

CLUB

HONG KONG FOOTBALL CLUB 香港足球會 MAY 2015



*Squash
Tournaments
this month:*

*HKFC Meco
International 25*

PSA 2015

Monday 25th -

Saturday 30th May

*International
Squash 3's*

Friday 29th -

Sunday 31st May

HKFC CITIBANK

SOCCER  **SEVENS**

Friday 29th to

Sunday 31st May





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HONG KONG FOOTBALL CLUB MISSION STATEMENT

Vision: To be recognised as one of the leading sports clubs in the world.

Mission: To deliver quality services on the principles of accountability, consistency and transparency. To develop an organizational culture that recognises the importance of staff contribution and commitment. To facilitate the development and participation of recognised sporting activities.

Values: Being accountable – to communicate, consult and provide information.
Living within our means – to plan ahead within available resources. Developing a culture of service – to encourage commitment, integrity, courtesy and responsiveness.
Managing for performance – to set the direction and develop the necessary skills.

Aims: To provide the services the Membership needs.
To improve the quality of Club life.
To up-hold the Constitution and Bye-laws.
To encourage Members to play their part in the Club.

General Committee

President	: Dermot Agnew
Vice President	: Fook Aun Chew
Vice President	: Nick Hunsworth
Vice President	: Bobby Lawson
Vice President	: Iain Valentine
Chairman	: John Shanahan
Hon. Secretary	: Mike Wood
Hon. Treasurer	: Alan Morgan
Constitutional Affairs	: Jeff Lane
Development	: Neil Roberts
Discipline	: James Niehorster
Membership	: Maurice O'Brien
Sports and Recreation	: Philip Woolf
Hockey Officer	: Niccola Russo
Lawn Bowls Officer	: Mike Worth
Rugby Officer	: Damian Babis
Soccer Officer	: Neil Jensen
Squash Officer	: Adam Wilson

Management

General Manager	: Mark Pawley
Director of Operations	: Tony Sealy
Director of Food and Beverage	: Dominique Artigolle
Director of Finance	: Ricky Chan
Executive Chef	: Danny Lai
Facilities Manager	: Evan Tao
Membership Services Manager	: Kerry Ogle
Human Resources Manager	: Angela Chan
Executive Housekeeper	: Tracy Tseung
Front Office Manager	: Shirley Lo

Club Magazine

Monthly journal of the Hong Kong Football Club.
Arranged by Karen Chan-Mulvenna. For information and requests for placement of advertisements in "Club" please call 2830 9503. The opinions expressed in the articles are those of the writers and do not necessarily reflect the opinions of the Hong Kong Football Club or the General Committee. The Club reserves the right to edit and clarify all content. The copyright of all materials is held by the Hong Kong Football Club.

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*Cover photo: Frank Sinclair will again captain the Citibank All Stars in the Masters Tournament at the HKFC Citibank Soccer Sevens.
Photo: Power Sport Images for HKFC*



John J Shanahan, Chairman

The Thoughts of the Chairman

The non-stop sporting action at the Club continues this month with more international events to cater to your sporting needs. The **HKFC Citibank Soccer Sevens** will be played over the weekend of **Saturday 29th May – Sunday 31st May** at the Main Pitch, and this is preceded, the weekend before, by the **HKFC Citibank Junior Soccer Sevens!** Spanish champions Atletico Madrid, top rated New Zealand side Wellington Phoenix and Shanghai SIPG make their debut at this year's International Soccer Sevens. They will be joining English Premier League sides such as Aston Villa, Newcastle United, Leicester City, West Ham and Stoke City to name just a few of the top English teams playing in this highly successful tournament. The Club will be fielding two teams and local champions Kitchee will also be competing.

The **HKFC Meco International Professional Squash Association (PSA) Mens and Ladies International World Ranking Tournament** will be held at the Club from **Monday 25th to Saturday 30th May**. There will be PSA players coming from such diverse places as India, the Netherlands and Australia to compete in this tournament. The squash action doesn't stop there as the **International Squash 3s** will also be held on **Friday 29th – Sunday 31st May**.

Continuing with the sporting theme, I was delighted to be able to present (along with **Dermot Agnew**, President of the Club) **Warren Gatland**, the current Head Coach of Wales



and the Head Coach of the British and Irish Lions on their winning tour to Australia in 2013, with Honorary Membership of the Club. Warren was here during Rugby Week and was delighted to receive his Honorary Membership.

I have to close this month on a sad note as our ex-Honorary Treasurer **David Howell** passed away on 15th April after a brave battle with cancer. He will be sorely missed and our sympathy and prayers are with his family and friends at this time.

JOHN J SHANAHAN
Chairman



HKFC CITIBANK

SOCCER SEVENS



香港足球會CITIBANK七人足球賽

ASTON VILLA ATLETICO MADRID KITCHEE LEICESTER CITY NEWCASTLE UNITED
SHANGHAI SIPG STOKE CITY WELLINGTON PHOENIX WEST HAM UNITED

MAY 29-31, 2015

HONG KONG FOOTBALL CLUB, 3 SPORTS ROAD, HAPPY VALLEY

香港足球會 跑馬地體育路三號

FRIDAY

FREE

DAY PASS

HK\$160

2 DAY PASS

HK\$300

TICKETS ARE AVAILABLE FROM CITYLINE WWW.CITYLINE.COM / 2111 5393 AND AT TOM LEE MUSIC STORES AND ASIAWORLD EXPO

EXCLUSIVE OFFER! PAY WITH YOUR CITIBANK CREDIT CARD TO RECEIVE A 40% DISCOUNT! WWW.CITIBANK.COM/HK/SOCCERSEVENS

- Members and their Guests can watch the tournament for FREE from the designated Members' area
- Public Entry through HKFC Stadium Entrance via Happy Valley Infield next to the Hong Kong Racing Museum



WWW.HKSOCCERSEVENS.COM





Notice to Members

Please be informed that **Members will be unable to access the Ladies Changing Room in the Infield on Saturday 30th May and Sunday 31st May** due to requirements for the International Soccer 7's Tournament. The Changing Room will be closed from 7:00am to 8:00pm on both days. If access is required to Lockers then this can be arranged by the Housekeeping attendant(s) who will be on duty outside the Changing Room.

From the Desk of Mark Pawley

As noted by the Chairman we have another busy sporting month ahead of us with the **HKFC Citibank Soccer Sevens** and the **HKFC Meco International Professional Squash Association Mens and Ladies International World Ranking Tournaments**. On top of this, of course, we have a lot of "LIVE" sports on TV throughout the month including the **English F.A. Cup Final on Saturday 30th May**, the start of the **State of Origin Rugby League** series on **Wednesday 27th May**, two F1 Grand Prix (the **Spanish Grand Prix on Sunday 10th** and the **Monaco Grand Prix on Sunday 24th May**), and the **French Tennis Open** which begins on **Saturday 23rd May**.

On the Staffing front, many congratulations are in order to **Chan Suk Chun, Power Fan** and **Charles Wong** (photos below), who are the winners of the first quarter of our Annual Star Award programme. Keep up the good work.

Food and Beverage this month includes a **French Classics** promotion in the Restaurant (**every evening for Dinner except Sundays**) where the likes of Garlic Sautéed Frog

Legs, Mussels Marinière, and Cassoulet of Duck Confit, to name but a few, will be on the menu! The **Australian and New Zealand Dinner Buffet** continues on **Sunday evenings** and this, of course, is preceded by the ever popular and, in demand, **Sunday Brunch!** Don't forget too the **All You Can Eat "Dai Pai Dong" Lunch Buffet** which this month will be on **Saturday 16th** and **Saturday 23rd May**.

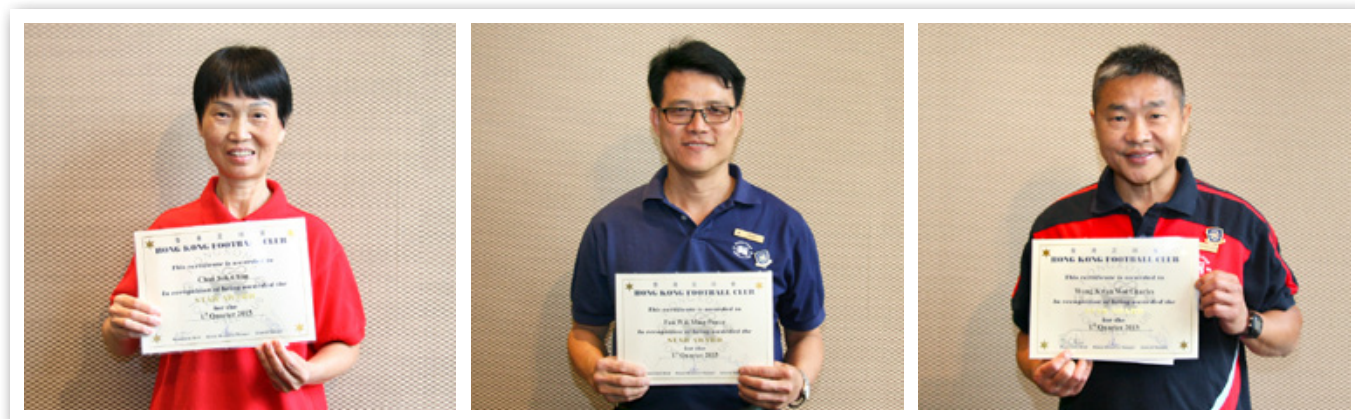
In the Coffee Shop in May we have a **Taste of Japan Dinner Buffet every Friday and Saturday evening** and of course, the popular **Semi-Dinner Buffet** will be available **Monday to Thursday** throughout the month.

In the Sportsman's Bar the **Blazing BBQ weekends** continue and we will also be promoting a number of homemade **Savoury Pies** courtesy of Chef Andy — we hope you like them!

I look forward to seeing you all at the Club!

MARK PAWLEY
General Manager

2015 Q1 STAFF STAR AWARD



Chan Suk Chun - Housekeeping

Power Wai Ming Fan - Engineering

Charles Kwan Wai Wong - Sports

EASTER AT THE CLUB

on Sunday 5th April 2015





Veve Clicquot

■ REIMS FRANCE ■

VEUVE CLICQUOT ROSÉ CHAMPAGNE DINNER

Girls' Night Out - The Red and Pink Dress Party

Ladies Only - Dress in your fabulous Red or Pink Best for a girls' night out to remember!



DATE:
8th May 2015 (Friday)

VENUE:
The Restaurant

TIME:
7.30pm - Pre-Dinner Drinks

8pm - Enjoy an exquisite 4-Course Dinner served with free - flow of Veve Clicquot Rosé

CANAPÉS

Grilled Halloumi cheese on Walnut Bread and Blood Orange Chutney
Ahi Tuna California Roll with Sesame Seeds and Wasabi Aioli

APPETIZER

Quinoa with Pink Grapefruit, Avocado and Baby Spinach Salad

SECOND COURSE

Champagne Poached Sea Bass with Truffle Emulsion, Sautéed Fava Beans and Carrot Mousseline

MAIN COURSE

Grilled French Organic Chicken Breast Filled with Ricotta Cheese on Sundried Tomato Coulis

DESSERT

Caramelized Puff Pastry with Pears, Vanilla Chantilly Cream

COFFEE/TEA & PETIT FOURS

**PRICE: \$598 PER MEMBER
\$638 PER GUEST**

LIMITED SEATS AVAILABLE.

Please contact the Restaurant at 2830 9562 for a reservation or email: restaurant@hkfc.com or fax 2576 7598.
Last day for cancellation: Monday 27th April 2015

* Cancellations or amendments must be faxed or emailed to the restaurant and must be made before April 27th. Otherwise, full payment will be debited to the member's account, unless there are exceptional circumstances.



FEATURING AN EXCLUSIVE TRUNK SHOW BY SAU FASHION - GET A FIRST LOOK AT SAU'S NEWEST COLLECTION, STYLING TIPS FROM THE DESIGNER, AND EXCLUSIVE DISCOUNTS!

To Mother with Love

Sunday 10th May

The Restaurant and Coffee Shop will offer a day of great food and fun for Mothers and the whole family.



COFFEE SHOP

Lunch Buffet with Deluxe Dai Pai Dong Corner

From 11.30am to 2.30pm
\$278 per Adult, \$138 per Child (age 12 and under)

Dai Pai Dong Specialties: Silkie Soup with Brazilian Mushroom and Conpoy/Peking Duck/Roasted Suckling Pig/Deep Fried Lobster Dumpling/Sweetened Red Dates, fungus, Donggui and Boiled Egg Soup with Bird Nest

All Time Favourites: Deluxe Assorted Sashimi/Freshly Shucked Oysters/Roasted Rib-eye/Crab Congee/Rack of Lamb/Assorted Curries/Egg Tart with Bird Nest/Chocolate Fontaine

Inclusive of unlimited soft drinks and draft beer.

There will also be a free gift for all Mums ordering the Buffet.

(Very limited A la Carte for Lunch)

Thanks Mum! International Seafood Dinner Buffet

(Every person ordering the seafood buffet will enjoy a half Lobster Thermidor and unlimited serving of soft drinks and draft beer)

From 6pm to 9.30pm
\$308 per Adult, \$168 per Child (age 12 and under)

Seafood Specialties: Freshly Shucked Irish Oysters/Deluxe Sashimi Counter/Sautéed Alaska Crab Leg in Garlic Butter/Dutch Mussels in White Wine/Atlantic Black Cod and Red Prawns on Braised Leeks

All Time Favourites: Assorted Sushi/Parma Ham and Melon/Smoked Salmon/Japanese Platter/Peking Duck/Roasted Suckling Pig/Roasted Prime Rib and Lamb on the Spit/Egg Tart with Bird Nest/Chocolate Fontaine

There will also be a free gift for all Mums ordering the Buffet.

(Very limited A la Carte for Dinner)

For reservations please call the Coffee Shop at 2830 9569 or email at coffee@hkfc.com

RESTAURANT

Mother's Day Seafood Brunch with unlimited Sparkling Wine

From 11am to 2.30pm
\$368 per Adult
\$168 per Child (age 12 and under)

Enjoy a Seafood Brunch with unlimited serving of sparkling wine.

There will also be a free gift for all Mums ordering the Brunch.

Fruits of the Sea Dinner Buffet

From 6.30pm to 9.30pm
\$388 per Adult
\$168 per Child (age 12 and under)

The seafood counter includes two varieties of live oysters amongst other premium seafood. We also feature Mother's favourite double-boiled soup, and each diner will *receive a Steamed Egg White with Bird's Nest in Coconut.*

There will also be a free gift for all Mums ordering the Buffet.

