Summer provides a perfect opportunity for the kids to try new sports, perhaps develop their swimming or tennis skills, etc. Check out the website for ideas. If it's too hot outdoors, how about considering a Bowling Party in the comfort of air-conditioning? Please contact sports@ hkfc.com for lane availability and booking details.

A reminder to always click on the "Sports" button on the Club's website https://www.hkfc.com to check the latest news of various sports and keep an eye out for updates to pre-season training details, particularly before the new seasons start again in late August and September.

Over the past few years, during COVID, the management of the Club has been lenient on our Parking privilege Bye-laws. Now that life is back to normal, it has become apparent that cases of inappropriate use of the Club's car park are on the rise. It's time to reset and use your parking privileges properly. You should only park in the club's car park when using the Club. Please don't be in the small minority that are frustrating the rest of the Members.

Neil Jensen Chairman

在競爭激烈的賽季結束後,本會內場的核心運動, 包括曲棍球、欖球、足球及草地滾球,也需要休息 一下了。除了主球場的地面重鋪工程外,戶外草地 滾球場同樣將於7月17日至8月10日暫時關閉。

在此期間,大家依舊能夠在曲棍球場內發掘不同 的精彩環節,有眾多曲棍球營及訓練課程之餘, 還有其他體育部或企業舉辦的活動等著大家。 香港女子曲棍球隊亦會好好利用本會優秀的曲棍 球設施, 備戰2023年9月23日至10月8日的杭州 亞運。

踏入盛夏,正是小朋友嘗試新運動的絕佳良機, 譬如學習游泳或網球的技巧等等,歡迎到我們的 網站尋找更多運動的新靈感。如果覺得戶外太熱, 不妨考慮冷氣十足的保齡球派對,有關可用球道及 預約詳情,請電郵至sports@hkfc.com查詢。

另外,提提大家可點擊本會網站https://www. hkfc.com上的「體育」按鍵,以查看不同運動的 最新消息,同時要留意季前的訓練詳情,8月底及 9月開季前更要格外留神,以免錯過訓練。

過去在疫情期間,本會管理層在執行泊車附例時, 一直都採取較寬鬆的態度。現在一切回復正常, 不當使用本會停車場的個案亦明顯增多,是時候 要提醒各位僅應在使用會所設施時停泊於本會 停車場。請各會員遵守本會會規,以免防礙其他 會員使用停車場設施。

主席 Neil Jensen

NOTICE TO MEMBERS

APPROPRIATE **USE OF** CAR PARK

適當使用本會停車場

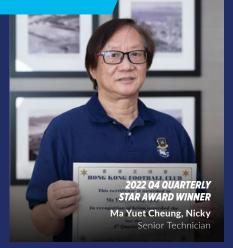
The number of car parking spaces within our Car Park is limited. Therefore, the Car Park, and in particular at weekends, should not be used as a convenient place to park when e.g. attending a nearby office, or merely shopping or entertaining outside the Club, but should be used only when other Club facilities are being utilised at the same time.

本會停車場的車位數量有限。因此,停車場不得用作方便停泊的地方,尤其是於周末,例如:前往 附近的辦公室,或離開會所出外購物或娛樂。會員僅應在使用會所設施時停泊於本會停車場。

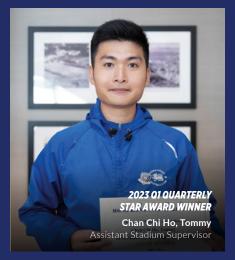


CONGRATULATIONS













GENERAL MANAGER'S MONTHLY MESSAGE

總經理的話



Randal Linhart General Manager

I would like to start this monthly message by celebrating the staff here at the Club. Every quarter of the year, we ask for all staff to write into our People Department about a co-worker that has risen above and beyond the call of duty. The senior management of the Club then sit together, read the stories and vote on the top 3 staff according to what they've done and their overall performance within the team.

Last month, we recognised the **Star Award** winners for the last quarter of 2022 and the first quarter of 2023. Please look at the article on the adjacent page to see who won. Keep in mind that at the end of the year, anyone voted as a Star Award winner has the chance to be voted as the employee of the year. The excitement is electrifying.

Also, during that award ceremony, we presented our retirement gift to Ms. Chan Man Tai who has worked tirelessly in the House Department for the past 24 years. Did you know that even after her retirement, she returned to work for us as a casual staff? When asked why, she said that she loves her co-workers and wants to stay mentally and physically active. She also loves the food in Half Time, our employees' dining room.

On 28th June, we were very happy to have our Club's annual staff party. After a 3-year absence, we had some pent-up partying to be done. Did you hear about the dance performance that my Directors and I performed on stage for the amusement of the entire team? Please, don't remind me. I probably won't get a job as a dancer anytime soon, but we sure enjoyed making our team laugh. We all needed it.

Ok, what's happening in the Club over the summer? Well, we've already reopened Sportsman's Bar's new kitchen, moved in and launched the first phase of the new menu. Good feedback so far, so we will be launching the second phase on 12th July and then the final and full menu on 16th August. Mark your calendar because also on that day, we're having a little Grand Opening party. The details of the event are a surprise, so show up and you will be pleasantly surprised.

I look forward to seeing you down at the Club soon!

Randal Linhart General Manager 文章開首,想先讚揚本會的一眾員工。我們每季度 都會要求員工各自以文字表揚一位常常為本會 多走幾步的同事,寫好後交給人事部。其後本會的 高級管理層聚首一堂,一同閱讀這些好人好事, 並根據他們的偉績及在團隊中的表現,選出頭三名 員工。

上個月,我們已經對2022年第四季及2023年 第一季的員工之星得獎者進行嘉許,得獎名單就 在旁邊的文章,可以看看。緊記員工之星在年底時 更有機會獲選為年度最佳員工,實在激動人心。

另外,頒獎儀式期間,我們向過去24年在管事部 努力不懈地工作的陳明娣女士送上榮休禮物。 不説大家可能不知道,陳女士即使已經退休,還依 舊像普通員工一樣為本會工作。當問及原因時, 陳女士説因為她很愛同事,以及想保持身心活躍, 她亦很愛員工餐廳Half Time的食物。再次感謝 陳女士多年來的付出。

本會很高興於6月28日順利舉行年度員工派對, 闊別3年,大家終於可以將壓抑多時的激情爆發 出來。為了令團隊上下盡興,我和各位總監在台上 大展舞技,不知道大家有否聽說過呢?有的話就 不用再提了。雖然不會在短期內轉行當舞者, 但能夠讓團隊捧腹大笑,我們當然也樂在其中, 而這份歡樂正是大家所需的。

那麼本會今個夏天還有甚麼新作?Sportsman's Bar的新廚房已經重開, 廚房團隊全面搬入後更 推出了第一階段的新餐單。新餐單目前評價不錯, 所以我們7月12日會接著開放第二階段的餐單, 完整餐單將於8月16日正式登場。記得在日曆上 記下8月16日這個大日子,皆因當天我們還有一個 小小的開幕派對,在此想給大家一個驚喜,所以 派對詳情暫不公布,想知道的話就來出席派對, 保證令大家喜出望外。

期待與大家在本會相見。

總經理 林克朗



Enquiries: 2830 9531 or sportsmans@hkfc.com

YROX





NEIL JENSEN AND TREVOR SMITH

PLACE 2ND IN HYROX HONG KONG

In a recent display of incredible athleticism and teamwork, our very own Chairman, **Neil Jensen**, and his teammate, **Trevor Smith**, have made the Hong Kong Football Club proud with their outstanding performance at the HYROX Hong Kong fitness race in May 2023.

Competing in the age 50-59 category, the dynamic duo managed to secure an impressive 2nd place, completing the race in just 1 hour, 30 minutes, and 34 seconds. For those unfamiliar with HYROX, it is a competition that tests

overall fitness, consisting of a 1km run followed by 1 functional workout, repeated 8 times for a total of 8km run and 8 functional workouts.

Neil and Trevor's achievement goes beyond the realms of sports as they also used their accomplishment to raise money to support the SJP Foundation which supports local charities in Hong Kong. Their dedication to both sports and support in local charity is truly inspiring and a shining example of how individuals can make a positive impact in their community through sports.

