

CLUB

HONG KONG FOOTBALL CLUB 香港足球會 FEBRUARY 2021



PATRICK "JUNIOR"

represented the Club and won the Young Talent Mixologist Challenge

Sections and Societies continue to care for the community during COVID

- ANNUAL WING DING CHARITY

- MINI RUGBY CHRISTMAS COLLECTION FOR PLK

and more...

*"Food is symbolic of love
if words are inadequate."*

- Alan. D Wolflet



VALENTINE'S SHARING PLATTERS

Throughout the month of February



CHAIRMAN'S BAR

Enquiries: 2830 9559 or bar@hkfc.com

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GENERAL COMMITTEE

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Vice President	: Fook Aun Chew	Discipline	: Malcolm Kerr
Vice President	: Bobby Lawson	Membership	: Neil Roberts
Vice President	: Iain Valentine	Sports & Recreation	: Karin Loomam
Vice President	: John Shanahan	Hockey Officer	: Charles Poulton
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Constitutional Affairs	: Jeff Lane	Squash Officer	: David Cross

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Director of Food and Beverage	: Randal Linhart	Human Resources Manager	: Angela Chan
Director of Finance	: Ricky Chan	Executive Housekeeper	: Lily Huynh
Financial Controller	: May Chang	Digital and Communications Manager	: Denise Chow
Executive Chef	: Yan Mak		



CLUB MAGAZINE

Monthly journal of the Hong Kong Football Club. Arranged by Crystal Cheung. For information and requests for placement of advertisements in "Club" please call 2830 9503. The opinions expressed in the articles are those of the writers and do not necessarily reflect the opinions of the Hong Kong Football Club or the General Committee. The Club reserves the right to edit and clarify all content. The copyright of all materials is held by the Hong Kong Football Club.



COFFEE
SHOP



REUNION DINNER RECOMMENDATIONS

Chinese New Year DISHERS

The reunion dinner (團年飯) is an annual feast where family members reaffirm the love and respect that bind them together. It also means: "gathering around the family hearth".

Come and enjoy these lucky dishes with your family at the Coffee Shop in the month of February.

Enquiries: 2830 9569 or Coffeshop@hkfc.com

The Thoughts of the Chairman

主席的話



Michael J. Wood
Chairman

The Year of the Rat comes to a close and leaves behind a year of unprecedented challenges and disappointment.

We started the year with the COVID 19 outbreak and reasonable expectations that it would be over within a few months, and end the year with continued enhanced social distancing restrictions and no immediate end in sight.

As I mentioned in last months magazine, it is to be hoped that with the roll out of the various vaccines now underway, the Year of the Ox will indeed see a gradual return to normalcy such that we can start to get back to our usual routines.

Over the past year the Club has responded to the numerous issues in a positive and robust manner and aside from visible aspects such as temperature checks and sanitisers, in particular has subjected the premises to enhanced cleaning which includes additional sterilisation of the high use areas of the premises every night after the Club is closed. There is also increased frequency of deep cleaning for floors, carpets and high use surface areas throughout the Club.

On the F&B side, the team has been creative in attempting to maintain member satisfaction with various offers and in particular improving the takeaway selections which have proved very popular, especially over the Christmas and New year period.

The wellbeing of our staff has always been paramount, who are all monitored to ensure they stay safe and healthy. To date, not one of our staff has been infected and we trust that we can keep it that way.

Looking ahead, it is of course impossible to predict how things will develop and as such planning for sporting events is still up in the air. What seems to be certain is that there will be no early end in sight and we will need to live with a number of restrictions and maintain enhanced hygiene procedures for some time yet.

On a more positive note it is the Club's 135th anniversary this year, although whether we are able to undertake any potential recognition to mark this occasion remains to be seen. In the meantime please remember to come to the Club to make use of the F&B credit which is valid until the end of May.

As always, stay safe and healthy.

Kung Hei Fat Choy !

Michael J. Wood
Chairman

鼠年終告離去，然而卻帶不走一年間種種史無前例的難題及悲傷。

踏入鼠年，新冠肺炎隨即爆發，當時大家都有合理的理由，相信疫情幾個月內便會完結，結果到了告別鼠年的一刻，我們還是要繼續收緊社交距離限制，疫情的盡頭似乎亦變得遙遙無期。

不過正如上期會刊提到，隨著現時陸續推出各種新冠疫苗，希望牛年一切真的會逐漸回復正常，這樣的話，大家就可以開始重拾疫情前的生活習慣。

過去一年，本會一直以積極及務實的態度，處理不同防疫事宜，除了為所有人量度體溫及提供酒精搓手液之外，還特別加強了會所整體的清潔措施，包括每晚關閉後為會所人流高的地方進行額外消毒，以及更頻繁深入清潔本會各處的地板、地毯及經常接觸的地方。

餐飲方面，本會的團隊務求無時無刻滿足會員所需，一直都有各種別具心裁的推廣，尤其是疫情下在精選外賣美食上費盡心思，結果大受歡迎，聖誕及新年期間更幾乎一掃而空。

本會向來將員工的健康放在第一位，透過提供定期檢測，確保所有員工健健康康，直到現在，本會沒有任何一位員工曾感染新冠肺炎，相信我們往後都可以保持「零」確診。

放眼未來，要預測疫情的走勢，當然是不可能的，故此各項體育賽事仍然未有確實的安排，但幾乎可以肯定的，是疫情不會很快完結，我們還有一段很長的時間，要與不同的社交限制共處，以及繼續做足嚴謹的衛生措施。

樂觀點看，今年是本會創會135周年，至於能否舉辦慶祝活動，去紀念這個大日子，仍是未知之數。與此同時，請記得到本會盡情使用5月尾到期的餐飲消費回贈，不然就蘇州過後無艇搭了。

一如以往，祝大家身體健康，一切平安。

恭喜發財！

主席 胡米高

Obituary

We were saddened to hear the news of the recent passing of longstanding Members
Mary Coghill and Peter Tsang.

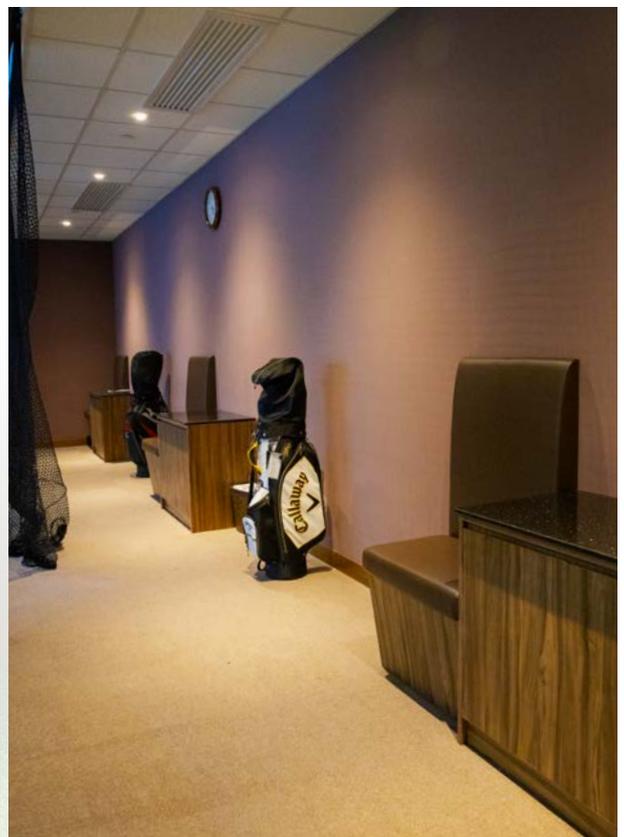
Our thoughts and prayers go to their family and friends. May they rest in peace.



NEW GOLF SIMULATORS

Located on the Third Floor, the Club has recently installed three state of the art new Golf Simulators and also renovated the Golf Simulator Room.

When Government regulations allow, we hope you will all come and try out the new Simulators.



