## CIUB





**HKFC Stars** 

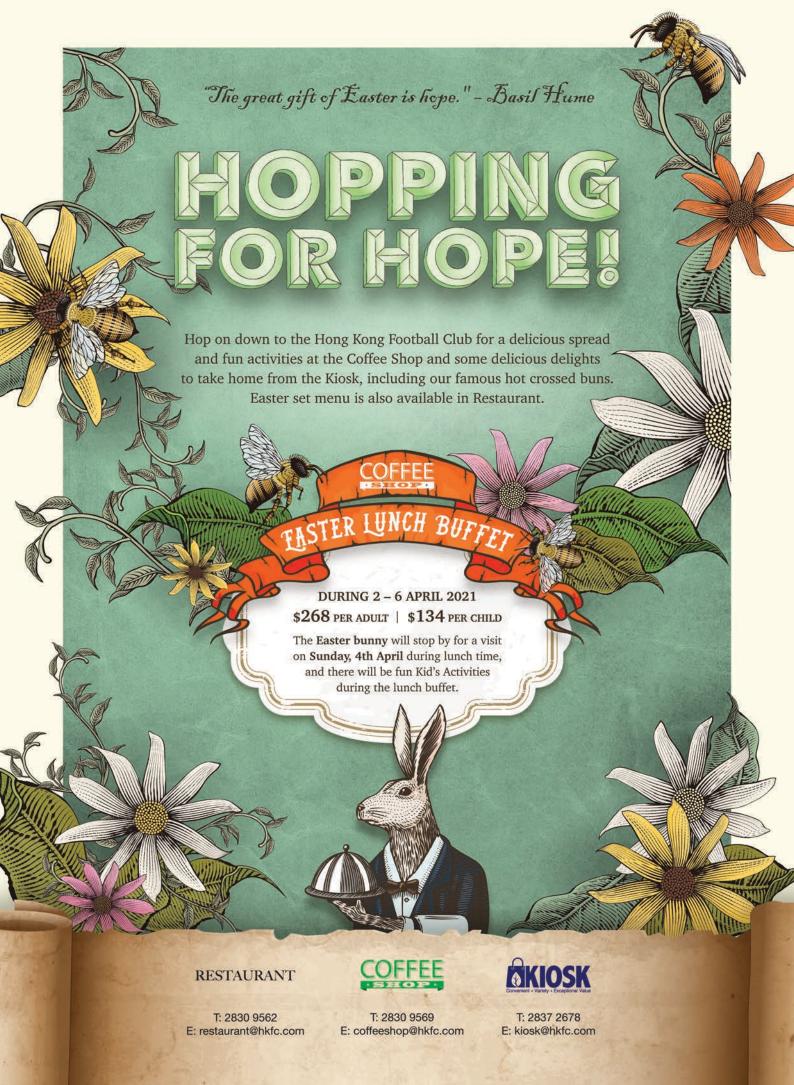
## CALVIN HARRIS LEON D'SOUZA

Sports Sections and Societies

TRAINING THROUGH COVID

Check Out the

**'UGLIEST SWEATER OF THE YEAR'** 





Chairman

Hon. Secretary

#### Hong Kong Football Club

3 Sports Road, Happy Valley, Hong Kong

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#### **CLUB MAGAZINE**

Monthly journal of the Hong Kong Football Club. For information and requests for placement of advertisements in "Club" please call 2830 9503. The opinions expressed in the articles are those of the writers and do not necessarily reflect the opinions of the Hong Kong Football Club or the General Committee. The Club reserves the right to edit and clarify all content. The copyright of all materials is held by the Hong Kong Football Club.



**Communications Manager** 







#### ONTENTS

03

The Thoughts of the Chairman

From the Desk of Mark Pawley



07

**Fitness Centre** 

Exercise of the month

80

Rugby

Rugby Report

Mini Rugby

'Zoom' S and C Sessions

12

Soccer

FC Cincinnati select former HKFC player - Calvin Harris as 2nd pick in 2021 SuperDraft

14

Squash

No Squash... No Excuse

16

Golf

Outing to KSC East

Leon D'Souza - One of the Top Stars in the HK Amateur Golf Scene

18

**Badminton** 

Fitness Workout

**Upcoming Events** 

19

**Swimming and Trialthon** 

Training through COVID

20

**Tennis** 

Junior Tennis Reporter Interview -Nathan Booth

Tennis Tip

**Upcoming Events** 







FOOD & BEVERAGE

**Highlights of the Month** 

**Activities News** 

The History Behind the Ugly Christmas Sweater

Earth Hour and the Hong Kong Football Club

27

Library

28

Club Shop

The Club History



Celebrating Sakurá Blossoms, the loveliest first sign of spring.

Fridays and Saturdays in March and April



FRIDAYS

6PM - 9:30PM

SATURDAYS

5:30PM - 9:30PM

\$318

PER MEMBER

\$159

PER TEENS\*

\$114

PER CHILD\*

\*Age for teens: 8 - 11 years old | Age for children: 4 - 7 years old | Free of charge for infant below 4 years old

Enquiries: 2830 9569 or coffeeshop@hkfc.com



## THE THOUGHTS OF THE CHAIRMAN

#### 主席的話



Michael J. Wood Chairman

Welcome to the Year of the Ox which seems to be starting quite well as, at time of writing, we have just heard that Government are about to announce the relaxation of a number of social distancing measures. We understand that this will mean the reopening of most of our Sports and Recreational facilities along with a later closing time for the Food and Beverage Outlets and a change from 2 persons per table to 4 persons per table. We believe the user capacity will remain at 50%. It seems that Government will also be putting in place some new access/entry requirements to the Club but we don't see these as being onerous. Members will be notified of the full extent of the relaxation of the Social Distancing Measures in the normal way.

The Club continues to undertake initiatives to protect the environment and promote the sustainable use of natural resources as well as working with local recycling companies. This year we've taken on board some additional initiatives that I would like to bring to your attention. Working with the World Wide Fund for Nature (WWF), we have identified several types of sustainable seafood and have obtained their accreditation for our Ocean Friendly Menu, available at the Coffee Shop. We have also signed on to the "No Shark Fin" pledge, ensuring that no shark fins and shark related products are consumed at any Club outlets or events. We also co-operate with the Green Environment Kitchen Residue Recycle Ltd who collect an average of 40 – 60 kg of our food waste per day (meat/fish trimmings, vegetable peel, etc). This is transformed into food pellets for livestock and wastewater that can be returned to the environment.

In association with Green Action, we've joined their "Lai See Reuse and Recycling" programme. So please remember to save your red envelopes and drop them into the Box at the Front Desk. Finally, yet again with the WWF, we will participate in Earth Hour on Saturday 27th March at 8:30pm, dimming or turning off lights in the Club for an hour to raise awareness for energy consumption and effects on the environment. Reduce, reuse, recycle are paramount, and therefore, all Club members are encouraged to observe these basics to save our environment.

Finally, it is pleasing to report that we have been voted a Gold Award winner of the Best Sports and Golf Club in Hong Kong by Expat Living.

As always, stay safe and healthy.