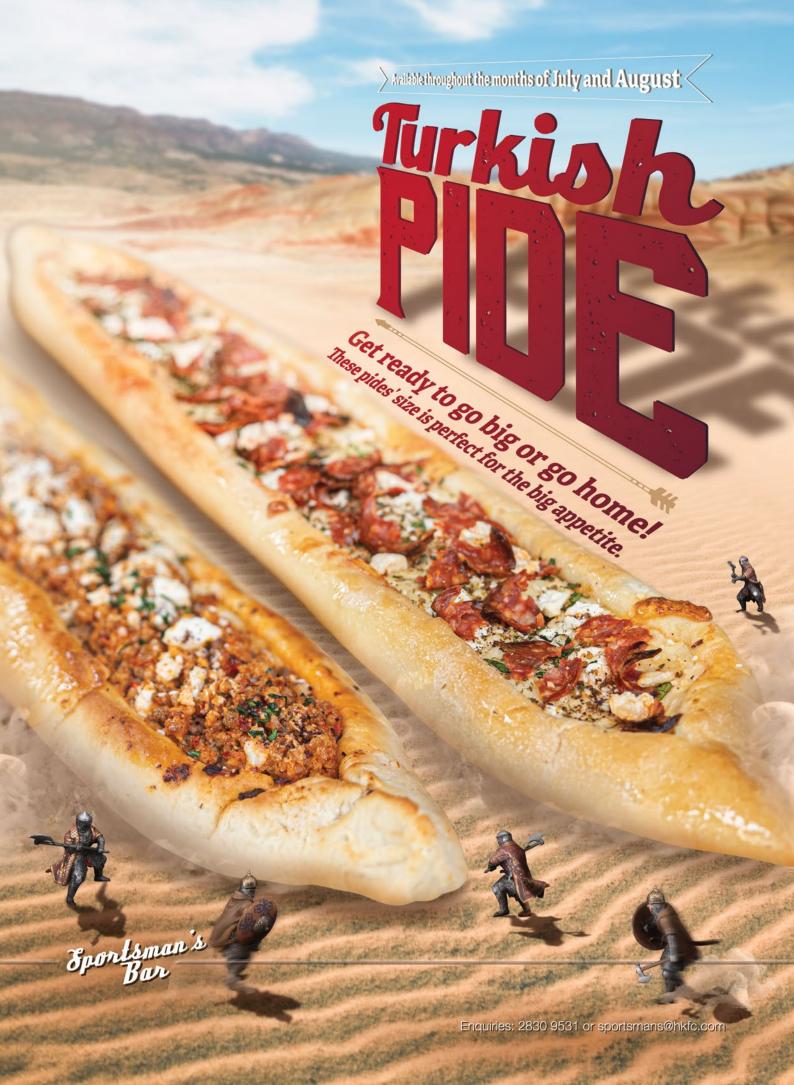




JAN SOULEYMAN PLACE 1ST

Jan Souleyman, a member of the HKFC Soccer Section, also participated in HYROX Hong Kong. Jan's performance was outstanding, as he finished in 3rd place in the Open Category and 1st place in the age 50-54 category. He completed the race in a time of 1 hour, 4 minutes, and 25 seconds, demonstrating his impressive fitness level!















icking off the weekend, we had the much-anticipated Sportsman's Dinner on the Thursday night with special guest Manchester United legend **Dwight Yorke** who was interviewed fireside-style by our very own Michael Campion who had travelled from Singapore to play for one of the Club sides. Dwight shared some stories of how he approached the game as a player and now a manager, what drove him then and drives him now and his ambitions to stay in the game for a very long time. The room full of young aspiring Premier League players hung on his every word and judging from the long line of people wanting photos with him, he was a very popular choice as guest speaker, and he didn't disappoint.

Moving to the competition itself, UK-based teams Brighton and Hove Albion, Queens Park Rangers, Fulham, Newcastle United, Leicester City, Rangers FC and Aston Villa were joined by local teams Kowloon Cricket Club, Ampcontrol Discovery Bay, Tai Po, Kitchee, a Hong Kong China U22 Representative Side, Yau Yee League Select, Yau Yee League Masters and our four HKFC teams. There was a team from Macau, MUST CPK FC, as well as teams from Singapore,



with both Singapore Cricket Club and Singapore Football Club each fielding an Open and Masters team in the competition. Lastly, the Wallsend Boys Club, Rio Cricket Club all the way from Rio de Janeiro and the Citi All Stars, made up of stars of yesteryear in the form of Noel Hunt, Jamie Lawrence, Pascal Chimbonda, Paul Robinson, Will Hoskins, Sean Davis, Barry Hayles, Gary Alexander, Anton Robinson and Jamal Campbell-Ryce, made up the twenty six teams in total with sixteen teams competing in the Open Competition and ten in the Main Competition.

As well as a series of Junior Soccer games, we also had the annual HKFC Crusaders exhibition match which was loudly cheered on by the capacity crowd, and this year we introduced a Women's exhibition game where our HKFC Women's team took on a Hong Kong Select team which was also very well received by the football mad crowd.

Citi All Stars were the eventual winners of the Plate in the Masters Competition with a 1-0 win over Kowloon Cricket Club Vets, and Rangers FC beat Singapore Football Club to win the

Plate in the Main competition.

Newcastle United were the Sean Browne Shield Winners with a 2-1 win over Leicester City after extra time.

Wallsend Boys Club took out the Masters Cup 2-1 extra-time win over Ampcontrol Discovery Bay while Aston Villa came out 3-0 winners over Tai Po in the final of the Main Cup competition.

The event ended with the Gala dinner on Sunday night where we got to see every goal being scored in the competition, and the winning teams were again invited up to the stage to receive their awards and the accolades from their peers in the audience to cap off a fantastic tournament.

The Sevens Committee, and in particular the Sevens Chairman Tony Bratsanos, would like to thank all the volunteers who gave up their time over the weekend to help make the event a successful one. We had over 70 volunteers from across the Soccer Section and Junior Soccer plus over 100 ball boys and girls who helped keep things moving along nicely throughout the tournament.

The staff and management at the Club were equally amazing with no request too difficult for them to handle, and they did us proud as always in demonstrating to the world what Asia's Premier Sporting Club is capable of.

In addition to Michael Campion, we also had a number of other members who returned from overseas, especially for the tournament in the form of **Tom** Henderson from Scotland, Peter Hurst from Singapore and Tom Champion from Vietnam.

With many of the teams who played this year already committing to next year, we can look forward to 2024 with a lot of anticipation and expectation. See you all then!!











CONSECUTIVE DOUBLES

'It's getting a bit ridiculous at this stage' was a comment heard at the Yau Yee dinner as Albion once again made history, winning the league and cup double for the 3rd year in a row. In another incredible season, Albion claimed both trophies with a bit to spare in the end. They played 27 matches this season, winning 26 of them, scoring 137 goals along the way, while conceding just 11!

ome remarkable stats have been assigned to this team but to sum it up - over the last 4 seasons (1st one halted mid-season due to COVID), Albion have played 95 matches, winning 84, drawing 9 and losing just 2.

A remarkable show of consistency how does a team maintain such levels of excellence? Manager Nick Day described how the team's success was built on a combination of excellent teamwork, individual skill from the players and an unwavering desire to win. Albion have only lost two games since January 2019. Their performances on the field have been characterised by solid defence, lethal attack and a nevergive-up attitude.

YAU YEE LEAGUE

The league campaign started strongly, winning the first few matches 6-0 against Swiss XI and 9-0 French Kiss. Spartans were the first real test and Albion were behind at the break. In what set the tone for the season: however. Albion were never beaten and Fiachra McArdle curled home a free kick in the last minute to claim a last-gasp 2-1 victory.

Albion continued turning teams over at ease before a big December. GAS were dispatched without much fuss before the crucial club derby against Wanderers. Albion started well and new signing Kieran Robinson opened the scoring with a flicked header.

League top scorer over the last few years Michael Hampshire made it 2-0 before the break and Albion saw the game out to open up a 9-point lead at the top. Azzuri were also beaten by the same 2-0 scoreline, Poon and Hampshire with the goals as the champions ended the first half of the season with a 100% record.

It took a while to get going after Chinese New Year as Albion's rhythm stalled. However, they never stopped winning. Their matches were characterised by gritty wins as they won 6 matches in a row by a single goal. One of these, over Colts, clinched the title - Hampshire with the allimportant goal, and the celebrations



rained down on the hallowed HKFC turf. There was a slight glitch as Albion were deservedly beaten by Wanderers in the penultimate game of the season. However, it did little to dampen the mood of another league title.

YAU YEE LEAGUE CUP

Sandwiched between the league victories was the always dramatic cup competition. Much to the delight of the Yauyee fraternity, the top two teams in Division 1 were pulled out. of the hat to face-off in the last 32. A feisty encounter arose as always in this fixture. The opening exchanges were fast and furious as both teams attempted to assert their authority. Keefe and Hampshire both had efforts for Albion.

This changed in the 25th minute when new signing Adrian Tong's volley was handled in the box. McArdle dispatched the penalty and Albion perhaps slightly fortunately - went into the break one up. Albion found their stride in the 2nd half. Keefe curled in a 2nd after a sumptuous move through the middle and while Wanderers threatened with a few corners, Albion's efficiency was epitomised when they got a corner of their own and McArdle's delivery was headed home by Hampshire. Robinson added another and Albion marched on to the last 16 with a 4-0 victory.

Swiss were easily beaten in the last 16 before Albion were handed another tough draw in the quarter-final - KCC. Never easy under the lights at King's Park, the reigning cup holders also had a number of injuries to contend with and an epic battle ensued. Liam Grant was unusually busy and pulled off some outstanding saves. Simon Lui eventually penetrated KCC's stubborn defence to feed **Hampshire** for the opener. KCC equalised but Hampshire then turned provider for **Arnold Poon** who fired home the winner. A facile 12-1 semi-final victory over Maccabi saw another final await.

Colloids, who are often a stubborn customer, were the cup final opponents. Albion, however, keen to add to the trophy cabinet, created chances from the off. They opened the scoring when McArdle's through ball found **Robinson**. His lobbed effort came off the crossbar, but Daniel **Spottiswood** was on hand to tap home the opener.