From the Desk of Mark Pawley

總經理的話



Mark Pawley,
General Manager

At time of penning this article we are a few days away from hearing if Government are going to relax, or otherwise, any of the social distancing measures that have been in place for some time. So, as with last month, and looking on the bright side of things, let's hope at the very least our closing times are changed in order we can stay open a bit longer to enjoy the many and varied food and beverage promotions that are on offer throughout the month of February.

From a staffing perspective please have a look at the article later in the magazine about **Patrick Ng** from the F&B Department who participated in and won The Young Talent Mixologist Challenge at the Restaurant and Bar Hong Kong held at the Convention Centre back in November 2020. Many congratulations are in order to Patrick who now takes up the role as being the Club's first ever Mixologist. Visit Patrick in the Chairman's Bar and try out one of his cocktails!

It is heartening to note the **Mini Rugby** charitable contributions that were made over the Christmas period to Po Leung Kuk and also in Vietnam where they have been supporting the Phu Vinh Rugby Club with Kit donations. In similar vein, the **Squash Section** were able to organise and run, on a slightly reduced player basis the Annual Wing Ding Charity Squash Tournament where they were able to raise \$235,000 for Operation Santa Claus. Not to be outdone the **Tennis Society** were able to donate \$10,000 to the Refugee Union Charity and backed this up with some Christmas gifts donated by Society members.

On the sporting front and per the photos on the adjacent page we have now installed three state of the art Golf Simulators and also renovated the **Golf Simulator Room**. In fact, we have been able to "flip" the new simulators around in the Simulator Room which means the new bays for the simulator are wider than beforehand. We have also made the bays higher as we have been able to take out the false ceiling. The screens too, are larger than beforehand with much better resolution. All in all the changes should enhance your simulator experience albeit we can't guarantee it will make you play better!

A reminder that as is usual at Chinese New Year the Club will close on Thursday 11th February at 5pm, be closed all day on Friday 12th February and reopen at 9am on Saturday 13th February. On behalf of the Management and Staff of the Club, I would like to wish everyone a very Happy Year of the Ox.

Kung Hei Fat Choy!

I look forward to seeing you all at the Club!

Mark Pawley,
General Manager

下筆之時，還有幾日政府就會公布最新消息，實施多時的社交距離措施，到底會得到放寬，還是要繼續收緊，不久將來自有分解，故此與上個月一樣，我們還是要樂觀點看，希望到時政府至少延長堂食時間，好讓本會的營業時間得以延長，整個2月大家便能夠享受琳瑯滿目的餐飲推廣了。

看完本文後，大家可以揭到第8頁，看看有關本會餐飲部員工 **Patrick Ng** 的文章，皆因他於2020年11月，參加了在會展舉行的香港餐飲展2020調酒師挑戰賽，並奪得 **Young Talent Mixologist Challenge** 冠軍，在此再次恭喜 **Patrick**。Patrick現時是本會史上首位調酒師，各位蠢蠢欲動的好酒之人，不妨到 **Chairman's Bar** 找 **Patrick**，一嘗他親手調製的雞尾酒。

雪中送炭，總是件振奮人心的事，聖誕期間，本會的小型檯球隊就為保良局的小朋友組織了募物捐贈，不僅如此，檯球部一直都有幫助越南當地的富榮檯球隊，適逢越南沒有暫停檯球賽事，這次送上的全套裝備便能大派用場。同樣地，壁球部亦順利舉行 **Wing Ding** 壁球慈善賽2020，雖然參賽人數比以往少，但最後都成功為愛心聖誕大行動籌得\$235,000。**網球組**也不遑多讓，除了向難民聯會捐贈\$10,000，組員更捐出一些聖誕禮物，讓人倍感溫暖。

體育設施方面，從上一頁的相片，可以得知三部最先進的高爾夫球模擬器已經全面投入使用，**模擬練習場**亦進行了大翻新，事實上，我們曾經調整所有模擬器位置，最後終於找到練習場擺放機器的最佳位置，這樣模擬器的新球道會比以往更闊，練習場的假天花也已經移除，從而增加球道的高度，新螢幕更比舊螢幕大，而且提供更高解像度。總括而言，以上的硬件升級應該會更豐富大家的模擬體驗，至於閣下的技術會否因而進步，我們就未能保證了！

提醒大家，本會一如以往會在農曆新年實施特別開放時間，2月11日（星期四）會提早於下午5點收爐，2月12日（星期五）則全日關閉，直到2月13日早上9點才再次開放。本人謹代表本會管理層及全體員工，祝大家牛年快樂。

恭喜發財！

期待與大家在本會相見！

總經理 龐禮文

Love is in the air

EVERYWHERE YOU LOOK AROUND!

This February, set menu in the Restaurant, sharing courses in the Chairman's Bar, heart-shaped palmiers at the Captain's Bar and cupcakes and pink drinks at the Family Lounge.

For the Restaurant set menu details, please scan the code.