Just as impressive, at the dinner buffet, enjoy unlimited consumption of chilled juices, soft drinks, beer, selected wines and Sparkling Wine for just \$70 per person.

Unlimited pouring of selected chilled juices and soft drinks for just \$30 per person.

(No A la Carte on that day for Lunch and Dinner)

For reservations please call the Restaurant at 2830 9562 or email at restaurant@hkfc.com

Booking is required.



RESTAURANT

FRENCH CLASSICS CELEBRATION

Every evening for Dinner (except Sunday) throughout the month of May from 6.30pm to 10.30pm

This month we say Bonjour!

The Restaurant will transport Members to a French Brasserie this month with its traditional home-made style brasserie dishes. Executive Chef Danny's menu will include a variety of entrée and main courses such as Garlic Sautéed Frog Legs, Mussels Marinière, Grilled Beef Entrecôte with "Beurre Café de Paris" served with garden salad and French fries, Cassoulet of Duck Confit, Rack of lamb with Ratatouille. Mouthwatering desserts will include Crème au Caramel and Profiteroles with Crème Pâtissière, Vanilla Ice cream and Hot Chocolate Sauce.

Please contact the Restaurant at 2830 9562 for a reservation or email: restaurant@hkfc.com.



RESTAURANT

AUSTRALIAN AND NEW ZEALAND SUNDAY DINNER BUFFET

from 6.30pm to 9.30pm every Sunday night throughout the month of May

We bring you the freshness from Australia and New Zealand in the Restaurant every Sunday evening at the Dinner Buffet. We have New Zealand lamb, known for its superb quality, and kangaroo meat from Australia, which is a traditional treat. We also feature popular seafood such as scallops, mussels, crab and fish.

Not to forget, we also have our all time favourite Seafood Platter, which includes Crab Legs, Whelks, Shrimps, Sashimi and other seasonal seafood.

For dessert, we recommend the Steamed Australian Fresh Milk with Bird's Nest and the Passion fruit Pavlova, as well as traditional favourites such as Mango Napoleon and Double Chocolate Fountain to complete the perfect evening.

\$295 per Adult
\$150 per Child under 12 years of age

Please contact the Restaurant at 2830 9562 for a reservation or email: restaurant@hkfc.com

Just as impressive, at the Dinner Buffet enjoy unlimited consumption of chilled juices, soft drinks, beer and house wine for just \$70 more per person.

LUNCH AT THE CLUB

THE RESTAURANT

Monday to Friday
from Noon to 2.30pm

Set Lunch with Starter Buffet

2 Courses: \$175
3 Courses: \$195

THE COFFEE SHOP

Monday to Thursday
from Noon to 2.30pm

Light Lunch Buffet

\$138 (Adult); \$75 (Child)

Friday to Sunday
from Noon to 2.30pm

International Lunch Buffet

\$165 (Adult); \$80 (Child)

THE CHAIRMAN'S BAR

Monday to Friday
from Noon to 2.30pm

Express Set Lunch

4 Courses: \$115

RESTAURANT AND CHAIRMAN'S BAR

SUNDAY BRUNCH

from 11am to 2.30pm

Please contact the Restaurant at 2830 9562 for a reservation or email: restaurant@hkfc.com

DRESS CODE: Club Casual.

No Collarless T-shirts, no Flip Flops or sandals with socks, no short Casual Shorts (Knee length – no beach wear). Ladies are required to dress to a comparable standard.

CHAIRMAN'S BAR

WINE CAROUSEL

every day from 6.30pm to 10.30pm

From 6.30pm till 10.30pm daily, you can enjoy 2 hours of free-flowing wines specially selected to match the season at a set price of **\$185 per person**. Alternatively you can select any two glasses of wine for only **\$90**.

All these wines can be purchased from our takeaway list. Forms are available on our website or at Reception.

CHAIRMAN'S BAR

FRESH OYSTERS

every day from noon to 10.30pm

- 6 oysters and 2 glasses of Sparkling for \$165
- or 12 oysters and 2 glasses of Sparkling for \$275

Great Value for Money "Take-away Wine"

How to order:

- Please fill out the enclosed order form or pick up the form at the G/F Lobby or download it from our website: www.hkfc.com.hk
 - Fax it to: 2576 7598 or e-mail to: bar@hkfc.com
 - Please allow 5 working days for the processing of your order
- ** Allocation is limited until stocks last (on a first come first served basis)

RESTAURANT



ALL YOU CAN EAT
"Dai Pai Dong"
LUNCH BUFFET

in the Restaurant
Saturday 16th and Saturday 23rd May
from Noon to 2.30pm
\$148 per Adult
\$78 per Child under 12 years of age

Enjoy over 30 local favourites typically found in Hong Kong's well known "Dai Pai Dong" street stalls and cafes. Selections includes: Peking Duck, Congee, Noodles and a variety of healthy double-boiled soups, Braised Beef Brisket/Pork Knuckle Noodles, Curry Fish Balls/Curry Pig Skin/Curry Squid, Pan-seared Eggplant/Beancurd/Chili Stuffed with Fish Paste, Sauteed Clams in Chili and Black Bean Sauce, Chicken Wings/Giblets in a Chinese marinaded soy sauce, Chinese style egg waffles and more!

The "All-You-Can-Eat Dai Pai Dong Lunch Buffet" will be served from Noon to 2.30pm (2.5 hours)

Just as impressive, at the Dai Pai Dong Lunch Buffet enjoy unlimited consumption of chilled juice, soft drinks, beer, selected wines and sparkling wines for just \$70 per person.

Please contact the Restaurant at 2830 9562 for a reservation or email: restaurant@hkfc.com



Photo for reference only

COFFEE SHOP

A TASTE OF JAPAN DINNER BUFFET

Friday and Saturday evenings in May
from 6.30pm to 9.30pm

The Coffee Shop presents a new dinner buffet featuring Japanese delicacies every Friday and Saturday evening.

Chef's recommendations include Lobster Tempura, which is briny and crispy. For those who are hotpot fans, Wagyu Beef Shabu Shabu with Hokkaido 3.6 Milk will surely be your right choice. It is made for you A-la-minute at the cooking counter.

Items not to be missed include the Assorted Robotayaki, Crab Tobiko, Sea Urchin and Soft Shell Crab Hand Rolls, Seafood on ice and many more will be served during the buffet on a rotational basis.

Other recommendations include Flamed Eel Sushi, Sauteed Japanese Miso Halibut, Assorted Seafood Stew in Miso Broth with Rice.

A sumptuous meal wouldn't be complete without a line-up of delicious desserts. Must tries include the Japanese Cheese Cake, Green Soufflé with Vanilla Sauce, Red Bean and Raspberry Gateau to name just a few.

Unlimited wine, beer and soft drinks are available for an extra \$70 only per person.

For more information please call the Coffee Shop at 2830 9569 or email at coffeeshop@hkfc.com

Organising Meetings and Workshops?

Are you planning to have company meetings or workshops?

If so, the Club can provide you with a range of venues suitable for your needs, as well as a variety of value-for-money packages to choose from.

For information on bookings and packages, please call the Catering Department on 2830 9513 or email: catering@hkfc.com

COFFEE SHOP

SEMI DINNER BUFFET

Monday to Thursday
from 6.30pm to 9.30pm

Treat yourself to a delectable selection of appetizers, made-to-order main courses and tempting desserts at the Semi-Dinner Buffet.

Please call the Coffee Shop at 2830 9569 for more details.



Children's Pool Party with Buffet

Special beverage package available

Date : Friday 22nd May 2015
Time: From 6pm to 9pm (Food served from 6.30pm to 8.45pm)
Price: \$298 per Member (age 18+) / \$328 per Member's Guest (age 18+)
 \$148 per Junior (age 13-17) / \$88 per Child (age 3-12)

Reservations are required and the Poolside will only be "open" after 6pm on the day of the event to Members (and their guests) who have booked. The pool will be closed to non-participants from 5pm onwards. Don't miss the chance to get wet and cool. Book early to avoid disappointment as *seats are limited*. Please contact Catering Office on 2830 9513 or email: catering@hkfc.com for reservations. Booking form is also available at the Reception.
The Pool Party may be cancelled due to bad weather or an insufficient number of bookings.

***The Swimming Pool will close at 9pm.**



SPORTSMAN'S BAR

BLAZING BBQ WEEKEND

Don't Forget the Blazing BBQ Menu every Friday Night and Saturday and Sunday from Noon to 2.30pm and from 6pm to 10pm.

SAVOURY PIES

Enjoy our home-made savoury pies, made with short crust pastry and filled with top-notch ingredients, courtesy of Chef Andy. It goes down well with a pint of beer or two!



Soccer

The English FA Cup Final will be held at the Wembley Stadium on **Saturday 30th May**. Kick off will be just after midnight HK time.

Right here at the Club, we have the **International Soccer 7's** tournament from **Friday 29th to Sunday 31st May**. We have put together some great food and beverage delights that will be available "Pitch-side" throughout the weekend.

Rugby

On the screen, we have the **State of Origin** Rugby League series kicking off in Brisbane on Wednesday 27th May.

F1 Auto Racing

The **Spanish Grand Prix** will be held on **Sunday 10th May** and the **Monaco Grand Prix** on **Sunday 24th May**.

Tennis

The **French Open** starts on **Saturday 23rd May** and the final will be played on **Sunday 7th June**.

Keep up to date by looking at the Club website and on the "live" TV notice boards.

For further information, please call the Sportsman's Bar at 2830 9531.

OPENING HOURS

As the Mini Soccer and Mini Rugby training seasons are coming to an end, starting from June, the Sportsman's Bar will open at 11am on Saturdays, Sundays and Public Holidays until further notice.

château roubine provence wine dinner



JUNE PREVIEW



friday 12 june

the Restaurant

7.30pm cocktail
8pm dinner

\$585 per member
\$635 per member's guest
includes a 5-course set menu and 5 wines

limited seats available

provence cru classé

Located right in the middle of Provence, between Lorgues and Draguignan, Château Roubine is one of the oldest wine estates of France. Famous ever since the 14th century, the Templars yielded the property to the Saint James of Jerusalem Order in 1307.

Valérie Rousselle looks after this historical property, one of only 18 estates awarded with the "Cru Classé" title in 1953 by the Ministry of Agriculture.



The **Château Roubine**, is spread all in one piece in the heart of the Var and surrounded by pines and oak trees, offers, thanks to its natural drainage, its ideal east-west exposure and its chalky clay soil, the perfect conditions for the production of top quality wines. The Classique range is a typical Provence wine, light and fruity and its flagship rose blends Cinsault, Cabernet, Syrah, Grenache and the native Tibouren. The grapes are harvested at night to preserve their acidity and then go through a cold maceration to extract the delicate flavours and obtain a floral, crisp and refreshing bouquet with a pale peach colour, the wine being ideal for an aperitif.



menu

assorted canapés

côtes de provence cru classé rosé 2013

.....

1st course

fresh fillets of line caught sea bass
marinated with lime, lemon, ginger, fresh coriander and pink pepper
côtes de provence cru classé white 2013

.....

2nd course

tuna and tomato tartare
with parmesan shavings and truffle oil
côtes de provence cru classé white terre de croix 2010

.....

3rd course

veal prime rib with ratatouille provençale
côtes de provence cru classé red 2012

.....

4th course

roasted duck breast with fig sauce
côtes de provence cru classé red terre de croix 2012

.....

dessert

roasted pear tart with almond pie crust
coffee or tea and petits fours

Please contact the Restaurant at 2830 9562 for a reservation
or email: restaurant@hkfc.com or fax 2576 7598

Last day for cancellation: Wednesday 27th May 2015



* All the above wines will be served in limited quantity

** Cancellations or amendments must be faxed or emailed to the restaurant and must be made before Wednesday 27th May 2015 otherwise, full payment will be debited to the member's account, unless there are exceptional circumstances.



To My Greatest DAD

Sunday 21st June

The Restaurant and Coffee Shop will offer a day of great food and fun for Dads and the whole family.

COFFEE SHOP

“I Love you Dad” International Lunch Buffet*

(Every person ordering the lunch buffet will enjoy a half Lobster Thermidor and unlimited serving of sodas and draught beer)

From 11.30am to 2.30pm

\$248 per Adult

\$148 per Child (age 12 and under)

Father’s Day Thai and Vietnamese Dinner Buffet*

(Every person ordering the dinner buffet will enjoy a Thai Prawn Sashimi, Chilled 3.6 Hokkaido Milk Pudding with Gold Leaf and unlimited serving of sodas and draught beer)

From 6pm to 9.30pm

\$268 per Adult

\$168 per Child (age 12 and under)

***Seafood Specialties:** Freshly Shucked Irish Oysters/ Deluxe Sashimi Platter/Baked Alaskan Crab Leg in Asian Spice/Poached Australian Black Mussels in Tom Yum Goong Broth/Vietnamese Sugar Cane Prawns

***All Time Favourites:** Assorted Sushi/Parma Ham and Melon/Seasoned Pei Par Duck/Roasted Prime Rib/ Thai Tom Yum Goong Soup/Vietnamese Raw Beef Noodle/Chocolate Fountain/Fresh Jack Fruit Platter/ Tropical Fruits Ice Cendol and much more...

***There will also be a free gift for all Dads ordering the Lunch /Dinner Buffet.**

***Very limited A la Carte for Lunch and Dinner**

For reservations please call the Coffee Shop at 2830 9569 or email at coffeeshop@hkfc.com

RESTAURANT

Father’s Day Seafood Brunch with All You Can Drink Sparkling and Selected Wines*

From 11am to 2.30pm

\$368 per Adult

\$168 per Child (age 12 and under)

Enjoy a sumptuous Seafood Brunch with all you can drink Sparkling and Selected wines.

Sea Treasure Dinner Buffet with Free Flow of Sparkling and Selected Wines*

From 6.30pm to 9.30pm

\$388 per Adult

\$168 per Child (age 12 and under)

Father’s Day is your special chance to make your Dad feel like a KING – bring him to the Restaurant for the Father’s Day Sea Treasure Dinner Buffet.

Chef Signature’s Cooking Station:

- Lobster Risotto, Parmesan Wheel Roulade, Summer Black Truffle
- Pan-seared Foie Gras, Brioche, Sour Cherry Sauce
- Sautéed Australian Wagyu Beef, Garlic Globe, Teriyaki Soy Sauce
- Whole Tuna Cutting Performance (7pm to 7.30pm)

***There will also be a free gift for all Dads ordering the Lunch /Dinner Buffet.**

***No A la Carte on the day for Lunch and Dinner**

For reservations please call the Restaurant at 2830 9562 or email at restaurant@hkfc.com

Booking is required.