Matt Keefe then got in the act with a brace, dissected by an OG. Keefe's



effort, a curler from 25 yards, the goal of the game. McArdle broke through a dejected Colloids defence to make it 5 before Sandro Treier rounded off the scoring. In a scoreline more associated with a tennis match than football, Albion won 6-0 and legendary captain Tom McGillvcuddy lifted the cup to make it a remarkable 3 doubles in a row for him and a number of his teammates.

KEY PLAYERS

A whopping 137 goals in 27 matches his season! Hampshire and Keefe led the way with 33 goals each over the season (both reaching an impressive 100 YYL goals this season), with McArdle following them with 21. The defence was also extraordinarily stubborn, organised by

Tom McGillycuddy and Sandro Treier. and Liam Grant's penalty saves, and clean sheets must surely go down in the record books. Lennard de Haan deserves a mention - the only player who played all 27 matches and a fine season in the engine room. Relative newcomers Robinson, McCawley, Tong and the returning Arnold Poon also made a big impact across the season. Cyrill Arzner always goes above and beyond and provides much needed entertainment and socials over the course of the season (the tram celebrations, Peaky Blinders to name

a few). A real testament to the team's success. Clubman Tom McGillycuddy has been the captain for the last 5 years but unfortunately this will be his last. Tom has been an exceptional leader, always motivating his teammates and pushing them to perform to their best. **Tom's** departure will be deeply felt by the team, but they will always remember the impact he has on their success. All the best Captain!

To conclude, manager **Nick Day** has now overseen 3 double winning seasons in a row and a 93% win record. An incredibly impressive feat and the fruits of his excellent recruitment, superb coaching team lead by **Daniel** Villena and in-match decisions. He has also had a loyal band of players over this time, a once-in-a-lifetime combination of skill, character and willto-win. The off season now provides an opportunity for players to recharge their batteries and prepare for the next season. However, no rest for Manager Nick Day and coach Daniel Villena as they focus on recruitment, looking for new players to further strengthen the squad for another successful season.

3RD TIME DOUBLE WINNERS

20/21, 21/22, 22/23

YAU YEE LEAGUE						
Player	Appearances					
Michael Hampshire	65					
Lennard de Haan	63					
Fiachra McArdle	59					
Liam Grant	59					
Albin Brion	54					
Adrian Worth	54					
Tom McGillycuddy	51					
Ashley Poon	51					
Thomas Neuraz	42					

		DIV	ISION	ONE				
	P	W	D	L	F	A	GD	PTS
Club Albion	22	21	0	1	103	10	93	63
Club Wanderers	22	18	1	3	70	15	55	55
Spartans	22	12	5	5	72	23	49	41
Allied Colloids FC	22	12	3	7	50	31	19	39
KCC Dragons	22	10	5	7	68	43	25	35
Azzurri	22	10	4	8	40	36	4	34
Club Colts	22	8	2	12	38	49	-11	26

FIRST TEAM PROFILES



DAVID NG

JOINED FIRST TEAM 2022

POSITION Defender

David started playing football at the age of 11 and joined the Chelsea Football School at the age of 14. During this period, he has represented the Chelsea Football School in local and overseas competitions, including the Mediterranean International Cup Soccer Tournament held in Spain. These experiences became the motivation and foundation for him to become a professional football player in the future.

This is his second professional football season. He represented Hong Kong U23 in the last season, but the season was cut short due to the pandemic.

David says "I am very grateful to the club's coaching team for allowing me to participate in the Hong Kong Professional Football League again. I have learned a lot throughout the season. Thanks to the help of my teammates and coaches, I can quickly adapt to the new environment and new challenges. During the season, I have been challenged in different positions, which is a fresh experience for me. Also, the unexpectedly good results achieved this season are due to the efforts of everyone in the club. This result is not easy to come by, and it is based on our efforts. Therefore, I am honoured to be a part of this club."



REMI DEPALMAS

JOINED MEN'S TEAM 2022

POSITION Attacking Midfielder

Remi started playing football at the age of 5 in Marseille, south of France where he played for major local teams up to 6th French division. He joined HKFC first team in 2018, winning premier division championship the same year.

After a break from football at the end of 2019, Remi Joined back HKFC first team to help the team in Premier League.

Remi says "After two years away of football pitch, I was lucky enough to be part of the team again. It was a real pleasure to be part of such an incredible season for the club and play alongside long-time teammates. No one was expecting us to perform at this level and being able to compete with Hong Kong top side shows the football quality of the group as well as team spirit and winning mindset. I'm grateful to have been part of it and thankful to coaches for bringing me back to the team, staff and supporters for their incredible support throughout the season."



AMY SLEEPER

JOINED WOMEN'S TEAM 2021

POSITION Midfielder/Winger

Amy started playing football early in her youth, from co-ed American Youth Soccer Organization all the way to playing at Colgate University for the Division 1 Women's Team. Her team won the Patriot League Championship in her freshman year and a seat at the NCAA Championships Tournament. Concurrently, Amy captained the Division 1 Track & Field Team at Colgate University, where she set multiple school records as a part of the 4x4 and Distance Medley Relay teams (both indoor and outdoor), Patriot League Titles, and competed in the NCAA Championships.

Amy says "It's been awesome to see how far the program has grown during my time here at HKFC and even since the days I competed against HKFC while on Eastern. I'm excited to finish out this season strong and see what we will accomplish next season with this amazing team!"



Just a few months to go! You can be at the Rugby World Cup France 2023 Ticket-inclusive travel packages available now!





www.bhh-hk.com rwc2023@bh-hospitality.com

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n 20th and 21st May in Singapore, the Tanglin Rugby Club hosted 84 teams across 6 age groups coming from Singapore, Malaysia & Hong Kong, for 246 games of rugby comprising the **Tanglin Junior Cup.**



U6s and U5s combined to form a team to play their first ever overseas competitive tournament.

On the first day of the Tournament, our team ranked 6th out of 16 teams, winning 2 matches and losing 1, narrowly missing out on the 4th place to compete in the Cup finals the next day by number of tries scored.

The team therefore entered the Plate finals the next day and came 3rd, winning 1 match and losing the other.

The team gave their best on the pitch and had a lot of fun at the Tournament they should be proud of themselves with their great sense of fair play.

A special mention to our U5 players on the team: they all played up one year to compete in the pool stage and Plate finals against U6 players from other clubs!

Congratulations to all players, coaches and staff on a great season.



For their first ever overseas tour, 20 U7 players formed two teams - our **Lions** training squad were able to field a full team and a second Allstar team was made up of players from our Rhinos and

Pumas squads. In the weeks leading up to the tournament, the tour squad had taken extra training from Steve Jones which shone through the two days.

Each playing five games in an 18-team league. **HKFC Lions** ran riot, finishing with five wins, 100 points scored and only 25 conceded to top the table, qualifying for the Cup finals. As a scratch team. **HKFC**

Allstars took time to find their rhythm and faced a difficult draw, winning two games and unfortunately losing a couple of games by a single try to finish 10th out of 18 and enter the Bowl finals the next day. The performance of both teams on a roasting hot Singapore afternoon was top-notch - their fitness and endeavour shining through.

Day two was heavily disrupted by thunderstorms, delaying play by a couple of hours. The knock-on impact on already tight flight schedules made it necessary to break up the **Lions'** winning formula as some players headed to the airport before the semi-finals could be completed.

In the Bowl semi-final, HKFC Allstars played some beautiful rugby with ball distribution and teamwork well in advance of their years and were unlucky to lose to eventual Bowl champions **TRC Thunder**.

In the Cup semi-final, **HKFC Lions** went down 2-1 to eventual Cup winners Singapore Dragons Fire. The team put up a great fight, probably playing their best match of the season, but struggled to adapt to a very liberal interpretation of the offside law by the local referee. Scheduling meant the 3rd place play-off



tears were quickly wiped away and the boys switched back on, dispatching SCC **Lions** with ease, finishing in 3rd place with an overall record of 6 wins and 1 loss.

On reflection, despite the great results. the true value of the tour was in the experience for our players, and a rare opportunity for teammates, coaches, parents to bond and form memories that will last a lifetime.

HKFC ALLSTARS

Savannah Celenk, Rua Leung, Mason Wilcockson.

HKFC LIONS



U7 HKFC Lions

DIVISIONS	W	L	T	P	PF	PA	PD
HKFC Lions (B5)	5	0	0	15	100	20	80
SCC Leopards (C1)	5	0	0	15	80	20	60
SCC Lions (A1)	4	0	1	13	65	35	30
Dragons Fire (A4)	4	1	0	12	70	20	50
TRC Titans (B2)	4	1	0	12	75	35	40
Dragons Ice (C4)	4	1	0	12	75	60	15
Centaurs Gladiators (A5)	3	1	1	10	60	35	25
SG Irish Falcons (B3)	3	2	0	9	95	50	45
Centaurs Vikings (C2)	3	2	0	9	65	55	10
HKFC Allstars (C3)	2	3	0	6	55	55	Ο
TRC Thunder (A2)	2	3	0	6	40	50	-10
Titans Thunderbolts (B6)	1	3	1	4	50	65	-15
SCC Tigers (B1)	1	3	1	4	35	90	-55
Saints Spidermen (C5)	1	4	0	3	50	70	-20
SG Irish Wolfhounds (A3)	1	4	0	3	40	75	-3
Saints Supermen (A6)	0	5	0	Ο	25	85	-60
Titans Lightning Bolts (C6)	0	5	0	0	20	85	-65
Dragons Roar (B4)	0	5	0	0	20	115	-95



Twenty U8s made the journey to Singapore for their first ever international tour and their first ever contact/tackling competition (as Singapore U8s play the equivalent of Hong Kong U9 rules), After only four weeks of accelerated contact transition, courtesy of our pro coach and HKFC Ice player **Zoe Teece** and HKFC Head of Player Development **Steve Jones**, we entered two mixed teams, the **Cobras** and the **Vipers**, both comprised of players from all three of our training squads.