RESTAURANT



CHAIRMAN'S BAR

T: 2830 9562
E: restaurant@hkfc.com

T: 2830 9559
E: bars@hkfc.com



T: 2837 2678
E: bar@hkfc.com



T: 2837 2663
E: bar@hkfc.com

FOOD AND BEVERAGE MONTHLY PROMOTIONS



From **1st Monday**

Cantonese Afternoon Set Tea
Chairman's Bar

From **1st Monday**

Some like it Hot
Sportsman's Bar

From **2nd Tuesday**

Shellfish Treasures
Restaurant

From **5th Friday**

Taiwanese Night Market Themed Buffet Dinner
Coffee Shop

From **13th - 15th Saturday to Monday**

Chinese New Year Festivities

14th Sunday

Valentine's Day

From **27th - 28th Saturday and Sunday**

Ready for Spring Time Wine Fair

Wine Dinner & Master Class

19th Feb - Louis Moreau Chablis Wine Dinner
25th Feb - St. Hallett Masterclass

Coffee Shop

Takeaway: Chinese Full Set Menu
Monthly Special: CNY Lucky Dishes

Chairman's Bar

Valentine's Sharing Platter
Cocktail: Love Potion No. 9

Sportsman's Bar

Fun Activity: Name that Booze

Captain's Bar

Bento Box

Family Lounge

Think Pink: Pink drinks and cupcake

Coming Soon in March

Wine Dinner and Master Class

18th Mar - Chile vs Spain Masterclass
25th Mar - Italian Wine Dinner

Restaurant

Colour of Spring

Coffee Shop

Sakura Blossom Buffet Dinner
Plant-based Protein Dishes

Chairman's Bar

Hot Pasties

Sportsman's Bar

St. Patrick's Day and Limerick Contest on 25th March

Captain's Bar

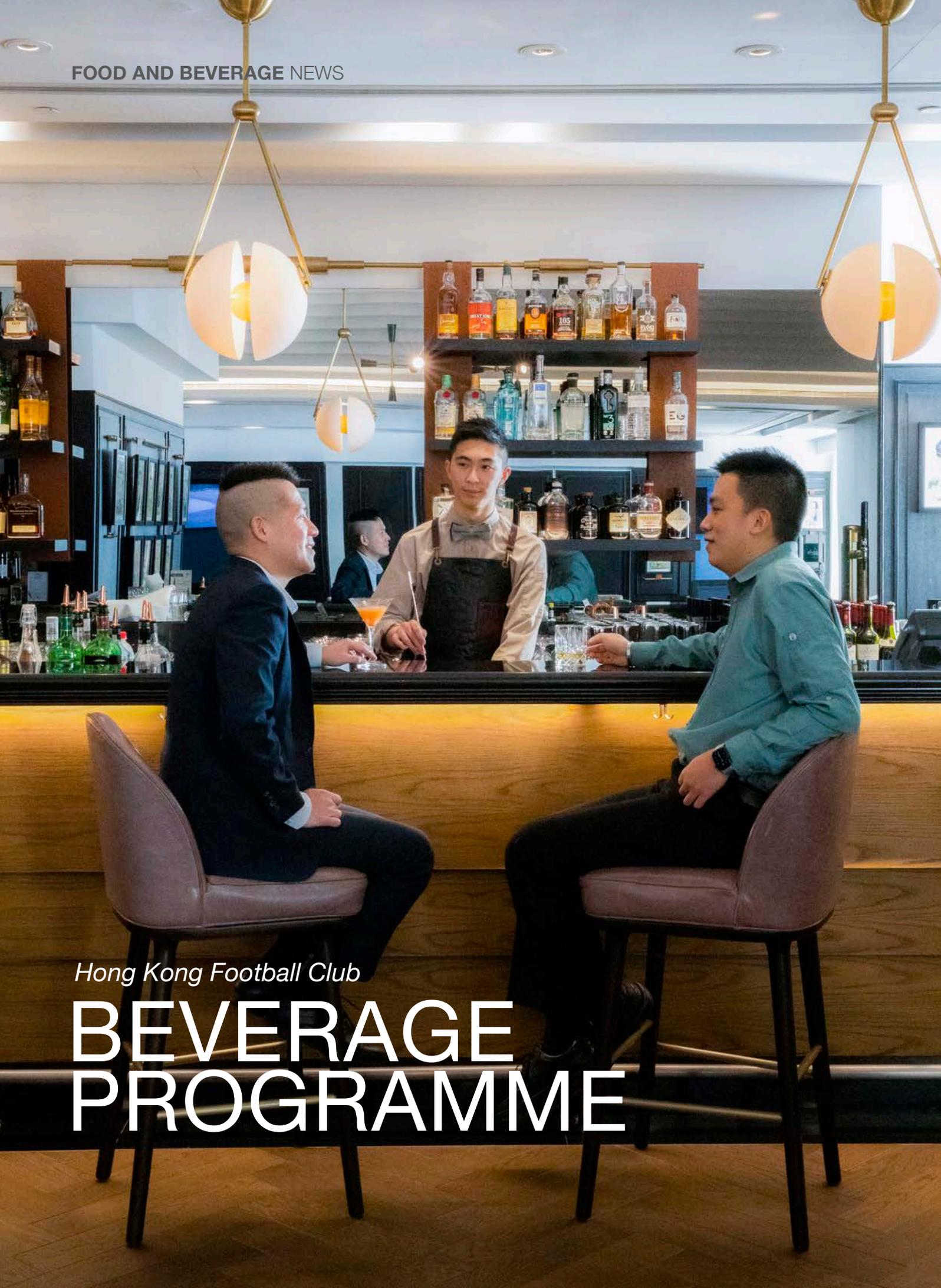
Paris-breast

Family Lounge

Pita Pockets

Enquiries and Booking:

Coffee Shop – 2830 9569 • Restaurant – 2830 9562 • Chairman's Bar – 2830 9559 • Sportsman's Bar – 2830 9531



Hong Kong Football Club

BEVERAGE PROGRAMME



The Beverage Department of the Hong Kong Football Club is led by our Beverages and Kiosk Manager, Mr. Ken Lo. In addition to looking after new and existing products and creating new promotions, wine events and cocktails, another very important role is the development of our team. After identifying and developing Ray Kwong to be the Club's first Sommelier and Patrick Ng to be the Club's first Mixologist, we focused their skills to improve the Member's dining experience.

Recently, at the Restaurant and Bar Hong Kong held at the Hong Kong Convention and Exhibition Centre on 12th November 2020, Patrick "Jr.", as he is fondly known, entered the Cocktail Challenge – Young Talent Mixologist Challenge. When the time to perform came around, Patrick Jr. did not disappoint us! Out of 23 competitors Patrick Jr. walked away with the first prize for his cocktail "Moon Hug", a crafty combination of Chinese wolfberry infused gin, Japanese Shiso liqueur, homemade Osmanthus syrup and yuzu bitters. Not only did it taste incredible, but it looked spectacular. Maybe you can make a special request for it next time you drop by the Chairman's Bar?

This February, honour of Valentine's Day, Patrick Jr. has come up with a brand-new creation that he calls "Love Potion No. 9" after the 1964 song of the same name. It is a refreshing, delicate concoction that is sure to put your loved one under your spell. Please drop by and request for it by name, throughout the month of February, only at the Chairman's Bar. And, please check regularly for new promotions, whether it is a discovery of some premium spirits or more cocktails, the Hong Kong Football Club's Beverage Department is dedicated to ensuring you enjoy every drink to the last drop.



Patrick Collins
Rum, Malibu, Lime
and Soda

Balsamic Boulevardier
Balsamic Vinegar, Bourbon,
Sweet Vermouth, Campari

Thai Lady
Gin, Homemade
Lemongrass Syrup,
Cointreau, Lime



Corporate Social Responsibility

CARING FOR THE COMMUNITY

We are honored to be awarded for the fourth year running Caring Company logo. Once again our Staff members have worked hard to demonstrate good corporate citizenship and take up social responsibility over the past 4 years.



Date: 20/06/2016

Organizer: Food Angel Kitchen

Around 900 meal boxes were prepared and sent to elderly, kids and people with disabilities.



Date: 07/11/2016

Organizer: Member: Jo Wilson

Beach clean-up at Pak Kok Tsuen (Lamma Island)

Around 520 bottles, 308 straws, 68 juice boxes, 242 lids, 59 lighters, 16 toothbrushes, 76 shoes, 16 fish floats and 28 bags of other trash were collected.



Date: 02/08/2017

Organizer: Senior Citizen Home Safety Association

Around 2600 flags were sold and the donations raised were allocated to help the elderly who are in financial difficulties and others in need to use the Personal Emergency Link and Mobile Link service for free.



Date: 21/11/2017

Organizer: ELCHK, Chung On Neighborhood Elderly Centre

13 sets of handicrafts were made as birthday gifts for the elderly. Some clothes and cups were also been donated to the Centre.



Date: 12/06/2018

Organizer: ELCHK, Communion Lutheran Elderly Health Centre

Around 100 Rice Dumplings were made for the elderly to celebrate the Dragon Boat Festival.



Date: 04/12/2018

Organizer: ELCHK, Login Club For New Arrivals

Balloons of Chinese Zodiac were made as gifts for the children.



Date: 04/09/2019

Organizer: ELCSS-HK, Communion Lutheran Elderly Health Centre

Around 100 Moon Cakes were made for the elderly to celebrate the Mid-Autumn Festival.



Date: 12/2019

Organizer: ELCSS-HK, Communion Lutheran Elderly Health Centre

We sponsored the Centre to help celebrate elders' Birthdays and Christmas.

Amid the coronavirus pandemic, Hong Kong Football Club Staff members have continued to care for the community through donations (e.g. Poppy Appeal, ELCHK – Evangelical Lutheran Church Social Service Hong Kong...etc) and yearly charity events like Movember which helped raise awareness and vital funds for the biggest issue in men's health. We look forward to our Caring Committee setting off again to share their love and care with the community.

Exercise of the Month

Triceps Push Up

1. Start in a high plank position, with your hands directly under shoulders.
2. Engage your core, pulling your belly button in towards your spine.
3. Keep your legs straight and hips level.
4. Pull your arms in close to your sides so your elbows are pointed back, driving your hands into the ground to keep your shoulder stable.
5. Slowly lower yourself toward the ground, keeping your elbows pointed back and core engaged.
6. Lower until your arm, shoulder, and elbow make a 90-degree angle.
7. Push hard into the ground to lift your body back up. That's one.

Reps/sets for best results: Aim for two to three sets of 10 to 12 reps with 30 seconds of rest in between. If at any point you can't push back up in a plank, drop to your knees and continue the set.



Dietary Recommendation for Recovery after Workout

PROTEIN SHAKES

Protein shakes (or protein smoothies) are a protein drink typically consumed before or after a workout in order to aid in muscle recovery. Protein shakes are usually made with frozen fruit/ice, a protein source such as protein powder, and a liquid.