HKFC Squash Japan Tour

14th and 15th March 2015

It was a long, long time ago when HKFC Squash last visited Japan and spaces for this tour quickly filled up with excited players and supporters! It seemed to fill up even before it was officially announced! When the tour finally rolled around we had 15 HKFC participants comprising a good mix of husbands/wives, fathers/sons, and singles. We had a nice sleep in Saturday morning and then it was down to business at the Tokyo American Club (TAC) just after lunch. Unfortunately for HKFC, the opposition stacked their team with very handy players and HKFC went down 10-3. I hereby throw down the gauntlet for more highly ranked HKFC players to join

us on these fun tours in the future! Luckily, we felt much better after TAC threw a nice dinner and drink spread to get us started for the night. First stop afterwards was a Japanese 'show' that only photos and memories can adequately describe – words can't do justice! You can see from a few select photos here that our beloved tour captain **Adrian 'Wildman' Ng** (John Travolta in disguise) rather enjoyed himself at the show. After the show, we split into groups going after Japanese noodles, rugby watch, and other nefarious activities, with most of us ending the night past 1am, and some ending it just before sunrise.

On Sunday morning we were supposed to arrive at the Yokohama Country Athletic Club (YCAC) at 9am sharp. Unfortunately, we all arrived late thinking surely our teammates would be earlier than us, after shaking off violent chills, dehydration, and other general hang-over ailments and sleep deprivation. Once we got going, our HKFC squash training paid off in spades as we routed the YCAC 14-10. And YCAC treated us afterwards to a wonderful lunch on the YCAC grounds. **Michael Yang** then gave us a nice tour of some of the sights of Yokohama including a beautiful Japanese garden and a few of the local and visitor tourist and shopping districts.



HKFC Squash Winning Teams



Men's Squash

The squash season is reaching its final stages now, but it slowed down a while ago for some of our victorious teams. Our congratulations go out to the Men's Division 4 team who won the league title with games to spare! A hearty well done to the team's convener, **Ben Lloyd**, for his unstinting efforts in managing his team and their schedule. We'll leave you with a couple of photos of the winning team enjoying themselves during match-night (all very mature, as you'd expect).



Mens' Division 4 team – Winners

Women's Squash

HKFC Ladies Squash have had a good season, culminating in one league win and, to date, one play-off win. Teams in L1, L2, and L3 have all played well this season, with players showing commitment on and off the court! Well done to you all and thank you to both players and Conveners.

HKFC Ladies L3A won the League 3 title this season - for the first time! Congratulations to the team who have played consistently all season and have only lost two matches overall. **Emma Duncombe** should get a special mention as she hasn't dropped a match or a set all season! Well done to the whole team and well played! Thanks again to **Chin MacNamara** who has done a fantastic job as convener - yet again! L2A now goes into the play-offs during April 2015.

HKFC L2A won the League 2 playoffs, and came second in the league. Great season, ladies, well done! They beat our own HKFC L2B in the playoffs so commiserations to L2B, but well done to you all. Thanks to **Pat Choong** as Convener who has again done a great job. ■

As mentioned above, the tour is best described through photos rather than words so I'll keep this short to make room for more of the action photos! Special thanks to all of the participants that made this a wonderful tour, to **Adrian Ng** for organizing, to **Michael Yang** for setting up the YCAC visit, to tour men's MVP **Mark Sutcliffe** who never dropped a game over the two days, to tour ladies' MVP **Vivi Thomas** who won all of her matches, to **Keith** (Vivi Thomas's husband) and **Yasmin** (**Tom Chamberlain's** wife) for supporting HKFC on and off the courts, to **Nathan Chan** for stepping up and winning some epic battles as our #1 ranked player on tour, to **George Chan** for playing injured, and to **Isaiah Jones** who played through jet lag after arriving from New York.

■ **Rob Baseball Jones**



Division L3A – Winners.
 Front – Sati Mathanu, Vivi Schlosser, Chin Macnamara, Kim Macnamara, Monique Wong.
 Back - Myrna Jivraj, Suzanne Sadler, Susanna Chan, Rachel Sutcliffe, Emma Duncombe, Elizabeth Pompea, Julie Savoie (absent).



Division L2A – Winners of the play-offs.
 From the front, going round – Renee Wu, Kate Geary, Nicole Cheung, Iris Sung, Ruchika Kumar, Cheryl Vong, Pat Choong.

HKFC CLUB CHAMPIONSHIP FINALS DAY

Saturday 23rd May, 2015

The afternoon of Saturday 23rd May is reserved for the HKFC Squash Club Championship Finals.

Please show your support to the Section, and come along to watch the Men's and Ladies Finals, watch some excellent squash and have a drink or two!

Further details will be announced shortly, but Finals Day will incorporate all of the Cup Finals, together with consolation Plate and Bowl Finals:

Men's Final (defending champion - **Chad Sunde**)

Ladies Final (defending champion - **Carmen Lee**)

Men's Masters Final (defending champion - **Phil Head**)

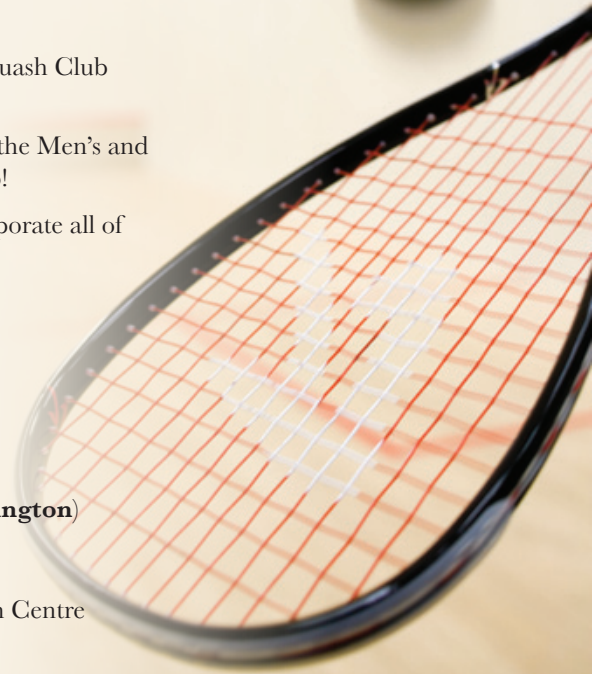
Women's Masters Final (defending champion – **Julie Savoie**)

Men's Super Masters Final (defending champion – **James Barrington**)

Can the 2014 winners hold onto their crowns?

BE THERE – the afternoon of Saturday 23rd May, HKFC Squash Centre

(Further details and timings to be confirmed nearer the time)



HONG KONG FOOTBALL CLUB MecoGroup PSA WORLD TOUR

HKFC Meco International 25 PSA 2015

Monday 25th - Saturday 30th May
Hong Kong Football Club Squash Centre

PSA PLAYERS

- Annie Au (Hong Kong)
- Laurens Jan Anjema (Netherlands)
- Max Lee (Hong Kong)
- Rachael Grinham (Australia)

Members of the public who wish to watch the matches are requested to register beforehand by emailing hksquash@live.com

For more information please visit www.psa-worldtour.com

HKFC International Squash 3's Tournament

Fri 29th - Sun 31st May 2015
Hong Kong Football Club Squash Centre

HONG KONG FOOTBALL CLUB

All Members are welcome to come and watch



Squash Kit Must Travel

We're still seeking entries of HKFC squash aficionados wearing their squash kit on holiday/travel/business in all sorts of exotic locations or weird but wonderful outposts. What's even more wonderful is that there's a prize at stake for the best photograph – dinner for two at a top Hong Kong island restaurant!

To keep us going, we have several new submissions from Section members. First of all, here's a stunning picture taken atop the peak of Whistler Mountain, where Section member **Alex Berriman** was holidaying over the Chinese New Year. And secondly, we also have a snap of our esteemed Squash Section Committee Member, **Dave Murray**, taking a break from his famous back-hand boast to enjoy the sunshine of Hua Hin in Thailand. Thirdly, **Eric Ho** can be seen poolside in our sponsor's top in Guam – where his brother was recently married. Very nice, and very exotic.

If you'd like to don the Club top in a beautiful or weird location, then feel free to do so and please continue to submit your entries to publicity@hkfcsquash.com. You never know, you might just end up with that free dinner! ■



Tom in fine form with his team-mates celebrating another successful season of squash



Good Luck, Tom!

It is with a heavy heart that the HKFC Squash Section bids farewell to **Tom** and **May Tang**, who are leaving Hong Kong to relocate in Kuala Lumpur, Malaysia. Tom has been a popular and active member of the Squash Section for many years, and has served as both Captain and Chairman of the Squash Section Committee. His tireless, selfless work and endearing friendship have helped make him one of the most popular members in the Section. But fear not, for Tom and May will only be making a home in KL for two years, so we hope to see them both back at the Club before too long. The Squash Section recently held an afternoon of squash (and drinks, of course) for the Section members to allow them to bid their farewells to Tom and May. We wish them both the best of success, good health and prosperity in Kuala Lumpur. ■



Dave Murray in Hua Hin, Thailand



Alex Berriman at Whistler, Canada



Eric Ho in Guam



Tiger Bowls Cup Winners (Men) - Derek, Rupert, Jesse, Jesse's son Jackson and Neil



Men's Cup Winners



Ladies Plate Winner - Yumi, Dorothy, Camilla and Celena

Tiger Bowls 2015 14th and 15th March

The Tiger Bowls 2015 was held on 14th and 15th March. After the first round, our men's team, formed by **Derek Wyllie, Rupert Puels, Neil Herrington and Jesse Bradford**, entered the Cup competition. The ladies' team, formed by **Camilla Yiu, Celena Kwok, Dorothy Yu and Yumi Wong**, entered the Plate competition. Both teams had outstanding performances in the semi and final rounds and won the championships in their section. Congratulations to all. ■

3rd China National Lawn Bowls Championship in Guangzhou 26th to 28th March

The 3rd China National Lawn Bowls Championship was held in the Yue Xiu Park of Guangzhou City, China, from 26th to 28th March. There were eight entries, including teams from Macau, Shenzhen, Guangzhou, Henan and Quzhou. Our own **Vivian Yip** participated in the Women's Singles and the Women's Pairs (partnered with Helen Cheung of HKPBC), and came out on top in both categories! Congratulations to both Vivian and Helen for their great achievements. ■



Women's Single winner Vivian Yip



Women's Pair winners Helen Cheung and Vivian Yip

Friendly Game with KCC 28th March

HKFC and KCC recently played their first annual friendly game, which was held before the start of the Premier League. Each club will alternate from now on as host every year, and the first one was held at HKFC on 28th March. **Roger Nissim**, our Ex-Section Chairman and Patrick Fong, the convener of KCC, kindly sponsored a trophy for this event, and they named it the "S & C Cup" where "S" stands for Sports Road and "C" for Cox's Road. Thanks to Roger and Patrick for their excellent idea and generosity.



Cup sponsors Patrick and Roger holding the Cup



S & C Cup presented to the winning team



Friendly game with KCC, group photo



Visiting team KCC



Host and winning team

The Mixed Triples were arranged on all six rinks at the Indoor Green. With home advantage, Club players won the first match and brought home the trophy. But it wasn't all about winning, it was about building friendship. Bowlers from both teams enjoyed the afternoon in a very friendly atmosphere.

We look forward to seeing KCC friends in the Premier League and look forward to another friendly match with them next year. ■



Easter Social Game 4th April

Forty-two bowlers joined the Easter Social Game. They were divided into 12 teams, some played Triples and some played Fours. Each team played three rounds of 8 ends each. With much joy and laughter, everyone enjoyed the food and games. A Spider game was also arranged to wrap up the event.

Lee Wai Ming, Connie Chung and **Raphael Chan** won the best rink and took away three big Lai-sees. The 1st runner ups were **Johnny Tsang, Bernard Young, Terri Tsang** and **Leo Yau**. The winners of the Spider Game were **Connie Chung, Leo Yau** and **Frankie Siu**. A big thank to **Frankie** for arranging such a wonderful afternoon Easter game. ■



1st runner-up team: Johnny Tsang, Bernard Young, Leo Yau (and Terri Tsang not pictured)



Winners of the Spider Game

HKLBA Bowls Grand Prix 2015 3rd to 6th April

The HKLBA organized its first Bowls Grand Prix competition before the Premier League. Six sides each were invited from the Men's and Women's section. In the men's section, the top four Sides in Division One of the Premier League 2014, KBGC-A, KCC-A, HKFC-A and HKPBC-A, and two sides from the HK China and U25 Squads combinations were invited. In the Women's section, the top five Sides in Division One of the Premier League, HKFC-A, STSA-A, USRC-A, KCC-A and HKFC-B, and one side from the HK China and U25 Squads combination were invited.

The tournament lasted for 4 days, from 3rd to 6th April. Nearly all the top bowlers in Hong Kong showed up and competed in this tournament. After four

days of competitions, our Ladies' A won the champion and Ladies B came second. What a great performance by our ladies! In the Men's section, KBGC-A were the champions and our Men's A team came 5th. Congratulations to the winners and well done for the great effort from our Club players. ■



The Bowls Grand Prix, Winner - HKFC-A



1st runner-up



Some of our Men's A players



Pig Cutting Ceremony

As tradition, the Lawn Bowls Section held the Pig Cutting Ceremony before the start of the Premier League, in the hopes of bringing luck and victory to our bowlers in the new season. It was a rainy day and the event had to be held at the Indoor Green. Nearly 75 Section bowlers joined the event. Chairman **Bernard Young**, Social Secretary **Frankie Siu**, and Ladies' Captain **Wanis Sze**, conducted the ceremony, and four rounds of fun games followed. Only one team managed to win three consecutive games, and the team consisted of **Carrie Yeung, Peter Chow, Yumi Wong and Lee Wai Ming**. They won the best rink and were offered free drinks as the winning prize. Well done! ■

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Stephen Tew,
Soccer Section Captain

Captain's Report

Hello All,

It's all about the HKFC Citibank International Soccer 7's this month.

We welcome the 16th tournament at the Club and look forward to another fantastic weekend of soccer tournaments.

In the following pages we have details of the teams, draw and a best 7 for both the main and masters tournament kindly provided by **Tony Bratsanos** and **Tommy Henderson**.

Please share with your network details of the tournament through the tournament website:

<http://www.hksoccersevens.com/>

Finally, two social occasions for your calendar:

- **Bangkok Tour 19-21st June**
- **Masters Over 35's**
- **Chamras Trophy**
- **End of Season Party 6th June**

Please contact your reps for further details.