First up on Saturday pool stages were the **Vipers**, with a difficult opening match against a strong **Dragons Fire** team (who would eventually finish third overall in the tournament). The lack of contact experience perhaps showed, with the **Vipers** eventually losing 22-0, but the score did not do justice to the solid performance put in by the players in their first ever competitive contact match. Not to be disheartened, the **Vipers** came into the next match against hosts **TRC Thunder**, firing on all cylinders. It was a close match, finishing 14-12 in HKFC's favour. Final match of the pool stage was

against **Singapore Cricket Club (SCC) Lions**, and the **Vipers** certainly saved the best until last, with a convincing 22-7 win to finish second in their pool and seventh overall in the league table, qualifying for the plate competition.

For the **Cobras**, the first pool match was against the SCC Tigers, another tight match which the Cobras won 19-17. Second match was against Singapore Irish Wolfhounds. This was another close-fought match which was neck and neck for a time until the Wolfhounds managed a last-minute try, with the match ending with a 14-19 loss for the Cobras. Final match of the Saturday was against the Centaurs Ruckstars, and they finished with a 19-14 win. Overall, the **Cobras** finished second in their pool and sixth overall in the table, meaning that they joined the **Vipers** in the plate competition.

For the plate knockout on Sunday, the two HKFC teams were drawn to play each other in the first semi-final. Both teams stepped up to the mark, and without a doubt this was one of the best mini rugby matches I have ever watched, and was the match that made me most proud of our players as Head Coach. Vipers took an early lead with consecutive tries from Jesse and Max, but **Cobras** fought back with a super try from Brennan to bring the score to 10-7. Another **Vipers** try for **Jimi** followed shortly after but, not to be outdone, Cobras put on a furious counterattack, pushing Vipers back towards the try line, with a guick-witted Japsher spotting an opening on the blind side from a ruck and crossing the line to bring the score to 15-12 to Vipers. Unfortunately for the **Cobras**, the final whistle was blown and **Vipers** went through to the plate final, and Cobras to the third place play-offs.

For the third place play-offs, a nine-player **Cobras** team (a thunderstorm delay to the Sunday matches meant that some HKFC players had to leave early to catch flights home) found themselves facing the same **Singapore Irish Wolfhounds** side who beat them in the pool stages, so the stage was set for some payback. Final score, 17-14 (a reversal of the previous day's result), and third place in the plate competition secured.

For the plate final against **Centaurs Scrummagers**, **Vipers** were also reduced to nine players due to the delayed start. Final score, 29-10 to the **Vipers**, and the first piece of silverware for the age group! What a result!



The TRC Junior Cup was another "first" for the **U9 boys** this season. Not only was this their first overseas tournament, but also their first full contact season. To adapt to the Singapore U9 rugby laws, the touring team has been learning scrums and lineouts as well as using a rugby ball one size larger than the players are used to.

Finishing second in our pool on the

and 1 Tie, the boys played very well, applying all the skills they accumulated over weeks of training and outscoring their opponents 90-17! The single defeat was against the U10 Valkyries who scored a last-minute try.

In the Plate Finals, the lengthy delays caused by thunder and rainstorm did not dampen their spirit and determination. Ultimately, the team dropped their first game to the eventual Plate winners,

COBRAS

Andrea Qi, Brennan Buchanan,

VIPERS

Achilles Lai, Alastair Kenyon-Edwards, Max Worsley, Mila Mahbubani,

tightly contested 3rd place match, it was scoreless with seconds to go only for SCC Tigers to score a try with the last play of the game. In our Division, **HKFC Typhoon** finished a respectable 4th.

Overall, a fantastic weekend for the athletes, parents and coaches. The boys proudly wore their muddied HKFC iersevs and represented the Club well. Invaluable experience gained and team camaraderie strengthened.

A big applause to Abraham, Adric, Alexandre, Arthur, Connelly, Elon, Ethan, James, Lewis, Lucas, Oscar, Theo, William and Zachery for their sportsmanship. Bring on the next season!

A heartfelt gratitude to all the dedicated



With a squad of only 11 tourists in a 10-aside tournament, the boys acquitted themselves well in the first two games, having to deal with scorching heat, searing humidity and something called lineouts for the first time ever! For the first game, we also had to deal with Singapore traffic, so we were only able to field a team of 8 against 10 plus reserves. That didn't stop the boys from racking up an emphatic win of 43-0.

The second game was against a girls' team representing **Singapore Irish Girls** who could tackle hard and run it up even harder, but the final score was eventually very similar to the first game. The **HKFC U10 boys** were confident and building momentum.

The third game against **Singapore Cricket Club** proved to be a real battle with our U10 boys going down 7-5. With the 7 point try awarded if you scored in the centre "strike zone", the boys were just a little bit obsessed with running it back into the middle and butchered a few certain tries out wide... but never fear, mistake forgotten and lesson learned.

That night, we enjoyed a hearty and rather loud celebration at the Hard Rock Cafe fuelled by free-flow Coke and Sprite! It was a great way to recharge our batteries for the next day of semi-final and (hopefully) grand final rugby against the same team we lost to on day one.

And so it came to be. After a 2-hour storm



U10 Players

final against the **Singapore Cricket Club Lions** proved to be a war, with several
tackles inflicted by both teams sending
chills down some of the parents' spines!
Our boys eventually prevailed 12-5 after
a supreme performance of teamwork,
defence and hard running rugby.

So then came the final and after a poor start conceding an easy try, we quickly conceded one more, before fighting back to score one of our own. We were then camped on their line and after a certain try of ours was disallowed by the referee, time was against us as **Singapore Cricket Club Tigers** held on to win 12-5. It was a bitter blow for the boys and a harsh reminder of knockout finals football. With a few tears shed, we learned some great rugby lessons.

had not suffered a loss in Hong Kong tournaments for more than 2 years under Coach Stu. The boys soon bounced back though after a free soda and a trophy presentation, swearing an oath to avenge the tough loss whenever the two mighty clubs meet again (hopefully next year!).

Thanks must go to Coach Stu for organising logistics from Japan, Coaches Justin and Chris for steering the team through five games and then the parents for making the journey and supporting, but an extra special thanks to the boys for fronting up for an overseas tourney in difficult circumstances. They played well and will take the lessons learnt from the great game of rugby into next season and beyond!





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ΛΕΝ'S	Rank	WOMEN'S	Rank
Division 1	2	Division 1	2
Division 2	1, 2	Division 2	1
Division 5	1	Division 3	1
Division 6	3	Division 6	3
Division 7	1		
Division 10	4		

	RESULT OF 2022				
Prem	Premier League		Triple League		
MEN'S	WOMEN'S	MEN'S	WOMEN'S		
Division 1 Runner-up	Division 1 Champion	Division 1 Runner-up	Division 1 Runner-up		
Division 3 Champion		Division 2 Champion and Best Team	Division 2 Best Team		
Division 6 Champion and Best Team		Division 5 Runner-up	三		
Division 7 Runner-up		Division 8 Champion and Best Team			
Division 8 Runner-up		Division 8 Runner-up	PremieriLe		





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END OF SEASON SUMMARY 2022/23 LADIES' E TEAM THE GDINOS'

he Dino's 2022/23 season has been one which would make Ryan Reynolds proud! After the stopstart nature of the previous, pandemicridden seasons, the Dinos returned to the pitch with a vengeance, winning the league and the HKHA plate final!! Winning 'the double', being all the more impressive given the Dinos stats match those of our very own Ladies' A Team (played 18 matches, drawn 1 and won 17), and it isn't often that the Dinos and the Ladies' A team are mentioned in the same sentence!

This season will also be remembered for marking the end of the quarantine and mask-wearing restrictions, and it would be remiss of me not to mention all the great times the Dinos have had off the pitch this season as well. We have had some fantastic social events courtesy of our tireless social secretaries – including, perhaps the social event which has been most sorely missed over recent years, the annual Dino tour – and it came

back bigger and better in the form of a fabulous long weekend in Macau in April. A wonderful few days spent with 24 touring Dinos playing golf, tennis, drinking, dancing and generally doing what the Dinos do best – enjoying being part of this wonderful family of ladies.

It has been a fantastic season and the secret of the Dinos' success is most definitely its team members, both on and off the pitch. Spanning decades in age (more than we care to admit!) and multiple continents, the network of amazing ladies which make up the Dinos has produced one of its most successful seasons in many years, and it has been a privilege being the captain. Celebrating its 35th year this season, the Dinos embody everything which the HKFC hockey section stands for – #morethanagame.