Michael J. Wood Chairman 牛年伊始,似乎已經有個好開頭,皆因下筆之際,剛好得知政府將宣布放寬部份社交距離措施,意味着本會大部份體育及康樂設施將會重開,餐廳可以延長營業時間及由2人一枱放寬至4人一枱,但相信入座率仍然不得超過一半。本會看來亦須遵守政府為使用/進入場所作出的新規定,相信登記過程不會花很多時間,我們稍後會通知會員有關放寬社交距離措施的詳情。

雖然本會的核心工作將會回歸,但我們並不會因而忽視其他工作,以環保為例,本會會繼續採取不同方式,以保護環境、推動可持續使用自然資源及與本地回收公司合作,今年亦新增了一些環保措施,希望大家留意。餐飲方面,在世界自然基金會(WWF)的幫助下,我們已經分辨出幾種環保海鮮餐牌。除此之外,本會還作出「向魚翅說不」的承諾,確保所有餐廳或活動均不會提供魚翅及含鯊魚成分的食物。我們更與綠色環保廚餘回收有限公司合作,將平均每日40至60公斤廚餘(剩肉/魚及蔬菜皮等)交給合作公司回收,廚餘回收後轉化為家畜飼料及廢水後,便能夠回歸大自然。

除了餐飲服務要環保,大時大節也是保護環境的大好時機,事緣本會又再參與綠領行動的「利是封回收重用大行動」,所以請記得儲起拆下的利是封,並將利是封放入前台櫃檯的收集箱。另外,本會將會在3月27日(星期六)晚上8點半參加由WWF舉辦的「地球一小時」活動,到時會所的燈光將會調暗或關閉一小時,以提升大家對能源消耗及環境影響的關注。減廢(Reduce)、重用(Reuse)及循環再造(Recycle)最為重要,故特此鼓勵所有會員遵從3R原則,為營救我們的地球出一分力。

最後有一個很高興的消息要告訴大家,就是本會獲選 為 Expat Living Hong Kong 最佳體育及高爾夫球會類 別金獎,有賴大家的支持及努力。

一如既往,祝大家平平安安,身體健康。

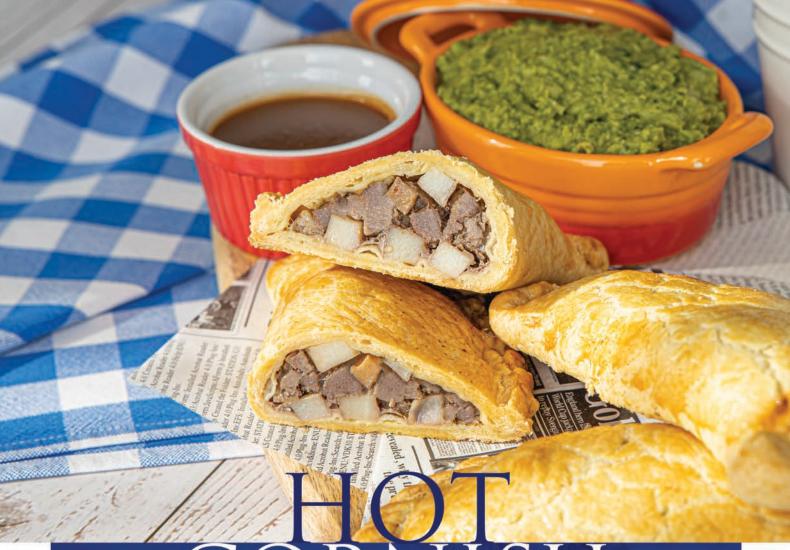
主席 胡米高

#### **OBITUARY**

We were saddened to hear the news of the recent passing of longstanding Members

#### Malcolm Elliott.

Our thoughts and prayers go to their family and friends. May they rest in peace.



## CORNISH PASTIES

From its humble origins as a miner's lunch break to becoming a pub favorite around the world, enjoy these piping hot pastries packed with hearty savory meat and veg.

Throughout the month of March



CHAIRMAN'S BAR

Enquiries: 2830 9559 or bar@hkfc.com

## FROM THE DESK OF MARK PAWLEY

總經理的話



Mark Pawley General Manager

By the time you receive this magazine Government will have relaxed a number of social distancing measures that will have enabled us to reopen most of our Sports and Recreation facilities. The relaxations have also extended to our F&B Outlets where we are now closing at 10pm and seating has increased from 2 persons to 4 persons per table. This means that for the first time this year we will be able to revert to having our normal Breakfast, Lunch and Dinner Buffets in the Coffee Shop, and of course, to be able to put on all the food and beverage promotions that appear in this magazine. Just to note too that you should all be receiving your weekly What's On e-blast that gives you regular updates on all our food and beverage promotions.

In this respect, I am interested to try out the Plant Based Protein promotion in the Coffee Shop and am waiting with "bated breath" to see what limericks we get back from the St Patrick's Day Limerick competition at the Sportsman's Bar with "Finals" Night being on the evening of Thursday 25th March. Don't forget too our Hopping for Hope Easter promotions in the Restaurant, Coffee Shop and Kiosk and, how about trying our homemade Hot Cornish Pasties from the Chairman's Bar throughout the month of March?

In the magazine this month we have a number of interesting articles (actually two are Q&A's), the first is about former Soccer Section player Calvin Harris who was a second draft pick by FC Cincinnati in the MLS SuperDraft. And, then we have Leon D'Souza, a Golf Society member who has been starring in the amateur golf scene here in Hong Kong for a number of years as well as playing golf for his College collegiate golf in the States. The third article is all about Nathan Booth who has been a Tennis Coach at the Club for the past 7 years. Given this is the Club's 135th Anniversary year, this month we start a sequence of articles gleaned from "Along the Sports Road" which was the book written by Denis Way to celebrate the Club's 125th Anniversary. This month's article is all about our founding member, James Haldane Stewart Lockhart. All four articles are worth a read.

And, whilst our Sports and Recreation facilities have been closed it's good to see (later in the magazine) that the Rugby Section, Squash Section and the Swimming and Trialthon Society have been out walking/hiking in an effort to keep up fitness levels. I should also note that the Hockey Section were featured in last months magazine outlining their various walking/hiking exploits!

I look forward to seeing you all at the Club!

Mark Pawley, General Manager 當各位收到本刊的時候,政府已經放寬了一部份社交 距離措施,讓本會能夠重開眾多體育及康樂設施之 餘,也可以將餐廳的晚市堂食延長至晚上10點,座位 上限更由2人一枱增加至4人一枱, 意味着我們今年 將首次能夠恢復 Coffee Shop 日常的自助早餐、午餐 及晚餐,今期介紹的餐飲推廣自然亦能盡數呈現於大 家眼前。另外,相信大家應該都定時收到由本會發出 的「每週快訊」電子郵件,讓大家可以了解本會所有 最新的餐飲推廣情報。

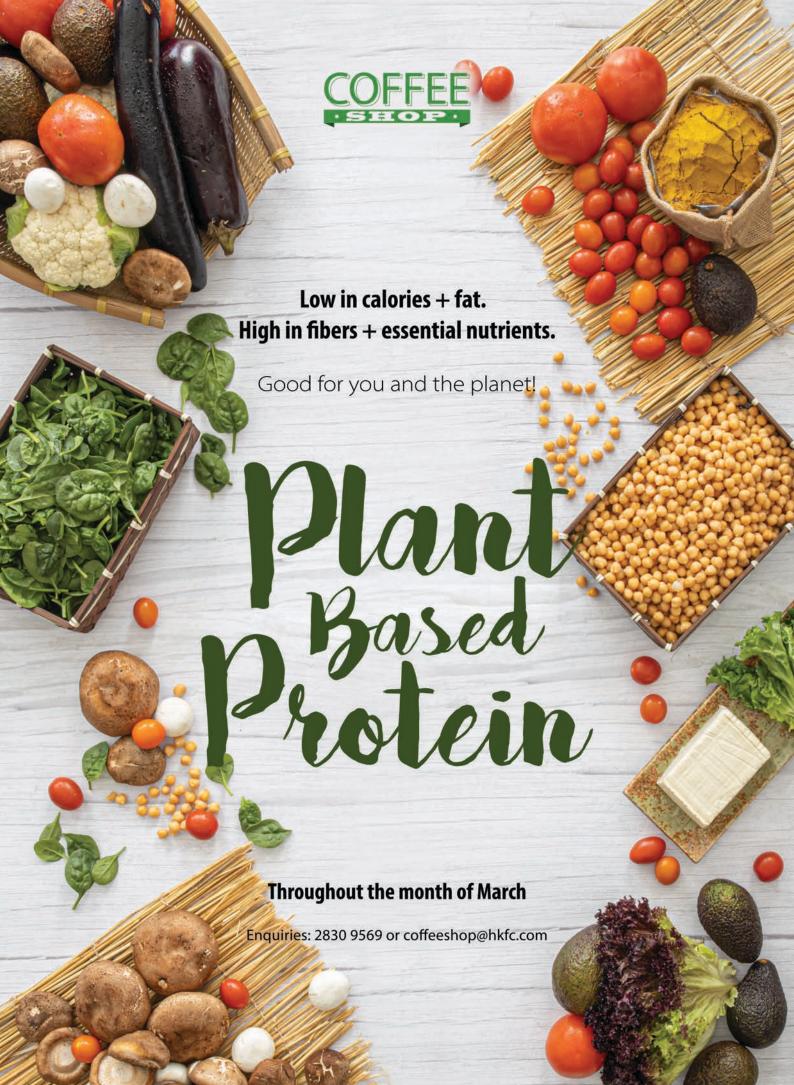
説到餐飲推廣,本人很有興趣嘗試 Coffee Shop 的純素蛋白質餐牌。同樣以綠色為主,Sportsman's Bar 的聖柏德歷節打酒詩大賽更是令本人萬分期待,這場「巔峰對決」將於3月25日(星期四)晚展開,到時期待諸位的文采。同時不要忘記於四月初在 Restaurant、Coffee Shop 及 Kiosk 同步推出的復活兔跳跳紮節日活動,還是不夠的話,再嘗嘗 Chairman's Bar三月限定的自家製康沃爾熱餡餅又如何?