The healthiest protein shakes are the ones you make in your own blender because you can control what goes in them. The goal here is low sugar + high protein and no additives.

Protein shakes are an excellent thing to drink after a workout to help your muscles properly recover. In addition to post-workout, protein shakes can be used as a meal replacement if they have enough calories or even a high-protein snack.

Our preferred time to drink a protein shake is post-workout, but it has been said that either before or after a workout will provide the same benefits!





HAPPY NEW YEAR TO EVERYONE FROM THE RUGBY SECTION!

Unfortunately, just as everything was about to commence, COVID-19 reared its ugly head once again. With the Club and Ice team's seasons underway, the remaining squads were looking forward to kickstarting their leagues and playing rugby for the first time in 2020. A new, fourth wave of the virus put an end to these plans and yet again, training was put on the back burner just in time for Christmas.

Club currently sit top of the Men's Premiership with 4 wins from 4 games. A comfortable win over USRC Tigers was followed by three nail biting wins against

Sandy Bay, Kowloon and Valley. With the league now on hiatus due to the pandemic, Coach Jack Wiggins has brought in some individualised training for players to maintain the progress they have made so far.

Club, however, must say farewell to one of their stalwarts over the last few years as **Nate De-Thierry** makes his way back home to New Zealand. Nate has been exceptional for Club both on and off the field and we would like to wish him all the best!

Ice had a tough start to their season losing to last season's Premiership winners, Tigers. A

comfortable win against Causeway Bay before two losses to Kowloon and Valley mean Ice sit mid table during the pandemic break.

Special mention to **Macca**, all the coaches and management for each team who have continuously tried to be flexible in order to make things work for the players whilst keeping within all the restrictions.

Let's hope 2021 is a much better year for playing Rugby!

■ **Niall Rowark**
Rugby Section Captain



HKFC Mini Rugby HELPS PO LEUNG KUK KIDS TO ENJOY A MERRY CHRISTMAS!

In December, despite rugby training not taking place and most of the Club facilities being restricted, parents and kids made a huge effort to donate and drop off LOTS of gifts for Po Leung Kuk children.

These gifts were gratefully received by PLK and have enabled HKFC to reach a wider audience with not just the target of all 167 children permanently staying at nearby Leighton Road receiving gifts but 300 children in small group homes across Hong Kong too! A massive thank you to our donors, sponsors and volunteers to reach further than the PLK kids who normally join mini rugby each week.

Sonia Chan, Director of Studies at Po Leung Kuk said, "On behalf of Po Leung Kuk, we want to send a big thank you to members, coaches, parents and volunteers from HKFC for being so supportive to us. 2020 been a challenge for most, but we are very excited to start 2021 with a fresh start and hope to get the kids back to rugby soon too."

The Rugby Section have a relationship with PLK going back to 2008 and have offered places and kit each year to encourage PLK kids based nearby on Leighton Road to help build their skills and confidence through rugby. Unfortunately due to COVID kids haven't been able to join rugby since February and have been in lockdown for much of the second half of the year. Find out more here www.poleungkuk.org.hk/en

The mini rugby community came together the following weekend with many kind volunteers including mini players (plus brothers and sisters!) joining the sorting of all the donations and packing up as gifts to the children. Many thanks particularly to Mandy Lee along with the Housekeeping team for helping us to collect and sort so many donations safely in a socially distanced way in the Lockhart Room.

Each child aged from 3-18 years old were able to receive a homemade Christmas card signed by minis players, a Natixis HKFC waterproof/wet bag with age appropriate notepads or colouring books, headphones, pens, toys, gift vouchers for the older kids and some sweet treats too. Thanks to the generosity of our community there were also lots of extra sweets and candies that PLK House Parents distributed at Christmas events like movie nights over the festive period as an bonus treat.

Particular thanks to our sponsors at **Latham & Watkins**, who rallied round and provided a notebook and chocolate biscuits for each child!

170 headphones were very generously donated by **Kieran Pollard and buddyphones.com**, who has a son in the under 14s and a daughter in the under 10s rugby teams.

Whilst we weren't able to hand over the presents directly from our Minis' kids to the PLK children directly this time we look forward to seeing our friends at Po Leung Kuk soon to enjoy a better 2021!

■ **Tom Wheeler**
Mini rugby Charity Lead



“ On behalf of Po Leung Kuk, we want to send a big thank you to members, coaches, parents and volunteers from HKFC for being so supportive to us. ”



More on HKFC MINI RUGBY DONATED KIT IN VIETNAM

HKFC Rugby Section's support for development programmes in Vietnam reaches further as the Phu Vinh Club here show the benefit of being able to train and learn together in proper kit. Phu Vinh Club is one of seven in Hoa Binh province just outside Hanoi that Mini Rugby are supporting through their partnership with **Childfund Pass it Back** and **Laureus Sport for Good**. Rugby is not suspended in Vietnam and recently the first EVER contact rugby tournament was held by the first EVER community network in Vietnam - the Hoa Binh Rugby Network!

■ Tom Wheeler
Mini rugby Charity Lead





In memory of
**CHRIS
 HATTAM**
1968 - 2020

It is with tremendous sadness that we say goodbye to our friend, **Chris "Hatts" Hattam**. A remarkable man; kind, generous and bounding with enthusiasm, he had a beaming smile for everyone.

Chris was involved with the HKFC Mini Rugby community for many years. No role was too big or small: Minis' Coach, Head Coach, Kit Director, and a very active member of the Mini Rugby Committee. When Chris was set a task (or more like when Chris set himself a task....) he would throw himself into it completely, with his infectious smile and joyous personality pulling others along with him. Generous with his time, constructive in his comments, supportive in his actions, Chris was great company and a terrific person to work with.

The cohort of athletes (born 2008) that were under Chris's stewardship between their U5s to U10s will have some of their fondest rugby memories with Hatts! With over 100 kids, he would know them all individually and



had the ability to make them all feel special. He was nicknamed the 'Pied Piper' amongst the other coaches because the kids loved him and responded to his coaching and encouragement. Among his many legacies is the care he bestowed in each young rugby player he coached, always ensuring inclusiveness and development for each child. He was an exemplary coach, who made it look easy and who was admired by all. Many of us can attribute our children's love of rugby to the support provided by the big man in their formative years. We will always think of Chris whenever our children run onto a pitch, with fondness and (still) willing them to 'run straight'!

He would regularly look to collaborate and organise friendly games with other clubs. Chris was universally respected across the Mini Rugby community especially by our big rivals at Valley, Stingrays and Sandy Bay. Through his multiple commitments with rugby, school, hockey and too many other clubs to list, inevitably someone at every club would know him! Every game was a home game when Hatts was around.

It should not be forgotten the role Chris took in managing and fostering the Club's relationship with Po Leung Kuk (PLK), a charitable organisation that provides support for orphaned children in Hong Kong. Often his work would go under the radar with little or no personal recognition. He clearly cared so deeply for the children and created opportunities they may not normally be exposed to. He would take the donated kit to the PLK buildings for kids to try on, arrange

for shirts to be named and liaised with the chaperones, maximising the number of kids that could attend mini rugby festivals and the HK Sevens. On the day of the Sevens, he would often be chasing around, arranging and delivering tickets to them to make sure these members of our rugby community could share in the fun.

He was a dynamic organizer and even after his commitments were over, he continued as the Minis' Kit Director. His love of 'Survey Monkey' (say it in a Geordie brogue for maximum effect!) must have helped in his duties though we are sure that there was actually a huge amount of support from Helen here behind the scenes. A massive job, Chris would immerse himself in the role, patrolling the kit-covered Sports Hall helping anyone and everyone he could.



He has left incredibly large shoes to fill. He was a great man, a Chief. We need more Chris Hattams in the world. People at the Club will all recall seeing him striding across the pitch towards them, with mane in full flow, sun visor and sunnies on, "Maaaaate" he would call out in that unmistakable voice, with a big smile and infectious enthusiasm. Bumping into him at the Club was always a special occasion; his effortless energy and positivity always gave you a massive lift.