Finally, a huge personal thank you from me to all the Dinos and everyone who has played, planned and supported hockey this season – it's certainly been one to remember, and here's to next season!

Claire Fulton





One of the biggest annual hockey events in Hong Kong – the 11th Hong Kong Quadrangular Hockey Tournament and the 6th Women's Hockey Invitational Tournament – was held successfully at our home turf from 23rd to 26th March 2023!

What was it like competing at home turf?

Although it was already months away, it felt almost like yesterday! We still remembered the crowd was absolutely amazing, especially with all the beautiful signages and cheering boards! We were very blessed for the opportunity to play in front of the home crowd at HKFC at the weekend. With the social distancing rule no longer in place, it had been a long while since Hong Kong Hockey last held an international tournament and to see our family and friends, teammates



and audience fill the stands once again and cheer for Team Hong Kong is spectacular! And of course, all their happy faces when we score a goal! We hope everyone enjoyed the tournament as much as we did!

Game VS Yunfu China

Our first game was against Yunfu China. We played against them in previous Invitational Tournaments but since it was a long time ago, we did not know what to expect. Luckily, we scored our first goal 3 minutes after the start of the game with a baseline penetration to the D. Our team gained confidence and continued to control the pace of the game with our second goal coming at the start of Q2: our opponents made a mistake in their outlets and we took advantage of it by attacking from our right side.

A beautiful 1-2 passes from **Katy**

Mountain sent the ball to the D and Hong Kong secured the score with a 2-0 lead. Just one minute after the goal, we conceded a penalty corner and Yunfu China put the ball behind the goal line with a powerful direct shot, taking the scores to 1-2. The game got intense and from a direct shot from the penalty corner, Hong Kong extended the lead to 3-1 in the same quarter. With only 2 minutes left on the clock before the break, a far post deflection by Yammi

Chui had allowed Team Hong Kong to finish half time with 4-1. In the second half, Yunfu China caught us off guard and caught up with another goal 2 minutes in. The team continued to fight hard and concluded the first day of the tournament with a 4-2 win against Yunfu China.

Game VS Thailand

Our second game was against one of the strongest in the tournament – Thailand. We had played Thailand several times before, so we were more than excited to go head-to-head against them at our home turf. On such important occasions, our team got nervous, so we struggled to control the pace in the early game. Quite a few mistakes and turnovers in our half but we defended well, going into the 1st guarter break with 0-0. In the 2nd quarter, Thailand attackers received a strong aerial pass from their own defenders and started to attack down our right hand side. Although we fought hard to keep the ball out of the goal, Thailand managed to get ahead with 1-0. Onto the second half of the game, tiredness started to kick in and Thailand scored their second goal with a penalty corner slap straight to our goalkeeper bottom right corner. Although we too had our chances at the goal, the fast-paced game ended with an unfortunate loss of 2-0.



Game VS Chinese Taipei

Our final game was against Chinese Taipei. It was also the last day of the tournament, so our team tried hard to recover from yesterday's defeat. There were some familiar faces in the young Chinese Taipei team as some players had just competed in the Women's Junior AHF Tournament in Kazakhstan back in October, but we left our worries behind and started the game well. 10 minutes into the game, in a quick counter-attack situation, **Tiffany Chan** took the rebound of the goalkeeper and

Tiffany Chan took the rebound of the goalkeeper and secured the first goal for Hong Kong. The scoring streaks for Hong Kong continued with Tiffany scoring a second one straight to the back of the net and two more from the combined effort of the team in the 3rd quarter. In the 4th quarter, one of our Hong Kong players got a green card and a bit of slack off from the team allowed Chinese Taipei to catch up with two goals. With the sound of the final whistle, Hong Kong ended the game and the tournament on a high note of 4-2.

Tiffany, Player of the match vs Chinese Taipei: It's my first tournament since 2019, so I guess it feels great to represent HK again, especially in front of our home crowd. Getting player of the match is just a bonus haha

Future Plans

We worked hard to prepare for this tournament, and the result shows that we still have room to improve and we could only get better from there!

In the coming few months, the team will fly to Thailand, Korea, Taiwan for training camps as part of our final preparation for the Asian Games. Please continue to support the girls and let's go Hong Kong!

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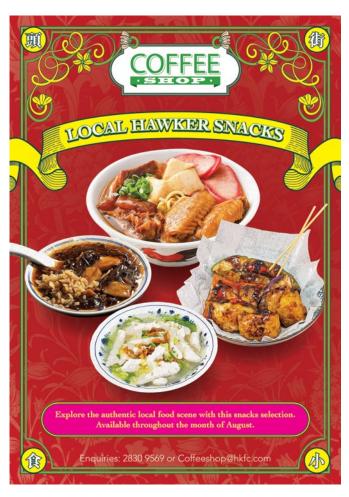
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Defending champions for both play-off and league from 2019, HK squash's last full season, a title we carried with great honour and one which we ceremoniously and selfishly have reclaimed for the last 4 years (no other winners have been declared, ed). Talk about a dynasty! It is a responsibility we take with great seriousness, pride and quite some wine.

years of broken seasons, lockdowns and closed facilities. On that background, it was a welcome breath of fresh air when the season began in October 2022. The teams in M3 were all the friends with whom we had played for years, and we were all looking forward to a little squash and good fun après squash.

With a strong desire, fragile egos, fearless determination, and a fortitude not seen in years, we were drawn by a higher cause, perhaps naively optimistic, but loaded with the best of intentions and armed with some seriously impressive rackets; the good boys from HKFC M3B were ready for the season, facing it head-on.

We are all in our prime – still, always. Braced knees, hairy chests, declining hairlines and a healthy thirst; nothing could deter us from the courts. It is true, we learned our squash when men played in men's league, women used shampoo above and below their eyebrows, and none needed 'pronouns' to use the appropriate changing rooms. We are simple men who learned squash in simple times and enjoy the simple pleasures in life. Truth be told, good players are few are far between, great players are even harder to find. As the years add on, 'greatness' is perhaps less on court and more off the court, and on that, somehow, the greatest players have all ended up in M3B this season self-proclaimed, I admit.

Going into this season, we brought Mr. Fook Chew out of retirement and his boasts remain as crisp as they were in his youthful Div 3 days, and his stellar support is impeccable on and off the court. We brought in Mr. Damien Laracy who kept a near-perfect winning record in position 5. A little into the season, Mr. Julian Tanner joined us as our top karhuna, and Mr. Tanner had more competitive games in M3 than in any other division he has ever played. We also dug up Paul Casey who returned to Hong Kong after 12 years abroad (even though he seems to spend more time on the slopes than on court). In addition to the regulars, who are: Stephane Vartanian (and burgundy), Rajesh Mulchand (gin/tonic), Vikram Lulla (lots of whiskey), Lee Robinson (some burgundy), Nikolaj Schultz, Nigel Steffensen and Charles Li.

M3B had a few targets for the season. Most important is in equal part to have fun and play competitive squash. Second is that all players are part of the team, all rotate, and all who are available get to play 5 games or more. And then maybe, and just maybe, win a few games. And with **Lee Robinson** as our Team sommelier, we were in good hands when it came to the post-match celebrations at the Charman's.

The season has had its many fun, fantastic, loud and story-filled evenings, perhaps none more than at the 2nd floor Mahjong parlor in Wanchai with its 'must have beijiu' extravaganza, to the Gold Coast feast with the Titlow guys, or the 3am nights at Smugglers with the Am Club, to the LRC beer races, Chinese feasts at USRC, to the several very late nights at the HKCC, all with competitive games, impressive squash skills and a little court speed.









The team has a few retired players who now hang around for the social part. The cheerleaders, as we call them, have all paid their part to the team over the years, helped shape the team into what it is, and now enjoy the fruits of their past. They are an integral part of our team identity and values. As one player said, "I have more social evenings with this team than squash evening". Another team suggested we are a drinking team with a squash problem. All very true.

To be 'allowed out' every Thursday, we invite our spouses out a few times a year. Mostly to ask for permission and pay our dues, make up for our errors. In years past, we had BBQs on Mr.

Norman's roof, CNY dinners at the FCC, and whiskey tastings at Vikram's whiskey temple. For this season, our first event was Remam and Rajesh hosting us all for an extraordinary Diwali party in November; perhaps the biggest Diwali party in HK, certainly the most fun one. Vikram had us all for a night of curry and we had our season end dinner at an iconic restaurant in

Wan Chai. All in style, all with wine.

Another season is over. Won 15 matches, lost 6 - we take that as a mission accomplished. We made the play-offs and the final. We achieved so with a superb team spirit and attitude, added wine and some leadership. A season to remember, as they always are, and now we are all eagerly anticipating and looking forward to the summer and next season. In truth, it may all be a jungle out there, and masters squash is what keeps us grounded, and our spirit is the future, and our team values the hope of squash at large. We also enjoy a little wine along the way. With no exceptions and a stellar record, the full team has been pre-selected to the M3B spirit of things for next season, the values of a great team, a family, and good squash. It's clear that the HKFC M3B is a force to be reckoned with both on and off the courts. Thank you all. Cheers to a great inning and a brilliant season!

Do we get our photo on the wall now?