飲飽食醉過後,不妨細閱今期會刊收錄的幾篇精彩文 章(其中兩篇是專訪)。第一篇是關於前足球部球員 Calvin Harris,他在美職聯選秀會中以榜眼身份加盟 辛辛那提足球會,實力可見一斑;另一篇則帶大家認 識高爾夫球組會員 Leon D'souza 的成名史,從他數年 間在香港業餘高爾夫球界大放異彩,到現時在美國代 表南加州大學參與大專高爾夫比賽,可謂成就無限; 第三篇就由小記者訪問至今在本會擔任了7年網球教練 的 Nathan Booth,聽他踏上網球之路的點滴。除了 有關體育部成員的文章,適逢本會創會135周年,今期 開始我們會逐點分享「Along the Sports Road」的一 系列文章,當年為慶祝創會125周年,請來作者Denis Way將本會歷史編寫成書,實在意義重大,而作為這 個系列的先驅,第一篇文章當然要從創會會員 James Haldane Stewart Lockhart 説起。以上四篇文章均值 得一看,萬勿錯過。

雖然本會的體育及康樂設施關閉多時,但很高興見到(本刊其後部分)欖球部、壁球部及游泳和三項鐵人組一直外出步行/行山,致力保持體能水準,曲棍球部亦不遑多讓,早在上期會刊捷足先登,展露出他們的登峰英姿。

萬事俱備,只欠大家。期待與大家在本會相見!

總經理 龐禮文



#### EXERCISE OF THE MONTH

## ADVANCED PLANK

# PLANK WITH TOE TAPS - Start in a basic plank position - Alternate moving each leg one to two feet to the side every two seconds - Tap and return to the starting position - 30 seconds a set, at least 3 sets in a workout This exercise can tone your glutes and inner thighs and also engage your shoulder and lower back muscles

#### LOW PLANK TO HIGH PLANK - Start in a low plank pose (also called an "elbow plank") - With forearms on the floor; in a controlled motion, push up with one arm at a time into a high plank (also called a "top-of-pushup position") - Check that your shoulders are stacked over your elbows and that your body is in one straight line. - Proceed back down, lowering one forearm to the floor at a time - Repeat for 20 to 30 seconds, and then switch up the order - If you started by extending your right arm first, do a round starting with your left arm. This dynamic move helps strengthen your core by focusing on resisting the tendency to rotate, and also helps develop upper body strength.

### RUGBY REPORT





Scorps striding for a cure

Drags coaches enjoying the downtime

s we draw a close to the first month in 2021, we continue to face the challenges of returning to Rugby with COVID-19 still spreading throughout Hong Kong. With all pitches closed since the end of November, and gyms being closed for some time to help adhere to social distancing, all teams endure significant challenges in returning.

The Rugby Section continues to show spirit off the field, however, that has helped it dominate proceedings on the field over the past several years.

On a cold Saturday in January, the HKFC Rugby Section joined **Terry Hart**, walking in socially distanced groups to raise money, awareness and support for the Hong Kong Cancer Fund. Over 100 members joined in this walk across various times of the day, to support such a great cause.

As we continue without any Rugby, we caught up with the various teams to see what they had been up to over the last couple of months:

With **Wiggo** not wanting to relinquish the hard work already put in at the halfway stage of the season, socially-distanced fitness sessions have been organized for Mondays and Thursdays. **Thomas Hill** sprints, repeat relays, and some torturous runs have been in store for the Club boys. Additionally, we caught up with this season's new recruits to see how they were fairing and their thoughts on their performances so far. The below are exact quotes taken from each individual:

New prop, Jamie Ross felt that he was "wasted on Cross Country. We Dwarves are natural sprinters. Very dangerous over short distances." which was similar to his twin, only in position, Callum Hardie who felt he was "bang average". This left only Charlie Kingham as the remaining new recruit who fancies himself as a "ball-carrying number 8 that manages to escape the second row somehow". Three new players who have 'confidence' in their own ability.

Moving on to the Women's teams and the stop, start nature of the season has not stopped Ice and Fire from being active. Some of our ladies have been hiking around Hong Kong exploring, gymming on their rooftops, going out for runs or even practicing some footwork and skills. Our forwards have recently started a workout challenge as well, organized by our one and only Leon of course. Hopefully we will be back on the pitch soon!

Fire players, in addition, have been taking part in the inter NL1 fitness challenges organized by the Hong Kong Scottish team. Our girls have been enjoying the lovely weather and hitting the trails to maintain fitness, focusing on nutrition and supporting each other's mental health by checking in on each other. We are hopeful for the future and are pleased to have the support of the HKFC Rugby Section going forward.

The Drags made the most of the Christmas (and COVID) break, and got in to full festive spirit and took the time with their respective friends and family to reflect on what had been a positive start to our 2020/21 season campaign. Whilst there were no balls being passed or kicked, no tackles made of the





Young Drags enjoying their hill sprints

Striding for a cure

opposition, each player tackled their own roast turkey and we suspect that a few extra pounds are now added to our strong forward pack. The young bucks in the team have joined some sprint sessions and taken initiative in keeping strength and fitness levels high. Whilst the more travel experienced of the dragons squad rested their weary joints in readiness for the rugby bounce back in 2021.

Following a strong stint of pre-season rugby for the Scorps and Select, which included a very convincing 36-0 win against Valley, the worsening COVID put a halt to what the Scorps and Selects love and do best - destroy opponents and celebrate long into the night. As it was impossible to carry out the former due social restrictions, the players decided to put maximum effort into doing the latter throughout Christmas and New Year to show their commitment to the Section, which has led to many suffering from slight changes in body composition and are now having to adhere to dry January rules and complete a few hikes to return to the desired fitness levels for the

much-anticipated season restart.

Sequins have been one of the more active teams on the playing front with many turning out for the Contemptibles in the over 40s league on Friday night in October and early November. The initial 10s tournament saw the Contemps named **Champions** with some excellent rugby played. This preceded a hard fought victory over arch rivals Valley and was followed by a crushing victory over the Pot Bellied Pigs. The Sequins have stayed active with unheard of training sessions, hiking and touch rugby when allowed. A big season was anticipated, and the team can't wait to get back involved.

During the extended break, **Bulls** players treated themselves to some well-deserved R&R, multiple fitness sessions conducted to and from various food and beverage outlets in Happy Valley, always in Teams to ensure no man gets left behind. Further initiatives to train have been implemented by **Simon Young** and **Paudie Dundon**, taking their talents outside their respective comfort zones and training

at a certain Bar in Stanley which has private connections. A shining light looking into 2021 is Sias Potgieter, who has announced himself as a winger, with a new and improved body that resembles his 16 year old self. Looking further into 2021, we are eagerly awaiting the comeback of our very own Matthew Jarvis, who comes back from a 36 month sprained ankle spell on the sidelines. Additionally, we are thinking of Tim Horton, who is stuck in Turkey awaiting hair-transplant surgery. All of us are looking forward to finally donning the blue and white again, having a good time with mates and enjoying some running (hopefully!) rugby.