Our thoughts go out to Helen, Florrie and Harry and we feel deeply for your loss. Chris

made an impact on so many lives on and off the rugby field. His selflessness and capacity to help others made him a role model for children and adults alike. Quite how Chris managed to achieve all he did is almost impossible to fathom. We have lost a good friend and a sterling bloke, who has left a void that would take many men to fill.

Rest in peace Bonny lad



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Sportsman's Bar

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WING DING 2020



It may not be 182 people in fancy dress, but as close to the tradition! Group shot as we could get.



Team Blade Revolution win the Tournament.



2019 we had the riots and 2020 we had COVID, both put an end to countless sports and social events. But it seems nothing can stop the annual Wing Ding Charity Squash extravaganza! For the second difficult year in a row, the Wing Ding event took place, albeit in a somewhat socially distanced format. The numbers may have been reduced, the fancy dress side-lined and the manic inter squash court sprints gone, but the Wing Ding spirit and our remembrance of Wing were as strong as ever!

over HKD\$253,000 for Operation Santa Claus, putting us less than 3% down on last year's total. At the time, the highest fund-raising event so far for the Charity.

All the facts and figures are below, but special congratulations to **Hailey Wong** and **Coco Cheung** for highest individual points scored, **Blade Revolution** for winning the entire tournament and **SJP Spankers** for raising the most donations.

Down from 182 players in 2019, 100 gallant squashies took to the courts on 21st November and at the time of going to press, raised just

BIG THANK YOU'S

This year really was touch and go right up to the last minute as to whether we would have any event at all. The success of the Tournament has really been achieved through exceptional enthusiasm and exceptional generosity this year and a variety of individuals/bodies deserve a special mention.

FOR THEIR EFFORT

- Every player
- The convenors
- The volunteers
- The Wing Ding committee

FOR THEIR DONATIONS

Top 3 teams

- SJP Spankers
- HKFC Captains select
- HK Cricket Club

Corporate

- St. James's Place Foundation
- Hill Dickinson Hong Kong

8K plus

- Rajesh Mulchand
- HKFC Squash Section
- Bob Waisyliw
- 2 anonymous

All the Prize Draw Donators

FOR THEIR SUPPORT

- The Club
- The Section
- OSC/SCMP

SPECIAL THANKS TO

Phil Head for his support in so many areas and his extraordinary marathon 16

sponsored coaching sessions. Dave Murray for inventing the COVID friendly format and pulling it all together when timeframe and logistics meant that he had a far bigger workload than in any other previous year.

And finally, Carrie Lam for timing the sporting bans to perfection, allowing players just enough time to get fit enough for the event and then banning sports again just a few days after the big day.



MC Carlos continues his search for those markers, players, time keepers, score sheets etc etc etc.



Dick trying to confuse Andy



Carmen in action against Anthony



Spot the American club team mates.



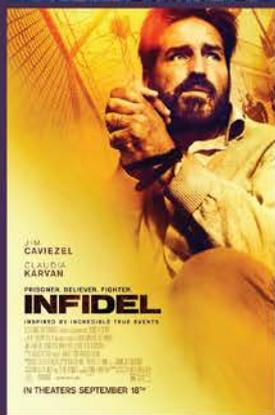
Yep, Phil was basically coaching non stop from 6.15am to 7pm!

PLAYERS SCORES (continues next page)

Team Name	Player 1 (Kit Pts)	Total Pts	Player 2 (Kit Pts)	Total Pts	Player 3 (Kit Pts)	Total Pts
Hill Dickinson Swingers	Keith Frith	73	Gillem Tulloch	96	Brian MacDougall	51
Blade Revolution	Andrew Ward	45	Jack Lambert	35	Phil Head	108
HKFC Vice Squad	Jeff Leung	53	Max Lee	77	Obadiah So	46
American Club	Wilson Chan	67	Gergo Schloser	53	Raymond Or	64
HK Squash Gear	Dick Lau	66	Eric Ho	76	Arthur Law	94
SJP Spankers	Carlos Cornes	119	Wilfred Cheng	86	Jason Waldie	60
HKFC Captains Select	Sun Phat	92	Steve West	73	Tim Calder	85
HK Cricket Club	Neil Soo	66	Jason Lam	37	Victor Arredondo	30
Royal HK Yacht Club	Julian Ragless	32	Alex Barmont	38	Romain Chatte	42
Utd Services Rec.Club	Tony Yip	39	Fung Ji Yang	54	Jay Bidal	35

Team Name	Player 4 (Kit Pts)	Total Pts	Player 5 (Kit Pts)	Total Pts	Player 6 (Kit Pts)	Total Pts
Hill Dickinson Swingers	Graham Mountford	92	Roland Weatherall	45	Sunesh Ladharam	55
Blade Revolution	Carmen Lee	70	Renee Wu	87	Hailey Wong	141
HKFC Vice Squad	Stuart Gates	74	Bharat Khanna	78	Krzysztof Kostienko	29
American Club	Richard Chiu	44	Patrick Wang	64	James Assersohn	72
HK Squash Gear	Anthony Lau	68	Paige Hill	75	Adrian Ng	117
SJP Spankers	Christian Hibberd	42	Jonno Barton	45	Teddy Pun	87
HKFC Captains Select	Will Chapman	55	Julian Tanner	92	Eli Bitan	35
HK Cricket Club	Peter Chan	98	Stephane Macresy	89	Nick Brooks	36
Royal HK Yacht Club	John Knight	40	Gary McAuslan	43	Rene Theil	92
Utd Services Rec.Club	Adco Leung	70	Wilfred Lai	59	James Webb	40

IN THE LIBRARY



What's New in FEBRUARY



NEW BLU-RAYS

- Tenet
- Infidel
- The Banker
- Greenland
- The Wolf of Snow Hollow
- Words on Bathroom Walls
- After We Collided



NEW DVDs

- Buoyancy
- A Call To Spy
- Tenet
- Infidel
- The Banker
- Proxima
- The Opening Act
- An American Pickle
- Spontaneous
- The Wolf Of Snow Hollow



NEW BOOKS

- Heart Bones by Colleen Hoover
- Leave The World Behind by Rumaan Alam
- Magpie Lane by Lucy Atkins
- The Moonlight Child by Karen Mcquestion
- The Return by Nicholas Sparks
- Till The Cows Come Home by Sara Cox
- Those Who are Loved by Victoria Hislop
- The Last Correspondent by Soraya M. Lane
- Battle For Hong Kong: December 1941 by Philip Cracknell
- Stop Reading the News by Rolf Dobelli



To the Bar!



Finally found a use for Steve



Phil, 23 years coaching at the club. Finally he made one of his students legs fall off.

PLAYERS SCORES (continued)

Team Name	Player 7 (Kit Pts)	Total Pts	Player 8 (Kit Pts)	Total Pts	Player 9 (Kit Pts)	Total Pts	Player 10 (Kit Pts)	Total Pts
Hill Dickinson Swingers	Tom Tang	114	Tom Moore	37	Damien Laracy	110	Tim Sze	21
Blade Revolution	Alex Busteed	43	Dan Ternes	105	Gareth James	111	Dave Jessop	81
HKFC Vice Squad	Sam Brown	96	Navia Zhang	113	Kaja Cheng	38	Ruby Wong	89
American Club	Marc Hubert	14	Andrew Levy	68	Nalin Bhargava	34	Kendall Johnson	37
HK Squash Gear	Charles Li	119	Christine Chan	55	Stephanie	32	John Jenson	54
SJP Spankers	Vikram Lulla	78	Steve Gollop	104	Jasmine Tan	50	Nikolaj Schultz	62
HKFC Captains Select	Emma Duncombe	55	Channi Matharu	42	Emma Duncombe	72	Phil Chau	104
HK Cricket Club	Raphael Macresy	83	Wilson Man	88	Steve Ellis	80	Adrien Macresy	76
Royal HK Yacht Club	Max Armbruster	42	Juan Otero	40	Coco Cheung	141	Nadia Munoz	42
Utd Services Rec.Club	Kermit Yuen	69	Amos Yuen	52	Christian Daigneault	35	Raj Mirapuri	84