Nikolaj Schultz







On 27th May, the Tennis Society hosted 36 players from the Royal Bangkok Sports Club. We were treated to glorious sunshine and all the players enjoyed the Fast Four format which allowed everyone to play at least 2-3 matches. In between the matches, our guests also enjoyed some champagne and watched some of the Soccer Sevens matches. Thank you to all the TS members that played, and we look forward to touring in Bangkok.





The Tennis Society were delighted to host Singapore Cricket Club on Sunday 30th April as part of their Hong Kong tour. We were blessed with warm sunny weather and had over 30 TS players come and go to play against 11 SCC players, 4 of which were A+ players. Even our ATA coach Toby Clark couldn't resist a hit and sneaked away from his family, leaving Tanya with the kids by the pool. It was great fun all round and our guests really enjoyed the morning, so thank you all for your participation.

JUNIOR LEAGUE SPRING SEASON 2023



JUNIOR A TEAM - 18 UNDER

Our top junior team had a tough season with our top players either injured or away on tour. After playing 12 matches for the season, the team finished middle of the

pack with 6 wins and 6 losses. **Jack Cooper** had an incredible season and was always willing to play all matches home or away. After a tough season, we hope to rebuild and get the A team back near the top of the table.



JUNIOR B TEAM - 14 UNDER

The B team also had a tough season but a good learning season from a new up-and-coming bunch of players. Their dedication was amazing and the improvement

that came from this season was great

Ryan Panwar had an outstanding season, and due to his dedication to improve and learn, his tennis has lifted to a new level. He is a great team player and wants the best from his whole team. Keep it up Ryan!



JUNIOR C TEAM - 12 UNDER

An absolutely amazing season from our C team finishing 4th only after a couple of tight losses against the top teams. This fantastic team of up-and-coming players.

are the future of HKFC tennis. Their dedication and commitment to their tennis is amazing and testament to their result this season.

Callum Ewing had a fantastic first season and has learnt a lot form the matches he played and is taking his tennis to the next level. Great season C team and hopefully they can improve on this season come September.

An overall successful season by all teams. The training ahead of next season is well under way and the teams' speed and footwork around the court will lift them to more wins next season.

Nathan Booth ATA Director







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ETERSEN CUP



t's been almost exactly a year since we had our Petersen Cup 2022. We returned to the Eden Course for the 2023 Petersen Cup. The Petersen Cup is one of the Golf society's important annual stroke play competitions. The competition's format is a 4-ball Texas Scramble with team handicaps, and the winning team will be determined by net scores, which pushes players to work together to achieve the best possible score.

The competition took place on a very hot day with temperatures reaching to 34 degrees Celsius. This presented a unique challenge. Coping with the heat was essential for the players to perform at their best. The first team consisted of myself, David Cross, Allan Homeming and our 4 ball captain Shane Burgess. Despite the difficult circumstances, all teams put on an incredible display

of golfing prowess. I can only speak for my team, but we started with 2 under par before beginning our back 9, which ended up being even better. Allan Homeming nearly holed out with an incredible tee shot that left the ball within 1 foot from the pin and sunk it in for a team birdie! (pictures attached) In the end, it was a close competition with the lowest net score being 55 and the highest only being 60, so there wasn't much in it this year! Our last year's winning Captain, Ian Petersen, finished third with a net team score of 56, together with **David Lindsay**, Alistair Murray and Ruud de Hart.

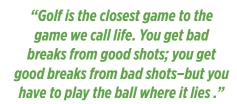
Our team gave it our best as this was mine, Shane's and David's first Petersen Cup event, but we came in second place by one stroke. Not bad for our first event, and we'll be back to capture the crown



next year! Shane Burgess (Cpt), David Cross, William Chan and Allan Homeming finish with a net team score of 55.

Justin Faulkner (Cpt), Graeme Brechin, Philip Nunn and Mike Haynes took first place with the lowest net team score of 54 and the lowest gross score of 63.

William Chan



Robert Tyre Jones Jr



Peter Ayres, Carmen Lee, Paul Casey, Phil Head





Jean Paul Cuvelier, Jennifer Chapman, Anita Fu, Fu Nam Sang



Winners Table, Justin Faulkner, Graeme Brechin, Philip Nunn, Mike Haynes

STABLEFORD WINNERS

1st Team 7 Justin Faulkner,
Graeme Brechin,
Philip Nunn,
Mike Haynes
William Chan,

2nd Team 1 Shane Burgess,
Allan Homeming,
David Cross

lan Petersen,
Alistair Murray,
Ruud de Hart,
David Lindsay

NEAREST TO THE PIN

Hole 2 **Shane Burgess**

Hole 5 **Jennifer Chapman**

Hole 9 **Jean Paul Cuvelier**

Hole 10 David Cross

Hole 12 Shane Burgess

Hole 15 **Robin Zavou**

Hole 17 Allan Homeming

LONGEST DRIVE HOLE 7

Women's **Carmen Lee**Men's **Colin Lunn**

33



18 golfers descended on Deep Water Bay for our second event in May. This is a beautiful little course by the coast of south Hong Kong Island and the last time the HKFC GS was here was December 2020. For many of the HKFC GS members, this was their first time here or they were returning after a long time away.

In addition to our usual stableford tournament, we introduced a 5-club challenge.

It had been pouring non-stop for a couple days, so the course had been closed for a few days, and so we were happy that the weather gods rewarded us with no rain for the day, but they didn't let us off lightly since the gusts were wild. However, this did not stop **Darren McEntee** with putting in an eagle on the 17th!

This was also **Jonny Brock's** birthday and final golf event before a much needed hip upgrade, so we wish him a rapid recovery and return, and who knows, maybe even improved swing speed!

William Chan

STABLEFORD WINNERS

1stJonathan Li34 pts2ndCraig Tuckerman31 pts3rdMarco31 pts

NEAREST TO THE PIN

Hole 3/12 **Victoria O-Young** Hole 6/15 **Steve O-Young**

BEST GROSS

Jonny Brock 67 pts







GOLF OUTING RESULTS TUESDAY, 2ND MAY 2023 KSC EAST

STABLEFORD WINNERS

1st **Terry Wright** 38 pts 2nd **Darren McEntee** 36 pts 3rd **Colin Lunn** 32 pts

NEAREST TO THE PIN

Hole 3Coco YanHole 5Jonny BrockHole 8Peggy ChanHole 12*Albert LamHole 13Peter AyresHole 15Peter Ayres

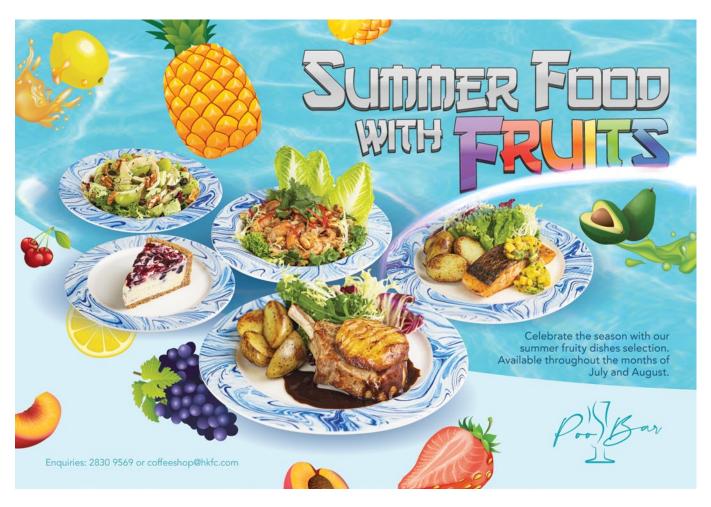
LONGEST DRIVE HOLE 17

Women's Peggy Chan Men's Darren McEntee

BEST GROSS

Marco Jorge 85 pts







SWIMMING AND TRIATHLON





HKFC AT THE

On 7th May, several HKFC members showed up in support of Splash Foundation, Hong Kong's only charitable organisation teaching kids and adults from under-resourced communities to swim, and raced in the Splash Dash Relay.

of Hong Kong secondary school students and over 70% of domestic workers from the Philippines and Indonesia don't know how to swim. The SDR is an annual fundraiser to support Splash to expand the delivery of their programmes, which has already taught 5000 people to swim since 2015.

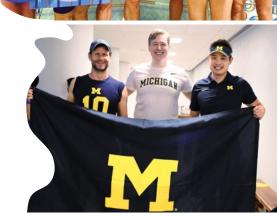
Each relay team included two members who had only learned to swim a few months before with Splash. These Splashers swam alongside participants including ex-Olympians like our very own **Arthur Li**, and avid swimmers amongst us: **Craig Nortje, Rupert Puels, Deb Hanley, Susan Hood, Mayank Vaid, Farah Master, Vasco van der**

Flier, Maggie Dou and Simon Holliday. The youngest participant was 3 years old; the oldest, 78. A diverse array of people swimming for each other and for the community.

There was music, dancing and fancy dress. It was competitive; this is Hong Kong after all. Teams swam in relay for 30mins, racing the clock to get in as many laps as possible. Arthur Li's team, the 'Has-been' Olympians, clocked in 100 laps, The Puels won their heats' Best Team Spirit, and Simon's team, with 2 members under the age 5, won everyone's hearts.

There was incredible team spirit and in particular an outpouring of support for Splashers swimming in their very first swim race.