The Rugby Section would also like to take this time to thank the sponsors, Natixis, AIA, block.one, Latham & Watkins, Collinson, Mourant, and Grolsch – without your continued support, the Section would not be as successful as it is today.

#### Niall Rowark Section Captain



Throughout the month of March, celebrate St. Patrick's Day with Irish grits, green grog and of course, plenty of Guinness beer.

And while you are at the bar, try putting together a limerick or 2 and we'll invite the best poets to belt them out on 25th March and win big prizes.

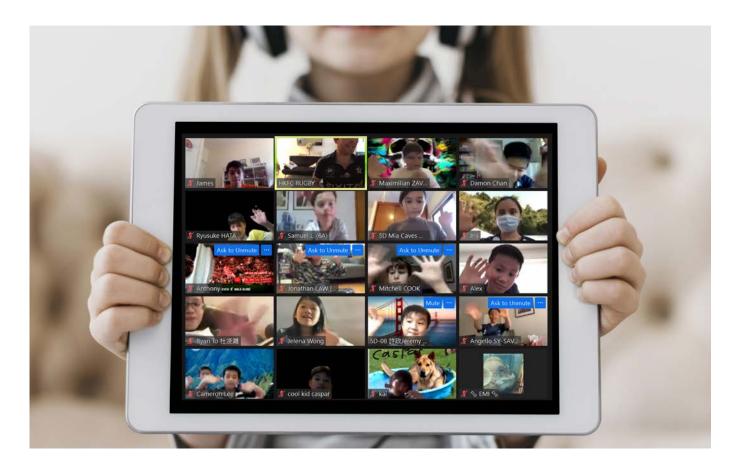
## STRICK PATRICK DAY

There once was a mid-March day, When people would gather and say:
"St. Patrick's Day's here!
Let's wear green and give cheer!"
And they'd party the evening away!

A LIMERICK IS A POEM, USUALLY 5 SHORT LINES, OFTEN NAUGHTY AND ALWAYS MAKES YOU CHUCKLE.
POETS MUST WEAR SOMETHING GREEN.
Ask YOUR SERVER FOR AN ENTRY CARD.

Enquiries: 2830 9531 or sportsmans@hkfc.com

## 'ZOOM' S AND C SESSIONS



he pitches are closed, play grounds are closed, school sports have stopped and we can only socialize in group of two..... However, HKFC Mini Rugby Section have decided that this won't stop us keeping fit, staying in contact with each other and having fun. Every Thursday after school has finished, Steve Jones, the HKFC Mini Coaching Coordinator, leads two online workouts for our eager athletes. Each workout is 30 minutes of heart raising, strength building, high intensity rugby related workouts. With races, challenges and Zoom Chat banter, the workouts are all set to pumping music! The Minis have really embraced the concept with everyone giving their best and having lots of fun, with over 60 players logging on each week. Particular highlights have been siblings working out, dancing and playing contact rugby at the same time and a few parents looking on from their Zoom calls jealously!



### FC CINCINNATI SELECT FORMER HKFC PLAYER



For the uninformed, Major League Soccer (MLS) is a men's professional Football league and represents the sport's highest level in the USA and Canada. The SuperDraft is how they select incoming players, typically from the US college system. To put it into context, for the 2021 SuperDraft, there were 86 possible picks by the MLS franchises and to be 2nd pick shows how highly Calvin is rated.

This is a massive accomplishment and something that we at HKFC all want to celebrate – Well done Calvin!

MLS season.







To make sure that he doesn't forget his Hong Kong roots, we asked him a few quick questions to see if he had come down from cloud nine:

## 1. Firstly, congratulations Calvin. To be 2nd pick and the 1st Forward selected in the draft is very impressive. What do you feel is your best position?

Thanks, I'm very happy to be joining FC Cincinnati and I couldn't have asked for anything more really. I think my best position is left wing. I am able to influence the game more there, as I can get the ball to feet or in behind, combine with teammates, and, most importantly, take on defenders.

#### 2. You've played in both New Zealand and USA leagues, how are the setups different? Did anything surprise you about either countries footballing culture?

The set-ups are quite different due to the facilities that were available to me at Wake Forest (US), but New Zealand and the US run very similar programmes, in terms of how I have to balance my time between training/playing and attending classes.

The main thing that surprised me was the level of education at Wake and how much time I would be in the classroom. I thought that I was mainly going to be playing football and doing some work on the side; I didn't realize that I

would be doing the same studying as a normal student, whilst also living as a "professional footballer" and all that it entails. Balancing everything took some time, but in the end, I just got used to it.

#### 3. What age groups/teams did you represent at the HKFC?

I played for the Football Club from 10-14 yrs, but I was playing a year group above my age for most of it. I would also come back to Hong Kong from New Zealand and play for HKFC Colts or even Wanderers sometimes.

## 4. You once scored a hat trick for Colts to defeat a Wanderers team being managed by your Dad (Terry Harris), how did that feel?

That was one of my best moments, when I came back to Hong Kong and played for the Colts against the Wanderers. It was a lot of fun to play against my Dad's team and even more fun to put three past them. I knew all the Wanderer's players very well and that just made it even more fun. It's a memory I look back on fondly to this day.

### 5. Any advice to young players currently playing in the HKFC Junior Soccer programme?

I would say to young players in HKFC to enjoy playing, because if you're not enjoying it then you're not going to try and improve. You won't invest that vital time needed to progress and really develop your skills. I would also say to not follow those that have a negative attitude or influence. Give your best and train with maximum effort – nobody can ask more of you than that.

#### 6. How did it feel playing in the Soccer Sevens against Premier League teams, what did you learn?

Playing in the HKFC Soccer Sevens, whether it was with Phoenix or with HKFC, was a great privilege and good education. It allowed me to play against Premier League standard players. For younger players it's a real eye-opener and really helped me understand where I wanted to be as an aspiring professional footballer. It's a great experience and a fantastic tournament; hopefully one day I'll be back!

Look out for Calvin in the MLS and we all wish him the best of luck for the 2021 Season.





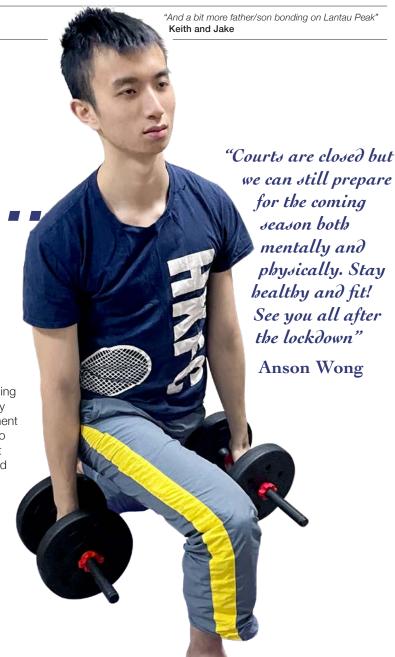
"A bit of father/son bonding on Tiger's Head" Gillem and Lucas

NO SQUASH... NO EXCUSE

wins, tour schenanagins or inter-club match victories to regale, our committee decided to provide some insight into their methods of keeping up the fitness levels...and keeping down the poundage.

We hope you enjoy our collage of photos. It seems some have tried harder than others...Romain (mine's a '81 Margaux please)

**Keith Frith** 







"Incredible views of Sunset Peak" KK

JT struggling on stage 8 of the Maclehose...he'd definitely rather be on a Squash Court!



Romain, Kilian and Titouan take on High Junk Peak in Clearwater Bay.



And of course you need to rehydrate properly after a tough hike



Carmen and Phil swap a racquet for a paddle and have a toodle around on the sea.



Wonderful background at Tung Wan after reaching the summit of Sharp Peak. Hong Kong is one of the cities famous for its hills. Why don't we just explore the nature during this lockdown? Just don't forget to put on your mask after the photos!



Shaggy has been devising ways to avoid paying bus fares, and now has a new ride to work.



Like many in 'lockdown', Jonno Barton has been going on lots of walks; this new companion will be tagging along as soon as she has had her jabs. In the meantime, she already knows how important music can be in keeping spirits up.