Thanks.

Tewy

HKFC CITIBANK SOCCER SEVENS



Atletico Madrid take centre stage at 16th Soccer Sevens

Atletico Madrid, Wellington Phoenix and Shanghai SIPG are among the newcomers at this month's HKFC Citibank Soccer Sevens, but history suggests one of the five English Premier League clubs will lift the Cup.

By John Higginson

Atletico Madrid will arguably be the must-watch side at this year's HKFC Citibank Soccer Sevens, an event that has previously attracted English giants Chelsea, Manchester City, Manchester United and Arsenal, all champions or finalists at Hong Kong Football Club.

Each year, there's at least one team that each time they walk on to the pitch, cause the crowd to talk in hushed tones and crane their necks. The 2013/14 La Liga champions look likely to fill that role this year.

Distinguished by their red-and-white

striped shirts and blue shorts, Los Rojiblancos are the highest-profile club at the Soccer Sevens, which is looking to broaden the spread of its competing teams and increase its global profile.

Spain's third-best supported club behind Barcelona and Real Madrid, Atletico will field a team from their acclaimed Academy, the same one that produced Fernando Torres.

Emilio Gutiérrez, Director of the club's Academy and Expansion, said: "Atletico Madrid are proud to be the

ABOVE:
Atletico Madrid's famed Academy side will be one of the star attractions at this month's HKFC Citibank Soccer Sevens.

first Spanish side to compete at the HKFC Citibank Soccer Sevens, which has a strong reputation.

“We can see that many great teams have won the event and each year there are famous clubs competing, so we’ll just do our best and hope to entertain the fans with our style of football.”

While Atletico will be the first Spanish side to compete in the tournament, Wellington Phoenix will be the first club from New Zealand to compete in the Hong Kong Football Club showpiece. The New Zealand club have had an outstanding 2014/15 A-League season, which concludes with this month’s Finals Series.

Chris Greenacre, the club’s Assistant Coach, will bring to Hong Kong a mixture of first-team and youth players, including forward Kwabena Appiah-Kubi, who joined ‘The Nix’ in February after helping Western Sydney Wanderers win last year’s AFC Champions League.

Midfielder Louis Fenton – capped by New Zealand in 2013 and whose middle names are Ferenc Puskas courtesy of his Hungarian mother – and left-back Tom Doyle, both 22, were also in the provisional squad.

“The popularity of the HKFC Citibank Soccer Sevens has grown dramatically throughout the world in the last

couple of years,” said the 37-year-old Greenacre, who played three seasons for Wellington at the end of a playing career that included spells at Manchester City and Stoke City.

“A close friend of mine helped coach Sunderland at the Soccer Sevens and said what a fantastic tournament it is. He said there are real quality young players on show and that the crowd really get behind the teams and create an electric atmosphere, a buzz.

“Our players are delighted to have been invited and the general interest from the whole squad, including the senior players, has been tremendous. It’s not only a great career opportunity but also a life opportunity to visit a vibrant place like Hong Kong.”

Shanghai SIPG, formerly known as Shanghai East Asia, will also be among the tournament’s first-timers. Under new coach Sven-Goran Eriksson, the club’s first team enjoyed a flying start to this year’s Chinese Super League, and Lu Jianjun will manage the side in Hong Kong.

Unlike Atletico, Wellington and Shanghai, Kitchee are regular participants but like the newcomers, they’ll be on a mission to challenge English domination of the Soccer Sevens. English teams have won 10 of the 15 tournament’s previous editions

Kitchee won the Soccer Sevens in 2011 and last year beat Chelsea and Newcastle United on their way to reaching the final. The reigning Hong Kong champions are now hoping to become the first local club to win the Soccer Sevens twice.

Jose Molina, Kitchee’s Head Coach, said: “Kitchee always look forward to playing in the HKFC Citibank Soccer Sevens and we did very well last year, beating Newcastle in the semi-finals and even leading Manchester City in the final, so we’re determined to win it again.

“We’re always proud to represent Hong Kong in this tournament, which features so many famous clubs from around the world. The games are fast and exciting with a lot of goals, so it’s always a popular tournament with our players.”

The HKFA U-23 and U-21 teams, both quarter-finalists last year, and another local Premier League club will also represent Hong Kong, while Yau Yee League Select, Singapore Cricket Club and two teams from Hong Kong Football Club again make up the amateur contingent.

Five-pronged English attack

Newcomers Stoke City, five-time champions Aston Villa, recent winners Newcastle United (2012) and Leicester City (2013), and West Ham United will represent the English Premier League charge this year.

Although Stoke are making their first appearance in the competition, Glyn Hodges, Stoke’s U21 Head Coach, is looking forward to returning to the city as well as the Soccer Sevens.

The former Wales midfielder, who has coached Stoke City U21s since 2013, had a season with Sing Tao in 1996-97 before he returned to the city for a six-month stint with Instant Dict in 1998-99, during which time he attended the inaugural Soccer Sevens.

“I’ve been to Hong Kong Football Club and even watched the first Soccer Sevens while I was out there playing for Instant Dict. I loved Hong Kong and I’m looking forward to going back with

Hong Kong champions Kitchee reached last year’s final, having won the Cup in 2011.





FAR LEFT: Newcastle United have a fine record, winning the Cup on debut in 2012, then reaching the final in 2013 and the semis last year.

LEFT: Aston Villa have won five times, but are still seeking their first Cup since 2010.

the guys,” said Hodges, whose youngest daughter was born in Hong Kong during his time with Sing Tao.

“I know the Soccer Sevens has been going for a long time, it’s well known and I know a lot of players who have played or coached teams there. It’s great to be invited this season as Stoke are having an excellent season.”

Aston Villa will again have strong support as they again seek to add to their five titles and make up for some disappointing losses in recent events, when they looked to have a winning line-up of players but suffered disappointing defeats in the knockout stage.

Jon Rudkin will coach Leicester City for a fourth straight year. The Foxes lifted the second-tier Shield on their debut in 2012 before winning the Cup in 2013, but last year were left with the third-tier Plate after failing to make the Cup quarter-finals.

West Ham will return to the tournament for the first time since 2012, when they won the Plate, and Mark Phillips will coach a side representing one of English football’s most storied clubs.

Newcastle United have arguably the tournament’s best record over the past three years, winning in 2012, suffering a surprise loss to Leicester in the 2013 final and reaching the semi-finals last year, losing in extra-time to Kitchee in

one of the tournament’s most exciting games.

Peter Beardsley will again take charge of the Newcastle youngsters, while the England legend again tries to double up as a player for Wallsend Boys Club in the Masters Tournament for over-35 players

Masters trimmed to 10 teams

Wallsend, fellow England-based sides Citibank All Stars and Nottingham Forest Mobsters, and Hong Kong club USRC (United Services Recreational Club) are the top four seeds in the Masters.

HKFC Veterans – last year’s Plate winners – and HKFC Chairman’s Select will again represent Hong Kong Football Club. Regular participants Kowloon Cricket Club and Singapore Cricket Club also return, while Kitchee All Stars are expected to field a strong side as they make their tournament debut.

This year, the Masters has been streamlined to 10 teams and a new format, with two round-robin groups followed by Cup semi-finals and finals.

Citibank All Stars will bid to win the trophy that has eluded them for the past six years. In their first four appearances from 2009, the star-studded squad organised by England’s Professional Footballers’ Association

(PFA) suffered painful defeats in the knockout stage in extra-time or on penalties, including an extra-time loss to Top Class in the 2011 final.

USRC are again expected to be among the main contenders, having reached last year’s final with a squad bolstered by five Brazilian pros, including Capone, a UEFA Cup winner with Galatasaray in 2000, former Hong Kong captain Cristiano Cordeiro and Fabio Alcantara, the tournament’s joint-top scorer last year.

The historic Wallsend Boys Club, based in Newcastle, reached the semi-finals on their debut last year with a side featuring England legend Peter Beardsley, forward Michael Bridges, a UEFA Cup semi-finalist with Leeds, and Alan Thompson, the former Bolton Wanderers, Aston Villa and Celtic midfielder.

Our own Tony Sealy and Neil ‘Growler’ Jensen are again involved with Wallsend Boys Club, which is celebrating its 50th anniversary this year and is looking to raise funds to build a new clubhouse after the old one was destroyed by strong winds in 2012.

Nottingham Forest Mobsters are on a mission to reach the final for the first time, having reached the semi-finals last year by beating Citibank All Stars 2-1 in the quarters with a team featuring former England centre-back Des Walker. ■



Mark Sutcliffe, Chief Executive, Hong Kong Football Association; Wayne Fong, Head of Corporate Affairs, Citi Hong Kong; Chris Plowman, Tournament Director, HKFC Citibank Soccer Sevens; and Tony Bratsanos, Chairman, HKFC Citibank Soccer Sevens Organising Committee, at the Official Draw.

Photo by Power Sport Images

Mouth-watering match-ups in group stage

Newcastle United, the 2012 champions and 2013 runners-up, were pooled with 2013 winners Leicester City in Group A of the 16th HKFC Citibank Soccer Sevens. A Hong Kong Premier League club and Singapore Cricket Club will also feature in the group, following the Official Draw at the Sportsman's Bar on April 14.

West Ham United, back for the first time since 2012, will face Hong Kong champions Kitchee – the 2011 winners and last year's finalists – Chinese Super League club Shanghai SIPG and HKFC Captain's Select in a tough Group B.

In Group C, five-time champions Aston Villa were drawn with first-timers Wellington Phoenix of New Zealand, a Hong Kong Premier League side and our own Hong Kong Football Club.

Stoke City were drawn in Group D with fellow newcomers Atletico Madrid, as well as HKFA U-20 and Yau Yee League Select.

Tony Bratsanos, Chairman of the HKFC Citibank Soccer Sevens Organising Committee, said: "Obviously Atletico Madrid are a huge draw this year, while Aston Villa, Newcastle, West Ham and Leicester have a traditional fanbase at the tournament, having competed before," Bratsanos said.

"Stoke City are coming for the first time, which is exciting

because The Potters are enjoying a strong season. Wellington Phoenix and Shanghai SIPG are bringing experienced squads for their debut, so should be pretty competitive."

In the Masters Tournament for over-35 players, Wallsend Boys Club and USRC - BTS were drawn as the top seeds in Group A, which also features Kitchee All Stars, Kowloon Cricket Club and HKFC Veterans.

Seeds Citibank All Stars and Nottingham Forest Mobsters headline Group B, which includes SCC Tigers, former semi-finalists Discovery Bay and HKFC Chairman's Select.

Mark Sutcliffe, Chief Executive of the Hong Kong Football Association, said the event held a special place in the local football calendar.

"The HKFC Citibank Soccer Sevens is one of the city's most popular annual tournaments for local players and fans, and we expect another fantastic three days at Hong Kong Football Club," Sutcliffe said.

"Kitchee won the HKFC Citibank Soccer Sevens in 2011 and reached last year's final, so we expect them to proudly represent the Hong Kong Premier League. We're also proud to have the HKFA U-20 team compete, especially after our national youth teams did so well last year to reach the quarter-finals."

Main Tournament

Group A:

Newcastle United (ENG), Leicester City (ENG), HK Premier League Club 1 (HKG), Singapore Cricket Club (SIN)

Group B:

West Ham United (ENG), Kitchee (HKG), Shanghai SIPG (CHN), HKFC Captain's Select (HKG)

Group C:

Aston Villa (ENG), Wellington Phoenix (NZL), HK Premier League Club 2 (HKG), Hong Kong Football Club (HKG)

Group D:

Stoke City (ENG), Atletico Madrid (SPA), HKFA U-20 (HKG), Yau Yee League Select (HKG)

Masters Tournament

Group A:

Wallsend Boys Club (ENG), USRC - BTS (HKG), Kitchee All Stars (HKG), Kowloon Cricket Club (HKG), HKFC Veterans (HKG)

Group B:

Citibank All Stars (INT), Nottingham Forest Mobsters (ENG), SCC Tigers (SIN), Discovery Bay (HKG), HKFC Chairman's Select (HKG)

Citibank announces new four-year title sponsorship

Having title sponsored the HKFC Citibank Soccer Sevens since 2011, Citibank has confirmed a new four-year sponsorship of the event from 2015 to 2018.

Weber Lo, Citi Country Officer and Chief Executive Officer, Hong Kong and Macau, said: "We are thrilled to be the title sponsor for the HKFC Citibank Soccer Sevens once again this year. Citi is committed to continue building this event into one of the world's best seven-a-side tournaments.

"On this note, it's exciting to see Spanish champions Atletico Madrid in this year's event, which shows how its reputation is growing globally. We're also proud to welcome Wellington Phoenix and Shanghai SIPG for the first time, and expect strong support for the five English Premier League clubs and local Hong Kong teams."

Tony Bratsanos, Chairman of the HKFC Citibank Soccer Sevens Organising Committee, said Citibank's sponsorship enabled the tournament to attract international teams, with clubs coming from England, Spain, New Zealand, China and Singapore this year.