Overall, the event raised over HK\$820,000, which will allow Splash to teach 410 more people. If you'd like to support Splash and their work, you can still make your donation at www.give.asia/splashdashrelay2023.



PERHAPS THE SKY IS THE SKY IS

On 30th April 2023, HKFC swimming team disguised their enthusiasm and passions with nonchalance, competing in the Hong Kong Long Course Masters Swimming Competition at Tung Chung Swimming Pool. Amid the placidity and the peacefulness in this long extended weekend, the team's blasting performance sent the entire Tung Chung district in an uproar. The deafening applauses and cheers from the delirious crowd greeting the team's trumping and thumping performances have vindicated our unwavering dedication to becoming one of the top performing swimming clubs in Hong Kong.





ur new blood Anthony Lo unshackled his young family commitment to come and race in both the 200m IM and 50m Freestyle events in the fiercely competitive 30-34 age group where he came in a respectable 3rd and 6th place. This particular age group is one of the toughest, deadliest and most precarious age groups in the Master series because this group is made up of some very active and semi-retired ex-Hong Kong and other countries' national swimmers. Anthony is one of the most disciplined and industrious regulars at our training sessions. In the not too distant future, we shall be witnessing his ascendency in his age group.

Alex Fong, our ex-Hong Kong national swimming champion and record(s) holder, continued to flaunt his unparalleled aquatic pedigree and his stardom by demolishing all his opponents in both 200m IM and 200m Freestyle in the 40-44 age category. His swims recorded a very impressive time of 2m 22s and 2m 10s, beating the second places by a significant margin of some 36s and 18s in his age group respectively and attaining second and first overall place in the all age groups. (Yes please allow him to get narrowly beaten by someone who is 20 years younger in the 200IM). Had Alex not had a very hectic long weekend work schedule depriving him of the much needed rest, he would have, in the team's collective opinion, swum a couple of seconds faster and broken both the current unassailable age group records.

Another ex-Hong Kong national swimming champion and record(s) holder Arthur Li relaxed through most of his winning 50m Fly race in the 50-54 age group until he realised towards the end of the race, he was remotely threatened by someone's catching up. Arthur, with a perfect swimming body frame and a naturally gifted aptitude, has never revealed how much more quicker that he is able to swim at this stage of his life. His effortless body movement gliding through the water and his aesthetic and technical qualities are such a pleasant to watch. We shall be anticipating his full potential when he and the team enter into the World Master Swimming Championship in Japan this summer. He is in earnest one of the most knowledgeable and

SWIMMING AND TRIATHLON

experienced swimmers. And his advice on fitness, techniques and dieting in and outside of the pool add an extra dimension to our training sessions.

The team has a sneaky suspicion that our **Edmund Wan** had been getting too accustomed to and potentially bored with dominating his favourite 50m Freestyle event where he never found anyone a serious threat. And in our full admiration, he demonstrated that he can extend his short distance power and has the endurance to achieving a very close third place in the 200m Freestyle.

The HK master scene was again eyewitnessing the supremacy of our all-round captain **Craig Nortje**. Our softly-spoken captain captured the imagination of the crowd by his inspiring grandeur winning performances in all the three events being 200m IM, 50m Freestyle and 100m Backstroke in the 45-49 age category.

Our Coach **Dominic Tsui** was not contented with being a winning coach training a winning team. His extra sense of aquatic achievement came in the form of coming a close second and third place in both 200m Freestyle and 100m Breaststroke in his 60-64 age group. Coach Dom vows to put more hours into his training (yes he has no time to train amid his coaching), cementing himself as the best coach and the best swimmer in his age group.

Our normal self-deprecating **Patrick Ip** has been in the self-congratulatory mood and can no longer conceal his delights at winning comfortably at both 200m IM and 100m Backstroke in the 55-59 age group. He attributes his surprise improvement to his self-diagnosed "analgesia" in jest (he is not a medical doctor BTW), by which his body feels no pain under extreme stress during high intensity trainings and races.

Finally, we must congratulate our relay team with Alex, Craig, Edmund and Arthur (not in any particular order) powering to the first place in the 200m Medley Relay.

Our swimming team will continue to make HKFC as a leading sports club in Hong Kong proud in the coming local swimming events and World Master event in Japan this summer. Matthieu MLV and Nicolas Gontard went to Camiguin, an island north of Mindanao, Philippines to join the iconic Swim Junkie Open Water races. Matthieu joined the 8km and Nicolas the 5km. The 8km race started from the coast and headed towards White Island, a white-sand islet 2.5km off the coast that you could hardly see from the shore.

Matthieu won the 8km race overall and set the course record in an impressive 2:04 despite the strong current in the 2nd part of the course and kept all his competitors at a significant distance. Nicolas had to fight much harder in 1:18 to win the 5km race overall with 20-year-old local swimmers right on his toes.

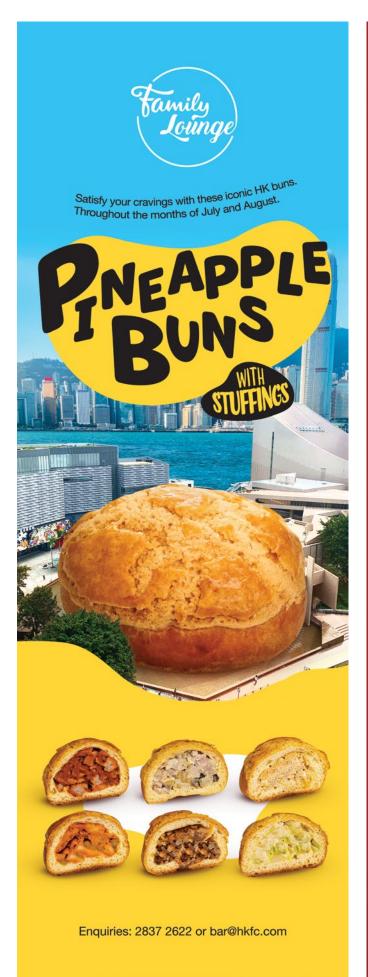
















ENQUIRIES: 2830 9531 OR SPORTSMANS@HKFC.COM

BADMINTON SOCIETY JUNIOR ASSOCIATE MEMBERS REPORT B*ADMINTON WORL* FEDERATION INTERNATIONAL SE

he month of May is an exciting time for our elite JAM Saloni Mehta and Happy Cheng with a superb Badminton World Federation International Series in Europe. They started off the first stop in Luxemburg in the qualifying round. Saloni graduated to the first round but lost to player a player from Czech Republic whereas **Happy** fought her way and finished with

The next stop was the Swedish Open 2023. With the experience and mental state more ready for this competition, both of the elite JAMs breezed through qualifying rounds. Unfortunately, both Happy and Saloni were facing each other in round 32 of the main draw and **Happy** was in better shape that day. Happy did not disappoint and fought her way to the final of Swedish Open 2023. However, her opponent from Japan was proven just too fit and strong for her on the day. She lost in 2 sets but brought home a silver medal.

The last leg of the European tour was the Slovenia Open 2023. After almost 3 weeks on the road and both players had to fought from qualifying rounds into the main draw, their physical state had been taking a toll on them from the previous tournaments. Combined, they both ended up playing over 40 games over the course of 3 weeks! Saloni advanced but lost in the last qualifying round and **Happy** lost to a player from Denmark in round 32 of the main draw.



Happy continued to improve her game strategy and perfected her skills to win her the first silver medal from an International Open series.

This European tour was a very successful preparation for the two elite JAMs towards upcoming important tournaments including Asian Games 2023 and perhaps

Congrats to Happy who finished with a bronze in Luxembourg Open 2023.

uxembourg Open

SEMLFINALIST

YONEX LUXEMBOUGH OPEN 2023

R32			
Cheng	21	25	
R Das	15	23	
V Dobiášová	21	21	
S Mehta	19	19	

Saloni fought hard but lost to a Czech Republic opponent in the first round.

SEMI-FINAL			
Hina AKECHI	21	21	
Tara SHAH	9	11	
Cheng Chiang Y L	12 21	21 14	19 21

Happy carried on her fight all the way to semifinal and lost to a player from Chinese Taipei.

VICTOR SWEDISH OPEN 2023

Cheng	21	21	
S Mehta	14	13	
FINAL			
Hina AKECHI	21	21	
Cheng	12	14	

SLOVENIA YONEX OPEN 2023

R32			
V Sandorhazi	17	21	21
Cheng	21	14	19
A Schulz	21	15	21
Cheng	17	21	17

a bronze.

INDONESIA JUNIOR TEAM TOURNAMENT 2023 JAM CORALINE LO

hile the seniors were busy competing in Europe, our 15-year-old **elite JAM Coraline**Lo was also travelling with the national junior team to compete in an elite junior team event in Indonesia. The other national junior teams included Thailand,

Indonesia, Malaysia and Singapore. She competed alongside her teammates and won 5-0 against Singapore, lost 0-5 to Indonesia and finished with a loss of 2-3 to Malaysia. This was a valuable experience for her to progress in her journey as a national junior player.