## **OUTING TO KSC EAST**

#### 4TH FEBRUARY 2021



Head, Jonny Brock, Scott Laws, William King



Graeme Brechin, Nerissa Yan, Jonathan Li and Andrew Chan

t has been 2 months or more since our last golf outing event as the COVID situation has become worse. However the government announced certain outdoor facilities can now re-open on 4th February. Fortunately, we were able to pre-booked this date one year ago and therefore we were allowed to play! We had 30 people registered in this event and 24 players were selected.

Not surprisingly, with so little golf being played, everyone's swing was a little bit rusty, even the low handicappers. Only 2 players managed to break 90 this round. One of them was **Jonny Brock** with a fairly respectable 80 for 33 stableford points to win the event. The other was me with a "lucky" 88 for 32 stableford points which was good enough for second place.

Despite the rust, there were some highlight. On the 153 yard third hole into a head wind, **Jukka** managed to stick his tee shot within 15 centi-meters for an unbeatable near pin shot. You heard me right, its 15 centi-meters, almost a hole in one!

On Hole 8, with 187 yards to the flag with left to right wind. **Steve Lee** changed his grip and stance instantly to adjust the wind and he is able to shape his shot from left to right to capture the nearest to the pin. Not an easy task to do especially we are still struggling to hit

everything straight.

Scott Laws made
a huge drive on
hole 17! He drove
it past the right
hand bunker and
after using the range
finder for measuring
the distance, it appeared
he drove 320 yards downhill
to claim the long drive prize.

Hole 17 MeN
1. Scott's MeN
2. WARE 15 JOWN
3. Scott's her
mess

He kindly left a little note on the flag for his fellow competitor!

Here is breakdown of the event

1st Place Jonny Brock - 33 points 2nd Place Ted Li - 32 points 3rd Place Andrew Wood - 32 points

Nearest to the Pin

Hole 3 Jukka Hakli
Hole 5 Alastair Murray
Hole 8 Steve Lee
Hole 13 Steve Lee
Hole 15 Jonny Brock

2 shots Nearest to the Pin Hole 12 Helen Hayward Longest Drive

Male Scott Laws Ladies Nerissa Yan

Happy Golfing

Ted Li



losing the long drive.



Jukka's spectacular near hole effort on 3



adly there has not been much Golf Society golfing activity to report on recently for obvious reasons. This does however give us an opportunity to highlight the tremendous achievements of one of the Golf Society's most successful players, **Leon D'Souza**.

As a 14 year old, Leon took part in some of our golf outings and beefed up our team being our low handicapper with a handicap of around 3. Leon and his father Loy were always great company during our outings, and it is wonderful to see his talent continue to develop.

After arguably reaching the pinnacle of golf (playing for the HKFC GS team!), Leon went on to be one of the top stars in the HK amateur golf scene, and then moved to America to pursue a college golf career.

During his time in Hong Kong, Leon:

- Represented Hong Kong in the Men's World Amateur Team Golf Championships
- Won the 2015 and 2017 Hong Kong Closed and Mid Amateur Championship and tied for second in the event in 2016
- Played as an amateur at the 2017 UBS Hong Kong Open finishing 41st and played in the 2017 Clearwater Bay Open, taking 52nd

So far in his college career Leon has:

- Become the first golfer to win backto-back NJCAA Division II men's golf titles since 1993 when he pulled off the feat for South Mountain (Phoenix Ariz.) C.C. in 2018 and 2019, earning two-time NJCAA DII Men's Golf All-American honours.

- Been selected as the two-time ACCAC Player of the Year and the 2019 NJCAA Region I Player of the Year.
- Captured four individual ACCAC titles throughout his time at South Mountain.
- Been nominated as the 2018-19 South Mountain David Rowlands Male Student-Athlete of the Year for excellence both on the course and in the classroom.
- Won the 2019 national title as a sophomore with a 4-under 284 at Swan Lake Golf Resort in Plymouth, Ind., leading his Cougars to a 19-stroke team national title.

Our congratulations to Leon for all these great performances, and we look forward to many future successes.

## FITNESS WORKOUT DURING LOCKDOWN

Team Coach John Leung





Since there is no sign in ending the current lockdown for all sports facilities, team coach **John Leung** recommended all to try out a work-out video featuring world ranking number 3, men's singles player, Anders Antenson. It is quite a complete and comprehensive showing all of his badminton-focused conditioning routine and you will be able to experience a challenging fitness and conditioning session following the entire video. You can watch his YouTube channel for the workout.

### UPCOMING EVENTS

- Badminton Society Annual
   Party (combining Christmas, New Year and Chinese New Year and probably Easter) to be announced
- 2. Grassroots Sunday Programmesto be announced
- Challenge Series to be announced of upcoming matches



## TRAINING THROUGH COVID



Caitriona was invited to compete in an elite 100km race in Phoenix, Arizona on 23rd January. The race, Project Carbon X2 was organised by HOKA One One, to launch the new Carbon X2 running shoe, with an objective to break as many records as possible. A small field of 6 women and 15 men competed in the race. in strict compliance with USAFA's COVID regulations.



David Gething and Richard Hall completed the Oxfam Trailwalker on 29th January. Starting at 6am, they ran over 100km with a +5000 elevation. No rewards or medals at the end, just bragging rights!



Six of our members getting ready to jump in the 18°C water in Repulse Bay for a 3km morning swim.



Patrick Ip in a morning open water swim this past month.



Deb Hanley has been trail running in order to train for upcoming triathlons.

Although the pools and gyms may be closed, it hasn't stopped the HKFC Swimming and Triathlon Society from getting out and keeping fit. Many of our members have been organizing hikes, outdoor runs, and open water swims to keep themselves motivated.



Matthieu Maury and Nicolas Gotard, prepping for the SwimRun world championships at end of 2021 in Sweden. 75km race (65km run 10km swim) with a trail run.



Catherine Sen with friends and family on a hike at Mount Nicholson.



For my first report, I decided to interview **Nathan Booth** who has been coaching me since I was 11. Nathan has been giving tennis lessons for 21 years, of which 7 at HKFC as well as being a member of the A+ men's team. Originally from Brisbane, Australia, he has been in Hong Kong for 14 years. Here is more about his journey:

#### When did you start playing tennis?

I started tennis lessons when I was 5 years old but was always around the tennis courts from the age of 2.

#### What influenced you to play tennis?

My dad played so every weekend I was always at the tennis courts. One day, my dad forgot that I was there and left me behind at the courts. A coach started giving me a lesson and could see that I had a knack for it. From there I started playing more, taking more lessons and entering tournaments.

#### When did you first become a coach?

I had stopped playing tournaments in year 12. Then out of the blue, when I was 19, my old coach looked me up. I did a traineeship with him and went on to get my qualifications through Tennis Australia. Two years later I was running my own business coaching at my alma mater.

#### What is your biggest strength as a tennis player?

My serve has helped out a lot over the years especially in tight situations (most of the time). My forehand is not far behind.

#### What are your weaknesses as a tennis player?

As a player my weakness would be my movement or lack of thereof when playing.

## What is the most difficult moment during your tennis journey that you have overcome? (e.g a skill, backhand, forehand...)

Using a one handed backhand I had a lot of trouble with the kick serve to my backhand. Opponents that knew me quite well would take advantage of this, even smile, as they were about to serve. I worked on this with friends and am now confident with my backhand return.

#### Have you gotten any chances to practice tennis skills at the moment?

No chance during the lockdown to work on my tennis skills. I have been super busy looking after my two boys and the household. After they're in bed, I have been studying and learning different coaching methods, movement patterns and the mental side of tennis.

#### What are you focusing on improving when tennis gets back?

When I get back on court and have time to work on my own game, I would like to work on my fitness and match endurance. I am not getting any younger so I need to adjust my game style to preserve my joints so I can keep playing the game that I love at a high level well into my golden years.

### What is a piece of advice that you wish you got before you started playing matches?

Don't worry about the mistake that you made during the point. You cannot change that. Don't let it affect you mentally. Let it go and learn from that mistake, adjust and do it differently next time.