"Citibank's sponsorship is huge for the tournament and will enable us to keep growing this event," Bratsanos said. ■

For more information, visit:

Website: www.hksoccersevens.com

Facebook: www.facebook.com/hksoccer7s

Twitter: @hksoccer7s #hksoccer7s

Roll of Honour: Main Tournament

Year	Champions	Runners-up
2014	Manchester City (ENG)	Kitchee (HKG)
2013	Leicester City (ENG) 2-0	Newcastle United (ENG)
2012	Newcastle United (ENG) 2-1	Aston Villa (ENG)
2011	Kitchee (HKG) 1-0	Celtic (SCO)
2010	Aston Villa (ENG) 3-2	Rangers (SCO)
2009	Celtic (SCO) 1-0	Rangers (SCO)
2008	Aston Villa (ENG) 2-0	Celtic (SCO)
2007	Aston Villa (ENG)	Central Coast Mariners (AUS)
2006	Urawa Red Diamonds (JPN)	Aston Villa (ENG)
2005	Urawa Red Diamonds (JPN)	PSV Eindhoven (NED)
2004	Aston Villa (ENG)	Manchester United (ENG)
2003	<i>No tournament due to SARS</i>	
2002	Aston Villa (ENG)	Arsenal (ENG)
2001	Arsenal (ENG)	Instant Dict (HKG)
2000	Instant Dict (HKG)	Chelsea (ENG)
1999	Blackburn Rovers (ENG)	Celtic (SCO)

Roll of Honour: Masters Tournament

Year	Champions	Runners-up
2014	Aegon Ajax All Stars	USRC
2013	Rangers All Stars 2-1	Aegon Ajax All Stars
2012	Aegon Ajax All Stars 6-1	Top Class
2011	Top Class 4-3 (a.e.t)	Citibank All Stars
2010	KFC Tokyo 2-1	Andy Cole All Stars
2009	Golden Rainbow 2-1 (a.e.t)	Football For Life
2008	Rangers 3-0	Mel Hood All Stars
2007	Lorenz All Stars	Philips All Stars
2006	Lorenz All Stars	Philips All Stars
2005	Lorenz All Stars	Philips All Stars
2004	Philips All Stars	Lorenz All Stars
2003	<i>No tournament due to SARS</i>	
2002	Philips All Stars	Team Bondi
2001	Instant Dict Veterans	Lorenz All Stars
2000	Lorenz All Stars	Instant Dict Veterans
1999	Carling All Stars	Lorenz All Stars

Tony Bratsano and Tommy Henderson's Best 7



Gary Cahill



Ubay Luzardo



Gabby Agbonlahor



Des Walker



Jari Litmanen



Uwe Bein

Tony Bratsano's pick for the Main Tournament

PLAYERS

Allan McGregor

Position: Goalkeeper
Teams: Rangers, Hull City, Scotland
Honours: SPL, Scottish Cup, Scottish League Cup

Gary Cahill

Position: Defender
Teams: Aston Villa, Bolton Wanderers, Chelsea, England
Honours: Champions League, Europa League, FA Cup

Ubay Luzardo

Position: Defender
Teams: Kitchee, Melbourne Victory,
Honours: HKFA 1st Div

Craig Gardner

Position: Midfield
Teams: Aston Villa, Sunderland, West Brom
Honours: League Cup

Barry Bannan

Position: Midfield
Teams: Aston Villa, Crystal Palace, Scotland
Honours: League Cup RU

Sergio Escudero

Position: Forward
Teams: Urawa Reds, FC Seoul, Jiangsu Sainty
Honours: J League, AFC Champions League

Gabby Agbonlahor

Position: Forward
Teams: Aston Villa, England
Honours: League Cup RU

SUBS

Mark Albrighton

Position: Midfield
Teams: Aston Villa, Leicester City
Honours: League Cup RU

Paul McGowan

Position: Midfield
Teams: Celtic, St Mirren, Dundee
Honours: Scottish League Cup

Sebastian Larson

Position: Midfield/Forward
Teams: Arsenal, Birmingham City, Sunderland, Sweden
Honours: League Cup

Tommy Henderson's pick for the Masters Tournament

PLAYERS

Andy Goram

Position: Goalkeeper
Teams: Rangers, Scotland
Honours: SPL, Scottish Cup, Scottish League Cup

John Beresford

Position: Defender
Teams: Portsmouth, Newcastle United
Honours: Championship

Des Walker

Position: Defender
Teams: Nottingham Forest, Sampdoria, England
Honours: League Cup

Alex Rae

Position: Midfield
Teams: Sunderland, Wolves, Rangers,
Honours: SPL, Scottish League Cup

Jari Litmanen

Position: Midfield/Forward
Teams: Ajax, Barcelona, Liverpool, Finland
Honours: Eredivisie, Dutch Cup, Champions League, European Super Cup, FA Cup, UEFA Cup

Kenneth Perez

Position: Midfield/Forward
Teams: Ajax, PSV, AZ Alkmaar
Honours: Eredivisie, Dutch Super Cup

Uwe Bein

Position: Midfield
Teams: Hamburger SV, Eintracht Frankfurt
Honours: World Cup 1990

SUBS

Mark Walters

Position: Midfield
Teams: Aston Villa, Rangers, Liverpool, England
Honours: UEFA Super Cup, SPL, Scottish League Cup, FA Cup

Anto Grabo

Position: Midfield
Teams: FK Željezničar Sarajevo, South China, HKFC

David Serene

Position: Forward

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Travel Dates : 4-7 Dec 2015

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Mini Rugby Updates

U6

The HKFC U6s put forward eight teams for our home tournament at Football Club. Once again we saw some great performances on the pitch, with the emphasis on giving all of our players a chance to participate and have fun. It was a joy to see the passion displayed in defence across our teams, with many of our sides defending resolutely and forcing opponents to turn over the ball after 6 tackles. In attack, we have many good individual runners across our teams, and we'll be looking forward to our teams creating space and attacking opportunities through passing and ball-work, rather than just evasive running! But that's an objective for next season now.....

A quick thank you to all those who made the tournament a success: to HKFC's mini-rugby organizing committee for putting the structure in place, to those coaches who got down early and took part in 'cone-laying-heaven' from 7:30am before 'the sluice gates' opened and what seemed like thousands of U6s kids and parents rushed in, and to the parents who put their hands up as pitch and control point managers.

Congratulations to all our U6 players

and coaches for a fulfilling, fun and successful season.

Head Coach Duncan Grewwcock

U7

693 very excited children, 96 exhilarating games of rugby, played on 8 compact pitches, surrounded by hundreds of parents. All this action and this was just the U7 part of the HKFC mini rugby tournament. Once again our U7's were the largest represented club in our age band, with 10 teams. With that many teams, it is impossible to see them all play. However, following conversations with the other coaches, it is evident that the U7's did themselves and the Club proud.

Most of our teams have now sorted their defensive line, some teams are now starting to "slide" their line left and right, to cover the whole pitch. Using a winger on each side to organise this has helped some teams, dramatically. The endeavour going forward, is also paying off, the desire to pass and move the ball, rather than play a "one-man" run the length of the pitch style of rugby. This is definitely a culture we want to create in the future.

The U7's would like to thank, the man

who once again masterminded the HKFC Festival, **Bruce Ruffy**. We all had a fantastic day thanks very much!!!

U8

On a distinctly muggy Sunday morning, and relegated to Happy Valley pitch 6, the U8s had 7 teams on show for our final festival of the season. Our girls team performed well and whilst they had a tough first match against their Valley counterparts, pulled through well to win their last game. It has been a real success playing the girls together this season and hopefully it stands them in good stead as they leave the boys in U9s and strike out for themselves. Watching our teams, I am impressed at the progress the players have made this season. There is much more continuity in attacking play, with proper passing now prevalent instead of occasional, and a real desire shown to get back in the defensive line after the tackles have been made. We have our star runners in every team, the try-scoring glory boys (and girls), but even those without the gas to go the length of the pitch (I know the feeling) are getting stuck in to do their bit and help the team. We're not yet perfect but the boys and girls can rightly be proud of their morning's work. A final shout out



to **Bruce** for splendid organisational skills for the whole event, to **Mark D** for coordinating our U8 pitches and marshals and to the parents who volunteered on the day to wear those fashionable bibs and keep the games ticking with the airhorn.

Head Coach Simon Cooke

U9

FC3

Our first game was against FK1, they were short of numbers so we gave them some players including **Mitch** from FC2 - Our defence didn't start up to its usual standards and they scored first but our boys pulled together and following tries from **Ben, Daniel, Declan,** and **James** we ran out ahead 4 - 1.

In our second game we played DBP2, a side that we'd soundly beaten in the last festival. However, the team fought amongst themselves for the ball and had two players sent off... it was without exception the worse that they have played all year - they lost 5 - 0.

Then in our third game we played our arch rival team USRC2 (DEA) who'd beaten us well in the last two festivals. We spent some time regrouping the lads and they played probably their best rugby all year. I can't remember a single tackle being missed, everyone ran on to the ball, they passed before contact, closed down space and rucked them off the ball several times - **Mathew**, ran in 5 quality tries and **James** scored a great team try with the ball won by **Ben** and **Daniel** rucking USRC off of their own

ball, passed out by **Leo** from the base, draw and pass from **Declan, James** took the ball at pace and beat two players to score in the corner (Q crowd goes wild)- Great to end the season on a high and to see them step up as a team to beat their toughest opposition 6 - 1 in what was a high quality game to watch.

It's been a great season, the kids have made massive progress and the coaching team have worked well together.

Andy and Niall: Thanks again for all the hard work that you've put in this year to make it run so smoothly and for the kids to be able to play in a positive environment.

FC3 Head Coach Simon Hague

FC4

After a good warm up and practice FC4 was much better prepared for our first game against VF5. Although we had a few key players missing the lads played well with tries from **Sterling** and **Paul**. We were 2-0 up but then VF5 fought back to level at 2-2 and in the last couple of minutes we let in two easy tries for them to win 4-2. Need to work more on our tackling!

Our second game was against SLB who beat us in the last tournament. They have two key players one of which is a very elusive runner and the other is like **Seb** and **Luke Bannon** who just rams straight through players. However, in this match we played a lot better with some great runs and two try saving tackles. It was 3-3 when the horn went but the referee allowed one more play which meant they took a quick tap and scored

in the last seconds. Much better team work and we had our own battering ram in the form of **Connor Mair**.

Last game was against HKU4 whom we've played before and had some close games. Unfortunately our tackling wasn't good enough to take down their key runners. We lost 5-2.

Key takeaways: still need to spread out in defence and go up as a line. Tackles needs to be low and we need to drive them back.

FC4 Head Coach Jonathan Quach

U11

Club team were lethargic and spacey on arrival, which didn't augur well for a day facing the three toughest Div1 teams in the competition. We were quickly dealt a hard and sharp lesson that previous victories mean nothing - going down to DB1 in a big way. Next up the boys faced VF1, and after letting in a couple of early tries, clawed back to 2-3 down with the help of a beautiful backs try finished off by **River Melsom**. With minutes remaining it looked like we'd square it up, but unfortunately couldn't convert hard work, pressure and territory into a 3rd try. Nevertheless a wonderful game of rugby to watch. The boys faced SKS1 last - failing to match SKS in the forwards left us with no possession to use, and we ended a disappointing day with three losses. **Toby Manifold** made a couple of outstanding tackles, and was unfortunate to have his well-deserved try disallowed.



Under 8



Under 9

Dragons' first game began with a bloody nose with DBP scoring early. We fought back strongly and then our secret weapon **Damon** launched an awesome run from our own half to score. We had another try of our own to draw the match. Our second match was against the FK. Unfortunately everybody forgot what they had learnt in training, and FK ran all over us. Luckily our machine **Alex** managed to save the day by scoring in magnificent style. Our third match was against HKU2. The Dragons played like true champions. **Corentin** with some brilliant running through the center. **Antoine** had a brilliant game and should've have scored in this match. **Mathew** got better and better in each tournament. **Jake**, it was great to have him back into the team again. **Harry**, excellent job throughout all the matches. **Toby**, our captain led the team from start to finish. And **Dhruv**, awesome as always. HKU2 went on to win the match by one try in a very close match and this is one we should have won. We'll all be back next season to try again.

Scorpions had a rude awakening against VF3 in the first game in which they were defeated 0-10. To their credit, the boys showed a lot more character against Sandy Bay 3 in the next match and, despite losing 2-6, it was a more determined and cohesive unit. It was wonderful for the Scorpions to then finish the day with a 2-1 win against DEA Tigers and to go home feeling a little less bruised and battered. Our most consistent players for the day were **Christian Ko** and **Trin Gerjarusak**, with **Christian Tarala** doing well

in the scrums and **Ben Garner** and **Joseph Whitaker** laying some of the best tackles of the day.

Bulls played in three very competitive matches. Game 1: FC4 beats Valley Fort 2 to 1 - a sloppy game in the first half turned into a defensive gem as the team turned up the intensity and stopped VF from moving the ball too deep. Game 2: FC4 beats USRC3 7 to 2 - FC4 fell behind 1-0 in the game's opening play and then scored the next 7 tries with some strong runs and good ball movement. Game 3: FC4 beats Sandy Bay 3 to 1 - best game overall. FC4 played with a better level of passing combined with excellent tackling helping them control the tempo in the second half against a very talented Sandy Bay team.

Thomas Hulme

U12 Boys

As ever in Hong Kong, the rugby season was disrupted by the "comings and goings" around the holiday periods - emphasised by only 3 of the 16 nominated FC players being available for the New Year's Day Island team.

All teams rallied after the Xmas break and work hard towards the HKFC home tournament that is the decider for the Richard Hawkes Cup. Having coached at seven HK 7s tournaments for Hong Kong and Wales, along with many XV's International games, I can honestly say the weight of expectation and pressure to bring the RH Cup home to FC was as high as I have ever experienced!

All the teams did exceptionally well at our tournament, with FC3 winning the Shield. FC1, after a fantastic run defeating Valley and HKU en route, won the silver medal in the final against the season's dominant team Sai Kung Stingrays.

I would like to thank **Anita** and **Ping** for their tremendous support throughout the season, the parents for their passion and dedication and all the players for working hard, playing the game with a smile on their faces and showing great respect for our wonderful game!

See you next season! *Dai*

FC1 – As usual the Cup competition was closely contested as we entered the finals with the respective rankings as SKS1, FC1, VF1, HKU1. Due to FC1's 2nd seeding we faced the tougher set of Cup pool matches but duly topped our pool scoring fourteen tries to two, which included beating VF1. The boys then beat HKU1 in the semis thereby setting up the expected final with SKS1. Expectations were high specially after having defeated SKS1 in the previous tournament in early February.

SKS1 has been the form team this season so the final was always going to be tough (especially so after the emotional and physical drain of beating VF1 and HKU1 on finals day). FC1 eventually lost 3-0 with the final being closer than the score suggests but SKS1 were nonetheless the deserved winners of the Richard Hawkes Cup.

FC2 – The start of this season was difficult, with many new players who



U12 Boys FC1 Richard Hawkes Cup runners up



U12 Boys FC3 Richard Hawkes Shield Champions

were not used to playing together as many of last season's team moved to FC1. We thus had to integrate new players to build a new team.

With commitment and engagement during training, all the players improved their skills and they should all be proud of this.

In the culmination to the season FC2 made it to the Bowl semi-final and lost narrowly 1-0 to DBP1, a team that was competitive for most of the season in the Cup competition.

FC3 - Despite their team being hit hard by injuries, FC3 went into their home tournament determined to give it their all. Outstanding defensive play in their first two matches saw the boys hold their line for even honours against FK/TSW and MKY/TWR. Despite a setback against VF3, in their final pool game, the forwards rallied to come from behind and beat a combined DBP/HKU team to take them into the Shield finals. However, the cost in bodies was heavy by now with more players being lost to injuries. Into the semis and SKS3 were ripped apart 3-0 by an experimental 9-10 combination of **Lachlan Penfold** and **Hugo Rickward** who fed the ball wide and fast. A tense final against MKY/TWR ensued with both teams drawn 1-1 at full time following one of the best displays of try line defence by the "Boys from 3" ever seen from any under 12s team! Special mention to **Jacques Petillot** who, despite a wrist injury sustained in the pool games, fought through the pain to help his team mates. Into Golden Try extra time

and the crowd in the stands, as well as the coaches, were willing their team forward...the support was fantastic. Big pressure from the FC3 pack carries the ball up field and out on the right wing, **Chris Parker** crossed the line to bring the Shield Trophy home to tired but deserving champions.