FULL RESULTS

Position	Team	No. of kits	Raised
1	Blade Revolution (Purple)	826	\$24,988
2	HK Squash Gear (Black)	756	\$11,800
3	SJP Spankers (Blue)	733	\$54,962
4	HKFC Captains Select (Green)	705	\$33,600
5	Hill Dickinson Swingers (White)	694	\$22,900
6	HKFC Vice Squad (Brown)	693	\$10,500
7	HK Cricket Club (Yellow)	683	\$28,500
8	Royal HK Yacht Club (Orange)	552	\$15,050
9	Utd Services Rec.Club (Red)	537	\$15,828
10	American Club (Pink)	517	\$10,500

TOP POINT SCORERS

Position	Name	Team	Points
1	Carlos Cornes	SJP Spankers	119
2	Gillem Tulloch	Hill Dickinson Swin	96
3	Phil Head	Blade Revolution	108
4	Peter Chan	HK Cricket Club	98
5	Julian Tanner	HKFC Captains Sel	92
6	Hailey Wong	Blade Revolution	141
7	Charles Li	HK Squash Gear	119
8	Navia Zhang	HKFC Vice Squad	113
9	Coco Cheung	Royal HK Yacht Cl	141
10	Phil Chau	HKFC Captains Sel	104

TOP FUND RAISERS

SJP Spankers	HK\$54,962
HKFC Captains Selet	HK\$33,600
HK Cricket Club	HK\$28,500

DONATIONS

Raised by Teams	HK\$228,628
Phil's Marathon Coaching	HK\$15,400
Radar Gun & Silent Auction	HK\$9,270

SHELLFISH

Treasures



RESTAURANT

Enquiries and Bookings: 2830 9562
or restaurant@hkfc.com

Growing fat and sweet over the fall and winter months, a bountiful harvest of shellfish has truly come into season and have been crafted into simply delicious dishes.

Throughout the month of February

In memory of

PETER TSANG

The Section was shocked and saddened by the untimely death of our dynamic friend and team mate Peter Tsang on 17th December.

Pete was a hugely active, passionate and talented member of the Section and will be greatly missed.

Condolences were offered to his family on behalf of the entire Section at his funeral on 9th January at Northpoint Funeral Home.

We pay our respects to Peter through the words of his close friend Harry Thind.

Some of us watched Peter go from a 'boy' to a 'man' over the past few years. If Peter the boy was a glutton for knowledge, Peter the man had become a source of expertise and information. You could quiz him on anything. Squash, music, whisky, bitcoins, audio gear and more.

Squash and music were always his first loves. He consumed and practiced both with an untamed passion. He would endlessly watch squash on YouTube and discuss matches in detail with friends. Pete played in Div. 3 for HKFC but that never stopped him from having a hit with anyone - lower divisions and even complete beginners (he was a study in patience with beginners). The man was always 'ON' on the squash court (he often confessed that he played faster and better when he was hung over!!). You would know what I mean if you have ever been through the madness of a 3-quarter court squash encounter with Pete.

Pete was nuts about music – contemporary Jazz, classical, techno and dub step (still not sure why he liked the last one). He also played the piano. I think he talked better piano than he played. If you ever attended a concert with Pete you could not escape his endless narration of chord progressions.

Seriously, how many hours have we all spent arguing 'time signatures' with Pete?! And like everything else he did, he was neck-deep into the good stuff. You would know what I mean if you ever had the chance to discuss 'A Perfect day' - by Lou Reed - with him. It was mind melting LOL!

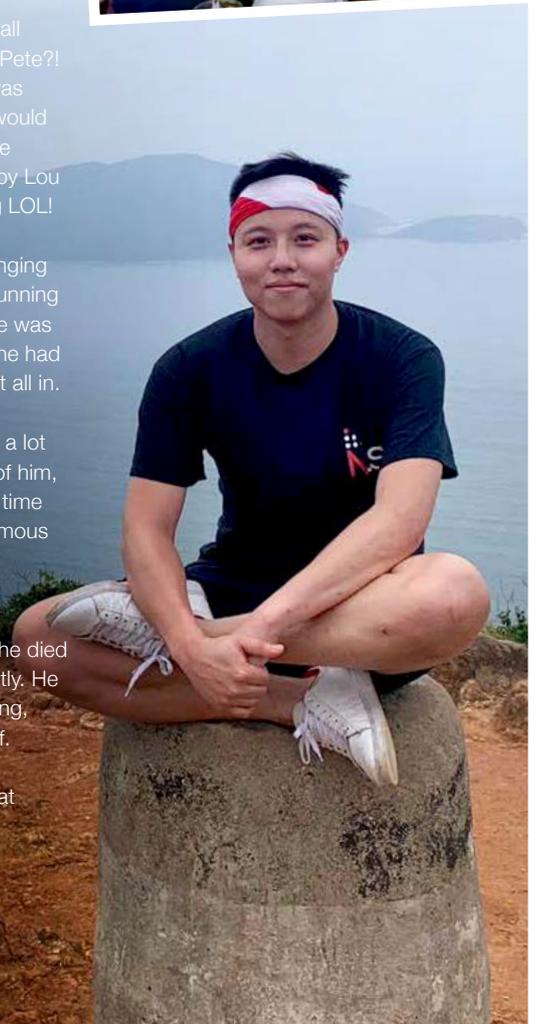
Over the past five years Pete was binging on life. Playing, 'baking', boarding, running with bulls, travelling...you name it, he was up for it. It was almost like he knew he had limited time and he wanted to pack it all in.

Although many of us felt that he had a lot going on and we saw less and less of him, he was always there, ready to make time to catch up for a drink at the now famous 'Pete's Place' in Sai Ying Pun.

Peter died due to an ailment that he suffered his entire lifetime. Although he died peacefully in bed, he did not go quietly. He was kicking, screaming, experimenting, experiencing and discovering himself.

Peter was an awesome friend, a great squash player and we all miss him!

■ *By Harry Thind*





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Honey

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THINK PINK

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BAR

Throughout the month of February

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Clutch Mechanically Overhaul	\$ 1,700.00
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NO HOCKEY? HONG KONG HIKING IT IS!

It has been a challenging time for competitive sport, but both the Men's and Women's Hockey Sections have also seen adversity as an opportunity. With the stunning weather in Hong Kong over the holidays, our teams have been out and about hiking the stunning trails, keeping fit and ready for whenever the season restarts. Here are a selection of some of our favourite shots taken over the holiday period. Look forward to seeing everyone soon, on or off the pitch. We are excited for a more positive year.



Renee from Men's Fs takes in the HKFC view



Declan in Weight Training!



Chris from the Men's Bs overlooks his kingdom!



Helen Champion and Ping Tan-Hawkins



Ladies E Team Hike



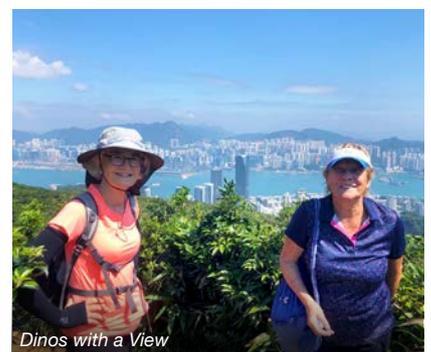
Dinos Hiking High



Poulton Family take in the view



Christina Matula-Hakli and Aisling Dwyer toast the season!



Dinos with a View



CLUB UNISEX 2-4-2 PAIRS 2020

Starting from 16th October, 14 teams competed against each other in the Club Unisex 2-4-2 Indoor competition. After many rounds of nail-biting knockout games, the team of **Phoebe Ho** and **CT Wong** were crowned champions after an exciting game on 6th November. Many congratulations, and a big thank you to the other 13 teams for their enthusiastic participation.