#### Lastly, Federer or Nadal?

I am a huge Federer fan. When he was number 1 in the world for that extended period of time, he was phenomenal. His movement on court is extraordinary; I just wish I could move like him across the court.

#### Katie Wildman

#### TENNIS TIP

## IN TIMES WHEN YOU CAN'T HIT THE COURT ATA HKFC Head Coach TORY CLARK

Whether it is government restrictions due to a pandemic, court resurfacing, or injury that keeps you from stepping on the court, as players we can still use the time off court constructively to develop our game. Here are just a handful of things you can do despite not being able to physically hit the balls on court.

#### Set or re-set goals

Whether a social player or competitive player use the time to review where your game is at, identify areas that can be improved, consider what you will need to do to improve those areas whether getting some sessions with a coach, or when able to get out on the court and play/ compete more and set yourself realistic attainable goals.

#### Fitness and footwork

With the exception of injury, in which case you should be working through your rehab plan, all players can keep their individual fitness up and certainly work to improve it. Allocate a time slot in your weekly routine, whether for general strength conditioning, aerobic or core work, or tennis specific areas of fitness

be it interval training, speed or footwork for example. A great workout I build into my routine is skipping, awesome for building aerobic capacity, timing, coordination and footwork.

#### Watch the pros

A great way to learn more about the game is to turn on the TV, or youtube and watch the pros ideally in matches. Find a player that you would like to play like or that has a similar game style and observe how they execute their shots, which tactics they employ to win points. Don't forget to also observe what they do between points, how they react post point and how they prepare for the next point.

#### Technique work

You can practice and develop your

swings and technique through repetition of shadow swings and the different movements/ footwork steps out to an imaginary ball. Even better get in front of a mirror to get the kinaesthetic feedback from watching and feeling yourself execute a swing or action.

#### Equipment

Can take this time to check your equipment. Is it time to consider a new racquet? Getting your strings restrung? Or ordering some new tennis shoes, grips.

So try and put the above into action so when you return to the court you come back with purpose, direction, feel fresh and fit you have greater Kinesthetic awareness of your game.

Look forward to seeing you back on court.

#### **UPCOMING EVENTS**

#### HONG KONG FOOTBALL CLUB CHAMPIONSHIP 2021

20th, 21st, 27th, 28th March Saturdays 1pm to 8pm / Sundays 9am to 7pm

- **EVENT**
- Open Mens Singles / Doubles
- Open Ladies Singles / Doubles
- Closed Mens Singles / Doubles
- Closed Ladies Doubles
- Open Junior Singles / Doubles
- Closed Junior Singles / Doubles

#### Open to HKFC Members only / Players must register online

Entries Close: Friday 12th March 2021 at 6pm Entry: \$150 Unlimited Events / \$100 per Event



#### ATA EASTER TENNIS CAMPS 2021

3 weeks of Easter Tennis Camps

#### Camp 1

29th March to 1st April (4 days)

#### Camp 2

6th to 9th April (4 days)

#### Camp 3

12th to 16th April (5 days)



#### HIGHLIGHTS OF THE MONTH



In the Coffee Shop

FROM FRIDAY,  $5^{\text{TH}}$  MARCH FRIDAYS FROM 6PM TO 9:30PM; SATURDAYS FROM 5:30PM TO 9:30PM

#### Sakura Blossom Japanese Buffet Dinner

Celebrating Sakura Blossoms, the loveliest first sign of spring.

Price: \$318 per member | \$159 per teens | \$114 per child



In the Chairman's Bar

FROM MONDAY, 1ST MARCH

#### **Hot Cornish Pasties**

From its humble origins as a miner's lunch break to becoming a pub favorite around the world, enjoy these piping hot pastries packed with hearty savory meat and veg.



In the Sportsman's Bar

FROM MONDAY, 1ST MARCH

#### St. Patrick's Day

Throughout the month of March, celebrate St. Patrick's Day with Irish grits, green grog and of course, plenty of Guinness beer.

And while you are at the bar, try putting together a limerick or 2 and we'll invite the best poets to belt them out on 25th March and win big prizes.



In the Restaurant

FROM TUESDAY, 2<sup>ND</sup> MARCH

#### **Colours of Springs**

Spring has finally arrived in Italy, bringing fresh and delicate flavours into the kitchen and onto your table. Green is definitely the colour of the season, along with white and red – just like the Italian flag!



In the Restaurant
SATURDAY, 13<sup>TH</sup> MARCH
Cooking Class by Chef Massimo

In the Family Lounge  $FROM\ MONDAY,\ 1^{ST}\ MARCH$  Crossover with "Yam Chim Kee"

In the Restaurant

THURSDAY, 18TH MARCH

Spanish vs Chilean Masterclass

THURSDAY, 25TH MARCH

Ferragamo's II Borro Wine Dinner



In the Lockhart Room SATURDAY, 27<sup>TH</sup> MARCH SUNDAY, 28<sup>TH</sup> MARCH

Wine Fair

In the Coffee Shop

Takeaway: Glazed Gammon Ham
Monthly Special: Plant-base Protein Dishes

In the Chaitman's Bar

Cocktail: Irish Whisky Flights

In the Sportsman's Bar
THURSDAY, 25<sup>TH</sup> MARCH
Fun Activity: Limerick Contest

In the Captain's Bar

Pita Pocket Sandwiches Paris-brest

### PREVIEW IN APRIL



**Hopping for the Hope!** 

Easter celebrations in F&B outlets

In the Restaurant

MONDAY, 5<sup>TH</sup> APRIL

**Icon Wines of South African Wine Lunch** 

FRIDAY, 16<sup>TH</sup> APRIL

**Live Opera Evening Wine Dinner** 

THURSDAY, 22<sup>TH</sup> APRIL

YoshinoGawa Sake Master Class

THOUGHOUT THE MONTH OF APRIL

**Mood Indigo** 

In the Coffee Shop

Monthly Special: Farm-to-Fork Dishes

In the Chairman's Bar

**English Prime Rib Carving** 

In the Sportsman's Bar

**Mediterranean Specialties** 

In the Captain's Bar

**Savoury Pie and Tart** 

#### RESTAURANT

T: 2830 9562 E: restaurant@hkfc.com



T: 2830 9569 E: coffeeshop@hkfc.com



T: 2830 9531 E: sportsmans@hkfc.com



T: 2830 9559 E: bar@hkfc.com



T: 2837 2622 E: bar@hkfc.com



T: 2837 2663 E: bar@hkfc.com



T: 2830 9531 E: coffeeshop@hkfc.com



T: 2837 2678 E: kiosk@hkfc.com

#### CATERING SERVICE

T: 2830 9513 E: catering@hkfc.com

## THE HISTORY BEHIND THE UGLY CHRISTMAS SWEATER

ou've seen it many winters:
millions of funny Christmas
sweaters scavenged from
grandpa's closets and worn shamelessly
to one of those tacky Christmas parties
thrown through the month of December.
But have you ever wondered what
started this peculiar trend? Even highfashion retailers have now included
their own version of the ugly Christmas
sweater. So where did it begin? This is
the tale of how it happened:

Ugly Christmas sweaters made their popular appearance in the 50's with the mass commercialization of Christmas. They were first known as "Jingle Bell Sweaters", and featured discrete Christmas themed decorations. The original ugly Christmas sweaters were never intended to be "ugly" they were actually pretty artistic and joyful. The trend had a modest presence in the media until the 80's, when it became popular on TV.

The character that popularized weird sweaters with strange patterns was Cliff Huxtable from The Cosby Show. By the end of the decade, it was common for conductors of Christmas special shows to wear them. During the nineties, the style winded down, but never died. The turning point was when the character Mark Darcy got shamed in the 2001 film Bridget Jone's Diary with one of the most out-of-place designs to be seen on screen. Designers were hand-knitting one-of-a-kind sweaters! After that, ugly jerseys stepped into the XXI century with renewed strength.

It was in Vancouver that Chris Boyd and Jordan Birch launched the first Christmas Sweater Party. The idea soon spread all over Canada and the US, and later around the world. The parties turned into massive events, often in support of charity causes. By 2007 ugly Christmas sweater searches started to soar in Google and the trend slowly trickled its way back into the media.