FC4 - The best reward for the coaches of FC4 was to see the improved performance and self-belief of the team in the Richard Hawkes tournament. With no subs for the tournament all 12 players put in their best team and individual efforts of the year and one in which both coaches and parents were proud. Individual efforts worthy of a mention are **Yuto Lam** who was the try scoring machine, fearless **Benson Tang** who pulled off textbook tackles on opposition twice his size, and **Will Burton, Angus McBride** and **Tom Armistead** for leading the teams on the field. Lessons were learnt both on and off the field and losing the shield semi-final on a count back was extremely disappointing as the boys were looking forward to meeting FC3 in the final.

U12 Girls

It is fitting of course that HKFC's own tournament was a showcase for the outstanding development of U12G squad this season. Members of both teams left the tournament with their heads held high, in good spirits with some great results behind them.

HKFC2 had arguably the hardest pool to play in but came away scoring in all but one of their matches and

limiting the losses against some strong opposition. There was tremendous team spirit and some wonderful debuts from **Darling** and **Tom. Thalia** played a blinder at scrum-half – even ripping out a loose tooth at one point!

HKFC1 had their best string of results this season with victories over both Sai Kung and Discovery Bay to place second in their pool. This was an extraordinary performance and gave the girls a very well deserved place in the Cup semi-final. Sadly they lost to the eventual Cup winners...but the whole squad should be very proud of themselves for the manner in which they played. I don't think anybody can fault the discipline and spirit that the girls demonstrated.

The season has been a tough one for the squad with our average age and stature at such a disadvantage to our competition. The progress has been steady and there are a number of girls who have been super consistent with commitment to practice and tournaments – these core girls have really been behind the success HKFC was able to reap this weekend. Most of them will be with us into next season and the coaches are looking forward to a great 2015/16.

Head Coach Nick Langford



Under 12 Girls



Under 12 Girls

U12s Hong Kong Prudential Beach 5 champions

After the Richard Hawkes season ending tournament, the year group sent a team to the annual Beach 5s tournament for the first time expecting a relaxed run in the sun. When the boys arrived at Repulse Bay Beach they found that the teams that had contested the Richard Hawkes Cup tournament the week before also turned up - SKS, VF and HKU amongst others.

After losing to SKS in the first game the boys quickly adapted to the style of play needed playing on sand and then won the remaining pool games against HKU, THT and Valley. Then came a hard fought game in the second semi final game against a very tough VF1. After a very short break, a bunch of very tired boys had to face their nemesis, SKS, who had beaten them in the first game of the day. In what was a remarkable



game, in terms of the boys somehow managing to muster up energy when they had looked spent only minutes before, the boys traded tries with SKS until the end when we pulled ahead. The intensity of the competition was something that we had not anticipated,

so to beat SKS and win was a pleasant end to the morning. Congratulations to the squad; **Oliver Lam, Louis Vallier, Amar Jaswal, Joe Denmark, Dylan McCann, Jamie Taylor, Will Rees, Lachlan Penfold, Jude Harding** and **Oliver Nicolle** (injured). ■



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Chairman's Report

Nick Studholme-Wilson,
Hockey Section Chairman

This season seems to have gone by quickly and most of us are thinking about switching into our summer activities. From the Men's point of view the season was just about satisfactory, but the Ladies had another excellent season. There was no silverware to celebrate for the Men, but good performance from the Cs and Ds saw them finish in 3rd place and 2nd place. The Men's Premiership continues to become tougher with the increasing number of imported players coming into the League. The Men's A's and B's both competed very well this season, but silverware in the premiership is going to continue to be increasingly hard to achieve, if the current trends in professionalism continue.

The Ladies A dominated the premiership with a clean sweep of victories and a remarkable goal difference of 64, versus a goal difference of 14 for the team finishing

in second place. **Tina** has certainly drawn out the best in the players. The Ladies A have recently come back from a high level tournament in New Zealand, where although they came 4th out of 5, all their games were very close, with a single goal separating them in most of the games. The girls put in a lot of hard work in the preparation for the tournament and we should all be very proud of their achievements.

The Easter 6s were another great success, with teams coming in from Dubai, Qatar, Indonesia, Japan and Switzerland. The feedback from the visiting players was very positive and I expect that we will see a number of the teams return. I was pleased to see the Flying Hoppers from Switzerland win the cup for the mixed competition having been the losing finalists a couple of years ago. The elite completion was an excellent spectacle with a full turn out by all the top players in Hong Kong. The games were fast and exciting

but in the end Khalsa were too strong. A special mention to HKCC who were finalists and played well throughout the tournament, demonstrating that the western passing game can work well in 6s. Hopefully next year we can put in our own team to compete as we do ourselves a disservice by not demonstrating our playing abilities in these events.

The next event for the Section is the End of Season Party with a Cuban theme. I look forward to witnessing everyone's salsa skills as I gather a number of you have already been practicing – I anticipate another dance-off. It is nice to see that we can move the competition from the pitch to the dance floor.

Good luck in the final cup-games and see you at the party. ■

Nick



HKFC Hockey 6s

In a throw-back to previous Easter tournaments the decision was made to go back to the holiday weekend and to the original mixed team format for the main Hockey 6s competition. In addition to the main event, the increasingly popular Senior 6s (men's Vets teams) and Junior 6s (U12 teams) contests were added to the Friday schedule as suitable preliminary tournaments. Valley and HKFC Pandas tied for the Senior 6s and Khalsa were too strong in the Junior 6s competition. HKFC Lions and HKFC Dragons won the Plate and Bowl competitions respectively.

The Hockey 6s was a 16 team mixed competition with teams from Indonesia, Doha, Dubai and Switzerland added into the mix of local teams. Running parallel to the Hockey 6s was an elite men's Super 6s competition including a team from Japan against Hong Kong's top Premier Division teams. Both competitions were highly competitive and victory points were hard earned. Khalsa managed to find the winning edge and matched their junior team with the tournament victory and the \$10,000 prize cheque.

To ensure the overseas teams left HK with more than just a hockey experience, they were treated to a local Dai Pai Dong on Saturday evening for dinner, before being steered towards LKF and Wan Chai where we understand a good time was had by all. The tournament entertainment wasn't limited only to HK's night life or the sponsor's products, although the Heineken Girls were kept fairly busy throughout the weekend serving

many of the thirsty players. Perhaps it was the unexpected heat wave? A three-match exhibition series was also played between a selection of players representing HK Island and Kowloon Peninsula in the All Stars 6s. Showcasing some of HK's finest players, spectators were treated to some exciting, unrestricted hockey matches, with the Peninsula team winning the series 2-0.

The main event came down to three challenging finals, all of which saw three first time winners. Most satisfied were the Flying Hoppers from Switzerland, who on 4th time trying finally managed to take the Cup back to ze Alps. Always generous with their chocolate handouts, they were as always exemplary tourists and well deserved champions. The HKU Swire team, under the radar most of the tournament, were too good for the Valley team in the Plate Final and managed to win on tournament debut. The Generations, a mix of HKFC past and present, young and older, scored an extra time thriller to hoist the Bowl, also on debut.

A huge thanks to all who supported the HKFC Hockey 6s, particularly: HKFC, Event Canopies HK, Heineken, Pernod Ricard, Sofa Sale, KR Holdings Limited, Sports Direct, Wood Lik Graphicprint Co, **Jed Thian** (MC), **Thomas Tarala** (Photographer), **Lyle Williams** (Umpire Manager) and his team of umpires, **James Buchanan** (Hockey 6s Chairman), **Chappie** (Tournament Director) and to the Hockey Section Members and HKFC Staff who all played their parts to ensure the tournament was a success. ■



Junior Cup Champions



Massage tent a big hit



Local treat at a Dai Pai Dong for overseas teams



Rhona Barr,
Ladies Captain

Ladies' Captain Report

The league results are in! Though not all my predictions have come true, each team has produced amazing performances this season showing the hard work and commitment that has gone into every team. The final standings are as follows:

A's- Winners of the Premier league and undefeated, scoring 73 goals. I'm speechless!

B's- 5th in the Premier and only 1 point behind 4th. It was a tough season for them but they are, without a doubt, our strongest B team in a long time.

C's-2nd in the 1st Division. They were unlucky to be up against HKCC this year, who were vying for a place in the Premier but there was never any doubt over them securing 2nd place, with only 1 loss to their name.

D's-5th in the 1st division. This a mid-table finish for a team that has been struggling with injuries and losing players to higher teams; it is a fantastic result in the highly competitive 1st division.

E's- 4th in the 2nd division. Though the second half of the season was not as successful as the first half, the Dinos finished with a brilliant 4th place in a tough league.

F's- 3rd in the 2nd division. A fantastic result for the Foxes, who were fighting for 2nd place all the way to the last minute and well-



chuffed to have finished above the Dinos. G's-4th in the 4th division. They were very unlucky not to have finished 3rd; it came down to the final games' results and only a 2 point differential.

Goal of the Month: this has been awarded to our young superstar **Sophie Haik**. Unfortunately I did not witness this goal but as soon as I heard about it, I knew it was a clear winner. This was an individual piece of skill taking the ball from the halfway line, around 4 opposition players and past the goalie into the net. Amazing!

This past month teams have been competing in the Holland Cup and Knockout Cups. The finals are on **10th May** for the **Holland Cup** and **16th** for the **Knockout Cup**. So come down and support! I'm certain we will have teams in finals on both days. The SHAGS bus will be resurrected!

Ladies B Team

With the majority of the season complete and only the heavily contested Holland Cup to go, it's time to reflect on what can only be described as a rollercoaster of a season for the Ladies B team in the Premier Division... Births, injuries, work commitments and weddings have all featured alongside our weekly schedule of training and games.

We welcomed some new faces to the Club and the B-team at the start of this season. **Emma Sturgess** and **Alison Meikle**, both newbies to Hong Kong, have added to the ever growing Scottish contingent within the Ladies B's. **Ellie Micklewright** – Hong Kong born and bred – returned to Hong Kong on her placement year from the University of Bath. We have also welcomed a few faces from other teams in the Section. Needless to say, all these girls, along with the existing squad members, have flourished and have formed what has been talked about as one of the 'strongest B-team squads' in the Section's history.

That said, this season hasn't been plain sailing for the B's. Despite the dedication of both coaches, **Owen Hughes** and **Yan Adams** (as well as valuable contributions from **Gus**), the B's finished 5th in the league. This however, doesn't really do justice to some of our performances and we continued to prove a force to be reckoned with facing tough opposition week-in-week-out, even when facing our very own unbeaten HKFC A's. Thankfully, the hard work and dedication of all the girls paid off at the end of the season with back-to-back victories against KCC (2-1) and the Dutch (3-0). Let's hope we can continue that winning streak into the Cup!

Now, it wouldn't be right to discuss the B team's season without addressing their performances off the pitch. With socials a plenty and a penchant for fancy dress, the highlight to date has to be the B-team Nativity at the Christmas Party. Never one's to do things halfheartedly, our Mary was actually pregnant, Baby Jesus





was not a doll, we had bearded ladies as Joseph, shepherds and the usual plethora of stable animals.

In fact not long after Christmas our Mary gave birth as did another squad member... Congratulations to mums **Claire Watson** on the birth of **Juno** and to **Mandy Vullings** (we are claiming you as a B!) on the birth of **Mae**, I'm sure they'll be down to support you both on the sidelines next season. Continuing with the good news, congratulations must go to **Julie McCandless** (nee Watson) and **Phoebe Allan** (nee Smith) who tied the knot with their other halves earlier this year. In advance of her upcoming nuptials a big congratulations must be given to long time Club Member and B team player **Nicky Russo** and her fiancé **Dave**.

Finally, as is the transient nature of Hong Kong we sadly have, and will, bid farewell to some players at the end of this season. **Sanj 'Solange' Pemberton** left a somewhat glamorous hole in the B-team squad midway through this season and this summer we will be waving goodbye to four more B team members: **Shona Martin** – who is returning to the UK after two years in Hong Kong; **Ellie Micklewright** – who is returning to Bath University to finish her degree; we also wave goodbye to **Jessica O'Neill** and **Lara Morrison** who on completion of their IB exams in May will hopefully be off to University next year; good luck to all four of you and we hope you come back and visit!!

D-ream Team

What a fabulous season it has been for what is known as the best team to play for in the Club, who are commonly known as the D-Ream Team.

Being led by **Leigh, Emma** and until mid season **Lynsey**, has certainly helped us grow as a strong team both on and off the pitch. They have provided us with some great direction and this has resulted in some great wins.

As with every season, we have had some huge highs and crashing lows...losing Lynsey mid season along with some of our key younger players (**Molly** may play for the Cs now, but

we know her heart belongs to the D-Reamers...!). However, Lizzie picked up the reins and continued to drive us forward and lead us to the end of the season.

Injuries have been a plenty, with broken feet (**KK**), broken wrist (**Sinead**) and torn muscles (**Kim, Hels, Bels** and **Mel**, to name but a few), but the most important thing that has shone through is our commitment to each other, the team and the Section. Every week both at training and on the sidelines, our injured have been there supporting us.

For my season with HKFC and the D-Reamers, it has been beyond a pleasure to be part of such a strong, positive and happy team that is always there to pick you up when you fall (literally in some cases!!) and cheer you on when you're struggling and, most importantly, give you a cuddle and drink champagne after the match...whatever the score!

Can't wait for next season! ■



New Zealand Tour Report

Manager's Report

by Nicola Bruce

In October 2014 an opportunity arose for the HKFC Ladies A team to travel to New Zealand to participate in the 2015 Affiliates Tournament that was due to take place over Easter 2015. Opportunities such as this do not come up very often and the team felt that it was a challenge too good to turn down. The premier division league was already well under way and the ladies were looking for some extra competition and something bigger to train for. It was decided that the team would do everything they could to participate and so it all began.