Final results of the Club's Singles were as follows:

Champion Team: Phoebe Ho and CT Wong

Runner Up Team: Connie Chan and Stephen Chan



Champion team



242 Runner up team

BEGINNER'S COURSE 2020



led by HK Squad's Assistant Coach **Sunny Chung**, this year's Beginner's Course attracted 34 Club members! Players were divided into two classes – either on Thursday evening or Sunday morning. The 4-sessions course included demonstration on technical drills, practice as well as friendly games.

Special thanks to **Brandon Szeto, Rowena Siu, Celina Leung, Johnny Tsang, Warren Cheung, Neil Ho and Barry Ho** for their support! Thanks!





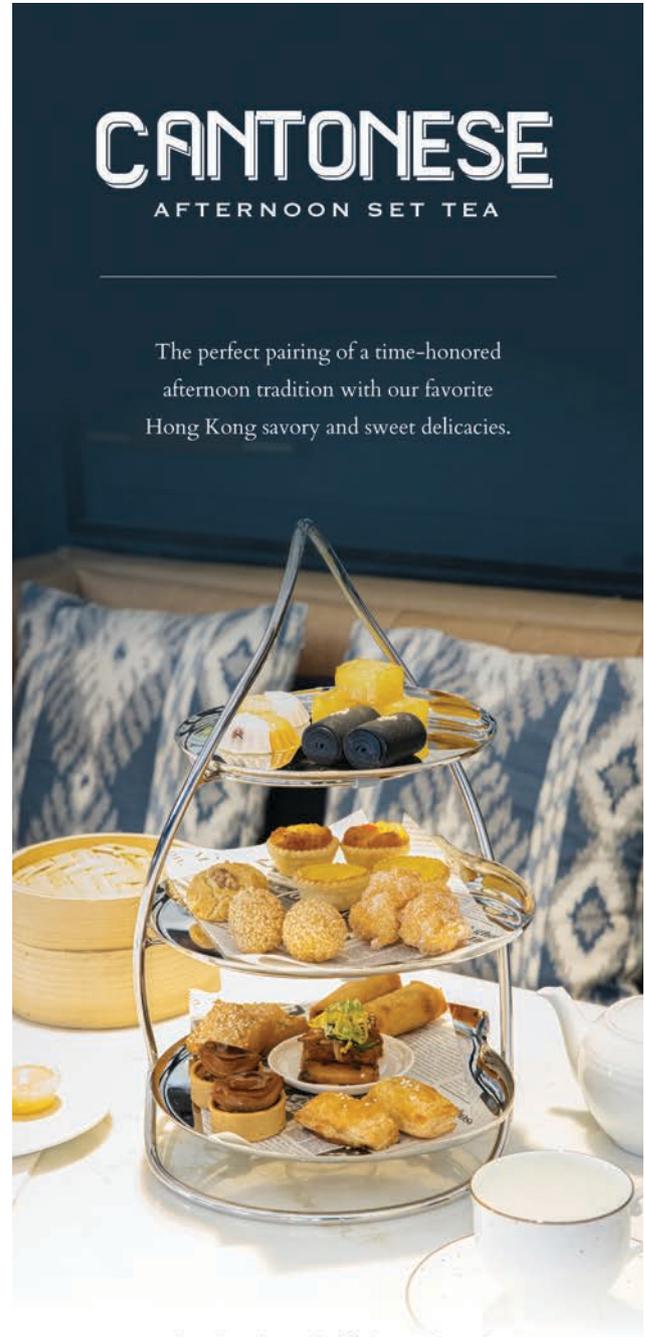
KBGC 120TH ANNIVERSARY VETERAN BOWLERS TOURNAMENT

HKFC Bowler **Thomas Tam** received a standing ovation at KBGC 120th Anniversary Veteran Bowlers Tournament. The tournament took place for 5 hours on 18th November, Thomas played an amazing shot in the last end and secured his title. Well done and Congratulations Thomas!

SAVE THE DATE

18th March 2021

“ This year’s Annual General Meeting for the Lawn Bowls Section is scheduled for 18th March 2021. Please save the date and show your support by attending the most important event of the Section for shaping our directions. ”



CANTONESE

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Throughout the months of February and March

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The 2047 Challenge Cup HKFCGS v. MiB

Kau Sai Chau North Course
Saturday 5th December 2020

This new fixture against MiB was only our 5th match in a heavily COVID-interrupted year, although much anticipated. It was originally scheduled for February, then April, before a late July postponement. So, to get it played “fourth time lucky” and in such glorious weather with firm/fast greens, was a win in itself!

MiB threw down this challenge in late-2019 and we were up for it! MiB stands for “Men in Bush” (no, not “Men in Black”), a golf society comprised mainly of Hedge Fund related executives (get the pun??); many of whom also have connections with HKFC and Mission Hills GC, and they tour together annually.

Eric Desgouttes and our smooth-swinging debutant **Oli Guest** were first onto the 10th tee (our first), to finally get the action underway. They were up against **Paul** and **Amy Walters** and with both teams gathered around the tee box, one could feel



the nerves akin to the start of a Ryder Cup! Amidst some ‘oohs and ‘arghs, all players seemingly undaunted as they strode off down the fairway. Fortunately, our boys “ham and egged” that bit better, closing it out 5 and 4. HKFC 1 up.

Stalwarts **Jonny Brock** and our soon-to-depart-to-Helsinki **Warren Weener** both smashed their drives knowing their opponents **Colin Lunn** and **Alex Doyle** could also crack a decent ball. The banter was on parade long before the action, in I’m sure what proved to be a very social grouping. Some good golf was played throughout, with our pair getting better as the day wore on, recording a solid win 4 and 3. HKFC 2 up.

Andrew Wood and **Nick Allen** have a tidy record as a pair going back some years, so were looking to maintain that streak against fellow Captain **Taylor Hui** and his junior hotshot **Harry Hui**. Andrew and Taylor both topped their drives into the bush (literally both “Men in Bush!”), perhaps succumbing to the pressures of Captaincy! Punches were traded over the first few holes, before young Harry’s putting started to wobble with Andrew making a few clutch putts. This resulted in us taking a good lead around the turn. Unfortunately for the Hui’s, they could not claw back, leading to a 5 and 4 win for the

more experienced pair. HKFC now leading 3 up, what could go wrong!

The fourth match-up had ‘squashies’ **Chris Burley** and another debutant **Krzysztof Kostienko** take on their **Tim Chillington** and **Phil Elliott**. Could MiB produce the “Miracle at Medinah”, with a rousing comeback in the last three flights? Well, it was a story of Chris the steady Eddie and “KK” more zig-zag both making positive contributions - with “KK” often seemingly out of the hole, only to finish big. Would this be enough to carry our pair to victory? Well, the answer was no, but an All Square was all we needed - well done fellas! Match over, now 3 ½ - ½ up, with just 2 to play.

Ali Murray and **Bill King** were not to know the result and as it happened, their Co-Captain **Alain Roberge** and **Jeremy Lam** played very well to get a point on the board for MiB, 3 and 2 – therefore closing the gap to 3 ½ - 1 ½ up, with just the last flight to play out.

Another pair of ‘squashies’ **TK Yeung** and **Kien Ng** were up against a strong pairing of big-hitting **Olivier Haxaire** and **Simon Humphries**, with us again going down 3 and 2, ensuring a very close overall result - HKFC winning 3 ½ - 2 ½.





1. The Captains and also competitors
2. Oli gets beginners luck too with a prize
3. Olivier wins the Long Drive Contest
4. KK wins a prize on debut
5. Andrew receiving his Nearest Pin Prize

The inaugural 2047 Challenge Cup therefore being added to our burgeoning trophy cabinet in what was an unbeaten year for our talented Golf Society. We look forward to defending it probably north of the border sometime in 2021.