Early in the decade, various fashion designers released Christmas sweater collections based on the ugly ones. Soon, retail stores picked up on the trend, and nowadays you can buy them brand new instead of scavenging in thrift stores and inherited wardrobes. Celebrities, TV stars, and even politicians boarded the train and turned it into a common Christmas sight. Social media has had a huge impact on this trend of course. Young people started buying vintage knits to see who





Winner Mr. Nik Tandy

got the ugliest one. The internet helped boost this fashion until it got global! So now we even have our national Ugly Christmas Sweater Day. That's right! There is an official national day to wear your ugly sweater. Down at the Sportsman's Bar last December, we held a contest to see what Club Member's had in their closets and we were certainly impressed!

#### **UGLIEST OF THE YEAR**

The winner was Nik Tandy and although he's still stuck in the UK, the Sportsman's Bar team is keeping the prize for his triumphant return! The 1st runner up was Alice Wilby, the 2nd runners up was a tie between Joshua Carter and Marco Hon and finally, there was 3rd runner up Megan M. Mcginn. Congrats for wearing your Ugly Sweaters loud and proud. Big thanks to our sponsor (Brooklyn Defender IPA) for their beers and great prizes.

1st runner up
Mrs. Alice Wilby



2nd runner up **Mr. Marco Hon** 



2nd runner up
Mr. Joshua Carter



3rd runner up
Ms. Megan M. Mcginn

## EARTH HOUR

### AND THE HONG KONG FOOTBALL CLUB



down or turning off the lights for an hour for a very good cause. Earth Hour is a worldwide movement organized by the World Wide Fund for Nature (WWF). The event is held annually encouraging individuals, communities, and businesses to turn off non-essential electric lights, for one hour, from 8:30 to 9:30 p.m. on a specific day towards the end of March, as a symbol of commitment to the planet. It was started as a lights-off event in Sydney, Australia, in 2007. Since then, it has grown to engage more than 7,000 cities and towns across 187 countries and territories to raise awareness for energy consumption and effects on the environment.

In addition to being in the Club to witness and support our latest Corporate Social Responsibility initiative, there are other ways that you, yourself can contribute. Check out these 2 great activities, we've only got 1 Earth!

#### Have Earth Hour at home!

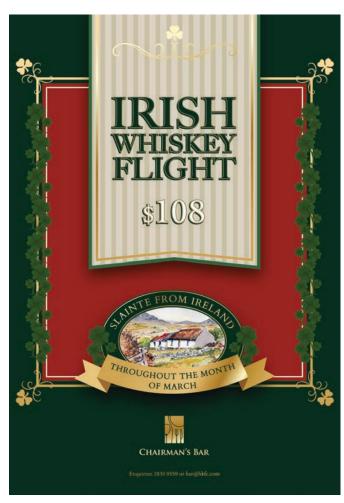
Turn off the lights at home and follow this QR code for some great suggestions of what to do under the dark:

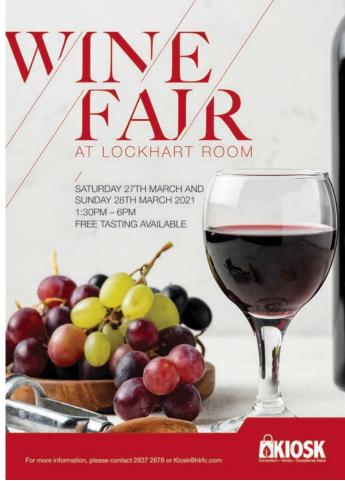




Join the first-ever "Virtual Lights-out" by sharing a video from Earth Hour in your own social media platform or forward it out via email to all of your contacts.

Check this QR code for details:





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Engine Decoke and Grind Valves	\$ 2,500.00
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Clutch Mechanically Overhaul	\$ 1,700.00
Air Condition Freon Recharge	\$ 400.00
Alternator Overhaul	\$ 700.00
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#### **March Promotion**

1 Free Trial Session - any subject

2 Free Trial Sessions - any language









#### NEW BLU-RAYS

**Dead Reckoning** The Witches **Honest Thief** 12 Hour Shift Dreamland **Born a Champion** Fatman Martin Edem

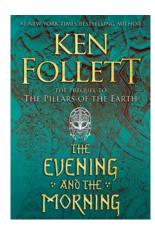


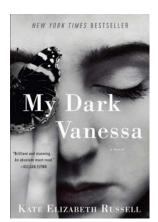






**Silent Night Honest Thief** Come Play The War with Grandpa The Witches Martin Eden **Fatima Synchronic** 









The Evening and the Morning by Ken Follet My Dark Vanessa by Kate Elizabeth Russell **Finding Freedom** by Carolyn Durand The Book of Longings by Sue Monk Kidd Too Much and Never Enough by Mary L. Trump Miss Benson's Beetle by Rachel Joyce

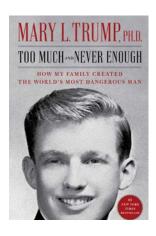
Roommaid by Sariah Wilson

Redhead by the Side of the Road by Anne Tyler Thick as Thieves

by Sandra Brown

The Happy in a Hurry Cookbook by Steve and Kathy Doocy







Throughout the month of March



selected items at the Club Shop

AND UP TO 90% OFF ON CLEARANCE ITEMS

\*Please check with Shop Staff for details

#### SHOP NOW SHOP NOW SHOP NOW SHOP NOW SHOP NOW



The soft and breathable fabric with a marl appearance has a relaxed sporty look. The fabric has produced fast wicking and evapouration test results This high quality tee ensures that you never get wet or cold from sweating and is breathable to prevent you from overheating.



Ventilated, adjustable strap, lightweight, breathable and reflective



The Vapourlite fabric is breathable and will wick moisture away from the body to keep you comfortable and cool.



This stretch woven short with supportive next-to-skin inner short is very flattering. Key features are a secure pocket on outer short and the high elastane content on the inner short – perfect for support and great stretch and recovery.



Lightweight, wind resistant and highly reflective. The Afterlight jacket is the 'just right' visible, protective layer for running in the cooler months.



The combination of fit and fabric has been carefully chosen to flatter, support, allow free movement, be incredibly comfy, not 'bag' where they shouldn't, wick moisture away from the skin.



The Ricochet 2 is perfect for runners who like a soft yet springy ride that cushions while returning energy at the same time.

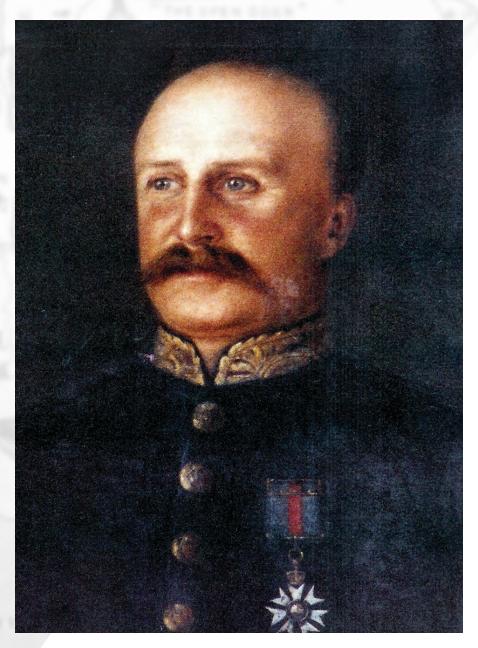


The Launch 7 is perfect for runners who want a streamlined, race-ready shoe that still has enough cushioning for everyday training.



The Launch 7 is perfect for runners who want a streamlined, race-ready shoe that still has enough cushioning for everyday training.

## IN THE NAME OF THE FOUNDER



ith the Club having quietly entered into its 135th Anniversary Year and with the magazine being devoid of sporting copy, it was felt timely that we should add in some historical content to the magazine for members to gain an understanding of how the Football Club was first started and also to note some of the characters that have been involved in the Club since 1886. The first article is all about the founder of the Club, James Haldane Stewart Lockhart.