Knowing the trip was not going to be cheap the team began brainstorming ideas for fundraising. This also presented a fantastic opportunity for the ladies to support the launch of the Guv Dillon Scholarship Fund so it was decided that any fundraising would be split 50/50 between the fund and the tour. The team was very privileged to also receive additional support from both the HKFC General Committee and the Hockey Section Committee in order to cover some of the larger costs. This support enabled a

number of players to attend who would otherwise not have been able to, confirming the teams' entry into the tournament. It goes without saying that the support given by both was greatly appreciated by everyone who toured.

Fast forward six months and a squad of 16 players, led by their new coach and former Blacksticks legend Tina Bell-Kake, were on their way to Napier, New Zealand (Tina's old hunting ground). There was a combination of excitement and anticipation amongst the team as they looked forward to the challenge of playing against top quality regional teams despite knowing very little about their style of play or how their own level of hockey would compare to that of their new opposition. They had set themselves the challenge of trying to make the top 2 in the pool rounds, in order to play in the final on the last day.

In the end the team played five full matches in four days, all of which were fast paced, highly intense and extremely hard fought. The results on paper do not reflect how close the tournament was and how easily the HKFC ladies could have finished second instead of fourth at the end of the pool rounds. In the end HKFC won one and lost three in the pool rounds,

of which every match had a score line of 2-1 to the winning team. Each match could have gone either way, as both teams had plenty of scoring opportunities. The team realised that despite fighting hard and dominating field play for most of their matches, they were unable to score goals or create chances to win penalty corners during their attack. This was something the team had not previously encountered, scoring a total of 73 goals in the league this season. It highlighted their lack of exposure to some strong defensive opposition, a challenge for them to work on upon their return to Hong Kong. The results were enough to secure them a chance to playoff for third place.

As they approached their final match the team was determined to overcome the 2-1 score line that had become their nemesis. They started off well, scoring first against Hawkes Bay. There were goals aplenty with HKFC managing to score 3 goals against the home team. Unfortunately the opposition managed to score more and the game ended 5-3, leaving them with a final fourth place finish.

By the end most of the players' bodies were being held together by strips of tape (thanks to some superb physio skills from Ollie Chiu) and they were all in a fair amount of pain. However, despite the physical toll this tournament had taken on their bodies, and the eventual fourth place finish, every player was in good spirits, able to hold their heads high knowing that they had challenged some of New Zealand's top hockey teams. To put it into perspective, the New Zealand Women's National Team (the Blacksticks) currently sit 4th in the world, the next step up for many of the players competing at the Affiliates Tournament. Hong Kong currently sits 40th in the world rankings.

To walk away from a tournament such as this knowing they challenged and had opportunities to beat all of these teams was testament in itself to how successful this team can be. The team learnt a lot and identified weaknesses to work on. Every player gave everything they could and did the Hong Kong Football Club and Hong





Kong proud. They received compliments for their high standard of play and top level sportsmanship.

Players are already talking about what they can do to improve and when they can start fundraising for next year, in order that they can accept the invitation that was extended to them immediately after their final match, and achieve their initial goal of reaching the finals of such a prestigious tournament.

Captain's Report

by Patricia Chiu

The whistle blows for half time and the score board is a glaring reminder that we are down 4-2. Us players huddle around the coach in varied poses of exhaustion searching for recovery – our bodies aching, sweat dripping, muscles quivering, mind doubting, heart pounding. This is our 5th and final full game in a tournament that began just 4 days ago, everything comes down to the next half hour, 35 minutes to turn the tables. Now is the time to dig deep, to push ourselves beyond the uncertainty, beyond the pain, the tiredness, the frustration, the pull of defeat... to find not just the will but also the skill to pull ourselves together, to rally as a team, to find the magical synergy, to grasp victory.

We all know that feeling. It is a moment that we all crave as athletes. It is why we show up to training, week in, week out, constantly testing ourselves, working to get stronger, better, fitter, smarter. It is easy to over-simplify winning as our be all

and end all, but the truth is we want the challenge. We want to push ourselves to our limits and exceed them. We want to show up and risk losing to win. We want to overcome adversity, to fight for the victory, to discover our true potential.

I know this because I play for the Ladies' A's Hockey team.

For those of you who don't know, the HKFC Ladies' A hockey team is the most successful sporting team at the Club. We have won the league 13 times in the past 15 years. This year we won by a margin of 15 points, with a goal difference of 64, while Valley who came second had a goal difference of 14. I don't tell you this to brag, I am trying to offer some perspective. When we show up to play our opponents on a Saturday, no one is impressed when we win; it is standard, expected, borderline mundane. We aren't contested.

This is how I know winning in itself isn't enough. It is hard to motivate a team when you have nothing to fight for, and that is why when an opportunity arose for us to compete in the 2015 Affiliates Tournament (a New Zealand regional tournament) we were hooked like moths to a flame, eager for the challenge, to see how we measure up outside of Hong Kong – could we make the finals? We all know how easy it is to be a big fish in a small pond, but what are we in a big pond?

The tournament and the competition was hard and relentless. It brought to light our vulnerabilities. We were all individually

challenged, not just physically but also in spirit as we competed for our places on the starting line-up, while balancing the need to hold our team together, learning how to ask for help, to confront our weaknesses and to embrace the reality that sometimes giving everything we've got just isn't enough. Those last 35 minutes were brutal. The experience of the trip can in some ways be summed up in the fact that we conceded 3 goals in 9 minutes, losing our 2-1 lead to go into halftime with our tail between our legs. It was a humbling experience that we are all wiser and better for the experience. How quickly the taste of victory can change to the bitterness of defeat. But the truth is, we are a much stronger team for it. Every game we played demanded more of us not just in skill and fitness, but also in spirit, than any game we have played this entire season. And though we came away with what appears a disappointing 4th place... we came away with so much more. A desire to play again! A new benchmark to strive for! A challenge that we have yet to overcome! There were those of us in our team who had left for New Zealand with the mindset that this tournament would be our swansong for the Club, prepared to leave hockey in search of something more - I was one of them - but now all I can say is: I'll see you on the pitch next season. I want to fight for my place to be in that team that returns to New Zealand, to have another shot at winning that cup.

For more details about the shenanigans on tour check out: www.slickandshambles.wordpress.com ■



Chairwoman's Report

Karin Looram, Netball DSA Chairwoman

It's a crazy busy time for netball at the moment as we come to the end of the 2014/15 season. By the time you read this all teams would have played their final games and we look forward to reading some good results next issue.

In semi final news, HKFC Club played Hang Tang and won putting them through to the finals.

HKFC Typhoons beat HKCC Devils in their plate play off and faced DB in the Div one Plate final. DB proved too strong on the night with Typhoons placing 2nd.

HKFC teams proved a strong force to get past with both Whirlies and Monsoons placing at the top. Even after losing two of their strong players, they pulled off a win against Kowloon RFC and will face Hang Tang in their final.

After a hard fought semi-final match against Hang Tang, HKFC Whirlies finished off 3rd in division two.

HKFC Tornadoes couldn't get past HKS Pipers and placed 3rd in Division three.

Last but not least HKFC Cyclones are also playing off for top place in division Five.

Good Luck everyone!

The juniors completed another successful term last month with more silverware to add to the cabinets. The development and progress of all players and teams has been a pleasure to witness but especially those that have been moving up divisions which is great to see. The final results are as follows:

U13's

HKFC Constellations (Div 1)	1st
HKFC Meteors (Div 4)	1st
HKFC Galaxies (Div 2)	4th
HKFC Shooting Stars (Div 3)	4th

U19's

HKFC Supernovas (Div 1)	6th
HKFC Rockets (Div 3)	3rd
HKFC Comets (Div 3)	6th

The Beach 5's was another success this year with a record number of teams entered for the 2 day competition.

Our HKFC junior team, Comets also played in the Beach 5's Tournament, which for the first time this year has opened up to junior teams. They won 3 from 3 games and had a blast!

Check out some of the pictures from the weekend!

Look out for details of the AGM and Prize-giving to be held in May. Details will be posted at the usual places, including our FB page and noticeboards. ■

Photos from the Beach 5's Tournament



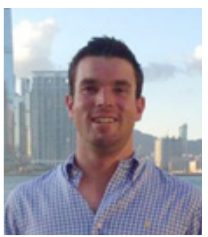


HKFC Constellations



HKFC Meteors

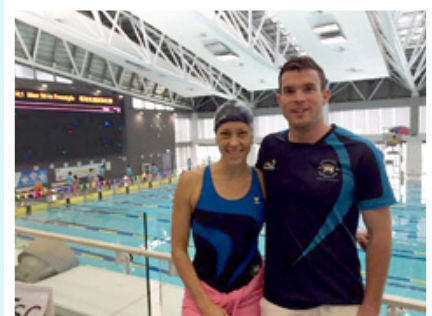
Swimming and Triathlon News



Sean Whipkey,
Swimming and
Triathlon Captain

Message from the Swimming and Triathlon Captain

Congratulations to all of the swimmers and triathletes for an amazing start to the 2015 season. Based on what we have seen so far, I know that this year is going to be another one for the record books. As we begin to reach the pre-competition phase of our training, it's very encouraging to see so many people working so hard. Keep the attendance up... Great job! In terms of racing, both the swimmers and the triathletes are off to a strong start. Between the pool races and the open water swims, Hong Kong Football Club has already shown it's a force to be reckoned with this year. With the summer now arriving, I expect the next phase of competition to be a lot of the same! The triathletes have been no different, with many notable victories and podium finishes so far. Please continue to keep up the hard work, and represent the Blue and White proudly around Hong Kong, and abroad. ■



Club Championships 2015



Throughout February and March, HKFC members battled it out on the courts to determine who would be Club Champions, in a mixture of events (singles, doubles and mixed doubles), across both senior and junior divisions. It was especially pleasing to see a good turn-out in the juniors section, with some eye catching performances. This bodes well for the future of tennis at the Club.

Like last year, both senior and juniors played their championships at the same time, on finals day on Sunday 22nd March with a post match celebratory BBQ to follow. The men's open final was an especially hard fought match this year, with **Andrew Town** and **Joe Vasoontara** slugging it out. Well done to **Andrew Town** (Men's), **Tanya Master** (Ladies) and **Tim Gauntlett** (Junior) who won their respective divisions.

Thanks to everyone who participated in this years Club Championship and to those who made it to the finals. Also, a big thank you to **Nathan Booth** from ATA, who helped schedule the matches and kept things moving.

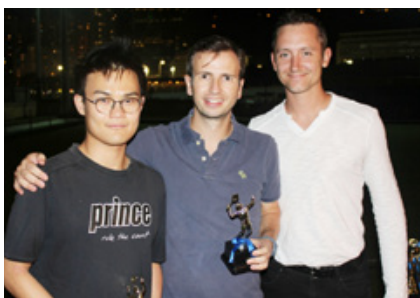
We look forward to everyone's participation next year and well done all the participants! ■

UPCOMING EVENTS

2nd May - Charity Club and Start of Season BBQ

The annual Charity Club (1pm to 6pm) and Tennis Society Start of Season BBQ (8pm to 11pm) will be held at the HKFC on Saturday 2nd May. The BBQ will be held at the Sportsman's Bar's back patio.

Category	Position	Name
1 Men's Open Singles	winner	Andrew Town
	runner up	Joe Vasoontara
2 Men's Closed Singles	winner	Lo Yui Tong
	runner up	Chris Brice
3 Men's Open Doubles	winner	Joe Vasoontara / Henry Lai
	runner up	Andrew Town / Simon Cheung
4 Men's Closed Doubles	winner	Tim Plunkett / Angus Chan
	runner up	Eric Hanermann / Anatole Le
5 Men's Open Plate Singles	winner	Anatole Le
	runner up	Lo Yui Tong
6 Men's Closed Plate Singles	winner	Winston Leung
	runner up	Rafe Purdie
7 Ladies' Open Singles	winner	Tanya Master
	runner up	Aparna Kanthan
8 Ladies' Open Doubles	winner	Jil Leong / Sammi Chan
	runner up	Tanya Master / Rachel Loosemore
9 Ladies' Open Singles Plate	winner	Yoke Ming Ong
	runner up	Hanyan Healy
10 Mixed Open Doubles	winner	Henry Li / Jil Leong
	runner up	Simon Cheung / Sammi Chan
11 Junior Open Singles	winner	Tim Gauntlett
	runner up	Ethan Tsea
12 Junior Open Doubles	winner	Tim Gauntlett / Sam Gauntlett
	runner up	Rafe Purdie / Dan Healy
13 Junior Closed Singles	winner	Aidan Lee
	runner up	Duncan Taylor
14 Junior Closed Doubles	winner	Duncan Taylor / Noa Fjelddahl
	runner up	Aidan Lee/ Dylan Geissler
15 Junior Open Plate Singles	winner	Dan Healy
	runner up	Rafe Purdie
16 Junior Closed Plate Singles	winner	Olivia Barton
	runner up	Eamonn Barry
17 Medals for fair play etc		Rafe Purdie
		Winston Leung
		Duncan Taylor



Prince Challenge at the Hong Kong Jockey Club on 1st March

The HKFC entered a mixed junior team in the 14 and Under Prince Challenge tennis event held on Sunday 1st March 2015. The events consist of five ranked doubles team pairs followed by singles matches, all against opposing ranked pairs / players from each club. Matches are timed usually around 20-25minutes in length. The six main Hong Kong tennis clubs attended including: AMC, AC, HKJC, LRC, DBRC and HKFC.

The HKFC team consisted of the following with **Toby Clark** coach for the day:

Tim Gauntlet
Adrian Ng
Dexter Brutus
Darren Chan
Dalton Ho
Duncan Taylor
Sara Mcmurtray
Aiden Lee
Jaami Nasar
Madeline Lee

It was another great day of tennis for the players and a great team spirit

was shown throughout. From the five matches played, the first two HKFC won 1, drew 1 (albeit losing on total number games) and in the last 3 matches, HKFC unfortunately were starting 1 rubber down due to giving a walk over, as a HKFC team member injured themselves in the singles. That aside, collectively the other teams were just that bit stronger than HKFC and we lost the remaining 3 matches, which found us in 5th place in the end.

Big thanks to all the players for their efforts on the day. All players fought hard and contributed to the teams score throughout the day whether in singles or doubles. Noticeable stand out performances were from **Tim Gauntlett** in his singles and big hitting aggressive doubles play with **Adrian** at 1 pair. **Aiden** and **Sara** both 9 years old playing at 4th pair were undefeated for the day in all their doubles matches and played very well, but narrowly lost in their singles.

Thank you to the parents that came and watched and supported throughout the day. ■

Golf Outings



The first 2 groups ready to tee off on the South Course



Quentin Burrows and Patrick Watts enjoying the glorious scenery.



Phil Head celebrating his 2nd birdie of the day.