Prizes were won by:

Near Pin Winners

- #3 Olivier Haxaire
- #7 Alain Roberge

- #11 Andrew Wood
- #14 Krzysztof Kostienko

Drive/Pitch Winner

- #15 Oli Guest

Longest Drive Winner

- #8 Olivier Haxaire

Last but not least, a big thank you to **Warren Weener** for your efforts and contributions

to our Golf Society over the years. It was a pleasure to play with you and we all wish you and your family the very best of luck in your new ventures soon in Finland! (enjoy the saunas...).

■ Andrew Wood
Captain, Golf Society



CHINESE NEW YEAR FESTIVITIES

Welcome the Year of the Ox at the Club with the God of Fortune!

❁ COFFEE SHOP ❁

Saturday to Monday, 13th to 15th February, available daily

Chinese New Year's Buffet Lunch[^]
12 noon – 2:30pm
\$268 per Adult and \$138 per Child*

Chinese New Year's Buffet Dinner [^]
5:30pm – 9:30pm
\$268 per Adult and \$138 per Child*

Enquiries: 2830 9569 or coffeeshop@hkfc.com

❁ HAPPY VALLEY SUITES ❁

Saturday 13th February

Chinese New Year's Brunch[^]
11am to 3pm (last arrival at 2pm)
\$458 per Adult and \$208 per Child*

With unlimited serving of sparkling wine, house red / white wine and beer for adult and chilled juices for children

Enquiries and Bookings:
2830 9559 or bar@hkfc.com

Remarks: * Children: aged 4-11, toddlers under 4 years old are free of charge
[^] With God of Fortune appearance on 13th February 2021

- Operation hours are subjected to change based on policy updates from HKSAR Government.

“ *Happy CNY HKFC league players, enthusiasts and supporters hope you’ve rested, recharged and are ready-to-go!* ”

It’s been a quiet few months with limited court access and then add to that significant restrictions to gatherings which meant planned scheduled such as the TS Charity tournament and socials had to be cancelled. We persisted and ploughed on - very much like the Year of the Ox! The silver lining meant we could divert efforts to supporting the Refugee Union over the Christmas period.

Trials advertised to join league teams have now been postponed. Please lookout for updated information on the TS notice boards for new dates. Please sign-up and trial out!



Karen Thorne (TS Chairwoman) and Kelly Gu (Social Secretary) present the cheque for HK\$10,000

Tennis Society Supports THE REFUGEE UNION WITH CHRISTMAS DONATIONS AND GIFTS

Originally set for Saturday 12th December, the Tennis Society Christmas Charity Social had us all gearing up towards an evening full of fun, hilarious attempts to win a prize for best dressed and exciting tennis. Unfortunately, even with the Christmas social committee going to extra efforts to follow the everchanging social distancing measures to keep the event running, the fourth COVID-19 pandemic required all facilities to close down due to social distancing measures and this also included the tennis courts.

On the bright side, we were delighted to support the Refugee Union, Hong Kong’s only refugee-led Society. A HK\$10,000 cheque

from the Tennis Society was provided to the union, and we hope this can aid their efforts in Hong Kong. In addition, several members also positively contributed to the union in the form of gifts for the children. We hope that they stay safe, and have a wonderful Christmas and New Year in Hong Kong.

A big thanks to our Chairwoman, **Karen Thorne**, and Social Secretary **Kelly Gu** for organizing the charity donations and presenting the cheque and Christmas gifts to the Refugee Union.

■ **Sam Ho**
Ladies A+ Vice-Captain





TENNIS TIP - DOUBLES MOVEMENT

By ATA HKFC Head Nathan Booth

In your training and social doubles sessions learn to move with the bounce of the ball and move with your partner. Learn to cover the court evenly and as a team and cover any holes in the court/options for your opponent to put the ball away into a uncovered court space.

The reason we move with the bounce of the ball and your partner is to cover any gaps on the court that may occur depending on the balls position.

When the ball is hit deep into your court the net player needs to move back with the bounce of the ball and wait for their partner to get the ball back deep to the opposition allowing you the net player to then move forward toward the net.

Moving with the bounce of the ball allows you to cover the court evenly, react to your opponents net movement and puts you on your toes

hoping to get involved in the point and also putting pressure on the opposing team.

Move with the bounce of the ball during your practice sessions and watch your reaction time and game involvement as a net player improve. You will find you'll create more net opportunities for yourself and your partner implementing this into your game. You will learn the flow of the game you're playing in by actively turning on your ability to be versatile throughout a point.

Being stagnant and based at the net during a doubles point stops you being an effective net player and contributor to your team.

Keep active in the point, keep pushing yourself to improve your tennis.

Enjoy.



ATA
TENNISACES

ATA CHINESE NEW YEAR TENNIS CAMPS 2021

3 Weeks of CNY Tennis Camps

CAMP 1:
8th to 12th February (5 days)

CAMP 2:
15th to 19th February (5 days)

CAMP 3:
21st to 23rd February (3 days)

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Introduction to our New Junior Associate Member

SALONI MEHTA

Saloni Mehta is our newest junior associate member (JAM) and she is currently the number 2 ladies' singles player in Hong Kong after achieving first runner-up in the 2020 national tournament. Her astounding resume is set out below:

1. World Junior Badminton Championships – U-19 Kazan- Russia - 2019
2. Asia Junior Badminton Championships – U-19 Suzhao- China - 2019
3. World Junior Badminton Championships- U-17 Toronto- Canada - 2018
4. Jaya Raya Asia Junior Badminton Championships – U-17 Jakarta- Indonesia - 2018
5. Inteterport- Hong Kong Championships- Team Event- Macau- 2017
6. Silver Championship Trophy - Hong Kong annual badminton championships - 2020 Senior Division women's singles. Boc.
7. Gold Championship Trophy- Hong Kong Annual Badminton Championships - 2019 U-19 Women's Singles and Doubles. Boc.
8. Gold Championship Trophy- Hong Kong Annual Badminton Championships - 2018 U-17 Women's Singles. Boc.
9. Gold Championship Trophy - Hong Kong Annual Badminton Championships - 2015 U-15 Women's Singles. Boc.
10. Tournaments between Four Nations - Bronze Trophy - 2018

What do you like about HKFC?

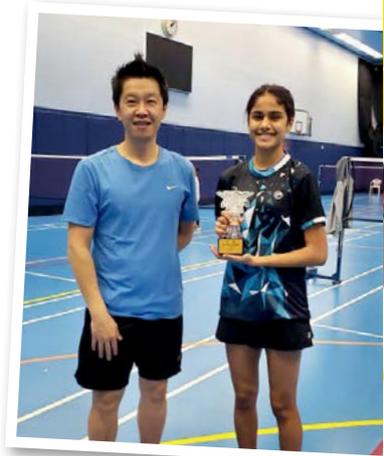
There are many different aspects of the Club that I particularly like such as the badminton courts, swimming pool and the gym. I also enjoy the food that is served and appreciate how the staff members cater to our specific needs such as providing a vegetarian option. However, one thing that I quite admire is how the Club cares for the environment and tries to find methods to enhance sustainability.

What do you like about being a Junior Associate Member (JAM) of HKFC?

I really like how being a member gives me the opportunity to use the variety of different facilities such as the squash courts. I also enjoy playing with my teammates on Friday evenings and on weekends.

What do you look forward to in the development of JAM?

I look forward to spending time with other players of all ages and being able to train and play with them. I also wish to be able to enhance my skills and learn about different playing styles when playing with other members and I hope the players around me can improve and enjoy their badminton as well.



What will be your contribution to the Badminton Society as a JAM?

I wish to spend more time with younger players and use my experience as a Hong Kong athlete to give them advice and guide them. I can do this by taking the time out and acting as an assistant coach as it can also benefit me to improve my leadership skills. I can also contribute to the Badminton Society by participating in more social/fundraising events and HKFC competitions such as the invitational mixed grouped competitions where members can play against other players from different clubs.



販売スタート



Bento BOX

WHAT ON EARTH DID YOU USE FOR THE CHEF?
CAPTAIN'S BAR

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THROUGHOUT THE MONTH OF FEBRUARY

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