JAM Coraline Lo



Thomas Lee and Kenneth Chau with their first runner-up medals from YMCA Junior Badminton Doubles Tournament 2023

RESULT OF HKFC JAM			
Events	JAMs	Result	
U15 Boys' Singles	Thomas Lee Curtis Cheah and Andy Xie	First Runner-up Second Runner-up	
U18 Boys' Doubles	Michael Cha and Nixon Chiu	Second Runner-up	
U18 Girls' Doubles	Coraline Lo	Champion	

the Chinese Taipei pair in the semi-finals which

attracted hundreds of views on social media.



JAMs Michael Cha, Nixon Chiu and Chinese Taipei junior players

SPORTS

HKFC & TORQ SPORTS JUNIOR LADDER SERIES 204 SPANGE SEASON



Team coach Dawn Cuyno and JAM Jack Du

This was the second season of ladder series and due to functions and gradual resumption of lots of junior events, this season was running longer than we expected. However, we finally wrapped up the season in May 2023 and our **JAMs** performed well. **All JAMs** participated over 4 months and were able to keep up with their tournament experience and match practice to manage a competitive mindset. This appears to help players in their tournament preparation.

U15 BOYS' SINGLES

Championship Thomas Lee
First Runner-Up Andy Xie
Second Runner-Up Kenneth Chau

U15 BOYS' DOUBLES

Championship

Thomas Lee and Kenneth Chau

First Runner-Up

Jack Du and Michael Chen

2006-2008 OPEN SINGLES

Championship Merry Miu
First Runner-Up Nixon Chiu

Second Runner-Up Michael Cha and Ethan Choy

INTERNATIONAL SINGLES

Second Runner-Up Anthony Chuang

INTERNATIONAL DOUBLES

Second Runner-Up

Coach Dawn and Evelyn Zhu

Second Runner-Up

Anthony Chuang and Nixon Chiu

UPCOMING JUNIOR EVENTS

September 2023 - January 2024 **HKFC Junior Team Series 2023-2024**

January 2024 Ladder Series

May 2024

Junior Tournament

Summer 2024 **Invitation Team Tournament**





FRIENDLY GAMES WITH
THE SOUTH HORIZONS BADMINTON
CLUB (SHBC)

The HKFC social team played an away-fromhome competition with the SHBC at their Club House on 25th May.

Although the South Horizons Club House should be a convenient place to locate via public traffic, somehow some members still got lost and had difficulties to find the exact location. As usual, all these could be tackled easily. It was an exciting and fun night with all participants enjoying the games very much. It's unlucky that the social team finally lost.





Mixed Double



Mens Double



Game in Action

We are expecting the reciprocal match at the HKFC with a stronger line-up for a strike back.

The Badminton Society is going to organise more friendly games for all social members. On the other hand, more competitive open leagues and inter-club tournaments will be in the pipeline for those adults with fighting spirit.

BADMINTON SOCIETY (BS) AGM 2023

The BS AGM 2023 was held on 18th May (Thursday night) at the Lockhart Room. There was a total of 32 members present in addition to some junior members' parents in attendance. Inquiries from the attendees were being addressed and the general meeting concluded with a new committee elected:

BADMINTON SOCIETY NEW COMMITTEE ELECTED

Chairman Sammy Li Secretary Annie Chai Treasurer Patrick Leung **Membership Secretary** Lam Chun Tin **S&RSC Representative** Lawrence Leong **Society Captain** Lo Yiu Tong **Ladies Captain** Ivan Ho Youth Representative Steven Ng **Tournament Officer** Nora Man **Social Secretary** Lam Tat Kuen **General Officer** Leung Siu Ho

HIGHLIGHTS IN JULY TO AUGUST

GUEST CHEF



On 5th July 2023

"Heimat" Pop Up by Guest Chef Peter Find and Chef Alex Lee

On the 5th of July, put your skills to the test for lunch with a cooking class in Happy Valley Suite or immerse yourself for dinner in the "Heimat" pop-up at the Restaurant. A one-time exclusive opportunity, the choice is yours...

CHAIRMAN'S BAR



Finest Cuts, Freshest Catch

Satisfy your hunger for both fish and meat, our chefs have crafted dishes which are sure to delight your taste buds.

Tea Set: Summer of Love Beverage: Sparkling Cocktails

CHAIRMAN'S BAR



Blue Blue Sea

New afternoon tea set menu is available throughout the months of August and September.

CAPTAIN'S RAP



Korean Style Corn Dog

Get hooked on those Korean style corn dogs!

Beverage: Special Drinks from Thailand

SPORTSMAN'S BAR



Turkish Pide

Get ready to go big or go home! These pides size are perfect for big appetite.

Daily Special: Cajun Duckling with Dirty Rice Beverage: Czech Beer Fun Activity: Devil Chicken Wings Challenge

FAMILY LOUNGE



Pineapple Buns with Stuffings

Satisfy your cravings with these iconic HK buns.

Beverage: Summer Juices

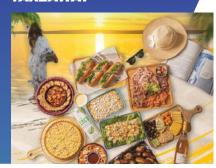
KIOSK



Aperitivo Pack

Indulge in a little while and unwind in style.

TAKEAWAY



COFFEE SHOP

Junk Boat Picnic Basket

Set sail with a nautical feast!

Please order 2 days in advance, available from July to August.

COFFEE SHOP



Rainforest BBQ Themed Buffet

Welcome to the Jungle!
Where Jungle heat meets BBQ treats.

COFFEE SHOP



No Beef, Just Veg

Even beef lovers will want to have a taste!

POOL BAR



Jungle Drinks
Food: Summer Food with Fruits



Friday, 14th July

Blind Tasting Wine Dinner

Unleash your senses where every sip is a surprise.

TIME 7:30pm Welcome Drink,

followed by Dinner

VENUE Restaurant, 2/F **PRICE** \$738 per member

\$788 per member's guest

Enquiries and Bookings: 2830 9532 or restaurant@hkfc.com

Thursday, 31st August

Sake Masterclass

TIME 7:30pm Welcome Drink,

followed by Dinner

VENUE Restaurant, 2/F **PRICE** \$258 per person

(\$50 refund for any wine purchased right after

the class)

Friday, 25th August

Nice to "Sea" You Again Wine Dinner

Dive into a sea of flavours with every sip and bite.

7:30pm Welcome Drink,

followed by Dinner

VENUE Restaurant, 2/F **PRICE** \$838 per member

\$888 per member's guest

Enquiries and Bookings: 2830 9532 or restaurant@hkfc.com

Saturday, 29th July and Sunday, 30th July

Wine Fair: Wine with Cheese and Chocolate

TIME 1:30pm – 6pm daily VENUE Lockhart Room, 2/F

Tasting available

PREVIEW IN SEPTEMBER

FESTIVE PROGRAMME

Mid-Autumn Festival Celebration

Mid-Autumn Hamper Pre-order at Kiosk Buffet Dinner with Festive Activities at Coffee Shop

WINE EVENTS

Friday, 8th September

Wine Dinner: Global Whisky

Friday, 22th September

Wine Masterclass: Valpolicella Wine Dinner

Saturday, 16th September | Sunday, 17th September

Wine Fair: Mid-Autumn Bazaar

Thursday, 21th September

Wine Masterclass: Oyster and Wine

RESTAURANT

Iberico Delights

COFFEE SHOP

Buffet Theme: Southeast Asia

Monthly Special: Vietnamese Noodle Soup with Snack Set

Beverage: Lemongrass / Cucumber Drinks Takeaway: South African BBQ Meat Combo

POOL BAR

Food: Autumn Harvest Pie

Beverage: Lemongrass / Cucumber Drinks

SPORTSMAN'S BAR

Outdoor Cooking Station: Texas Smoked BBQ
Daily Special: BBQ / Seafood / Meat Platter /
Smoky Trolley / Deep Fried Rolls

etivities Poor Olympics

Fun Activities: Beer Olympics
Beverage: German Beer

CHAIRMAN'S BAR

Food: Prawns and Scallops Tea Set: Blue Blue Sea Wine & Spirits: Rum Cocktail

CAPTAIN'S BAR

Food: Korean Corn Dog Beverage: Mint Themed Drinks

FAMILY LOUNGE

Food: Zapiekanka Sandwich Beverage: Peach Themed Drinks

KIOSK

Mid-Autumn Hampers

CATERING

Meeting Package 23-24

RESTAURANT

TEL 2830 9562
EMAIL restaurant@hkfc.com



TEL 2830 9569
EMAIL coffeeshop@hkfc.com



TEL 2830 9531
EMAIL sportsmans@hkfc.com



TEL 2830 9559 EMAIL bar@hkfc.com



TEL 2837 2622 EMAIL bar@hkfc.com



TEL 2837 2663 EMAIL bar@hkfc.com



TEL 2830 9531
EMAIL coffeeshop@hkfc.com



TEL 2837 2678 EMAIL kiosk@hkfc.com

CATERING SERVICE

TEL 2830 9513 EMAIL catering@hkfc.com

CLUB SHOP





APEROL SPRITZ GIFTPACK \$238 Including a bottle of Aperol, a bottle of prosecco and spritz tumbler **CHEESE PLATTER** \$95 Brie cheese, cheddar cheese, blue cheese, dry apricot, walnuts, baguette and crackers

CURED MEAT PLATTER \$72 Parma ham, salami, chorizo sausage, olives and gherkins

PACKAGES

1 + 2 \$308

1 + 3 \$288

1 + 2 + 3 \$358