Kau Sai Chau South Course Tuesday 14th April

The scene was set for a glorious day for golf, the sun was shining brightly and the temperature was a balmy 24 degrees with minimal humidity, just perfect.

Smooth bus and ferry journeys ensured that we were all at the golf club on time for a sumptuous steak and egg breakfast with plenty of time left over for practice on the chipping and putting range.

First off were **Jonny Brock** and **Phil Head** playing with **Quentin Burrows** and **Patrick Watts**. As expected Phil and Jonny had a humdinger of a gross scoring match with the largest shot difference only being 2 strokes at any time, with the scores even at the 18th it was a school boy error, a missed 2 foot putt from Phil that gave the match to Jonny by 1 stroke giving him the best gross score of 76.

Quentin started the match off in great style with a net par, birdie and bogey but then succumbed to the demands of the South Course, although he nearly took the longest drive on hole 14 until the last flight when **Nick Grimshaw** sailed the ball past his drive to secure the award.

The weather enabled a lot of high scoring stableford points with **Dorothy Lam** taking first prize with 40 points, **Joseph Wong** 2nd prize with 39

points and **Paul Cheng** 3rd with 37 points.

Ladies longest drive went to **Diana Li** and nearest pins to **Jonny Brock** on holes 2 and 16, **Stephen Bottomley** on hole 5 and **Paul Cheng** on hole 11.

Thanks to KSC for another great day out on the golf course and for the weather for being absolutely stunning.

See you all at the next event. ■

Phil Head
Golf Event Organiser

HKFC Golf Society v. Hong Kong Seniors Golf Society

Kau Sai Chau East Course, Monday 23rd March

Another inaugural match as our roll of opponents continues to grow. This time we faced the potentially wily and experienced HK Seniors. In discussions about the match format, they had negotiated hard for terms that arguably suited their style. So we knew from the outset that these guys would fight tooth and nail.

We gathered for a pre-match photo but the eagle-eyed amongst you will spot that we appear rather outnumbered. That is explained by the late arrival of the Belgian chauffeur, **JP Cuvelier**, who was still enjoying his croissant at home when reminded that he was supposed to be driving 3 teammates to Sai Kung. Nay bother, they still made it in time.

The 1st flight comprised **Nick Allen** and **Terry Wright**. All was going smoothly when on the 8th hole a casual aside from Gentleman Nick was taken out of all proportion with the opponent ejecting all toys from the pram.



Things were pretty frosty from there on in. I wonder how their pep talk went? Maybe I need to gee my boys up a bit more!! Anyway, the HKFC stalwarts weren't going to let that knock them off their stride and they duly won 2&1.

That was followed by a much more prosaic 4&3 victory by **Captain Spooner** and **Iain Valentine**. **Fiaz Magdoom** and **Anatole Le** had a much closer match with barely a hole in it all the way around. Coming down the 18th 1-up, they won that one too to finish in some style.

Sensing that a whitewash could see this being the first and last match against the HK Seniors (or was it that they hadn't had time to settle after their stressful journey to the course with JP?), **Andrew**

Wood and **Kien Ng** threw them a bone by losing the 18th to go 1 down. Very honourable, boys!

With a 3-1 lead, had there been any doubt about closing out the victory, you only had to look at the pairs the skipper had reserved for the anchor matches. **Dallas Reid** and **Jim Suttie**, followed by **JP Cuvelier** and **Jonny Brock**. They never stood a chance. And there was no charity shown by these chaps, a pair of clinical victories brought the overall score to 5-1.

We hope to see the trophy in our now burgeoning cabinet very soon, and will then look forward to defending it against our new adversaries next year. ■

Duncan Spooner, Golf Team Captain

Half Price Golf Lessons for Golf Society Members

To encourage GS members to improve their golf, the GS Committee has agreed to subsidize golf lessons on our Golf Simulators with our resident golf pros, **Todd Roach** and **Martin Halliday**. The details are as follows:-

Each member is entitled to one half price golf lesson. The standard price for a single lesson is HK\$650 so this lesson will be available at HK\$325.

To book a lesson, just contact your preferred pro and state that you are taking advantage of this opportunity.

After the lesson, sign the form at Reception to indicate that you have taken this offer, and the bill to your account will be reduced to HK\$350 accordingly.

Half priced lessons are limited to the first 100 GS members.

Offer expires end June 2015

Contact details: Todd Roach: todd_roach@hotmail.com

Martin Halliday: martshaz@netvigator.com



Clearwater Bay Golf Outing

Thursday 23rd April

It was a special privilege to be able to play Clearwater Bay Golf and Country Club. Fortunately, following our outing there last year, the HKFC Golf Society was kindly offered five tee times giving us 20 places which were snapped up in a matter of days.

Our tournament format was again best stableford with handicaps as well as best gross score and longest drives for both men and women and nearest pin prizes up for grabs.

Dallas Reid who was only 3 over on the back 9 won the best gross score on the count back from reeling in **Phil Head** who had got off to a fast start, after both had carded 78s.

Guy Devenish and **Jonny Brock** battled it out for best stableford points but with both scoring 39 points it was Guy who triumphed on count back to take 1st place, followed by Jonny. **James Riordan** was a very close 3rd with 38 points.

With 6 nearest pins, there was plenty of opportunity for everyone to win a few golf balls. **Phil Head** and **Anatole Li** each won two, with **James Riordan** and **Patrick Watts** winning one a piece.

Jonny 'Wizard' Brock yet again showed off his longest drive ability on the 13th hole with no close contenders, while the ladies claimed that the hole was too short and passed up the challenge!

Thanks to Clearwater Bay for accommodating us, we will be back in 2016.

See you all at the next event.

Happy golfing. ■

Phil Head, Golf Event Organiser

Ten Pin Bowling



Raymond Chan
BIG External Convener

HKICTB League Updates

The Bowling Interest Group fought two good battles in the HKICTB league during the month of March.

We faced the Kowloon Cricket Club as our first opponents this season. Although we did not bring back a score sheet with flying colours like our first match in October, we won with a close score of 12 to 10.

Our second game was against Kowloon Tong Club, which, unfortunately we lost in a very closely contested match. Among the 12 games we played, half of them were decided by less than 20 pins. Every bowler put in a great effort.

Let us continue our good fight, as we still have 3 more games in the coming months before the season ends.



HKFC vs KCC, photo taken before the match

Bowling Tips: Importance of Mental Focus

(Extracted from ASG Bowl Blog article posted on July 2012)

It's popularly accepted, and backed by research that mental focus is a major component for success in sports. Without focus, the pressure to perform in any competition can increase stress and decrease an athlete's ability to perform.

Today, we'll explore the importance of concentration and look at ways to sharpen your mental game in the first of a three-part series on the psychology of bowling.

Mental Focus: Why it Matters

Concentration in sports is important because it allows the athlete to stay in the moment while performing competitive tasks under pressure. Distraction can eat at your confidence, interfere with proper form and poise, and throw off your

balance in the moments that really matter. Mental focus is important in bowling whether you are playing for fun or in a competition. It's important to concentrate on the task at hand, keep personal distractions at bay, and see each step through.

How to Stay Focused

Whether breathing to stay calm or talking yourself into being fully present, staying focused in the heat of competition can be a highly individualized undertaking. Some call it "centering yourself," while others merely do it without much thought. Healthcentre, based in the UK, says centering starts with the basics like listening to your body, paying attention to how you feel and steadying your breath. That feeling of being grounded will not only

allow you the poise to bowl your best game, but give you confidence to deliver any moves you may have to impress a crowd.

Major Challenges

Bowlers, much like other athletes, face many challenges when it comes to keeping calm under pressure. It's important to note that some of the challenges come from outside the bowling room floor. Personal distractions from other areas of your life can seep into your game. Concentration is a mental challenge that can begin long before you pick up a bowling ball. Meditating can often help you attain internal balance. Other tips include practicing as though you're in competition will help you stay calm when it really matters.

Book and Movie Library

At the Club

New DVDs

A Most Violent Year
Alpha & Omega 3 - The Great Wolf Games
Antarctica: A Year on Ice
Assassin - The Wicked Shall Die
Barbie - Princess Power
Batman vs Robin
Beyond the Lights
Big Eyes
Cake
Call the Widwife - Season 4
Confessions of a Prodigal Son
Conquest of the Skies
Continuum
Death in Paradise - Season 1 & 4
Dying of the Light
Effie Gray
Everly
Fairytale - Story of the Seven
Dwarves
Fanny
Foxcatcher
Grey Met Shrek
Home Sweet Hell
Horrid Henry - Knows It All
Hostages - Season 1

Inherent Vice
Interstellar
Jake Squared
Kidnapping Mr. Heineken
Love, Rosie
Lowdown
Manhattan - Season 1
Marl Us
Marshall and Chase on the Case!
Mea Culpa
Minuscule: Valley of the Lost Ants
My Girlfriend is Sick
Paddington
Roald Dahl's Esio Trot
Robot Revolution
Russell Madness
S For Sex S for Secrets
Son of a Gun
Sons of Anarchy - The Final Season - Stand by Me Doraemon (3D)
Supremacy
Taken 3
The Gigolo
The Legacy - Season 1
The Marine 4 - Moving Target
...and more!

New Books

10% Happier by Dan Harris
100 Things That Make Me Happy by Amy Schwartz
A Map of Betrayal by Ha Jin
After by Morris Gleitzman
All Four Stars by Tara Dairman
Black River by S.M.Hules
Die Again by Tess Gerritsen
First Frost by Sarah Addison Allen
Flashflight by Lizi Boyd
Golden Son by Pierce Brown
Hong Kong Gothic by Marnie Walker
Imprint by Kelly Yang
Insatiable Appetites by Stuart Woods
Middle School - House Of Robots by James Patterson
Nancy Clancy - Secret Admirer by Jane O'connor
Once by Morris Gleitzman
Saint Odd by Dean Koontz
See How Small by Scott Blackwood
Still Alice by Lisa Genova
Sweat & The City by Shirley Geok-Lin Lim
The 20/20 Diet by Dr. Phil McGraw
The Bear Ate Your Sandwich by Julia Sarcone Roach
The Berenstain Bears- Trick or Treat by Stan & Jan Berenstain
The Dash Diet Action Plan by Marla Heller
The Day The Crayons Quit by Oliver Jeffers
...and more!



The Ram Quarter, Wandsworth, London SW18

An exciting new residential and retail quarter, combining contemporary living with iconic heritage at the historic Young's Brewery site just off Wandsworth High Street. The development is incredibly well connected. Trains run direct to Waterloo in minutes, the river bus speeds to the City and buses run day and night.

Estimated Completion: Phase 1: Summer-Autumn 2017



Prices from £300,000



The Mansion, Marylebone, London W1

The Mansion is located on Marylebone Lane just north of Oxford Street and before the lane crosses Wigmore Street. Situated in the very heart of the capital, close to the West End, Mayfair and Hyde Park. The lane itself has an intimacy and charm quite different from the surrounding streets. A contemporary mansion block of unusual craft and quality, graced with the best services London has to offer.

Estimated Completion: Q3 2016



Prices from £1,315,000



Aldgate Place, London E1

A landmark development featuring landscaped gardens, open space and a gymnasium, as well as shops, cafes, an office building and a 4-star hotel all designed around the modern London lifestyle. Ideally placed in Zone 1 between the Square Mile and fashionable Shoreditch and Brick Lane, and just moments from excellent transport connections at Aldgate East and Aldgate underground stations.

Estimated Completion: June 2016 to late 2018



Prices from £660,000



Lexicon, London EC1

The tower at the Lexicon adds to Central London's dynamic skyline. At 36-stories high it stands as Islington's tallest building. The City Basin waterside apartments, moments from Angel tube and Silicon Roundabout at Old Street, feature unrivalled views, spa, lounge and 24hr concierge. Lexicon's superb canal-side location sits beautifully within London's booming east and central neighbourhoods.

Estimated Completion: Spring / Summer 2016



Prices from £695,000



Barts Square, London EC1

Barts Square is a landmark development creating a genuine new urban quarter in a historic part of the City of London. The scheme comprises high quality apartments, office buildings and new retail/restaurant space set within a beautifully landscaped environment. Additionally, Barts Square will be served by the new Farringdon Crossrail station, set to open in 2018.

Estimated Completion: Phase 1: June 2017



Prices from £775,000



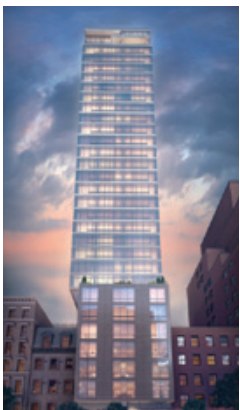
Trump Tower, Vancouver

Twisting high above Vancouver's celebrated West Georgia Street, come home to luxurious residences featuring premium finishes, endless panoramic views, expansive open plans, and an inspiring Arthur Erickson design. Typified by the finest level of service, sophisticated details, and superior elements one expects from a Trump development, residents will revel in Vancouver's most coveted address.

Estimated Completion: Summer 2016



Prices from CAD847,900



325 Lexington Avenue, Manhattan, New York City

325 Lex is a newly completed luxury condominium tower conveniently located between East 38th and 39th Street, on Lexington Avenue. 325 Lex offers a rare opportunity to live in the heart of Manhattan, getting in, out and around the city has never been easier. Rising 31 stories, 325 Lex has sweeping city views including The Empire State Building, Chrysler Building, and East River.

Estimated Completion: Q1 2015



Prices from USD835,000



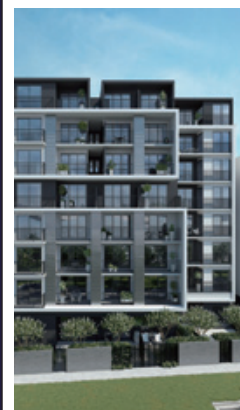
Victoria Residences, Auckland CBD, New Zealand

The Victoria Residences will occupy a very distinguished address, directly across the road from Auckland's world class Sky Tower and Sky City Casino. The new residences will provide a rare opportunity to not only enjoy captivating Auckland inner-city views and the convenience of city living, but also to experience a sense of community.

Estimated Completion: 2017



Prices from NZD\$385,000



The York, West Brunswick, Melbourne, Australia

The York is a collection of four boutique buildings, each aptly named after popular parks in West Brunswick and adjoining suburbs. Each building is set amongst lush green gardens designed by Paul Bangay and feature a choice of views and expansive vistas. West Brunswick enjoys all the inner north conveniences like public transport, cafes and proximity to the CBD.

Estimated Completion: Late 2016



Prices from AUD\$379,500

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