We thank Denis Way who wrote "Along the Sports Road" the book that was produced for the Club's 125th Anniversary year in 2011, for the article on the founder of the Club and also for all the other articles which will feature on a monthly basis in the magazine through until November.

#### UP THE ADMINISTRATION

Stability and J.H.S. Lockhart were matching bookends. He first set foot in Hong Kong in 1879 as a 21-yearold Government Cadet in training, and stayed 23 years; he served in the East for 42. He was still in his twenties, keen to pull on his own boots and run out on the pitch himself, when he founded the Hong Kong Football Club. His youth, plus a shrewd humility, delayed him from taking over the Club presidency until 1892, having until then vouchsafed the honour to more senior citizens who didn't stay the journey. In 1895 the outgoing Colonial Secretary, Sir George O'Brien, made a personal plea that Lockhart move into the chair he was vacating. Not only that, O'Brien recommended that Lockhart - as no other Government officer was nearly as adept as he at working with the Chinese in their language and style - retain his post as Registrar-General (later changed to Secretary for Chinese Affairs). The Club Founder had worked his way up the Administration from the inside to become the Governor's deputy at the youthful age of 37. But there Lockhart got stuck; he would, in Hong Kong, go no higher.

Sir William Robinson was Governor of Hong Kong from December 1891 to January 1898; his successor, Sir Henry Blake, did not land until November 1898. To stitch up such a hiatus, it wasn't unusual for an Acting Governor to be appointed and until 1887 the Colonial Secretary was the established choice. Then something changed. Tensions between the foreign powers on the China Coast were so hot in 1887 that Whitehall, tuned in to rumours that the Russian Fleet was preparing to invade Hong Kong, appointed the senior military mind on the scene, the General Officer Commanding, to be the Acting Governor.

#### NO SLOUCH AT THE SMORGASBORD

By 1898, the security of British interests in a China under Manchu rule was seen

he significance of James
Haldane Stewart Lockhart being
the Hong Kong Football Club's
founder cannot be underestimated.
Had it been someone else in a less
influential position, the odds are that
the Club would not have survived for
long. In this – the concluding historical
article in the series by Denis Way,
written to coincide with the HKFC's
125th Anniversary Celebrations – it is
appropriate that the Club Founder is
given the last word.



This photo was taken at an official ceremony shortly after Sir Henry Blake's arrival in Hong Kong in November 1898. Lockhart is at far right. The Governor appears a little out of place, unlike the HKFC Founder who looks at ease among the Hong Kong Chinese with whom his role as Registrar-General had him dealing on a daily basis. Major-General Wilsone Black, whom Whitehall favoured over Lockhart to be Acting Governor prior to Blake's arrival, is peering over the Governor's left shoulder.

to be even more precarious. It was all to do with Japan's crushing victory over the Chinese military in the 1894-95 Sino-Japanese War and Tokyo's

consequent sequestration of Korea and Taiwan. Like vultures swooping on a crippled dumb animal and tearing it to pieces, the foreign powers set upon China with knives and forks drawn, each determined to redress the balance of power and, at a minimum, stalemate the others. Russia bit off Port Arthur (Lushun) in Manchuria, Germany snatched Qingdao in Shandong, and France put its order in for 325 square miles on the south coast halfway between Hong Kong and Hanoi. Whitehall was no slouch at the smorgasbord. The British drew up territorial leases and made colonial possessions of Weihaiwei (also on the Shandong coast) and the New Territories north of Boundary Street, Kowloon. Each foreign power set up a military base on its newly-acquired real estate, and all down the China Coast from Korea to Tongking (North Vietnam) it was sabres rattling. In 1898 in Hong Kong, times were tense indeed.

Consequently, with Hong Kong again perceived to be under threat of invasion, particularly with the French suddenly right next door at Fort Bayard (Zhanjiang), a veteran of the Crimea and Zulu Wars was in 1898 appointed Acting Governor - Major-General Wilsone Black (after whom Black's Link is named). Besides a defensive strategy, what likely also counted against Lockhart's promotion to Governor was his youth: when the New Territories Lease was signed in Beijing in June 1898 by the British Minister, Sir Claude MacDonald. he had left his thirties behind just the month before. This would have counted for nought in Lockhart's reckoning. By 1898, ambition fitted him like a Savile Row suit. He was a loyal, wholly capable crown servant, but no automaton.

#### THE APPOINTED EXPERT

Perhaps motivated as much by pique at his snub as by a furlough roster, Lockhart had packed up and sailed

#### THE CLUB HISTORY



A political cartoon drawn in Hong Kong in 1898 depicting the power struggle going on at China's expense between, as the Chinese artist saw them, the British Bulldog, the Russian Bear, the French Frog, the German Snake and the Japanese Monkey, under the disapproving glare of the American Eagle.

Civil Commissioner Lockhart and his deputy
Reginald Johnston (later private tutor of the Last
Emperor, Pu Yi) on a day of riding near Weihaiwei in
1905. Lockhart's skills at administering the Chinese
community earned him three different mandarin
names, all highly complimentary. He was called
upon to mediate in all kinds of disputes, including
arguments between a husband and one of his
wives, dispensing wisdom like a Solomon of the

off on long leave. (He thus couldn't have been Britain's signatory to the NT Lease, as suggested by wikipedia. com.) He was ordered to cut his holiday short and sent out hiking to plot the rerouting of the Sino-British border – which on the map attached to the lease as signed was a knife-cut through the neck of Kowloon Peninsula at its narrowest point between Deep Bay in the west and Mirs Bay in the east. The border-line logically decided on by Lockhart during his survey on foot in 1898 generally followed the course of the Shum Chun River.

The invasion of Hong Kong, when it came, was as ironic as it was metaphoric. The invaders were Chinese. Britain's occupation in April 1899 of the New Territories, complete with communities that wanted no change of sovereignty, clashed with armed swarms of ragtag militia who for six days put up a suicidal resistance. As the appointed expert on the New Territories, Lockhart was expected to be in touch and proactive. The bruise on his reputation left by Whitehall's block on his promotion in 1898 was deep-purpled by the shock the anti-British belligerence sent through Government House. His trusty right-hand man, Sir Henry Blake adjudged, had taken his eye off the ball.

#### THE LOCKHART LINE

It was time for the HKFC Founder



Political cartoonist Gavin Coates' interpretation looking back on the scene at Tai Po on 16 April 1899 when Lockhart ran up the Union Jack and took official possession on Queen Victoria's behalf of the New Territories. The cartoon also portrays the HKFC Founder's three-pronged legacy – the NT itself, Lockhart Road in Wanchai, and the Hong Kong Football Club. (See page 27 of 'along the sports road.')

to go. The ideal exile for so able an administrator, sinologist and Confucian scholar was the other outpost of Empire secured in 1898 – Weihaiwei. There, as Civil Commissioner tasked with developing the backwater into 'a second Hong Kong,' Lockhart could call all the shots. In 1902 he resigned his posts, including HKFC President, and left town. (He remains, as at June 2011, the Club's longest-serving President except for Gerry Forsgate.) Lockhart took with him as his deputy a fellow Edinburgh University graduate, Government Cadet

and scholar-linguist called Reginald Johnston – who would later move into the Forbidden City to be the private tutor of Pu Yi, the Last Emperor. Knighted in 1907, Lockhart stayed on in Weihaiwei as top dog until 1921.

Far East.

In 1929 on completion of the Praya East Reclamation, the streets of the enlarged Wanchai district were given names. In recognition of his extended service as Registrar-General and seven years as Colonial Secretary, one of the longest was named after Lockhart. The old Praya East was renamed Johnston Road – not in honour of Reginald Johnston who had little to do with Hong Kong but A.R. Johnston, a trade official from the colony's earliest days. In the 1930s the sailors would recite a ditty, part of which went:

Way down in Wanchai there is a place of fame.

There stands a street, and Lockhart is its name...

Today, more than sailors know Lockhart Road, but only Members of the Hong Kong Football Club can identify Sir James Lockhart as their founder. Few are aware, however, that the border between the New Territories and Shenzhen, the fence that separates them from the China mainland, could well be called the Lockhart Line.

By Denis Way



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